



* Assembly Guide & Warranty Card Included

TC650 & TC900 TREADMILL OWNER'S MANUAL



Transcend Console



Escalate¹⁵ Console



Escalate⁹ Console



EmERGE Console

Revision 121617

TC650/900 OWNERS MANUAL

IMPORTANT:

All products shown are prototype. Actual product delivered may vary.

Product specifications, features & software are subject to change without notice.

For the most up-to-date owner's manual please visit www.truefitness.com.

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IMPORTANTE:

Todos los productos mostrados son prototipos. La realidad el producto suministrado puede diferir.

Especificaciones de productos, características y software están sujetas a cambios sin previo aviso.

Para la más actualizada de este manual del propietario, por favor visite www.truefitness.com

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IMPORTANT: Tous les produits présentés sont prototype. Le produit réel livré peut varier. Spécifications du produit, caractéristiques et logiciels sont sujettes à modification sans préavis. Pour la plus à jour le manuel du propriétaire s'il vous plaît visitez www.truefitness.com. Pour documents dans des langues supplémentaires, veuillez www.truefitness.com/resources/document-library/ de visite

重要提示：显示所有产品的原型。实际交付的产品可能有所不同产品规格，功能和软件如有更改，恕不另行通知迄今为止对于大多数的使用说明书，请访问www.truefitness.com 对于其他语言的文档，请访问www.truefitness.com/resources/document-library/

مهم:

أهمى لست يل عفل جتنملا فلتخت دق . جذومنلا يه ضرور عمل تاجتنملا عىم ج

راعش! نود رى غتلل قلاباق جماربل او تازىملا و ، جتنملا تافصاوم

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WICHTIG: Alle hier gezeigten Produkte sind Prototypen. Das tatsächliche Produkt ausgeliefert wird, kann variieren. Produkt-Spezifikationen, Funktionen und Software können sich ohne vorherige Ankündigung ändern. In den meisten Fällen bis zu Bedienungsanleitung Bisher besuchen Sie bitte www.truefitness.com. Für Dokumente in weiteren Sprachen finden Sie unter www.truefitness.com/resources/document-library/

BELANGRIJK: Alle getoonde producten zijn prototype. Daadwerkelijke product geleverd kan verschillen. Product specificaties, eigenschappen & software zijn onderhevig aan verandering zonder kennisgeving. Voor de meest actuele handleiding van de eigenaar kunt u terecht www.truefitness.com. Voor documenten in andere talen kunt u terecht op www.truefitness.com/resources/document-library/

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TC650/900 OWNERS MANUAL

A MESSAGE TO OUR CUSTOMERS

Frank Trulaske began TRUE Fitness® over thirty-five year ago with the simple philosophy of delivering superior fitness products, service, and support. Today, TRUE is the global leader in premium fitness equipment for the commercial and residential markets. Our goal is to be the leader in technology, innovation, performance, safety and style. TRUE has received many awards for its product over the years and remains the benchmark for the industry. Fitness facilities and consumers invest in TRUE products for their durable commercial platforms used in all its products, both commercial and residential alike.

The proud manufacturing tradition of quality and the culture of innovation at TRUE have given rise to a full line of extraordinary cardio and strength equipment. As a result, people all over the world are benefiting from the TRUE experience. Innovation across the full product line has made TRUE successful and is a trademark of the TRUE heritage. TRUE's patented Heart Rate Control technology is just one of the remarkable ways we deliver simple and superior performance every user can enjoy, and most importantly, use to achieve personal health and fitness goals.

At the heart of our success is the relentless and systematic life testing of both our products and their components. We have dedicated employees who understand our philosophy is to deliver the best products in the world.

Our goal is to deliver the world's best premium equipment for our customers' health and fitness solutions.

TC650/900 OWNERS MANUAL

TABLE OF CONTENTS:

Chapter 1: Safety Instructions

Safety Instructions	5
Space Requirements	8
Grounding Instructions	9
Power Requirements	10
Warning Decals	11
Compliances	11

Chapter 2: Assembly Instructions

Pre Assembly Checklist	13
Assembly Steps	15
Wiring Diagram	37
Transcend Console Assembly	41
Escalate ¹⁵ Console Assembly	46
Escalate ⁹ Console Assembly	50
Emerge Console Assembly	55

Chapter 3: Product Overview

Product Overview	60
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Chapter 4: Programming & Operation

Heart Rate Monitoring	62
Heart Rate Control	63
Program Descriptions	64

Chapter 4A: Transcend Operation

Transcend Overview	67
Touchscreen Introduction	69
Touchscreen Navigation	69
Web Browser	75
Bluetooth Functions	76
TV Controls	79
Advanced Console Functions	80

Chapter 4B: Escalate¹⁵ Operation

Escalate ¹⁵ Overview	98
Console Navigation	100
TV Controls	104
Bluetooth Audio	105
Advanced Console Functions	107

Chapter 4C: Escalate⁹ Operation

Escalate ⁹ Overview	123
Console Navigation	125
Advanced Console Functions	131

Chapter 4D: EmERGE Operation

EmERGE Overview	140
Console Navigation	142
Advanced Console Functions	144

Chapter 5: Care & Maintenance

Care & Maintenance	148
Cleaning the Equipment	148
Running Belt Alignment	149
Tensioning the Running Belt	150
Belt Lubrication	150
Leveling the Equipment	151
Other Scheduled Preventive Maintenance	151
Long Term Storage	151

Chapter 6: Customer Service

Contacting Service	152
Contacting Sales	152
Reporting Freight or Parts Damage	153

Chapter 7: Additional Information

Troubleshooting Guide	154
Specification Sheet	162
Warranty Registration	164

CHAPTER 1: SAFETY INSTRUCTIONS

IMPORTANT SAFETY INSTRUCTIONS **SAVE THESE SAFETY INSTRUCTIONS**

This equipment is intended for a commercial or institutional setting. This owner's manual should be accessible to all personal trainers, faculty, and members.



WARNING: ALL EXERCISERS MUST READ ALL INSTRUCTIONS BEFORE USING THE EQUIPMENT.



WARNING: Heart rate monitoring systems may be inaccurate for some individuals. Over-exercising may result in serious injury or death. If you feel faint, stop exercising immediately.



WARNING: Equipment should be immediately taken out of use if it fails to work properly or when a warning is presented electronically.

TRUE STRONGLY recommends seeing a physician for a complete medical exam before undertaking an exercise program, particularly if the user has a family history of high blood pressure or heart disease, is over the age of 45, smokes, has high cholesterol, is obese or has not exercised regularly in the past year. Additionally, TRUE recommends consulting a fitness professional on the correct use of this product. If at any time while exercising the user experiences faintness, dizziness, pain or shortness of breath, he or she must stop immediately.



WARNING: To reduce the risk of electrical shock, always unplug this TRUE product before cleaning or attempting any maintenance activity. Do not handle the plug with wet hands.



WARNING: To reduce the risk of burns, fire, electric shock, or injury, it is imperative to connect each product to a properly grounded 110V electrical outlet. A risk of electrical shock may result from improper connection of the equipment's grounding conductor. Check with a qualified electrician if you are unsure about proper ground techniques. Do not modify the plug provided with this product. If it will not fit an electrical outlet, have a proper outlet installed by a qualified electrician. Your TRUE Fitness product must be properly grounded to reduce risk of shock if the equipment malfunctions. Your equipment is equipped with an electrical cord, which includes an equipment grounding conductor and a grounding plug. The plug must be inserted into an outlet that has been properly installed and grounded in accordance with all local codes and ordinances. A temporary adapter cannot be used to connect this plug to a two-pole receptacle in North America. If a properly grounded 15 amp outlet is not available, a qualified electrician must install one.



WARNING: Do not move the equipment by lifting the console. Do not use the console as a handlebar during a workout.





WARNING: This product contains chemicals known to the state of California to cause cancer and birth defects or other reproductive harm.




WARNING: Keep equipment stable on flat ground.

CHAPTER 1: SAFETY INSTRUCTIONS

 **WARNING:** Replace warning labels that may be worn, damaged, or missing.

 **WARNING:** Replace any non-working or damaged components, remove the unit from service until repair is performed.

 **WARNING:** To reduce the risk of burns, fire, and electric shock or injury to persons, follow these instructions:

- This appliance should never be left unattended when plugged in.
- Do not use any type of extension cord with this product.
- Unplug it from the outlet when not in use and before any servicing.
- Do not operate the equipment while being covered with a blanket, plastic, or anything that insulates or stops airflow.

 **WARNING:** Risk of personal injury-crushing hazard when equipment is in operation - Keep feet, hands, and fingers away from moving parts.

 **CAUTION:**

- Do not use typing or web surfing features at excessive speeds. Always stabilize yourself by holding a stationary handle when using typing or web surfing features. (Varies by console option)
- Health related injuries may result from incorrect or excessive use of exercise equipment.
- Do not use the contact heart rate grips as a handlebar during a workout.
- Any changes or modifications to this equipment could void the product warranty.
- To disconnect, turn power OFF at the ON/OFF switch if applicable, then remove plug from electrical outlet.
- Never operate a TRUE product if it has a damaged power cord or electrical plug, or if it has been dropped, damaged, or even partially immersed in water. Contact TRUE Customer Service for a replacement.
- Use a TRUE AC power cord or AC/DC adapter only.
- *Note the plug configuration for the power adapter may vary by country.
- Position this product so the power cord plug is accessible to the user.
- Keep the power cord away from heated surfaces. Do not pull the equipment by the power cord or use the cord as a handle. Do not run the power cord along the side or under the treadmill.
- If the electrical supply cord is damaged it must be replaced by the manufacturer, an authorized service agent, or a similarly qualified person to avoid a hazard.
- Do not use this product in areas where aerosol spray products are being used or where oxygen is being administered. Such substances create the danger of combustion and explosion.
- Always follow the console instructions for proper operation.
- Close supervision is necessary when used near children under the age of 15, or disabled persons.
- Do not use this product outdoors, near water, while wet, or in areas of high humidity including extreme temperature changes.
- Never operate a TRUE product with the air openings blocked. Keep air openings free of lint, hair or any obstructing material.
- Never insert objects into any openings in this product. If an object should drop inside, turn off the power, unplug the power cord from the outlet and carefully retrieve it. If the item cannot be reached, contact TRUE Customer Service.
- Never place liquids of any type directly on the unit except in the accessory tray or bottle holders. Containers with lids are recommended.
- Wear shoes with rubber or high traction soles. Do not use shoes with heels, leather soles, cleats or spikes. Make sure no stones are embedded in the soles. Do not use this product in bare feet. Keep all loose clothing, shoelaces and towels away from moving parts.
- Do not reach into or underneath the unit, or tip it on its side during operation.
- Use correct ergonomic positioning while running on treadmill.
- Do not allow animals on or near the equipment while in operation.

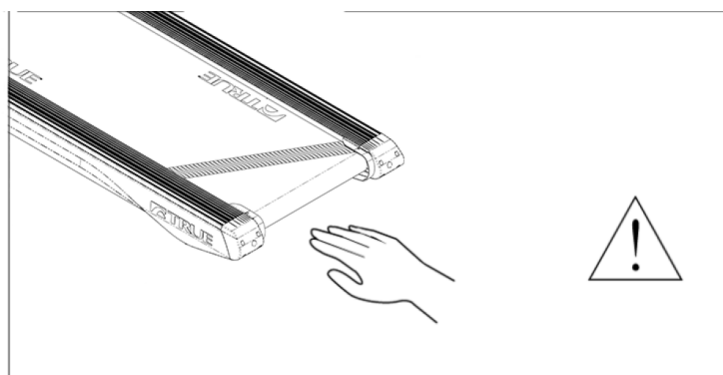
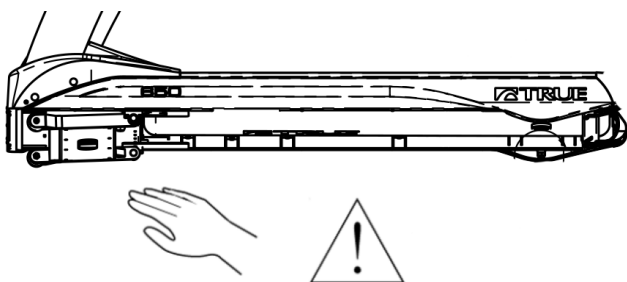
CHAPTER 1: SAFETY INSTRUCTIONS

⚠ CAUTION:

- Use the side handrails whenever additional stability is required. In case of emergency, such as tripping, the side handrails should be grabbed and the user should place his/her feet on the side platforms. The front handlebars should be used to grasp the heart rate sensors or to rest the hand on while operating the activity zone keys, but not for stability, emergency, or continuous use.
- Do not exceed TC650 maximum user weight of 500lbs (226 kg).
- Do not exceed TC900 maximum user weight of 500lbs (226 kg).
- Do not use if you have a cold or fever.
- When using this exercise machine, basic precautions should always be followed.
- Use this equipment only for its intended use as described in this manual.
- Do not use attachments not recommended by the manufacturer.
- Allow only trained personnel to service this equipment.
- Avoid the possibility of bystanders being struck or caught between moving parts by making sure that they are out of reach of the equipment while it is in motion.
- This appliance can be used by children aged from 8 years and above and persons with reduced physical, sensory or mental capabilities or lack of experience and knowledge if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved.
- Children shall not play with the appliance.
- Cleaning and user maintenance shall not be made by children without supervision.
- Allow only one person at a time on the equipment while it's operating.
- It is the sole responsibility of the owner/operator to ensure regular and scheduled maintenance is performed.
- To avoid injury stand on the side rails before starting the treadmill.
- Avoid exiting treadmill while leaving the tread belt in motion.
- Never walk or jog backwards on the treadmill.
- When mounting the treadmill, ensure the treadmill belt is not running and then proceed with one step at a time to maintain balance using the handrails as needed.
- While the treadmill is in use, proceed at a speed that the user can safely maintain with the ability to immediately engage the safety key to stop the treadmill belt if necessary.

⚠ CAUTION:

- To avoid serious injury, do not touch the incline rack while the treadmill is in use.
- To avoid serious injury, do not touch the belt while the treadmill is in use.



NOISE EMISSIONS:

Noise emission under load is higher than without load.

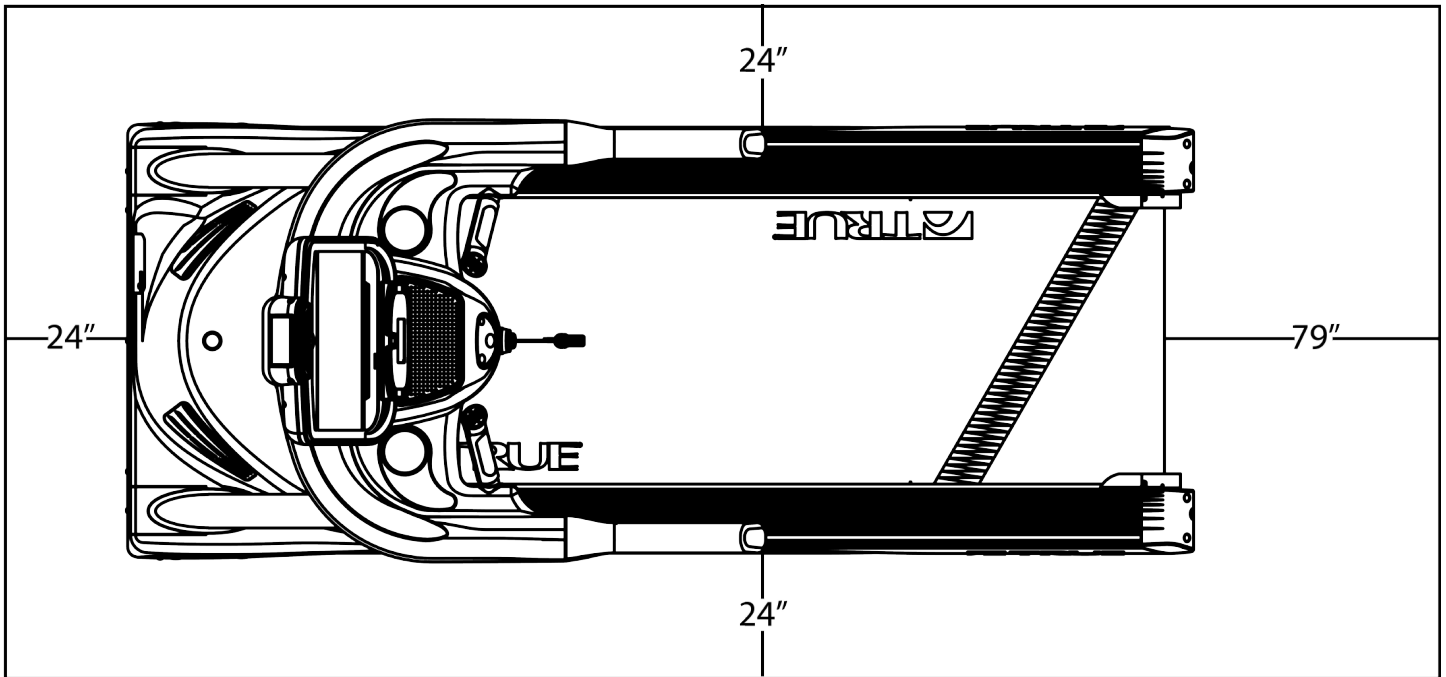
Note: A-weighted emission sound pressure level at the trainer's ear: 67dBA

Noise emission under load is 60dB. (According to TUV testing result.) Noise emission is 60 dB (A), which is at speed 12km/h and no load.

CHAPTER 1: SAFETY INSTRUCTIONS

SPACE REQUIREMENTS:

TRUE's recommendation is to leave a minimum of 24" (0.6m) on each side of the treadmill and a 79" (2 m) safety zone at the rear of the treadmill.



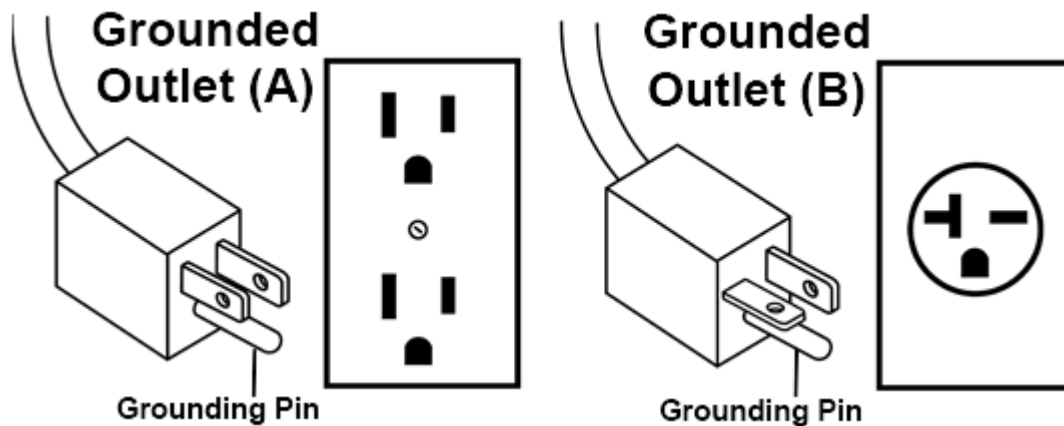
CHAPTER 1: SAFETY INSTRUCTIONS

GROUNDING INSTRUCTIONS:

This product must be grounded, if it should malfunction or breakdown, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER:

- Improper connection of the equipment-grounding conductor can result in a risk of electric shock.
- Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product. If it will not fit the outlet, have a proper outlet installed by a qualified electrician.
- Do not remove the motor cover or you may risk injury due to electric shock.
- 120-Volt: This model is for use on a nominal 120-V circuit and has a grounding plug that looks like the plug illustrated in figure A. Make sure the product is connected to an outlet having the same configuration as the plug. No adaptor should be used with this product.
- 230-Volt: This model is for use on a circuit having a nominal rating more than 120-V and is factory-equipped with a specific electric cord and has a grounding plug that looks like the plug illustrated in figure B. Make sure that the product is connected to an outlet having the same configuration as the plug in Figure B. No adapter should be used with this product. If the product must be reconnected for use on a different type of electric circuit, the reconnection should be made by qualified service personnel.



CHAPTER 1: SAFETY INSTRUCTIONS

POWER REQUIREMENTS FOR **TRUE** PRODUCTS

NOTE: Read and understand all instructions on this sheet and in the Owner's manual before plugging any TRUE power cord into an electrical outlet. This information sheet will help you identify the voltage and cords you need where you live and will outline requirements for:

- Grounded, dedicated lines
- Voltage
- Power cords
- Power adapters
- Extension cords

!DANGER: Improper connection of the equipment-grounding conductor can result in risk of electric shock. Check with a qualified electrician or service provider if you are in doubt as to whether the equipment is properly grounded or installed on a dedicated line. Seek a qualified electrician to perform any modifications to the cord or plug. TRUE is not responsible for injuries or damages as a result of cord or plug modification.

!CAUTION: Place cords away from heat (such as baseboards). Use care to arrange any cord so it doesn't become an obstacle.

Extension Cords

Do not use an extension cord to supply power to any TRUE product.

Grounded, Dedicated Line

TRUE equipment must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. TRUE cords (except for cycle adapters) have an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances where you live. Do not use a ground plug adapter to adapt the power cord to a non-grounded outlet. Do not use a GFCI outlet or GFCI circuit breaker. A dedicated line will assure that adequate power is available for safe operation over the life of your TRUE Product.

Voltage

Voltage required for your unit is located on the serial number decal (usually on the front of the unit). Depending on where you live voltage requirements differ.

For example, in the United States some TRUE treadmills require a circuit rated 115 VAC, 60 Hz and 20 amps. See Figure 1. However, a home typically has 15 amp outlets. In this case, contact an electrician to install a 20 amp dedicated line prior to use. See Figure 2.

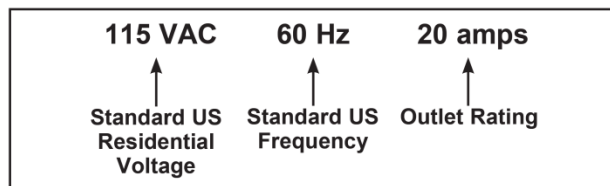


Figure 1

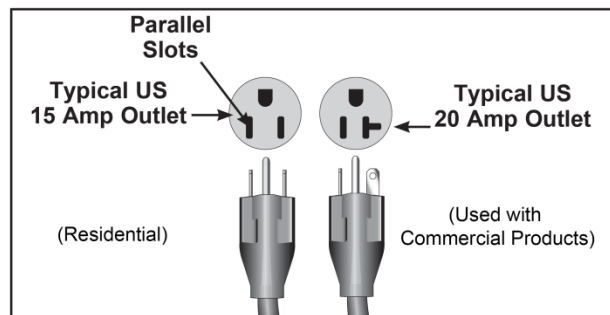


Figure 2

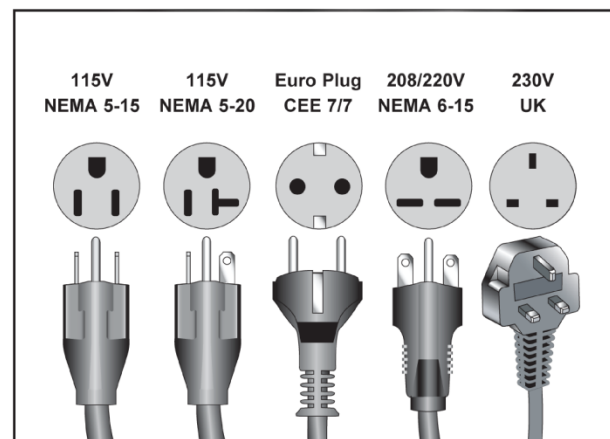



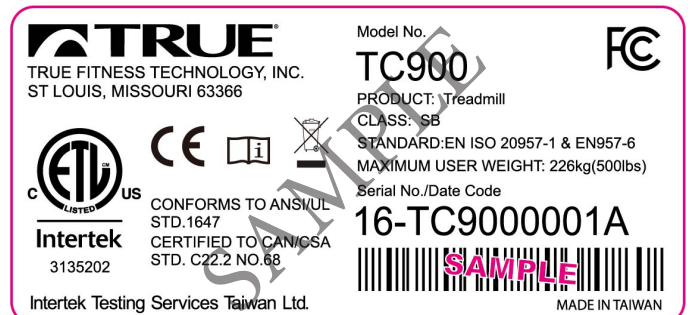
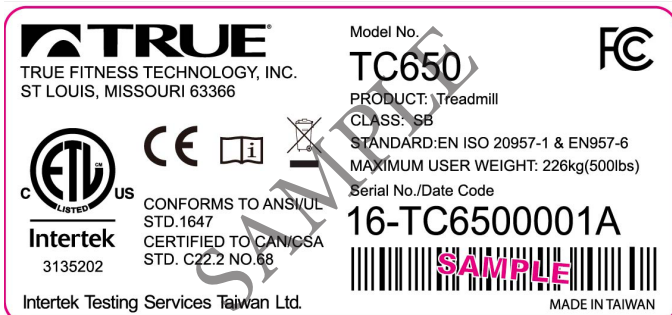
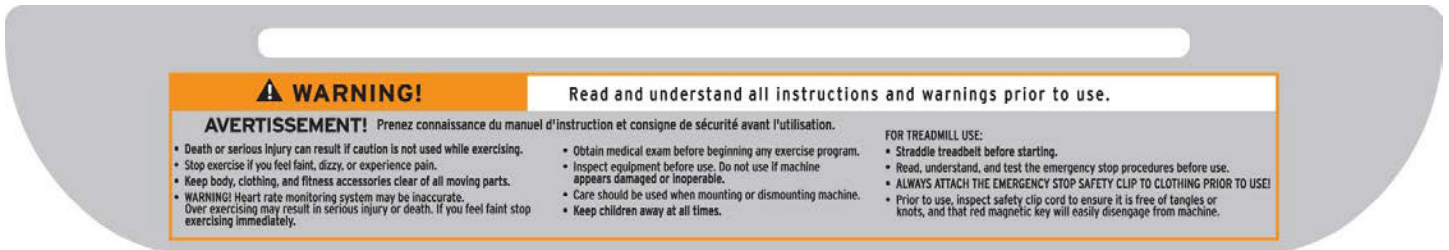
Figure 3

CHAPTER 1: SAFETY INSTRUCTIONS

WARNING DECALS:

 **WARNING:** Replace warning labels that may be worn, damaged, or missing.

To replace any worn or missing decals contact TRUE FITNESS by visiting www.truefitness.com or contact customer service at 800-883-8783.



COMPLIANCES:

This equipment complies with all applicable codes and regulations. For a complete list of compliances, please visit www.truefitness.com.

CHAPTER 2: ASSEMBLY GUIDE

IMPORTANT SAFETY INSTRUCTIONS

- **Read and understand all instructions and warnings prior to use.**
- Obtain a medical exam before beginning any exercise program. If at any time during exercise you feel faint, dizzy, or experience pain, stop and consult your physician.
- Obtain proper instruction prior to use.
- This unit is intended for commercial use only.
- Inspect the unit for incorrect, worn, or loose components and do not use until corrected, replaced, or tightened prior to use.
- Do not wear loose or dangling clothing while using the unit.
- Care should be used when mounting or dismounting the unit.
- Read, understand, and test the emergency stop procedures before use.
- Disconnect all power before servicing the unit.
- Do not exceed maximum user weight of 400 lbs.
- Keep the top side of the moving surface clean and dry.
- Keep children and animals away.
- Use caution when moving and assembling unit.
- All exercise equipment is potentially hazardous. If attention is not paid to the conditions of equipment usage, death, or serious injury could occur.
- Save these instructions.

Basic Guidelines for Setting Up the Equipment:

After removing the equipment from the packaging, place the equipment on a clean, level surface. Make sure the electrical cord easily reaches a grounded three-pronged outlet.

Important Electrical Requirements – 120V:

Your TRUE equipment requires a dedicated 120 volt, alternating current (AC), 20 amp grounded outlet circuit. This means nothing else can be plugged into the same circuit. Most power circuits are rated for this 120V AC 20 amp requirement, but you must ensure the equipment does not share the circuit with anything else.

Important Electrical Requirements – 220V:

Your TRUE equipment requires a dedicated 230 volt, alternating current (AC), 15 amp grounded outlet circuit. This means nothing else can be plugged into the same circuit. Most power circuits are rated for this 230V AC 15 amp requirement, but you must ensure the equipment does not share the circuit with anything else.

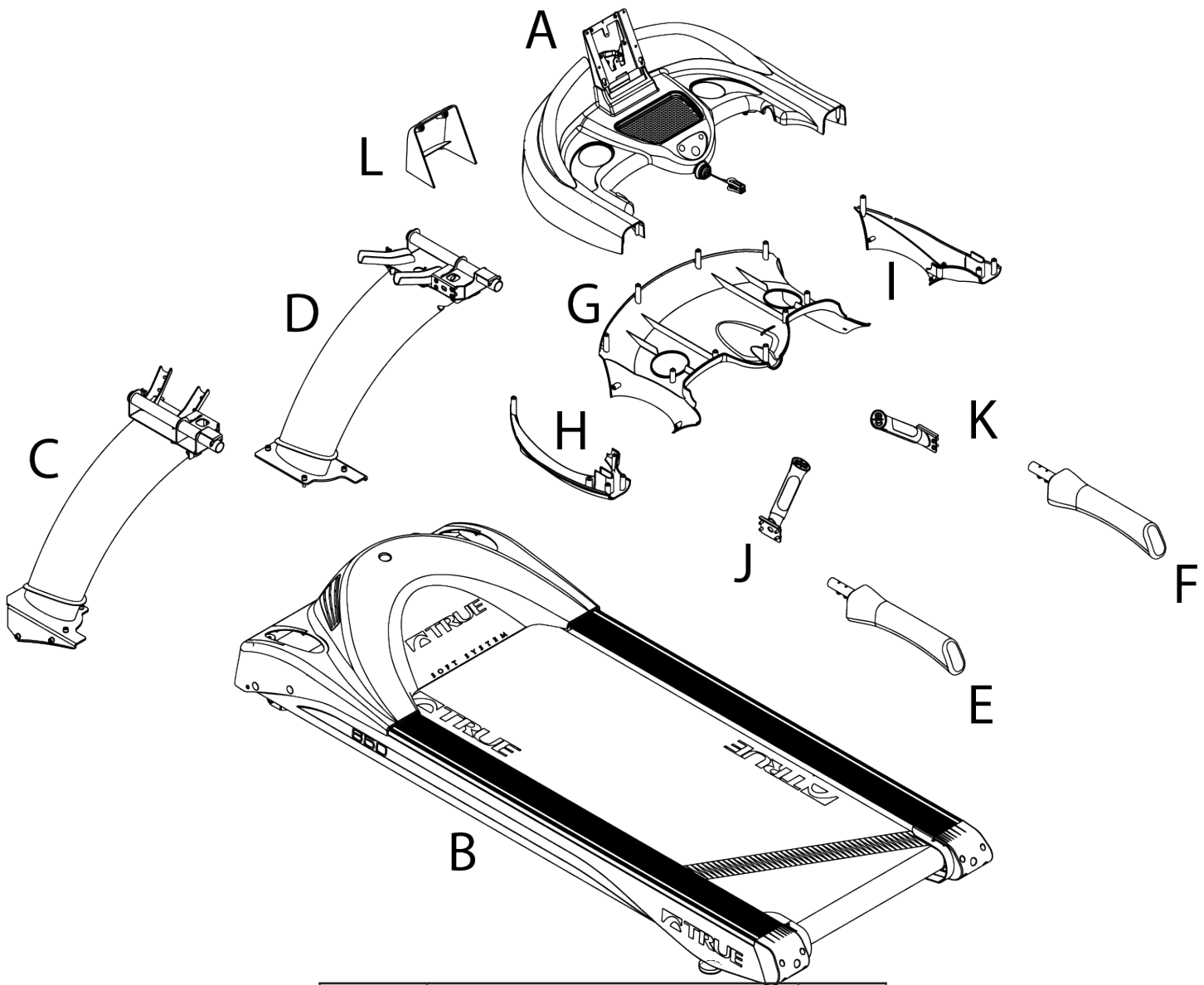


DANGER: Do not use an extension cord or ungrounded outlet:

The ground helps prevent electrical damage to your equipment and enhances your safety by helping to prevent shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the equipment is properly grounded. Do not modify the plug provided with the unit if it will not fit the outlet. Have a proper outlet installed by a qualified electrician.

CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECKLIST:

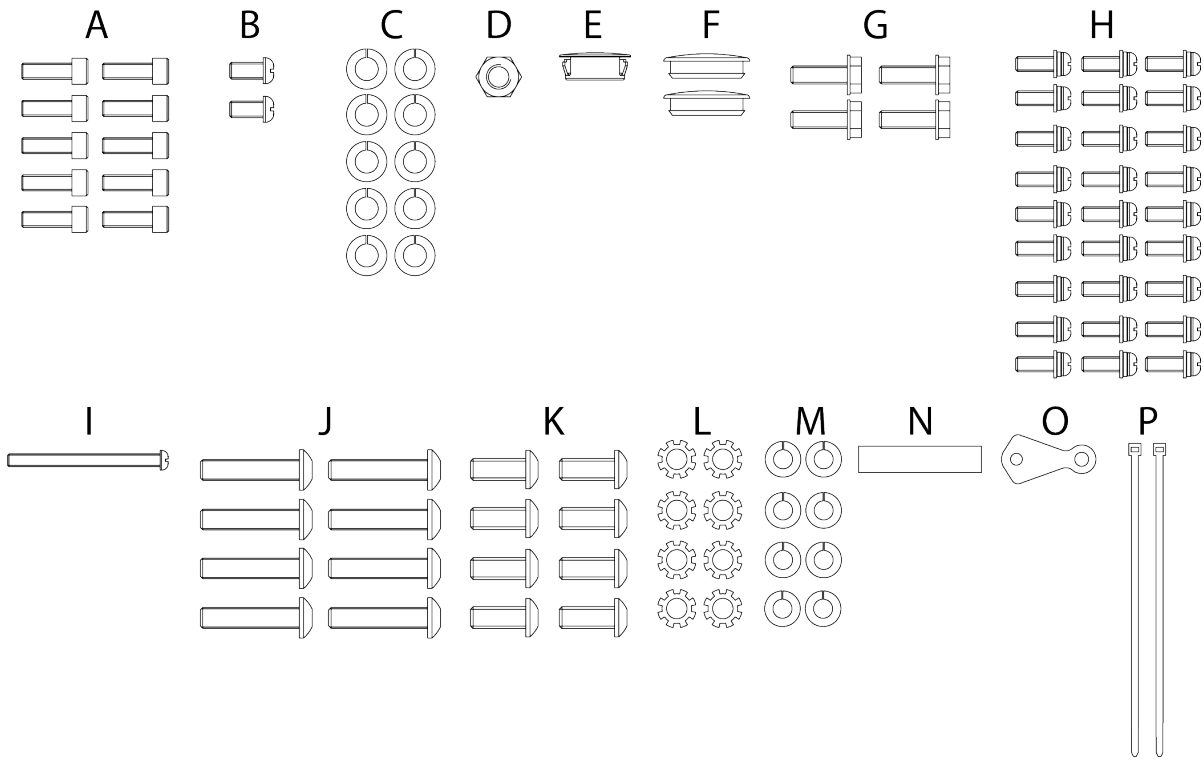


ITEM	DESCRIPTION	Qty.
A	Console Rack	1
B	Frame	1
C	Pedestal - Left	1
D	Pedestal - Right	1
E	Handrail - Left	1
F	Handrail - Right	1
G	Lower Console Rack Cover	1
H	Lower Shoulder Cover-Left	1
I	Lower Shoulder Cover-Right	1
J	Hand Grip Assembly - Left	1
K	Hand Grip Assembly - Right	1
L	Rear Console Cover	1

CHAPTER 2: ASSEMBLY GUIDE

PRE-ASSEMBLY CHECK LIST:

TC650/900



Item	Description	Qty
A	Bolt M8 x P1.25 x 25	10
B	Screw M5 x P0.8 x 10	2
C	Lock Washer M8	10
D	Lock Nut M8 x P1.25	1
E	Cap-Motor Cover Screw	1
F	Hole Plug-Motor Cover	2
G	Bolt 1/4"-20 x 3/4"	4
H	Screw M4 x P0.7x12	27

Item	Description	Qty
I	Bolt M5 x P0.8 x 60	1
J	Bolt 5/16"-24 x 1-1/2"	8
K	Bolt 1/4"-20 x 5/8"	8
L	External Tooth Star Washer M8	8
M	Lock Washer 1/4"	8
N	Spacer	1
O	Retainer-Power Cord	1
P	Wire Tie	2

Tools Required (not included):

- Open End Wrenches: 15/16", 7/8", and 1/2"
- Hex Keys: 5/32", 3/16", 4mm, and 8mm
- Screwdrivers: #2 Phillips with 4" long tip, #2 Phillips with 8" long tip, 5/16" slotted approximately 6" long

- 7/16" 6-point socket, short extension, and ratchet
- Long-nose pliers, small (optional)
- Wire cutters, small (optional)

⚠ CAUTION:

- Use caution when assembling treadmill. Unpacking and assembling of this treadmill is a two person task.
- Remove all treadmill components from packaging.

CHAPTER 2: ASSEMBLY GUIDE

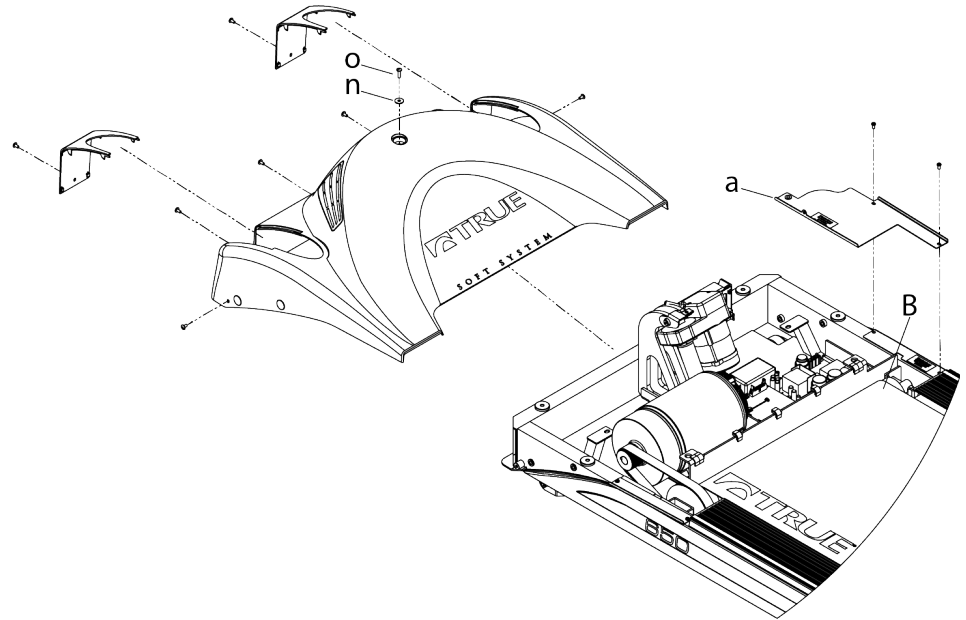
TREADMILL ASSEMBLY STEPS:

Step 1 Remove Motor Cover:

a) Remove the screw (o) and washer (n) and then the seven remaining identified screws from the motor cover. Keep all motor cover hardware for reassembling the motor cover to the treadmill frame at Step 11.

b) While pulling the sides slightly outward, remove the motor cover from the treadmill frame (B) by pulling upwards. You will feel some snap catches release while performing this step.

c) Remove the Drip Guard Assembly (a) from the treadmill frame. Keep all drip guard assembly hardware for reassembling the drip guard assembly to the treadmill frame at Step 4.



Step 2 Pedestal Installation:

a) Secure the pedestals to the treadmill frame using nine M8 x 25 bolts (a), nine M8 lock washers (c), and one M8 locknut (d) where shown.

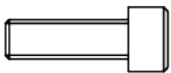
Note: Do not fully tighten the hardware used in this step yet.

Note: Ensure the pedestal cables are routed between the treadmill frame and pedestal support brace as shown.

Hardware Required:



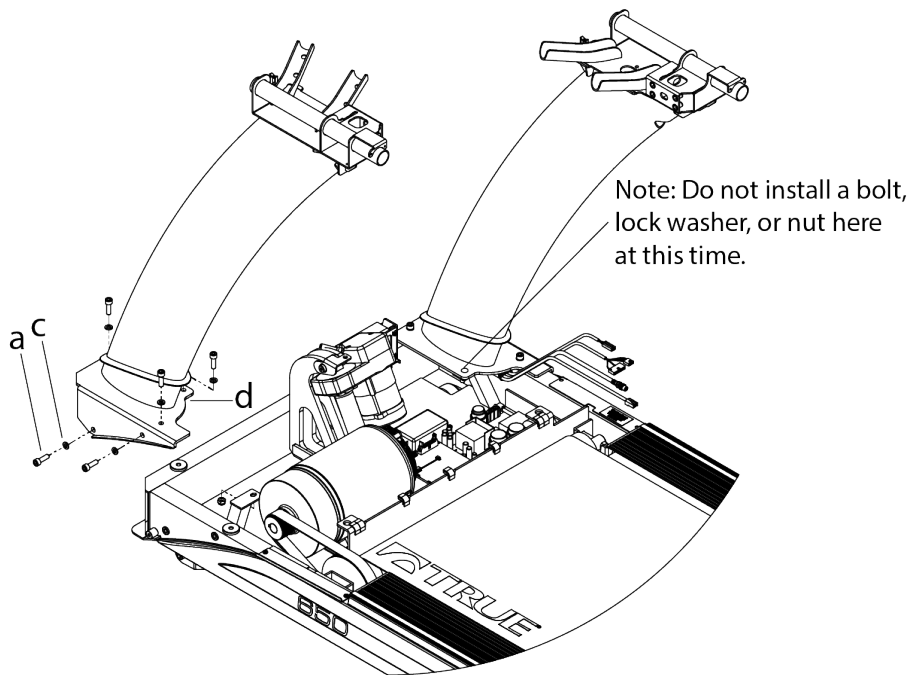
Qty. 9 M8 Lock Washers



Qty. 9 Bolts M8 x 25



Qty. 1 Lock Nut M8



CHAPTER 2: ASSEMBLY GUIDE

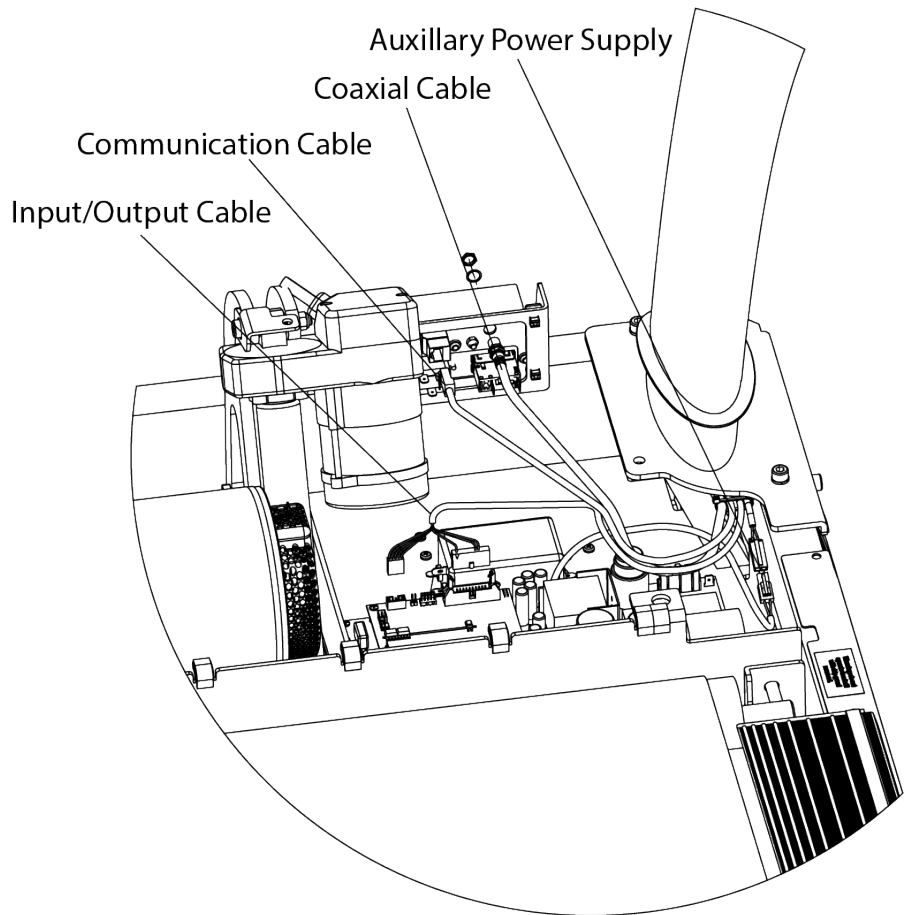
TREADMILL ASSEMBLY STEPS:

Step 3 Frame Cable Connections:

a) Route the cables exiting from the right pedestal to the appropriate connection point as shown. Cables will be marked for easy identification.

b) Remove the nut and washer attached to the coaxial cable as shown.

c) Pass the front of the coaxial cable through the hole in the electrical panel and reinstall the washer and nut on the coaxial cable.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 4 Drip Guard Assembly:

a) Screw the M5 screws that were removed earlier and a M8 x 25 bolt (A) with a M8 split lock washer (C).

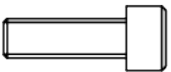
b) Secure all four right pedestal cables to the drip guard assembly using the zip tie in the location shown.

Note: Do not operate treadmill with drip guard assembly removed.

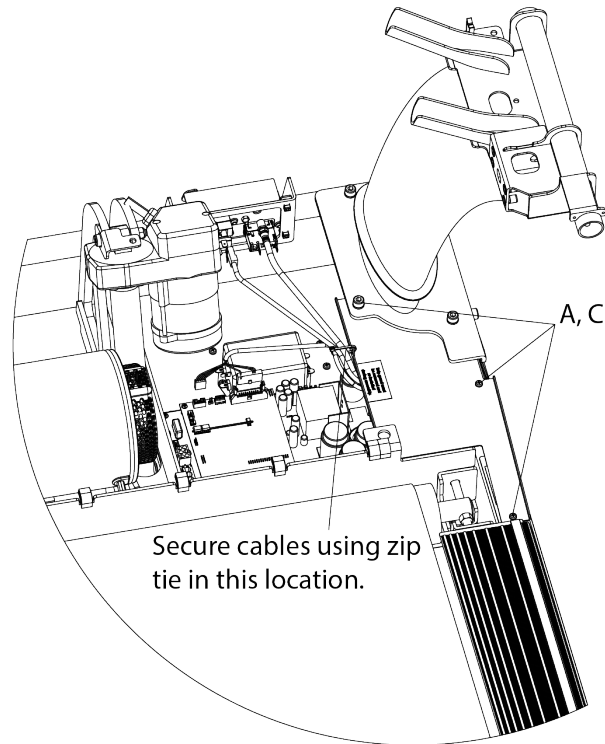
Required Hardware:



Qty. 1 Lock Washer M8



Qty 1 Bolt M8 x 25



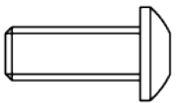
Step 5 Hand Grip Assemblies:

a) Connect the wire coming from the bottom of the Contact Heart Rate (CHR) grip assembly to the corresponding wire located in the pedestal arm as shown.

b) Secure each CHR grip assembly to the pedestal arm with four screws and four lock washers.

Note: Confirm each grip assembly is assembled on the correct pedestal using the left and right orientation stickers on them.

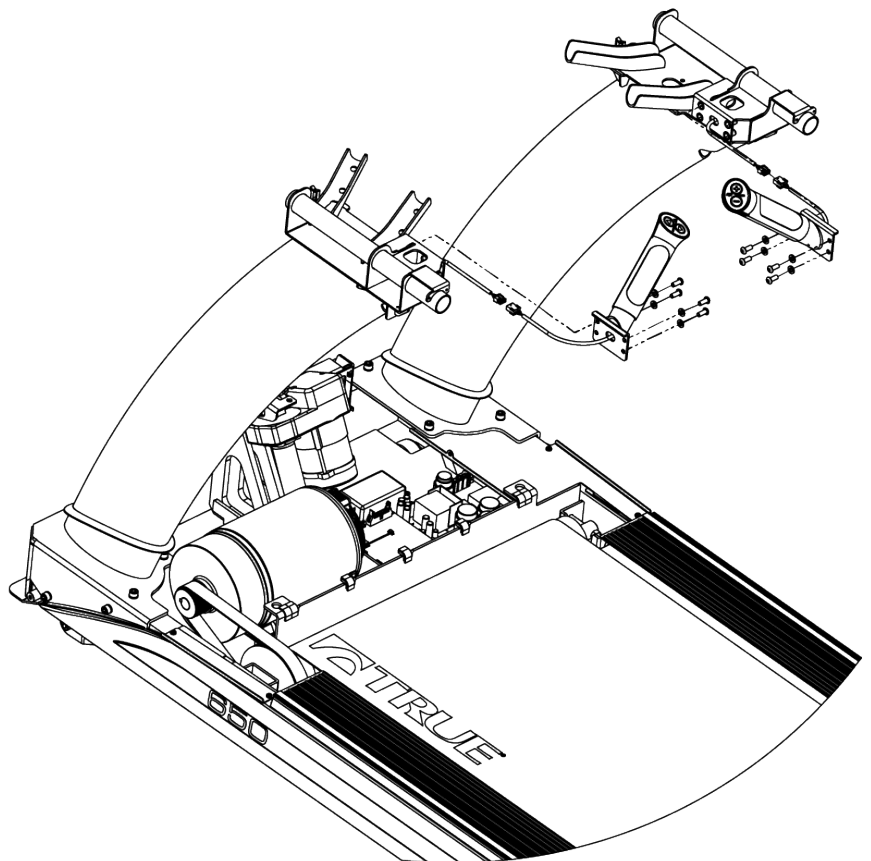
Required hardware:



8 Bolt 1/4" -20 x 5/8"



8 Lock Washer 1/4"



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 6 Console Rack:

a) Install the console rack onto the pedestals by resting the console rack tubing on top of the pedestal tubing cradles.

CAUTION: Do not pinch cabling during this step.

b) Install 8 Bolts $\frac{5}{16}$ "-24 x 1- $\frac{1}{2}$ " and 8 external tooth lock washers through the pedestal tubing cradle and console rack, but do not tighten.

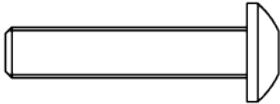
c) Tighten all hardware from steps 2a to 6c.

d) Install 4 M4 x 12 (H) screws and tighten.

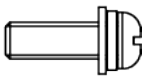
Hardware Required:



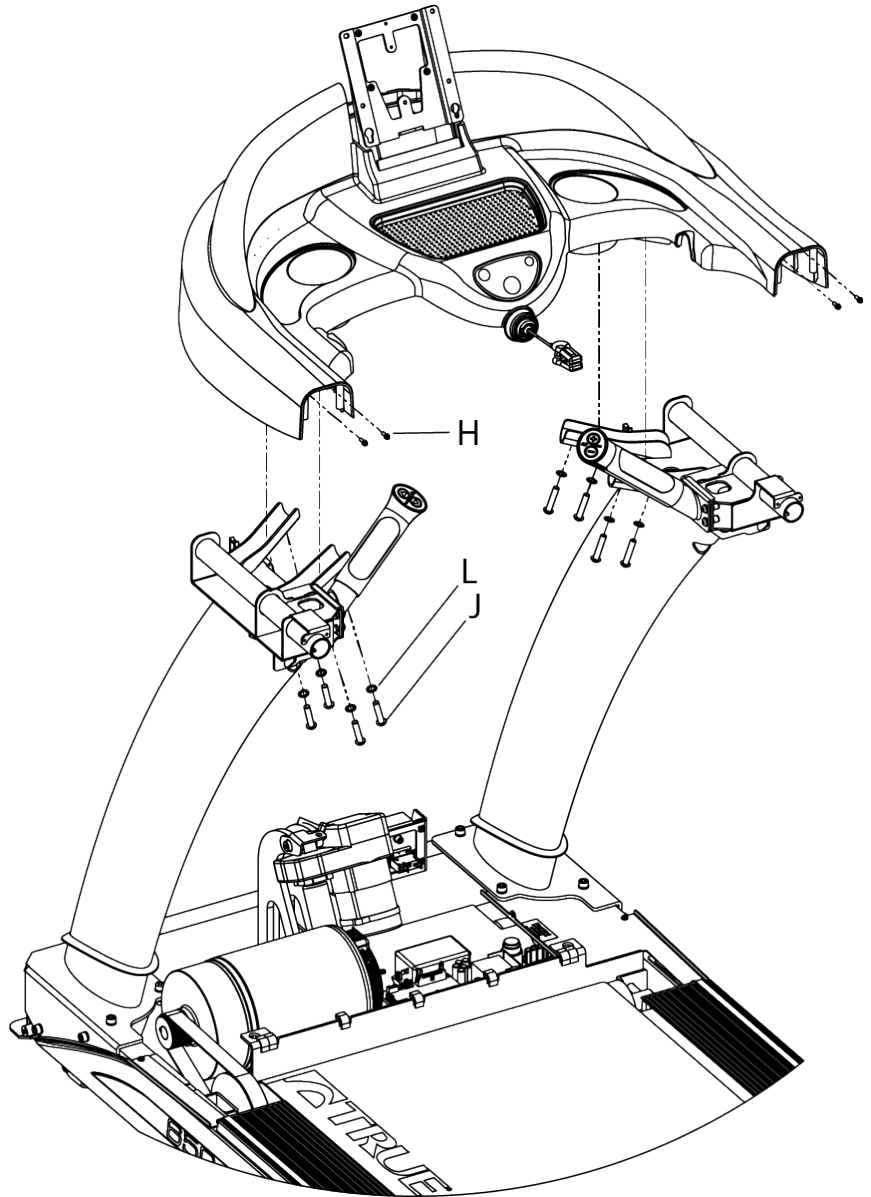
8 Lock Washer M8



8 Bolts $\frac{5}{16}$ "-24 x 1- $\frac{1}{2}$ "



4 Screws M4 x 12



CHAPTER 2: ASSEMBLY GUIDE

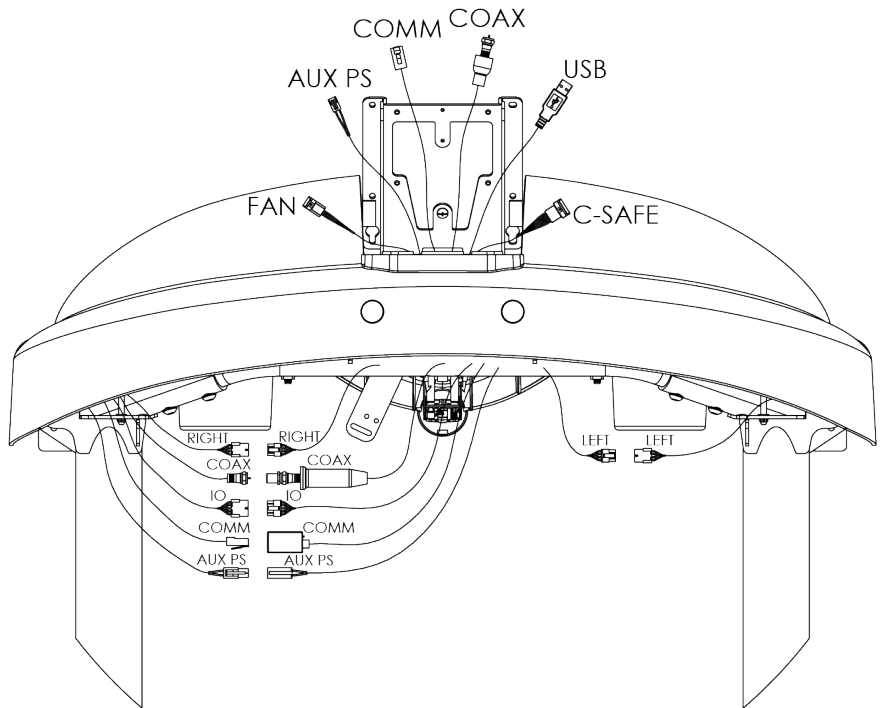
TREADMILL ASSEMBLY STEPS:

Step 7 Console Rack Cable Connections:

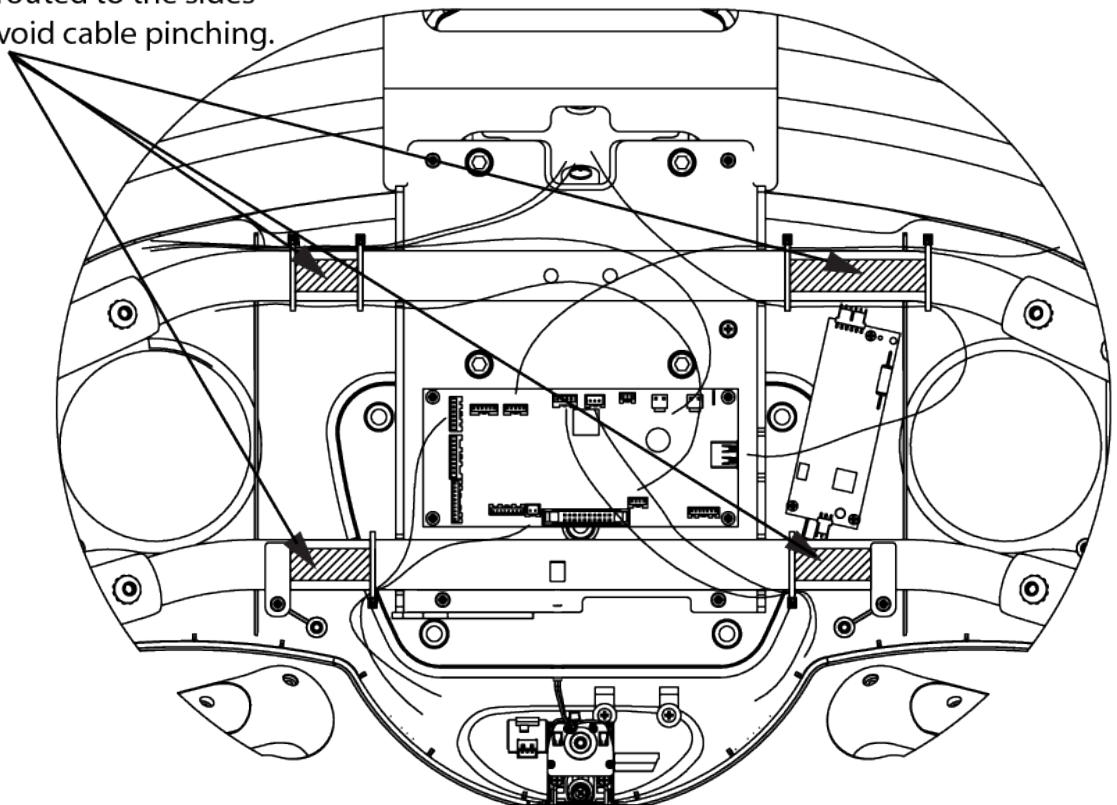
a) Connect all wires from the left and right pedestal arms to the wires from the upper console rack cover as shown (all cables will be connected regardless of console option).

***Do not over torque the coax TV cable.**

b) Route all cables into the underside of the upper console rack cover as shown to prevent wire pinching when installing the bottom console rack cover.



Confirm all cables are routed to the sides of these locations to avoid cable pinching.



CHAPTER 2: ASSEMBLY GUIDE

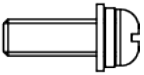
TREADMILL ASSEMBLY STEPS:

Step 8 Lower Console Rack Cover:

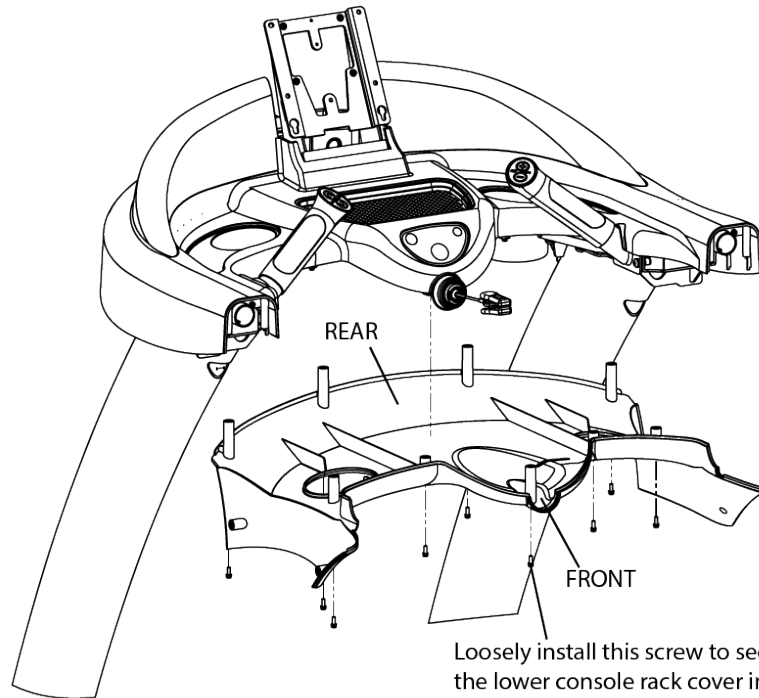
a) Position the rear edge with the long screw bosses slightly up inside the console rack first. Next, carefully raise up the front edge while making adjustments so the safety clip docking bracket and long screw boss passes up through the safety key mechanism.

Warning: Do not force the installation of the bottom cover.

Hardware Required:



9 bolt M4 x 12

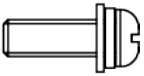


Loosely install this screw to secure the lower console rack cover in place. This will enable the remaining 8 screws to be easily installed.

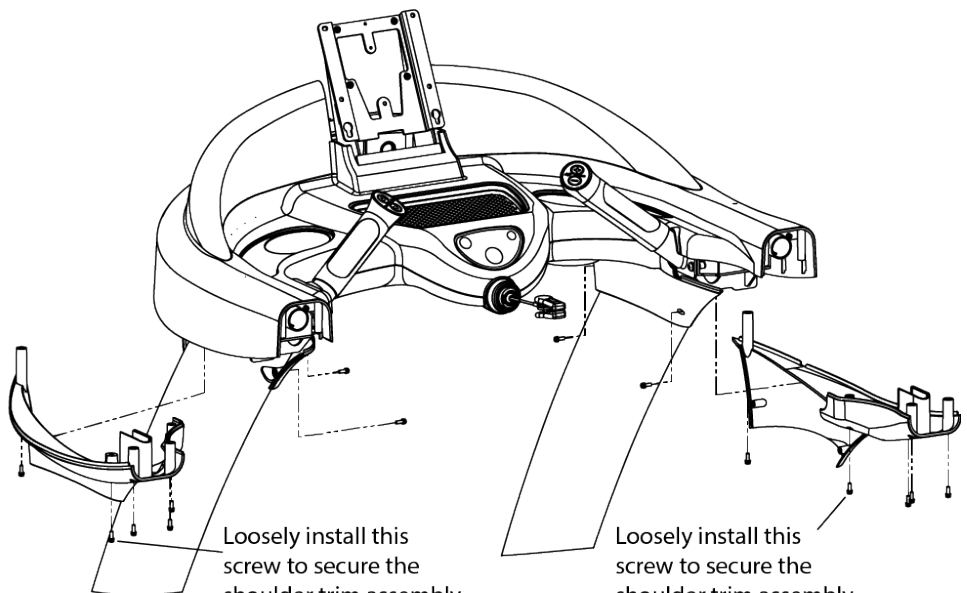
Step 9 Shoulder Trim Assembly:

a) Secure the left and right shoulder trim assemblies to the console rack using 14 bolts M4 x 12.

Hardware Required:



14 bolts M4 x 12



Loosely install this screw to secure the shoulder trim assembly in place. This will enable the remaining 6 screws to be easily installed.

Loosely install this screw to secure the shoulder trim assembly in place. This will enable the remaining 6 screws to be easily installed.

CHAPTER 2: ASSEMBLY GUIDE

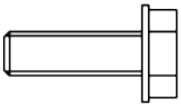
TREADMILL ASSEMBLY STEPS:

Step 10 : Handrail Assembly

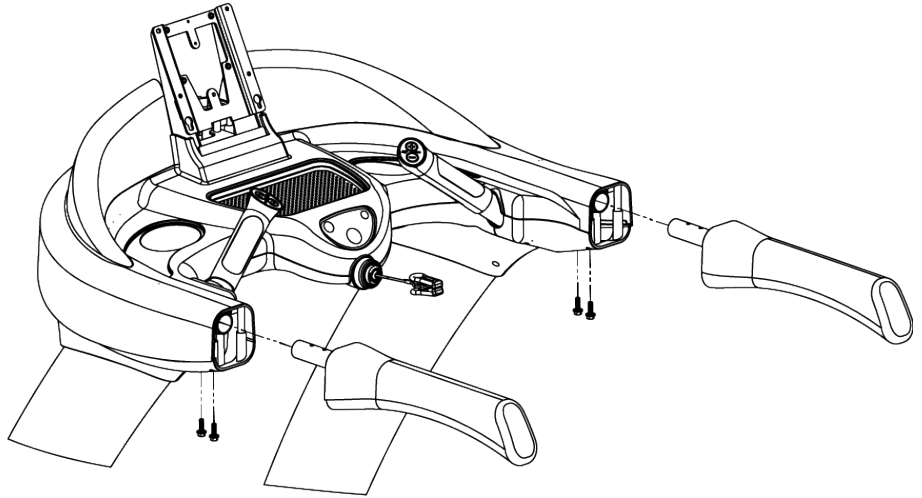
a) Fully insert the handle and then loosely install the bolts. While slightly rotating the handle to best align the seams and holding inwards, securely tighten the bolts.

Warning: When starting the bolts, be careful not to cross thread them.

Hardware Required:



4 bolts $\frac{1}{4}$ "-20 x $\frac{3}{4}$ "



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 11 Power Inlet Assembly-220V (Optional):

a) Remove any power cords that might be attached to the unit. Note: This step can be performed without removing the motor cover. The power inlet assembly can safely be pulled out about 4 inches.

b) Remove the power inlet assembly-110V from the power panel assembly. Keep the three screws M5 x .8 for later in this step.

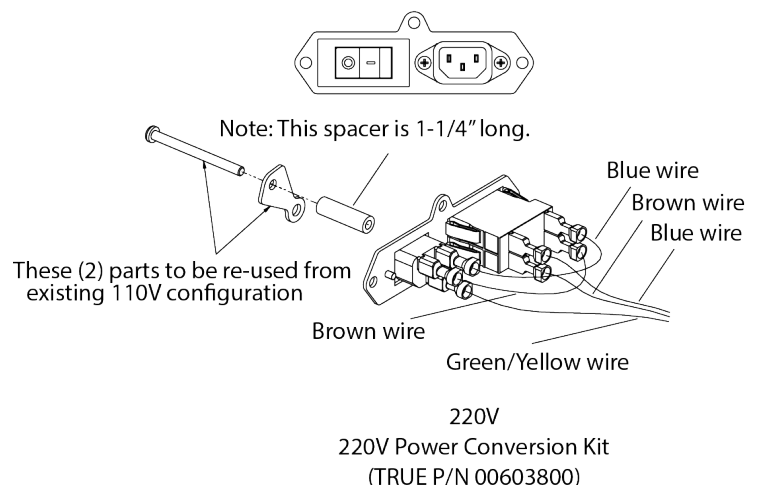
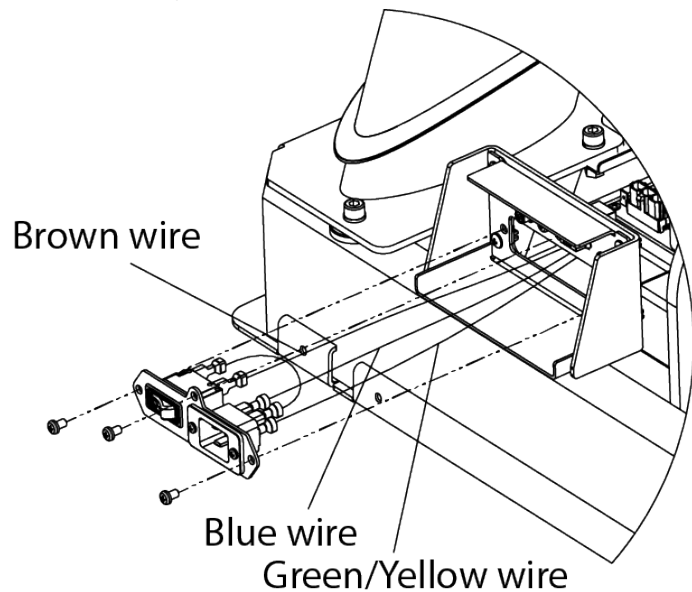
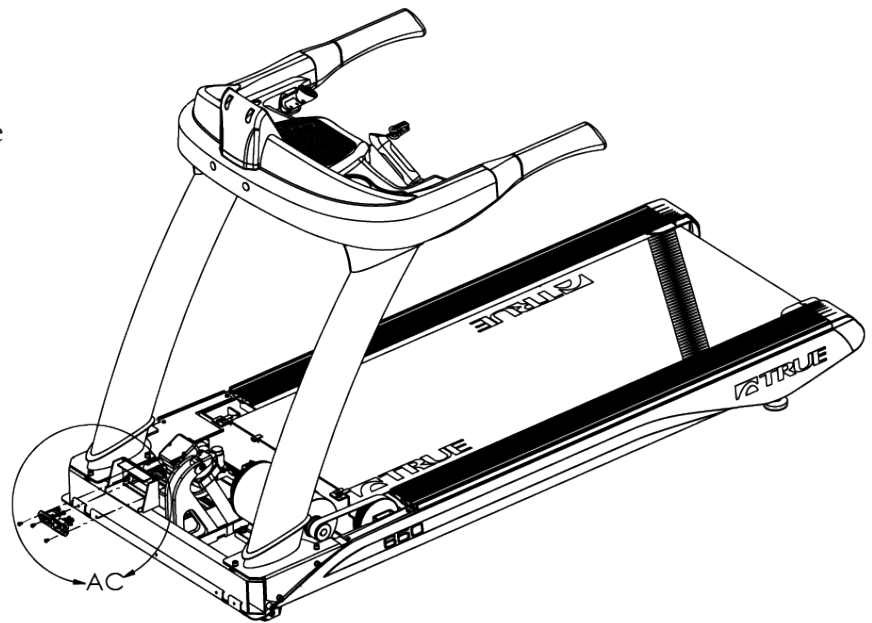
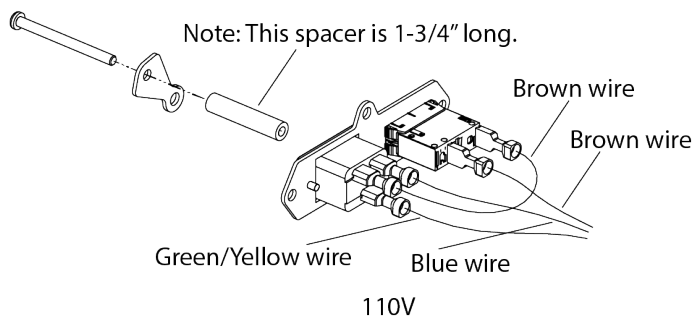
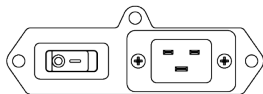
c) Install the 220V power inlet assembly as follows: Disconnect the wires one at a time as you transfer them from the original 110V panel to the 220V panel. Note: The 220V panel has a green, blue, and a brown color dot on it. The colored dots correspond to which color cables should be installed at those locations. Begin moving the GREEN/YELLOW wire over to the GREEN dot. Next, move the BLUE wire over to the BLUE dot. Lastly, move the BROWN wire over to the BROWN dot.

d) Secure the power inlet assembly-220V to the power panel assembly using three screws M5 x .8.

Hardware Required:



3 screws M5 x .8

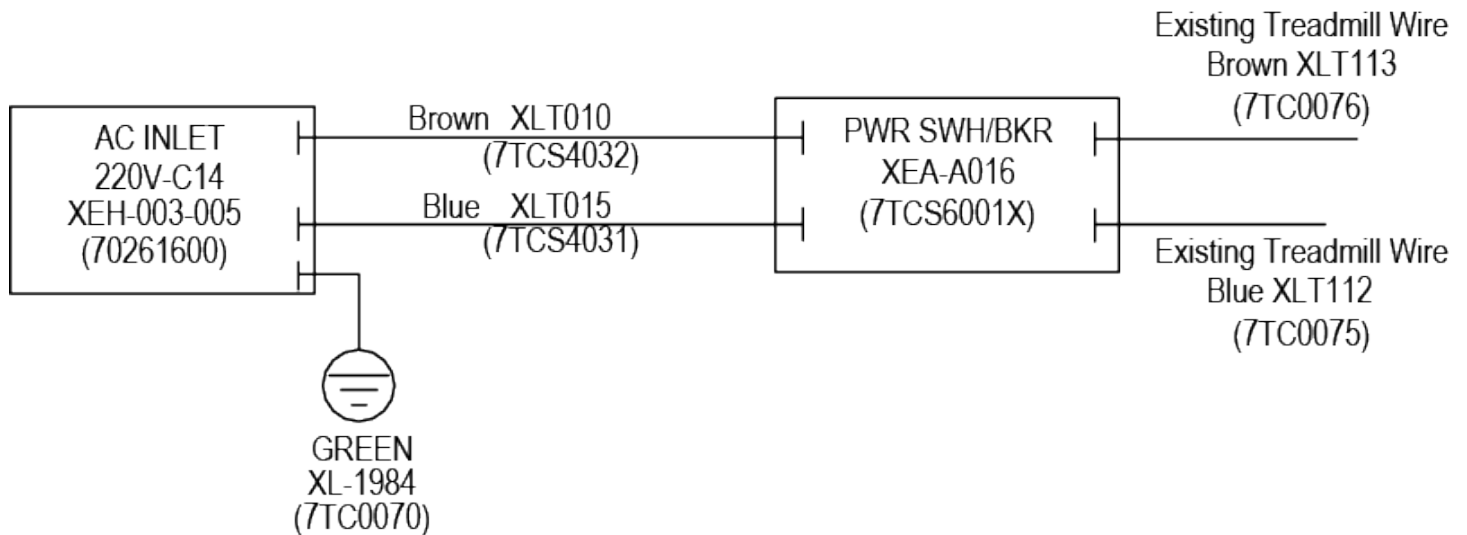


CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 12 220V Wiring Conversion(Optional):

a) See below for the wiring conversion to switch from 110V to 220V.



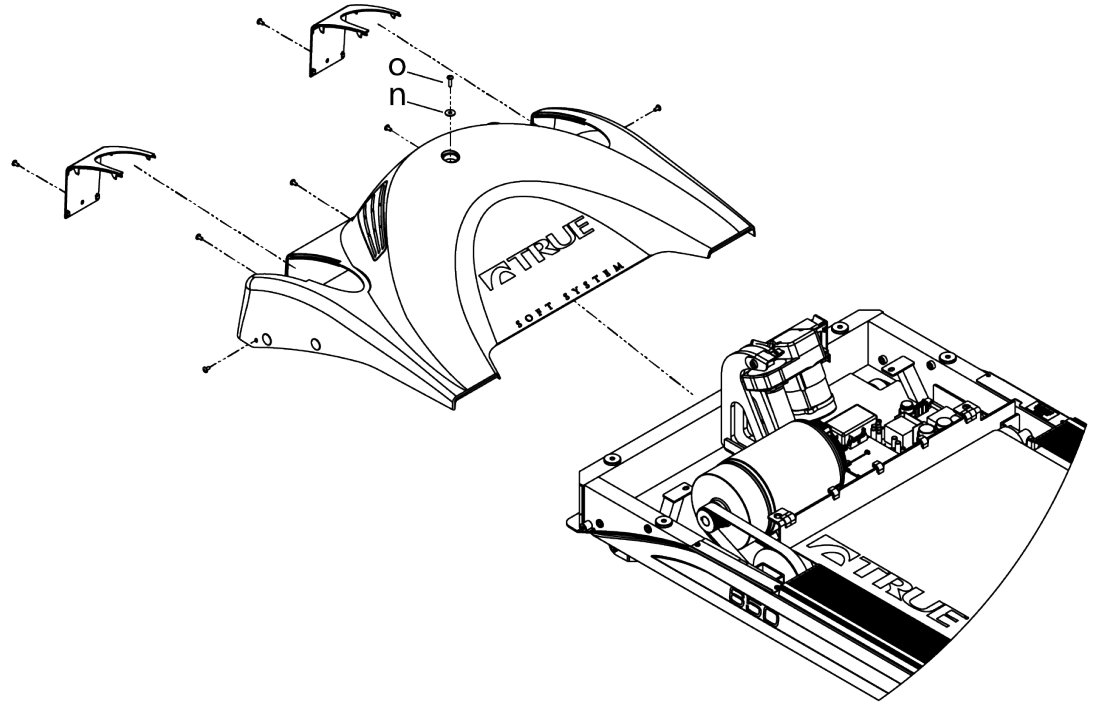
CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 13 Motor Cover:

a) Ensure the rubber trim rings at the base of the pedestal arms are slid upwards near the console rack and then rotated to the side so that they will stay upwards.

b) From the treadmill user's position, slide the motor cover into position over the motor compartment. While slightly flexing the sides outwards, carefully lower the motor cover into position. Try to avoid dislodging the rubber bolt head caps. Next, push the motor cover firmly downwards to engage the two snap action engagement clips.



Note: If a rubber cap came out, flex the motor cover outwards at this time and reinsert the cap before installing the side screws in the motor cover.

CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 13 Motor Cover (continued):

c) Reinstall screw O and washer N at this time.

d) Flex the sides of the motor cover as needed to slip the rubber bolt covers over the heads of the four bolts, reinstall the M5 screws on the left and right sides.

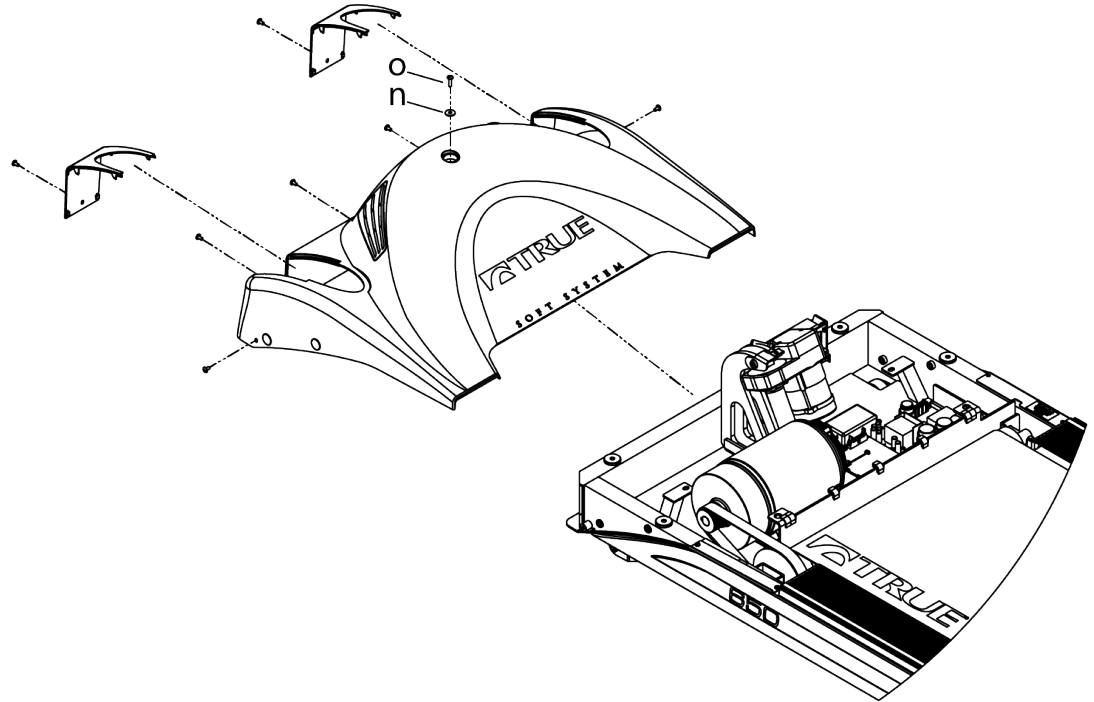
e) Reinstall the three M5 screws across the front side of the motor cover.

f) Reinstall the two motor cover inserts and their M5 screws.

Note: To properly engage the two small clips at the bottom of the inserts, flex upwards and then carefully guide in the clips as the part is lowered.

g) Rotate and lower the rubber trim rings into proper position next to the motor cover. Engage their retaining stems into the motor cover inserts. Note: The trim rings can rotate 180 degrees. In one position, they will fit without gaps. In the wrong orientation, they will not fit closely to the motor cover.

h) Install the cap-motor cover screw that is located in the hardware kit.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

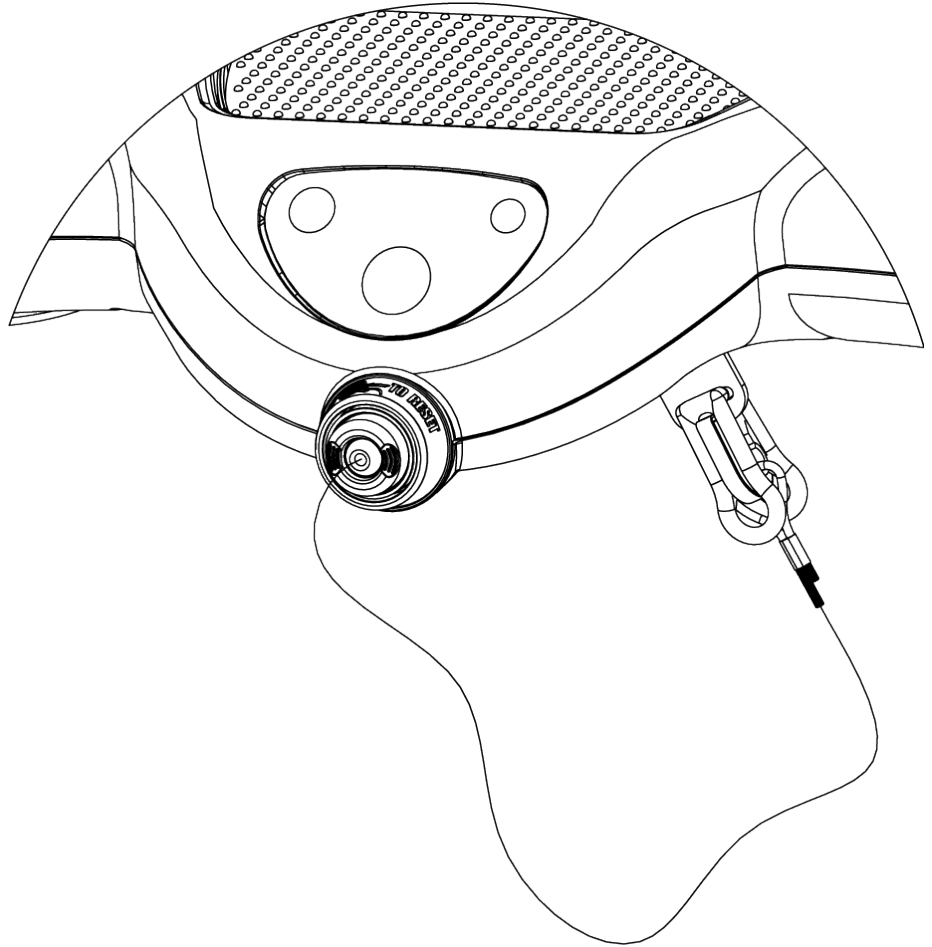
Step 14 Safety Key:

a) Locate the Safety Key attached to the console rack.

b) Attach the Safety Key clip to the anchor plate located on the console rack (when not working out).

c) Attach the safety key clip to clothing at the beginning of any workout.

CAUTION: Read treadmill Owner's Manual before attempting any workout.

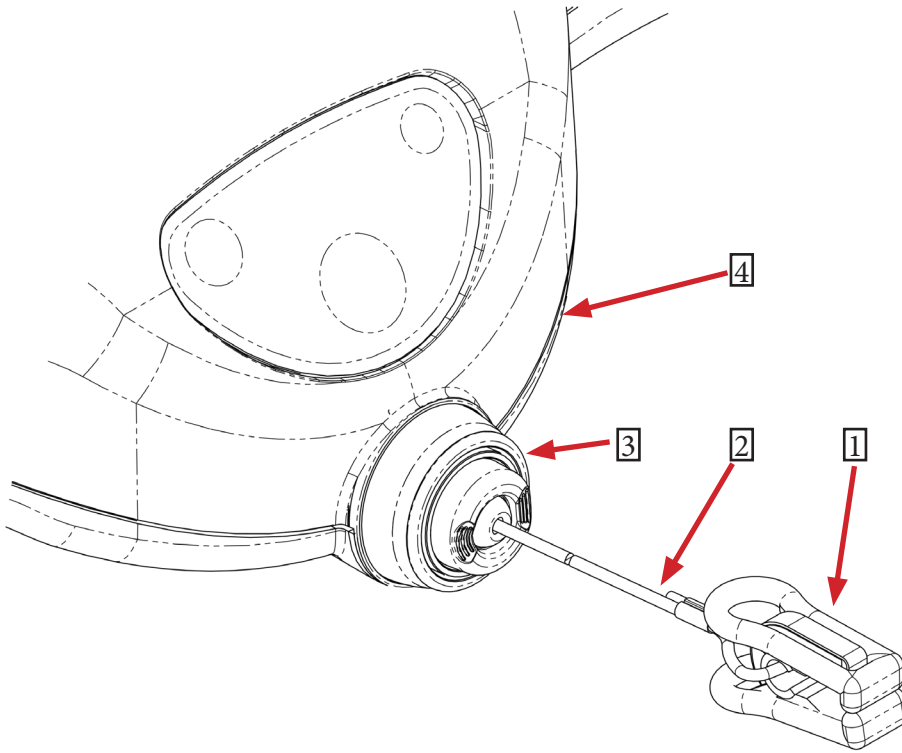


CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 15A Safety Key (E-Stop) Overview:

Attach the safety clip to your clothing before each workout and when equipment is in use to ensure an immediate halt of all treadmill belt activity if the user is unable to continue.



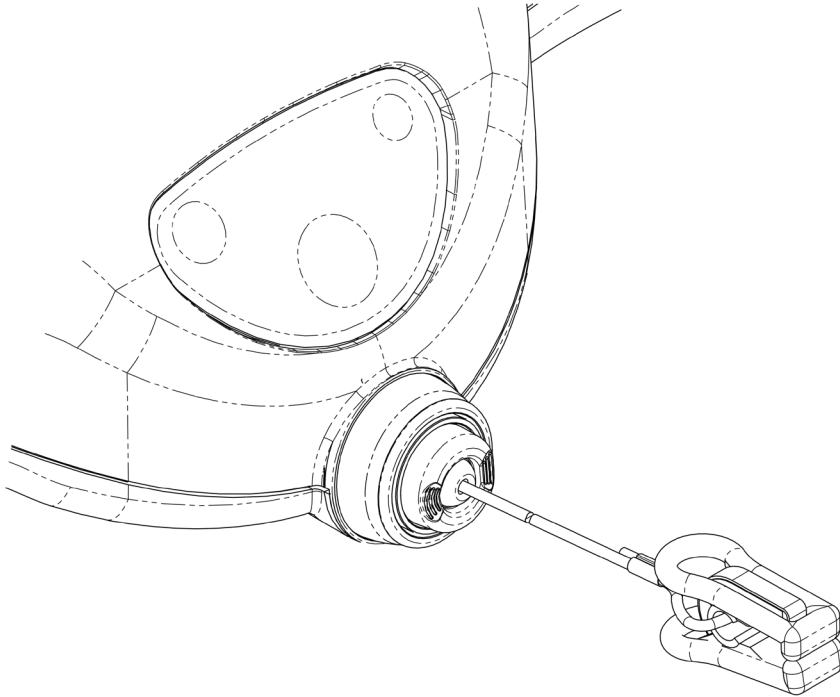
<u>Safety Key Feature</u>	<u>Number</u>
Safety Key Clip	1
Safety Key Pull Cord	2
Safety Stop	3
Console Rack	4

CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 15B Safety Key (E-Stop) Usage:

Safety Key (E-Stop) Disengaged:

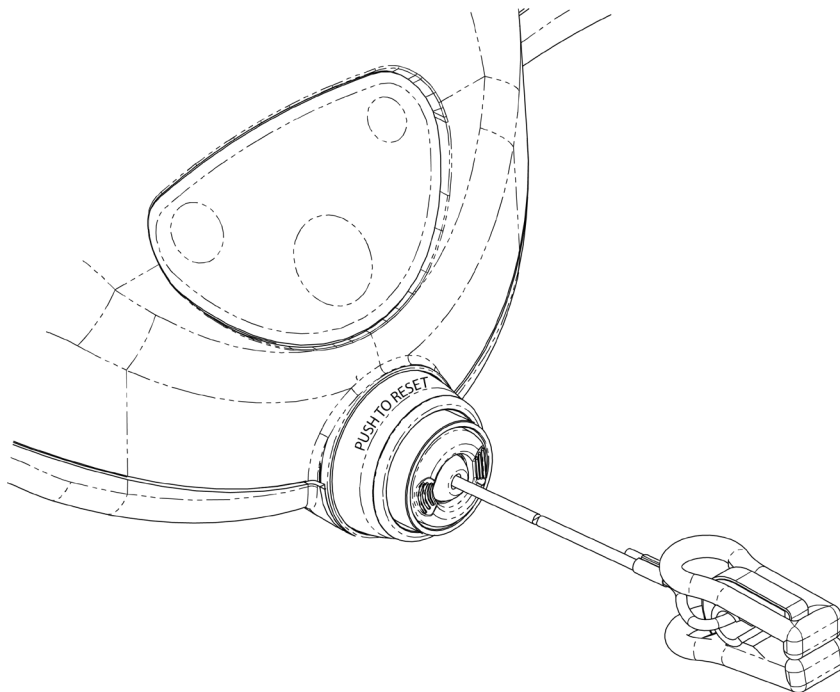


Shown to the left is the disengaged position of the safety key (e-stop).

When the equipment is in use or the user is standing on the belt not in use, the safety key clip must be attached to the user's clothing. This allows the safety stop to be engaged if the safety clip attached to the user pulls the safety key pull cord taught, thus immediately halting all treadmill belt activity.

Note: The safety key pull cord length allows free range of motion for the user within the normal workout parameters identified within this owner's manual.

Safety Key (E-Stop) Engaged:



Shown to the left is the engaged position of the safety key (e-stop). Note the safety stop outer sleeve that covers the safety stop to denote the engaged position.

When the safety stop is engaged, all treadmill belt activity will cease and the following error message will appear on the console advising the safety stop is engaged "INSERT SAFETY KEY."

To remove the console error message and place the safety stop back in the disengaged position, push the safety stop in once.

Note: You will be taken to the workout conclusion screen once the safety stop is switched back to the disengaged position.

CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

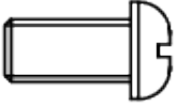
Step 16 Rear Console Cover Assembly:

a) Secure the rear console cover assembly to the console mast assembly using two bolts M5 x 10.

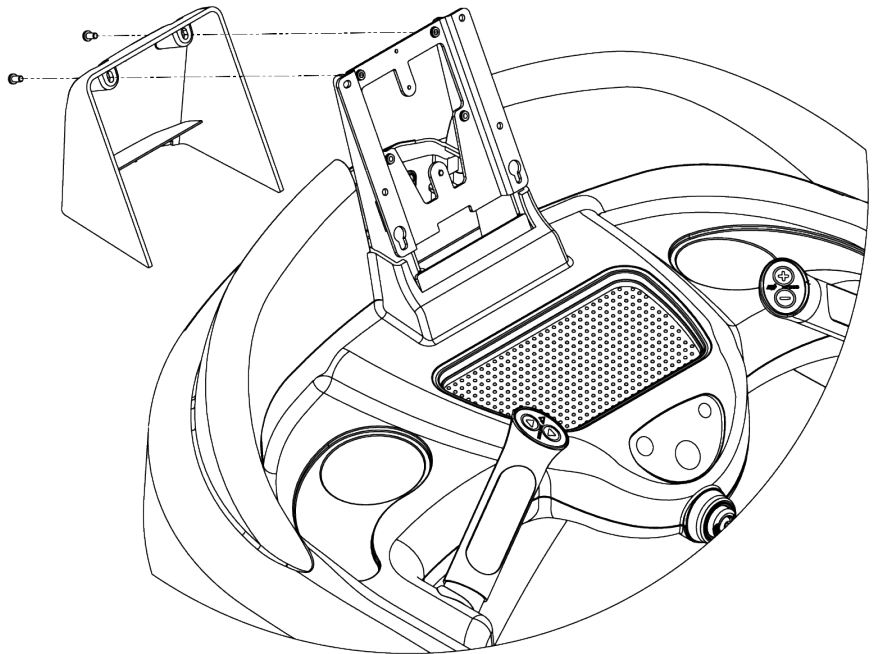
CAUTION: Make sure cabling is NOT pinched during installation.

Note: For specific console assembly instructions, see the corresponding section at the end of Chapter 2: Assembly Instructions.

Hardware Required:



2 bolts M5 x 10



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 17 Rear Foot Leveling:

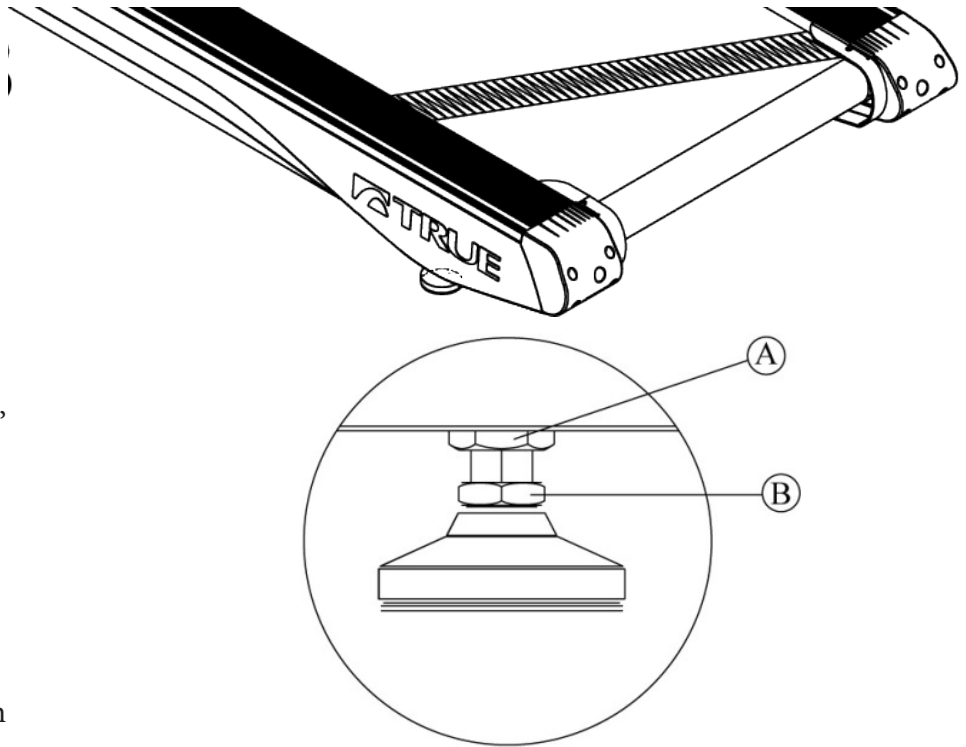
a) Ensure treadmill incline rack wheels and rear feet are resting on the floor and not on cardboard, packaging, etc.

b) Using a 15/16 inch open end wrench, loosen nut A on Right Rear Foot (only side adjustable).

c) Using a level or estimating by sight, turn section B of foot clockwise, or counter-clockwise, using a 7/8 inch open end wrench to level the rear of treadmill.

d) Tighten nut A until it is secured against bottom of treadmill.

Note: The recommended gap between (A) and (B) is 1/4" on a flat floor.



Step 18 Power Cord Retainer:

a) Install the power cord retainer assembly in the order shown, but do not tighten.

b) Rotate power cord retainer down and tighten the screw to push the retainer up against the power cord.

Hardware Required:



1 spacer

Note: The 110V spacer is 1-3/4" long.
The 220V spacer is 1-1/4" long.

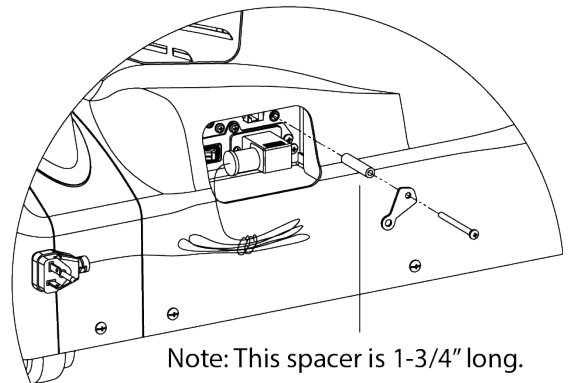


1 retainer-power cord



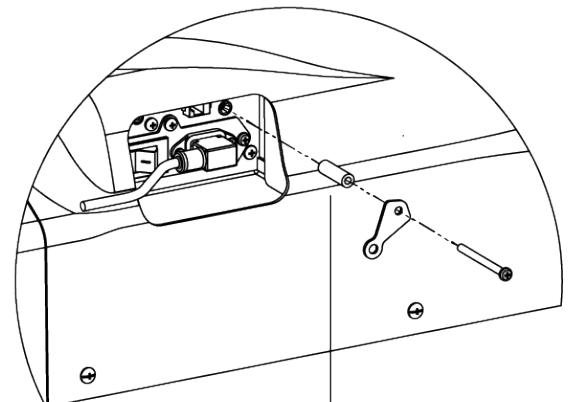
1 bolt M5 x 60

110V
configuration



Note: This spacer is 1-3/4" long.

220V
configuration



Note: This spacer is 1-1/4" long.

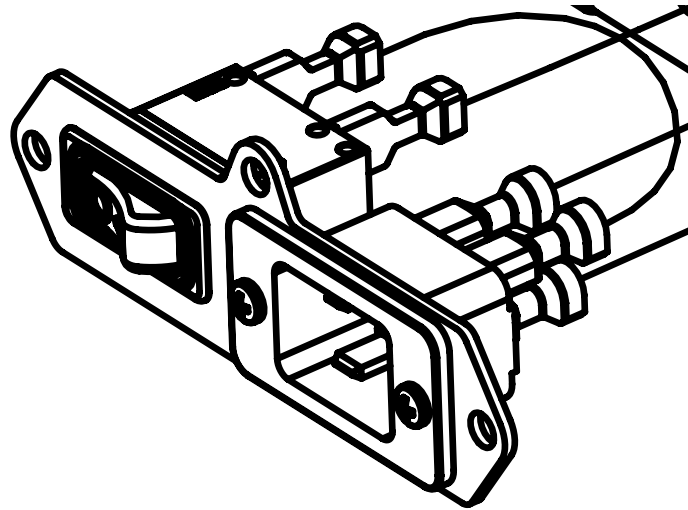
CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 19 Power Cord Installation:

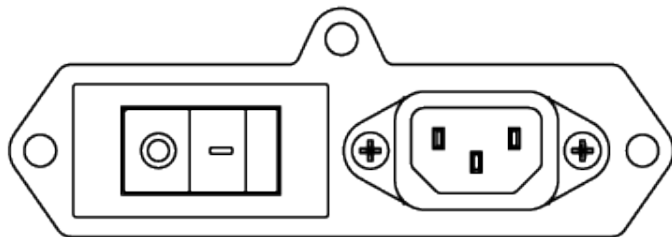
CIRCUIT BREAKER: In the event the current drawn by the treadmill exceeds a specified value, the Circuit Breaker portion of the power on/off switch will operate. The rocker lever will automatically release and position itself to a position half way between on and off, thus opening the power circuit.

If this should occur, please wait 10 minutes and then reset the Circuit Breaker by rocking the power switch fully to the OFF position (O), and then rocking the power switch back to the ON position (-). If it does not reset, or the Circuit Breaker operates again under normal use, contact True Fitness at 1-800-883-8783.

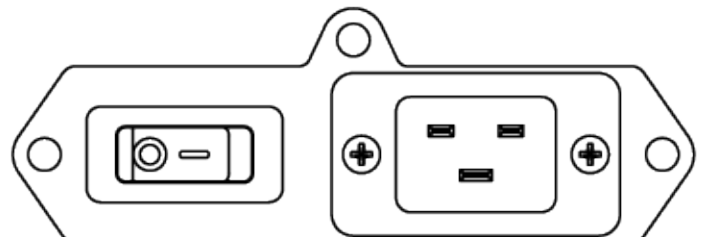


Note: The above picture shows the power switch in the OFF position (O) for reference.

Circuit Breaker Positions



220V



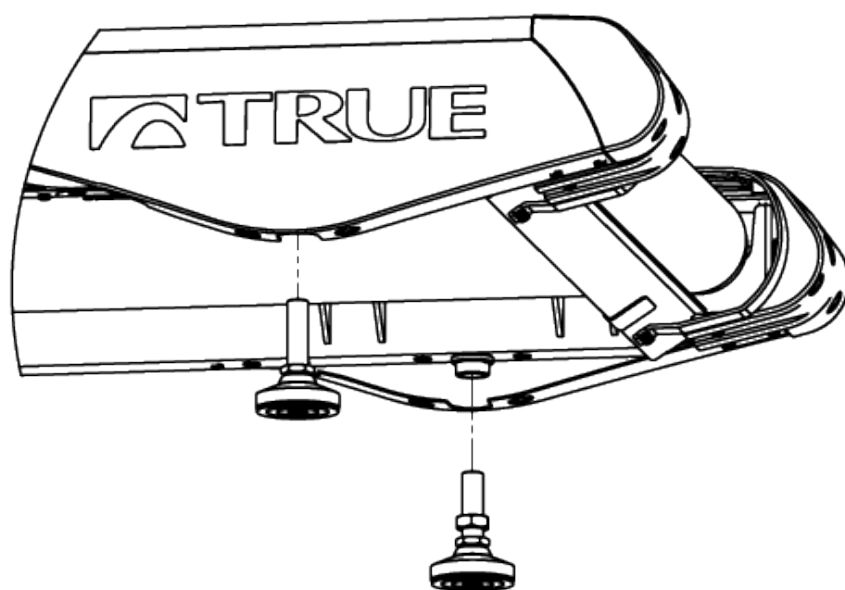
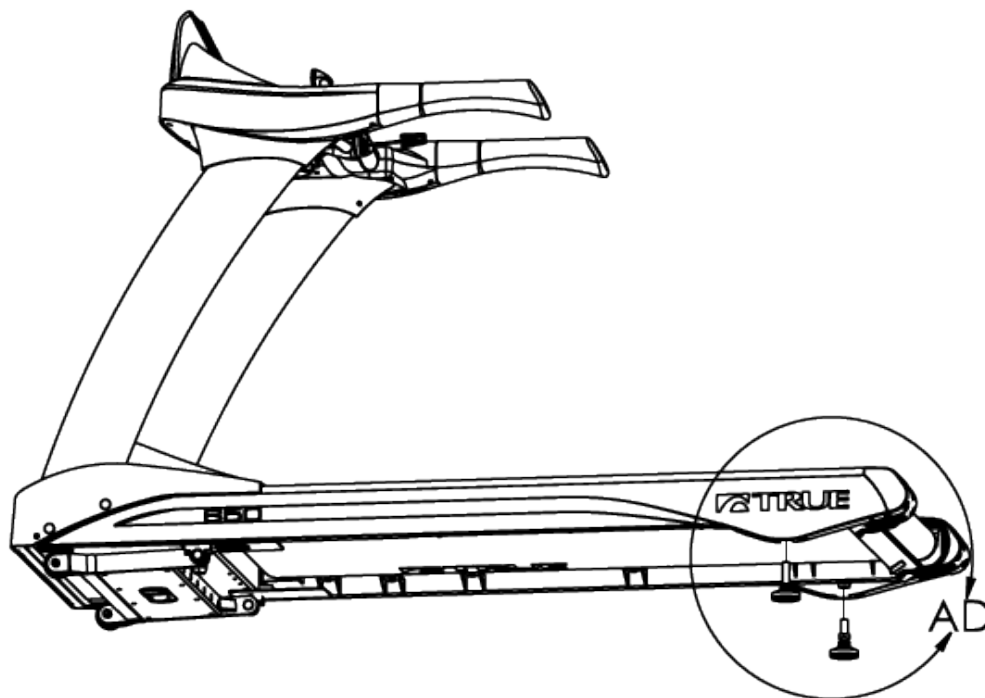
110V

CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 20 Leveling Feet-Decline Kit(Optional):

a) Remove the leveling feet from the treadmill frame as shown.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 21 Leveling Feet-Decline Kit(Optional):

a) Secure the optional decline kit to the treadmill frame in the identified areas using four bolts 1/4"-20 x 3/4" per kit.

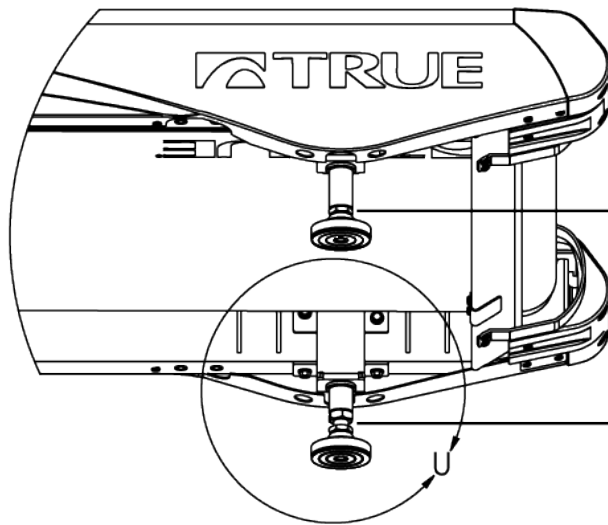
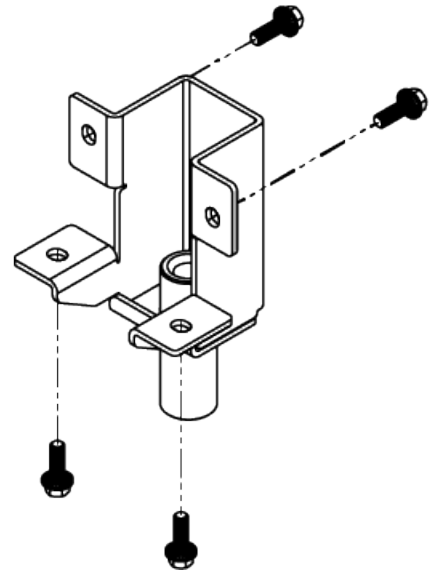
b) Screw the leveling feet into the optional decline kit holes as shown.

Note: The bracket is left and right side sensitive so confirm you are using the correct bracket.

Hardware Required:



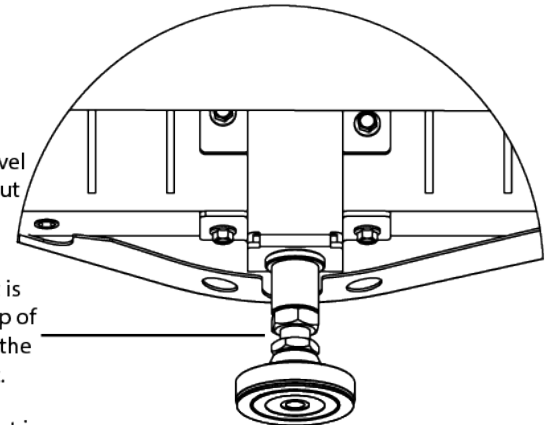
8 bolts 1/4"-20 x 3/4"



Note: The left hand side swivel foot is fully tightened without the use of a locking nut.

Note: The right swivel foot is initially installed with a gap of 1/4" between the nut and the hex area of the swivel foot.

Note: The right swivel foot is installed with the use of an adjustment locking nut.



DETAIL U
SCALE 1 : 2

CHAPTER 2: ASSEMBLY GUIDE

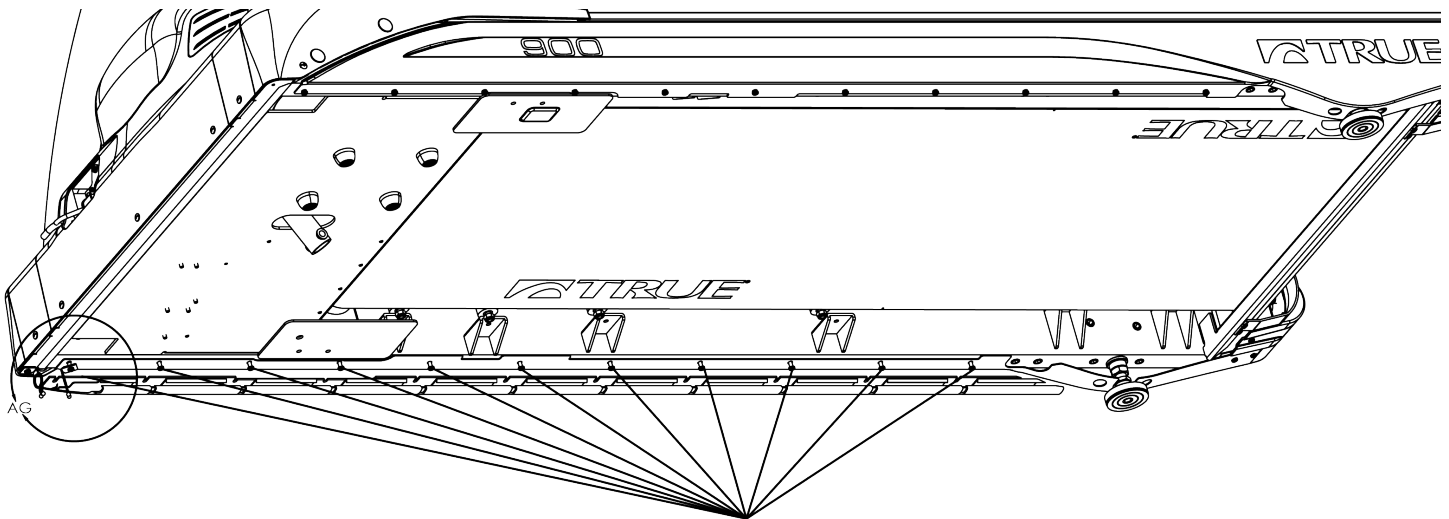
TREADMILL ASSEMBLY STEPS:

Step 22 Prepare Treadmill (Optional):

a) Power on the treadmill and press the Quick Access key located on the left Contact Heart Rate grip to increase the incline to six percent. Remove the power cord from the wall receptical, which provides ample working space for this installation. Place protective padding on the floor and carefully place the treadmill on its left side on the protective padding. Loosen the 11 notated screws already assembled on the treadmill frame and position the corresponding 11 slots on the power cord management hardware between the 11 screws and the treadmill frame.

Note: The TC900 should already be assembled before proceeding with Step 1 (Preparing Treadmill).

Note: Position the wire retainer clips as shown below.

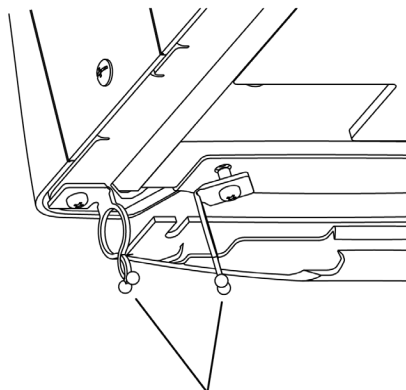


Pre-assembled treadmill frame screws for cord management hardware



Cord Management Hardware

DETAIL AG



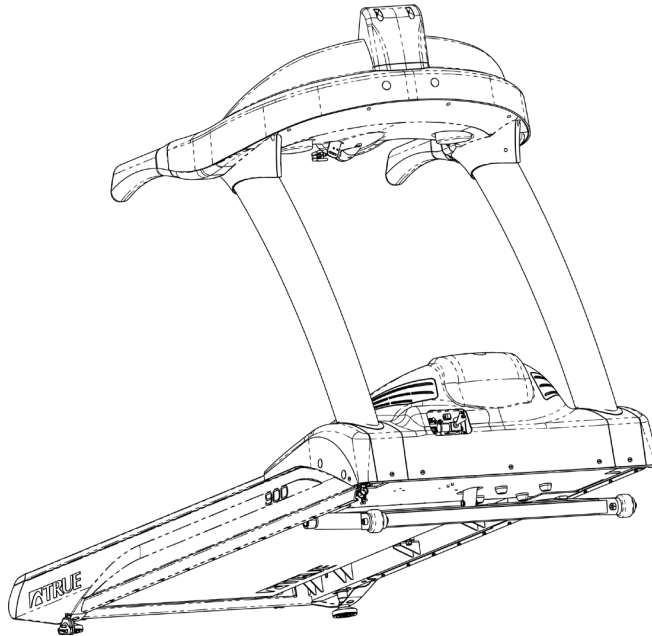
Wire Retainer Clips

CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 23 Core Management Hardware Alignment (Optional):

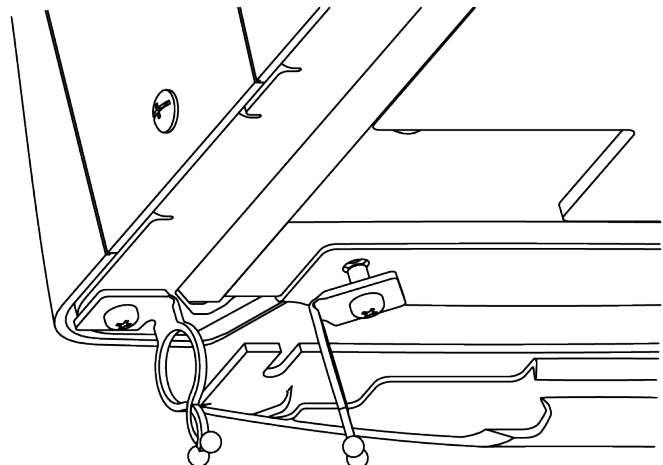
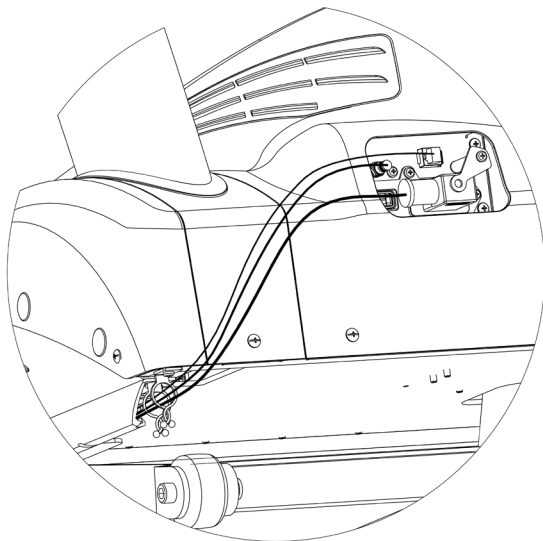
Position the cord management hardware to allow seamless transition with the treadmill frame when viewed from the outside. Tighten the 11 screws from Step 1 (Prepare Treadmill) to lock the core management hardware position in place.



Step 24 Guide Channel (Optional):

Insert the coaxial, ethernet, and power cord cables into the guide channel of the cord management hardware. Route the three cables through the two wire retainer clips by untwisting and enlarging the gap between both prongs. Return the wire retainer clips to the neutral position after all three cables are routed through.

Note: To optimize cable retention in the guide channel of the core management hardware, insert the three cables in the following order based on cord diameter: Ethernet, coaxial, and power cable.



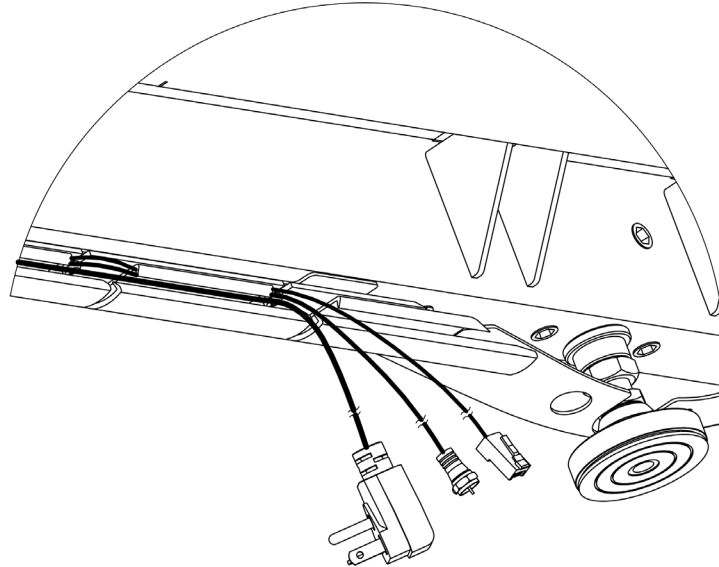
CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Step 25 Exit Location (Optional):

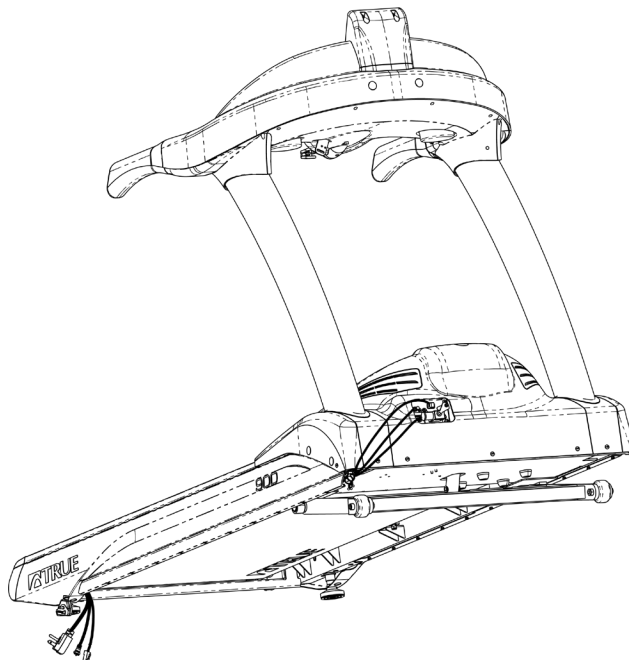
Shown below is the suggested exit location of the cables near the rear leveling foot, but the cables may exit at other locations from the guide channel depending on the location of the corresponding outlet(s).

Note: To prevent cord entanglement with the running belt and rollers and reduce injury from tripping hazards, the cords must not exit from or cross over the rear of the treadmill.



Step 26 Treadmill Neutral Position (Optional):

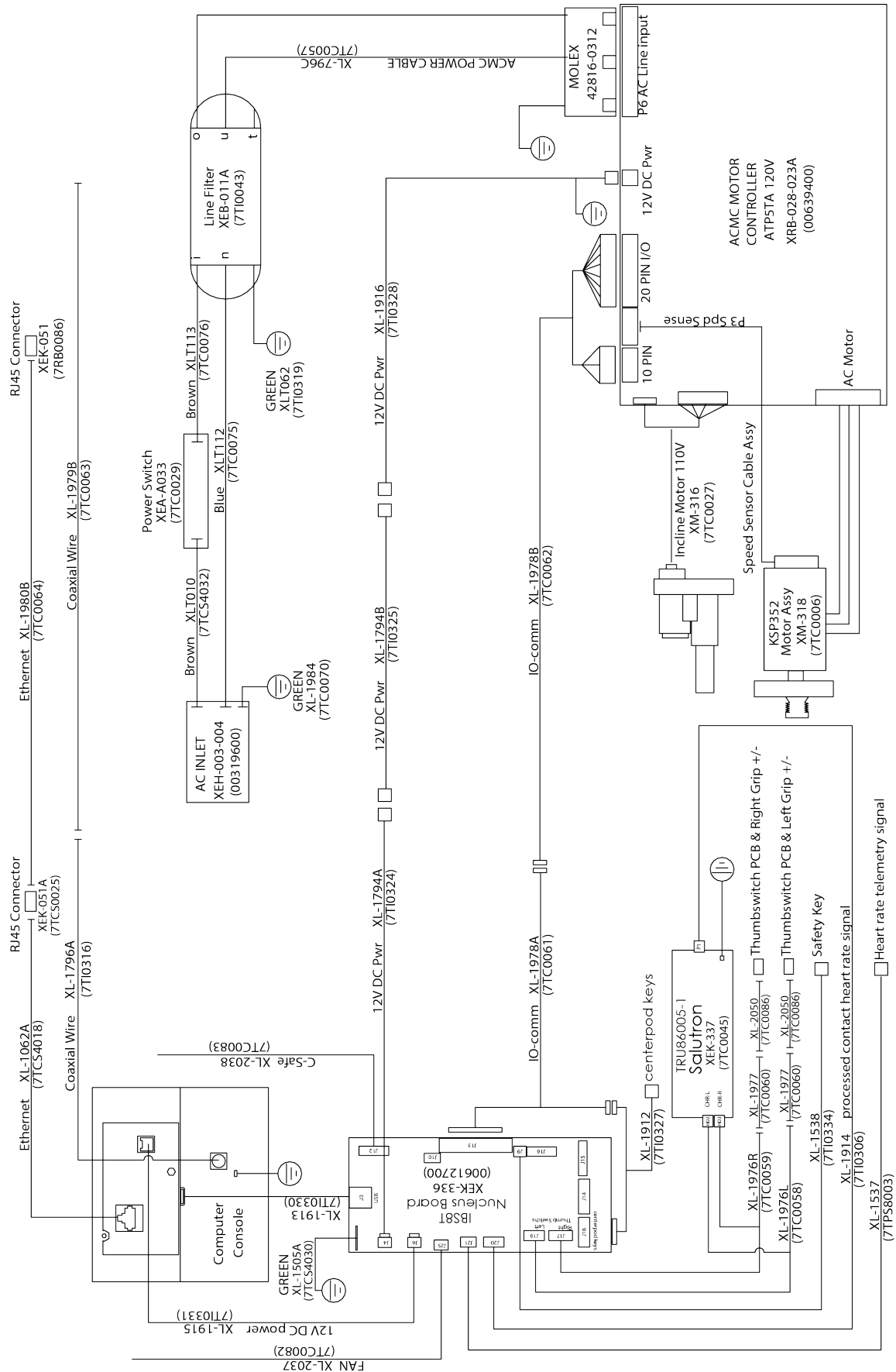
Confirm the cables are routed correctly through the two wire retainer clips to prevent cable pinching above the incline rack wheels. Position the treadmill upright to restore it to the neutral position. Connect the male ends of the Ethernet, coaxial, and power cables to the corresponding outlet(s). Restore the treadmill deck incline grade to zero percent while confirming the three cables maintain correct positioning along the guide channel in the cord management hardware.



CHAPTER 2: ASSEMBLY GUIDE

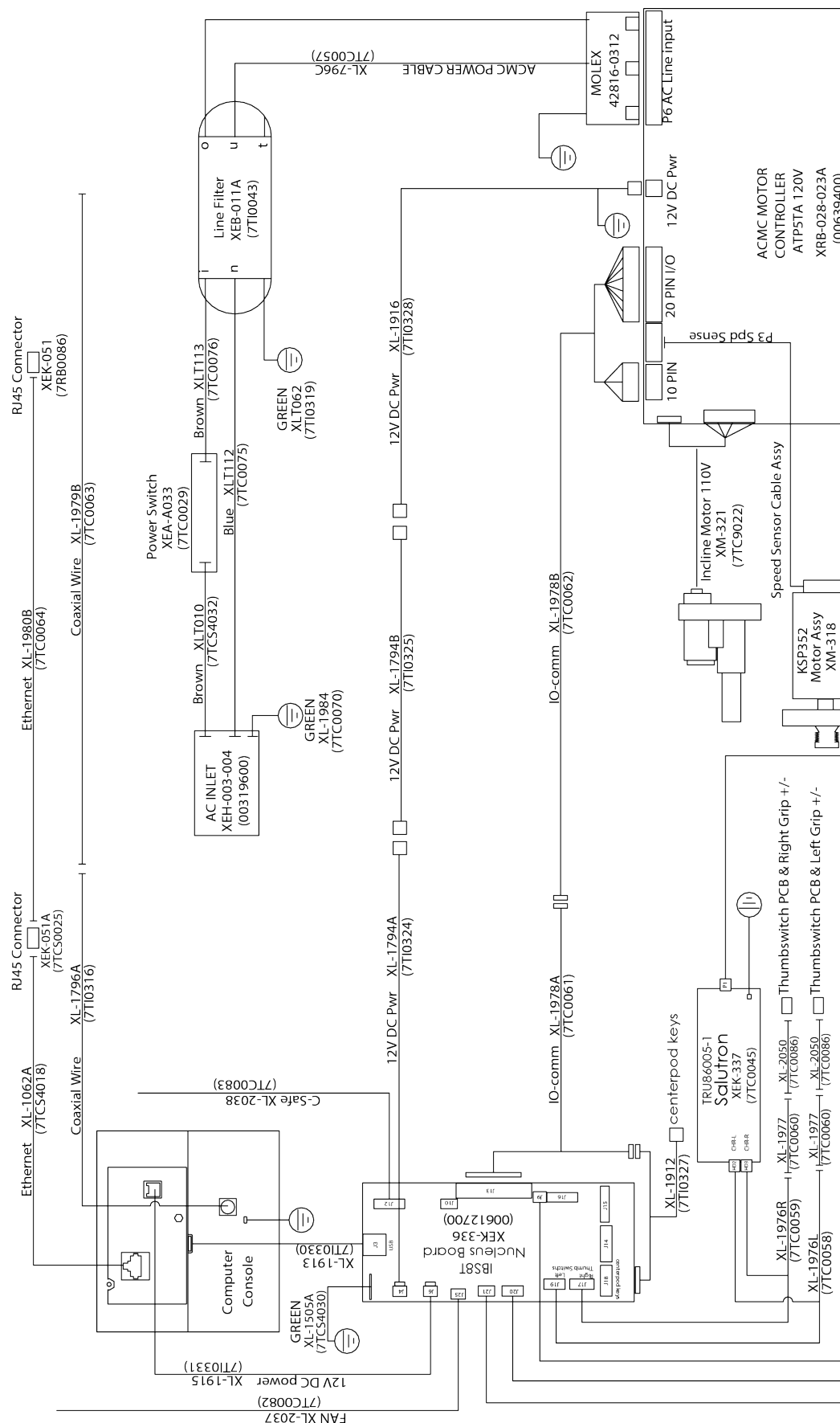
WIRING DIAGRAMS:

TC650_110V Treadmill 2017/03/27



WIRING DIAGRAMS:

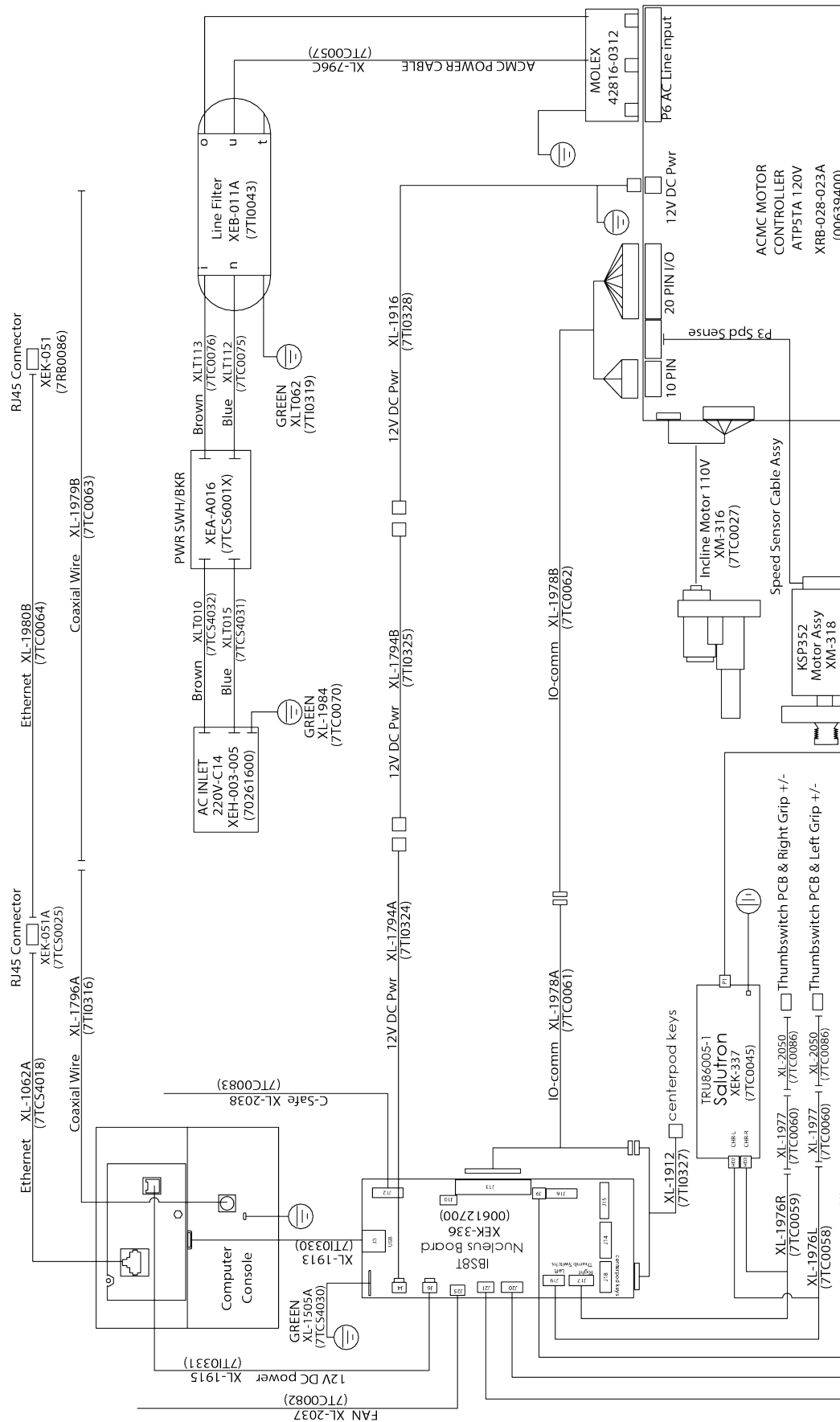
TC900_110V	Treadmill	2017/03/27
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CHAPTER 2: ASSEMBLY GUIDE

WIRING DIAGRAMS:

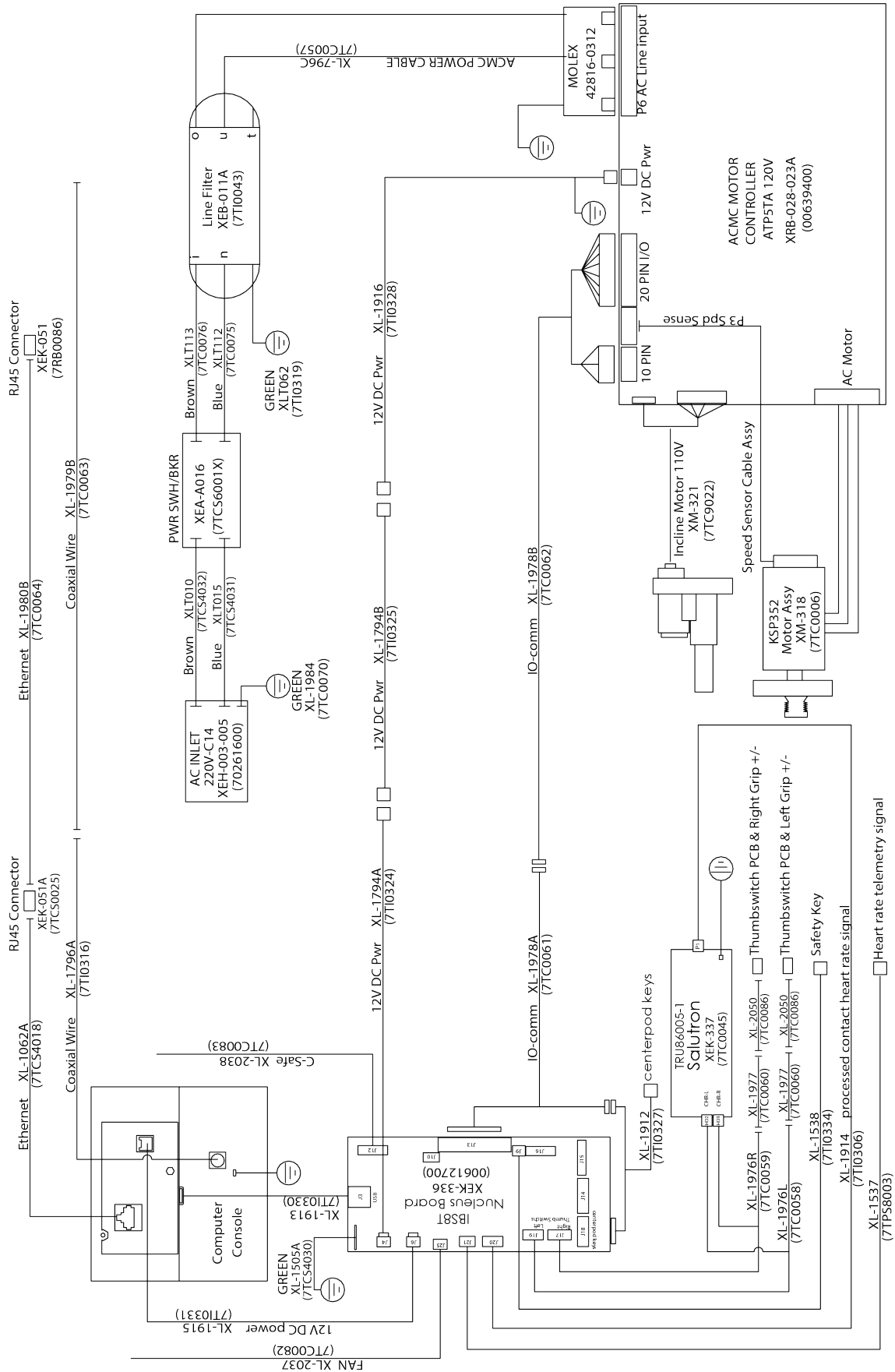
TC650_220V Treadmill 2017/04/28



CHAPTER 2: ASSEMBLY GUIDE

WIRING DIAGRAMS:

TC900_220V Treadmill 2017/04/28



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

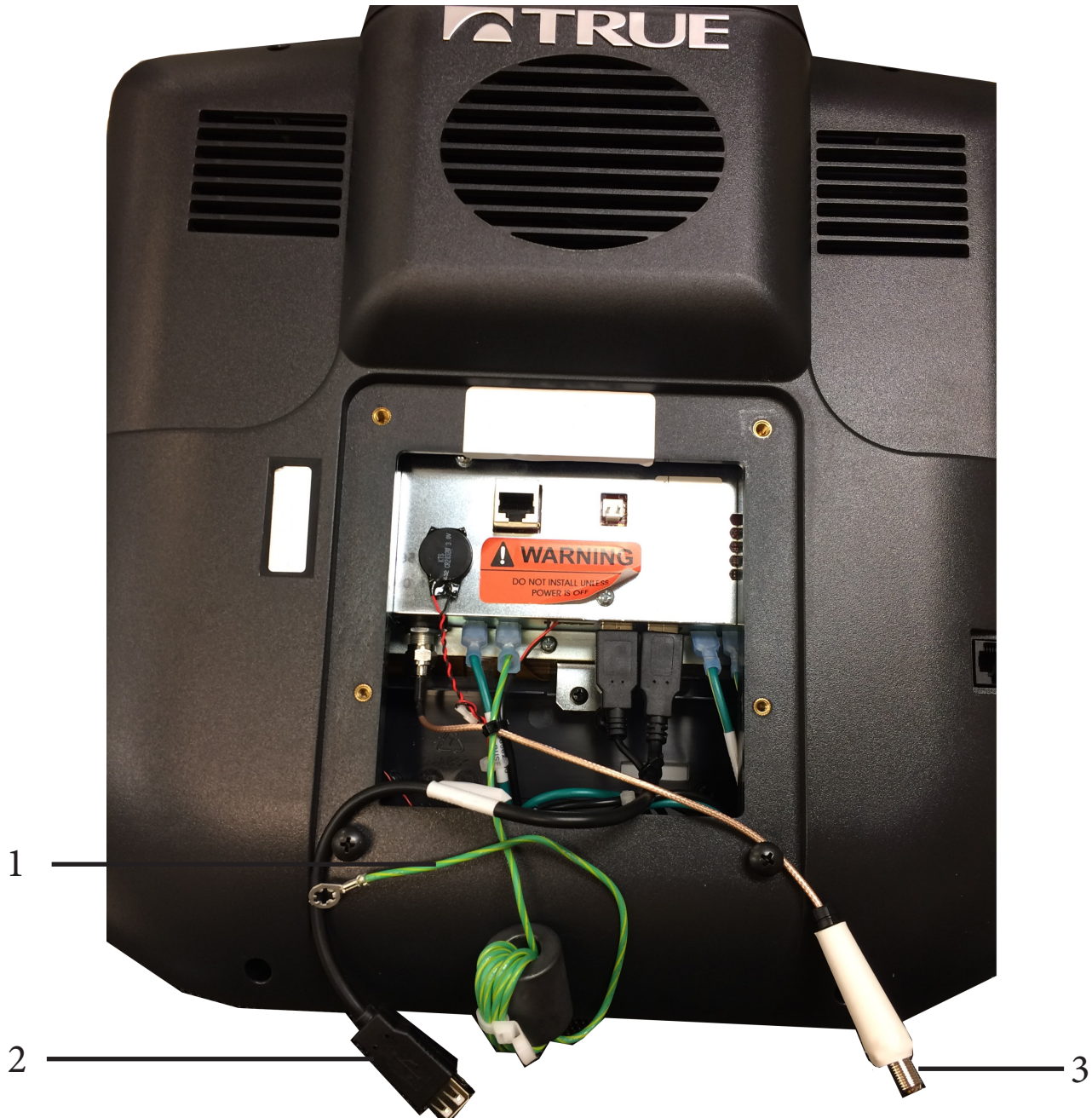
Transcend Console Assembly:

Step 1 (Ground, Data, and Coaxial Cables):

Locate the Ground Wire, Coaxial Cable, and Data Cable (USB) coming from the console.

Partially thread the bottom two console attachment screws into the console.

Item	Description	Quantity
1	Ground Wire	1
2	Data Cables (USB)	1
3	Coaxial Cable	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Transcend Console Assembly:

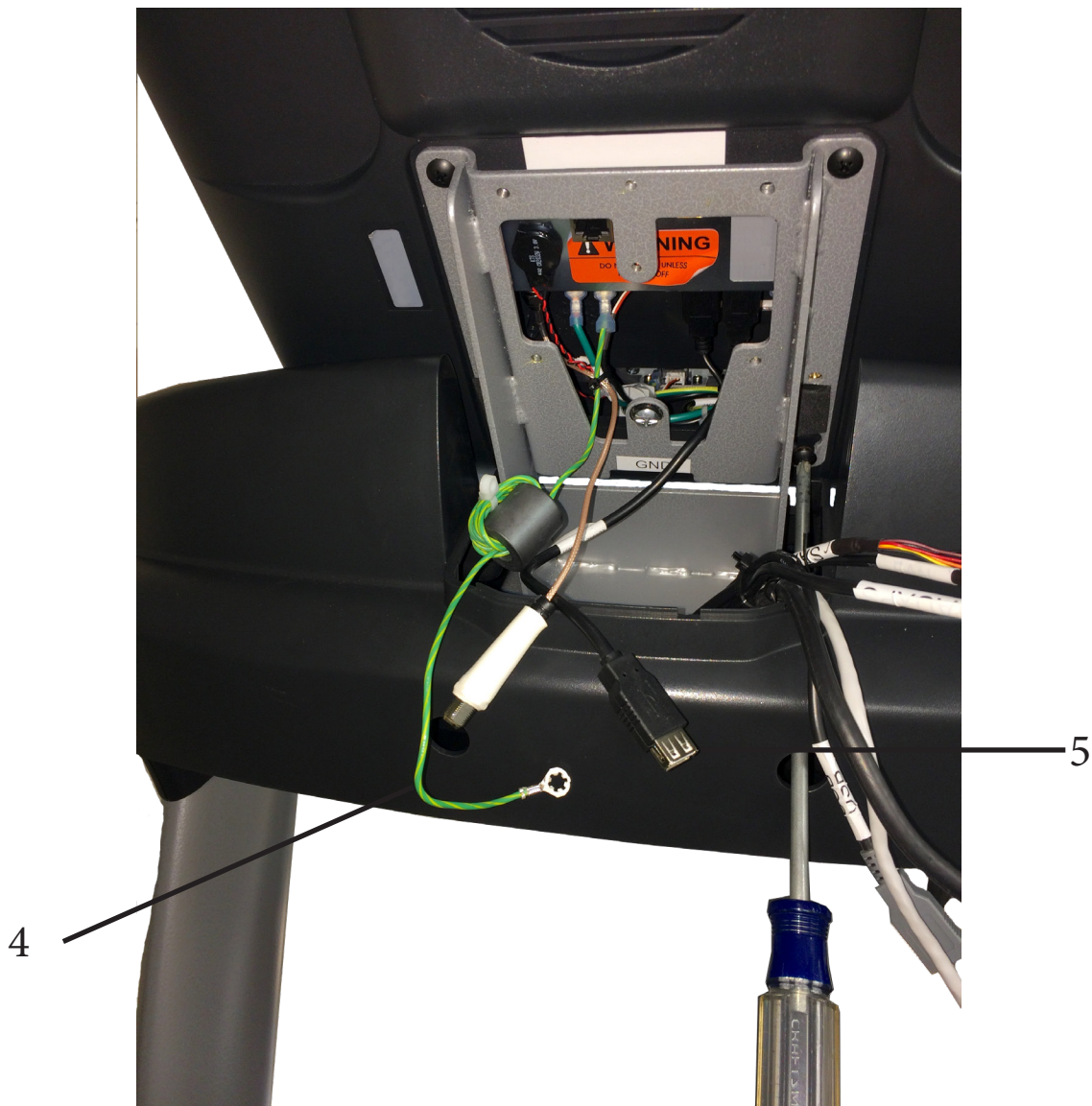
Step 2 (Console Mounting):

Route the Ground Wire and Data Cable (USB) through the console mast assembly.

Item	Description	Quantity
4	Ground Wire	1
5	Data Cable (USB)	1

Set the bottom two console mounting screws, which were partially thread into the console, into the keyholes on the console mast assembly.

Partially thread the top two console mounting screws and then fully tighten all four console mounting screws using a long, Phillips screwdriver.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

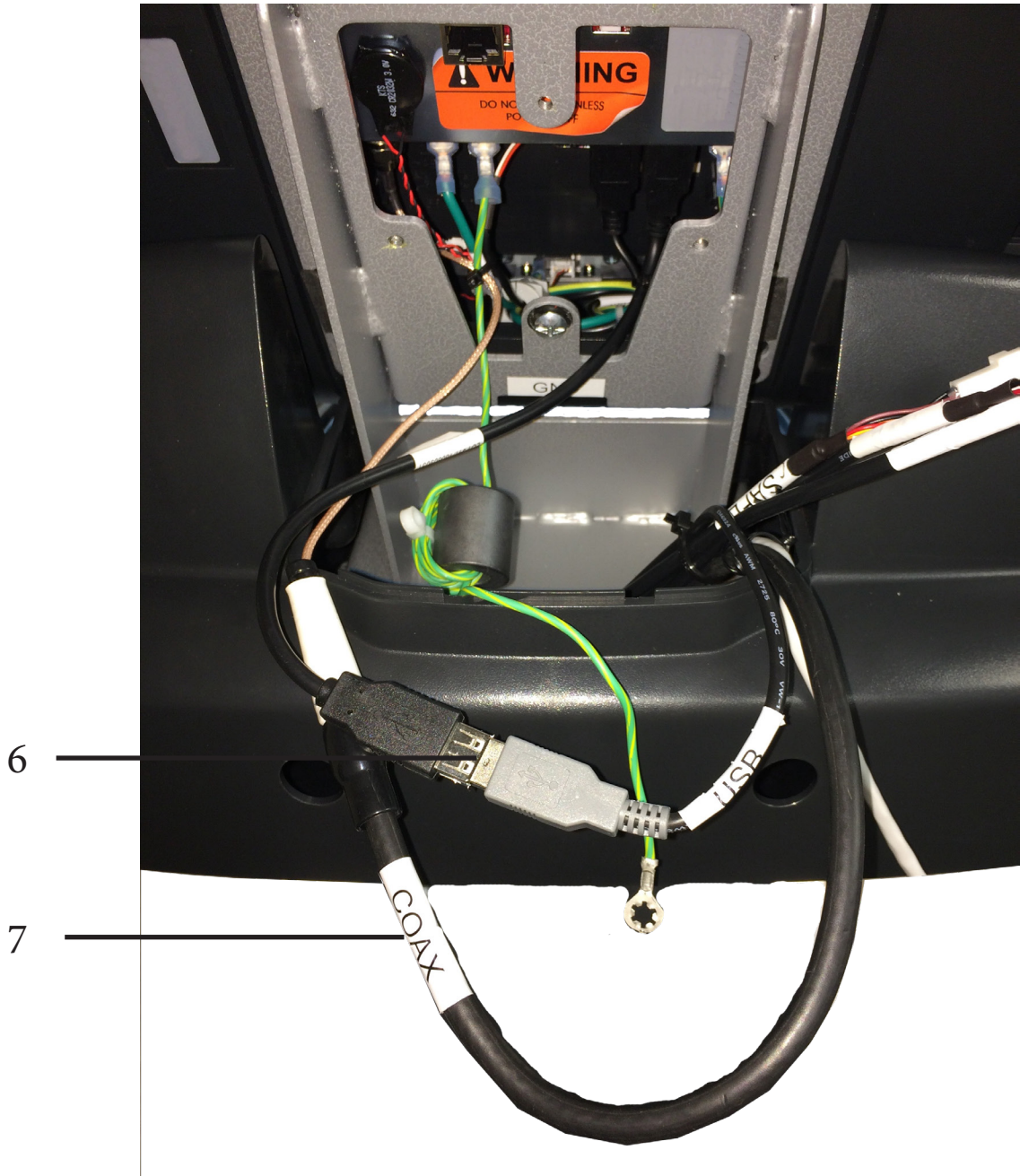
Transcend Console Assembly:

Step 3 (Data and Coaxial Cables):

Connect the Coaxial Cable and Data Cable (USB) to their counterparts as shown below.

Item	Description	Quantity
6	Data Cable (USB)	1
7	Coaxial Cable	1

Note: Position the rubber boot over the coaxial cable connection point.



CHAPTER 2: ASSEMBLY GUIDE

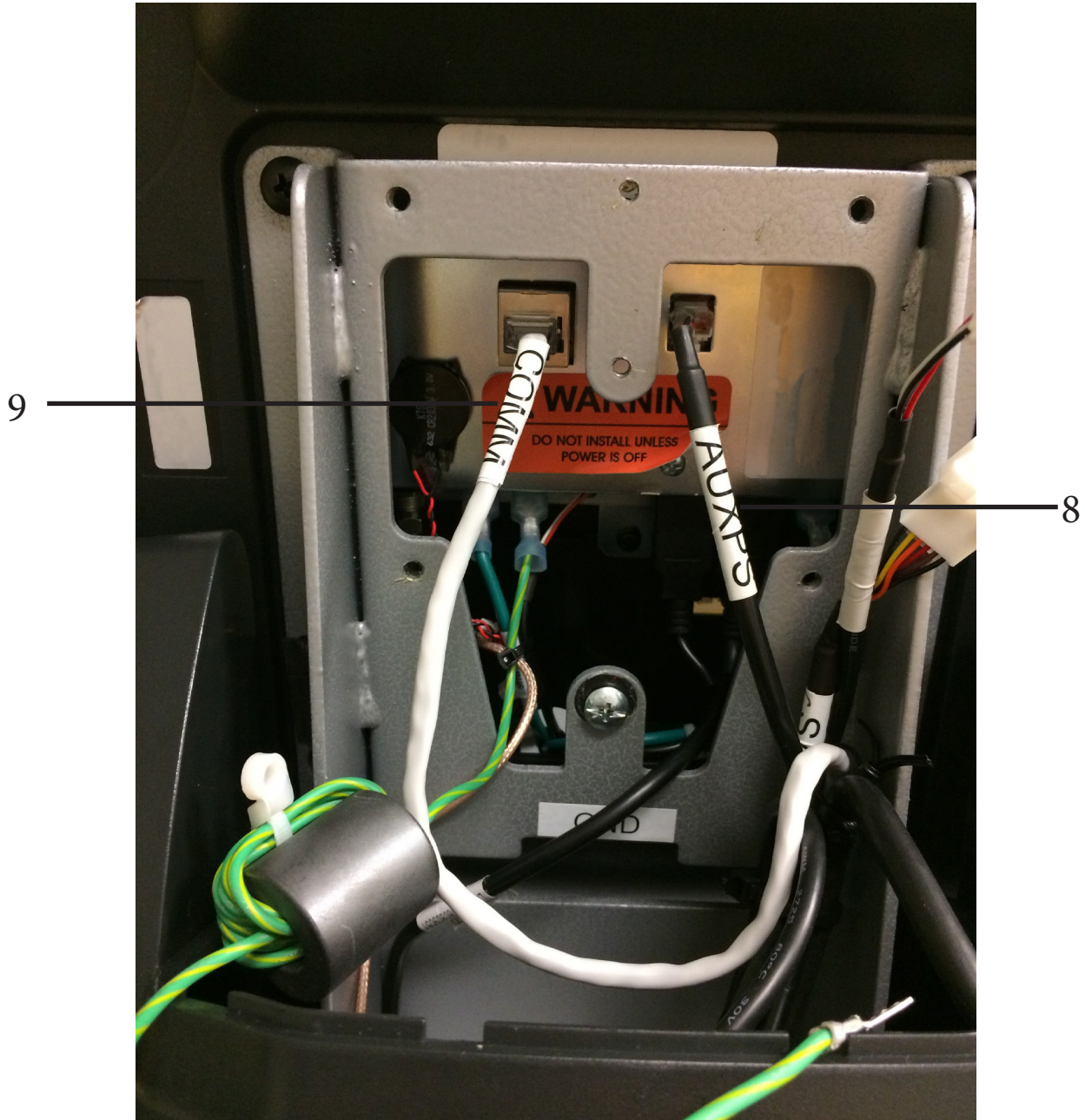
TREADMILL ASSEMBLY STEPS:

Transcend Console Assembly:

Step 4 (Console Wiring):

Connect the Auxillary Power Supply (AUXPS) and Communication Cable (Ethernet) to the corresponding ports on the console, placing any excess cord length inside the console.

Item	Description	Quantity
8	Auxillary Power Supply Cable	1
9	Communication Cable (Ethernet)	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Transcend Console Assembly:

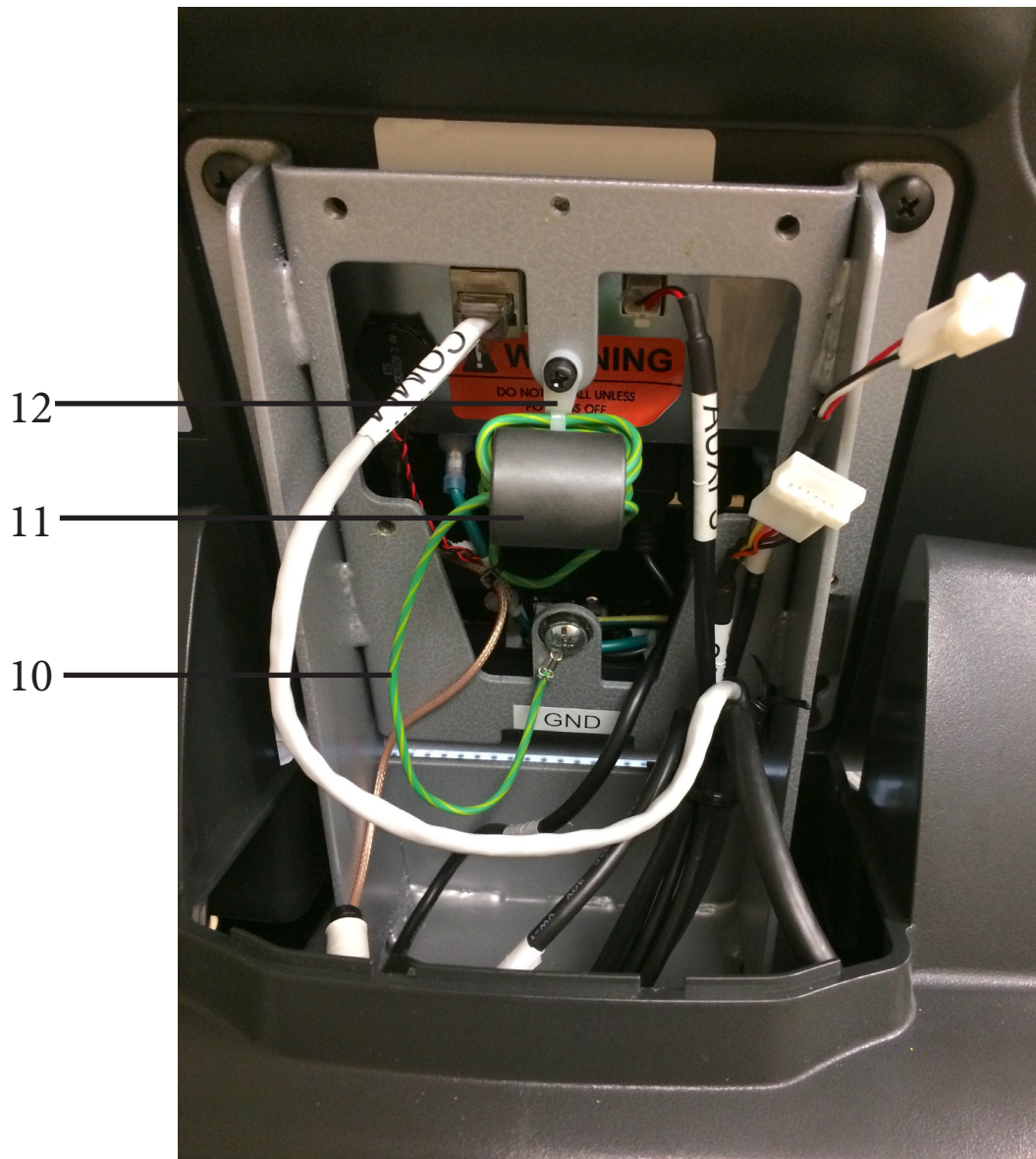
Step 5 (Wire Ties):

Secure the ferrite on the ground wire to the console mast assembly in the location identified using a M4 screw.

Secure the ground wire ring terminal to the corresponding location on the console mast assembly marked “GND” using the screw that is currently there.

Position the unused Fan and CSAFE cables inside the pedestal.

Item	Description	Quantity
10	Ground Wire	1
11	Ferrite	1
12	Wire Tie	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

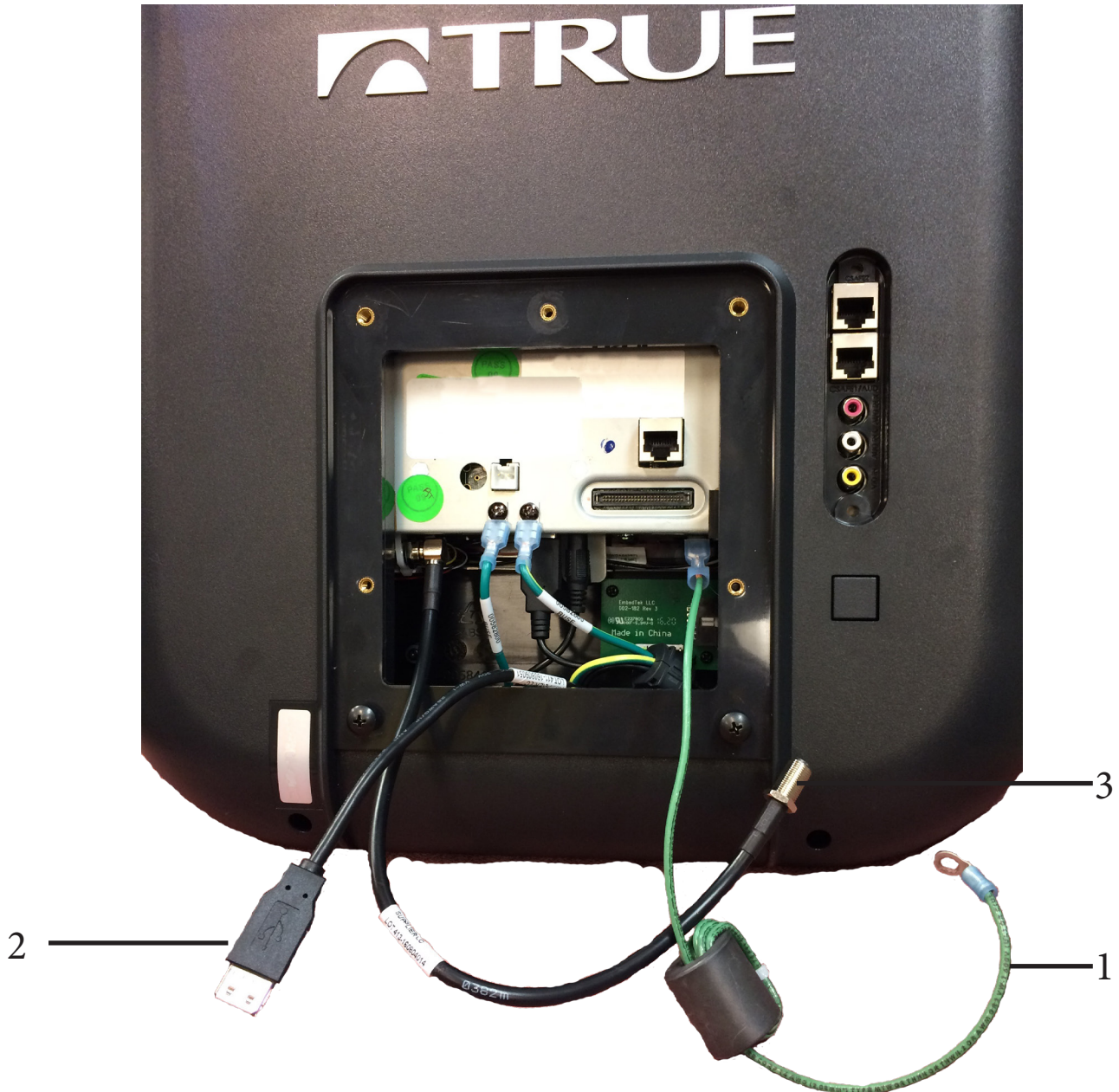
Escalate¹⁵ Console Assembly:

Step 1 (Ground Wire, Coaxial, and Data Cables):

Locate the Ground Wire, Coaxial Cable, and Data Cable (USB) coming from the console.

Partially thread the bottom two console attachment screws into the console.

Item	Description	Quantity
1	Ground Wire	1
2	Data Cable (USB)	1
3	Coaxial Cable	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Escalate¹⁵ Console Assembly:

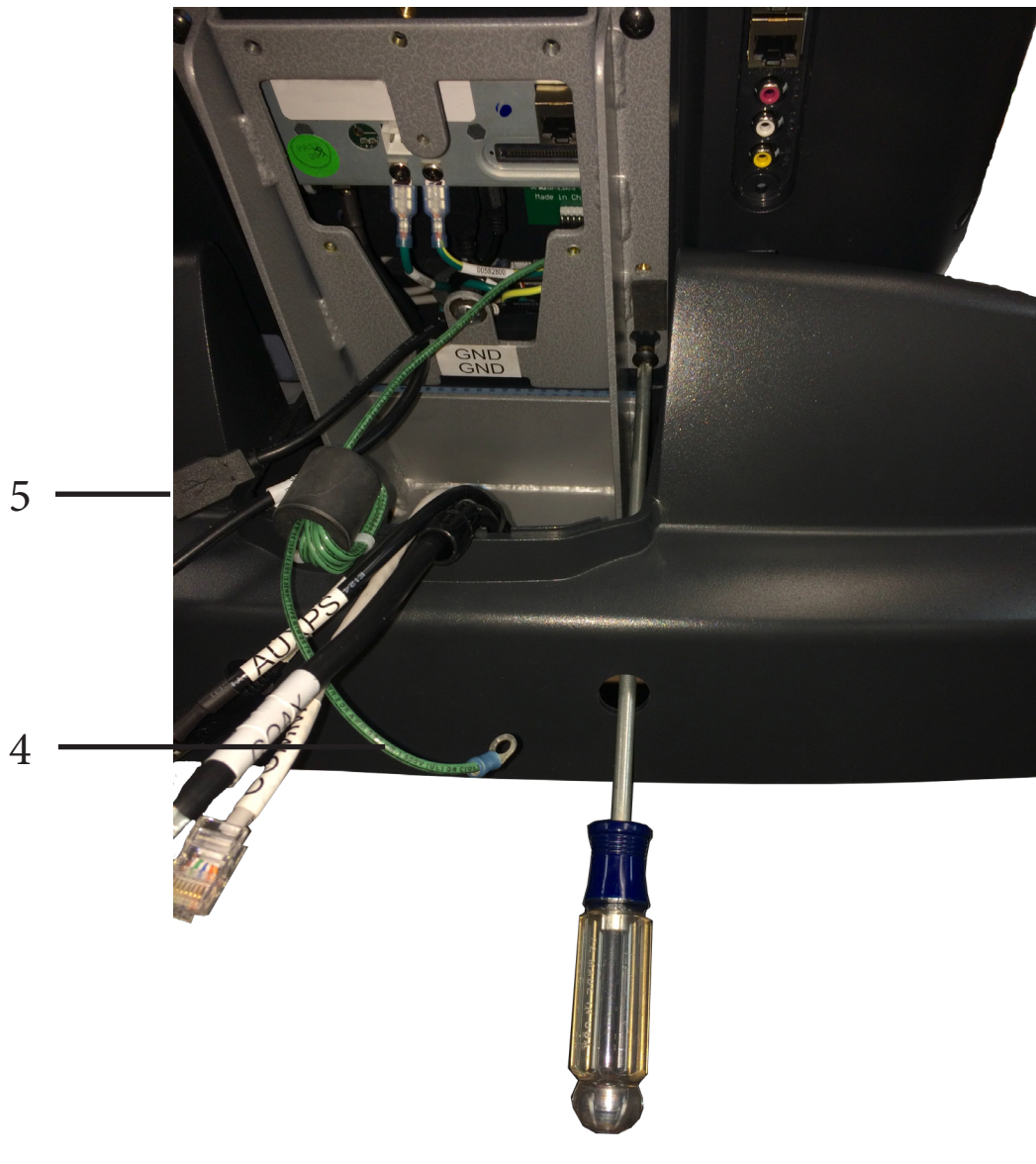
Step 2 (Console Mounting):

Route the Ground Wire and Data Cable (USB) through the console mast assembly.

Item	Description	Quantity
4	Ground Wire	1
5	Data Cable (USB)	1

Set the bottom two console mounting screws, which were partially thread into the console, into the keyholes on the console mast assembly.

Partially thread the top two console mounting screws and then fully tighten all four console mounting screws using a long, Phillips screwdriver.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

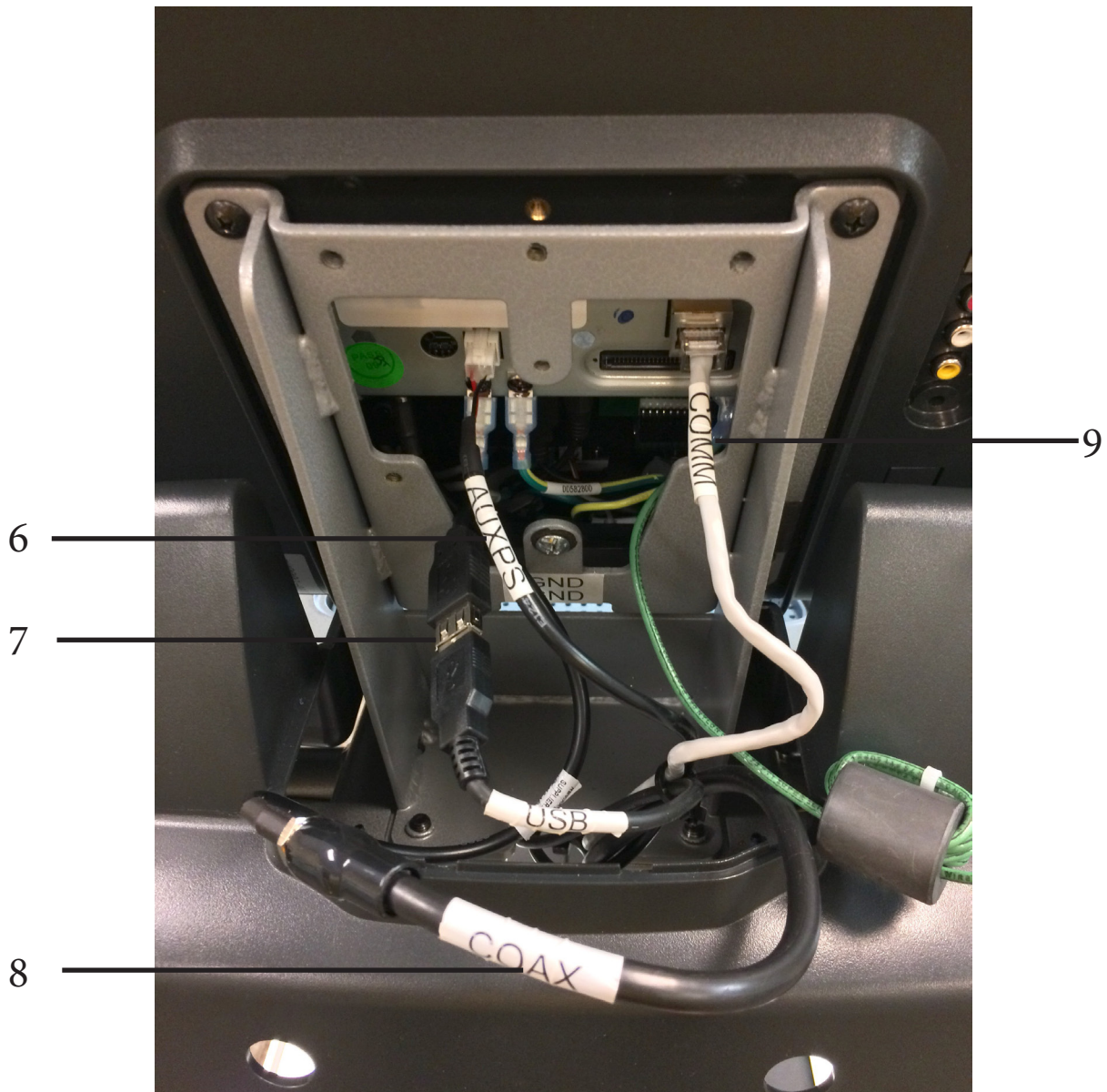
Escalate¹⁵ Console Assembly:

Step 3 (Console Wiring):

Connect the Data Cable (USB), Auxillary Power Supply (AUXPS), Communication Cable (Ethernet), and Coaxial Cable to the corresponding ports on the console, placing any excess cord length inside the console.

Note: Position the rubber boot over the coaxial cable connection point.

Item	Description	Quantity
6	Auxillary Power Supply Cable	1
7	Data Cable (USB)	1
8	Coaxial Cable	1
9	Communication Cable (Ethernet)	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Escalate¹⁵ Console Assembly:

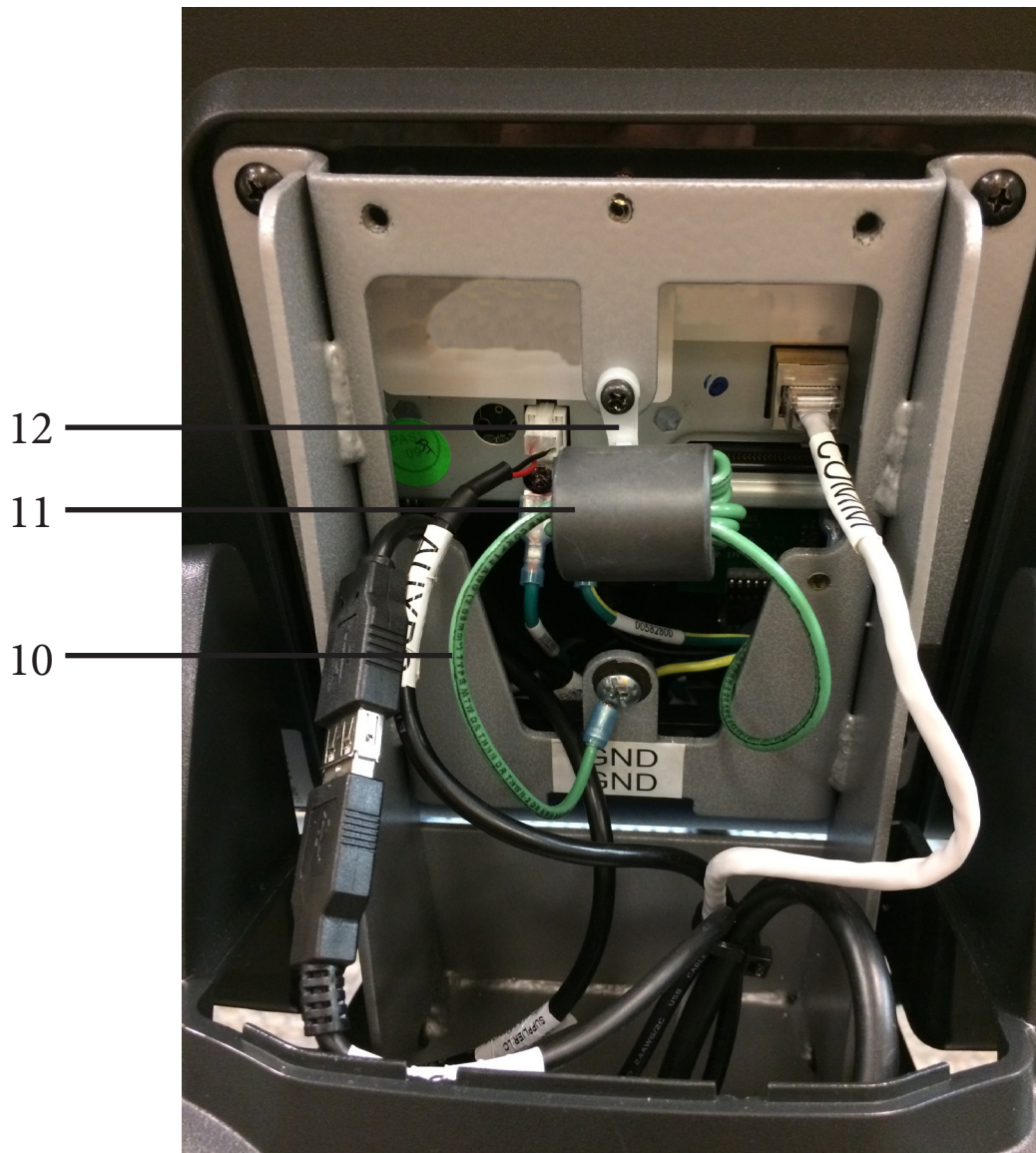
Step 4 (Ground Wire):

Secure the ferrite on the ground wire to the console mast assembly in the location identified using a M4 screw.

Secure the ground wire ring terminal to the corresponding location on the console mast assembly marked “GND” using the screw that is currently there.

Item	Description	Quantity
10	Ground Wire	1
11	Ferrite	1
12	Wire Tie	1

Position the unused Fan and CSAFE cables inside the pedestal.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

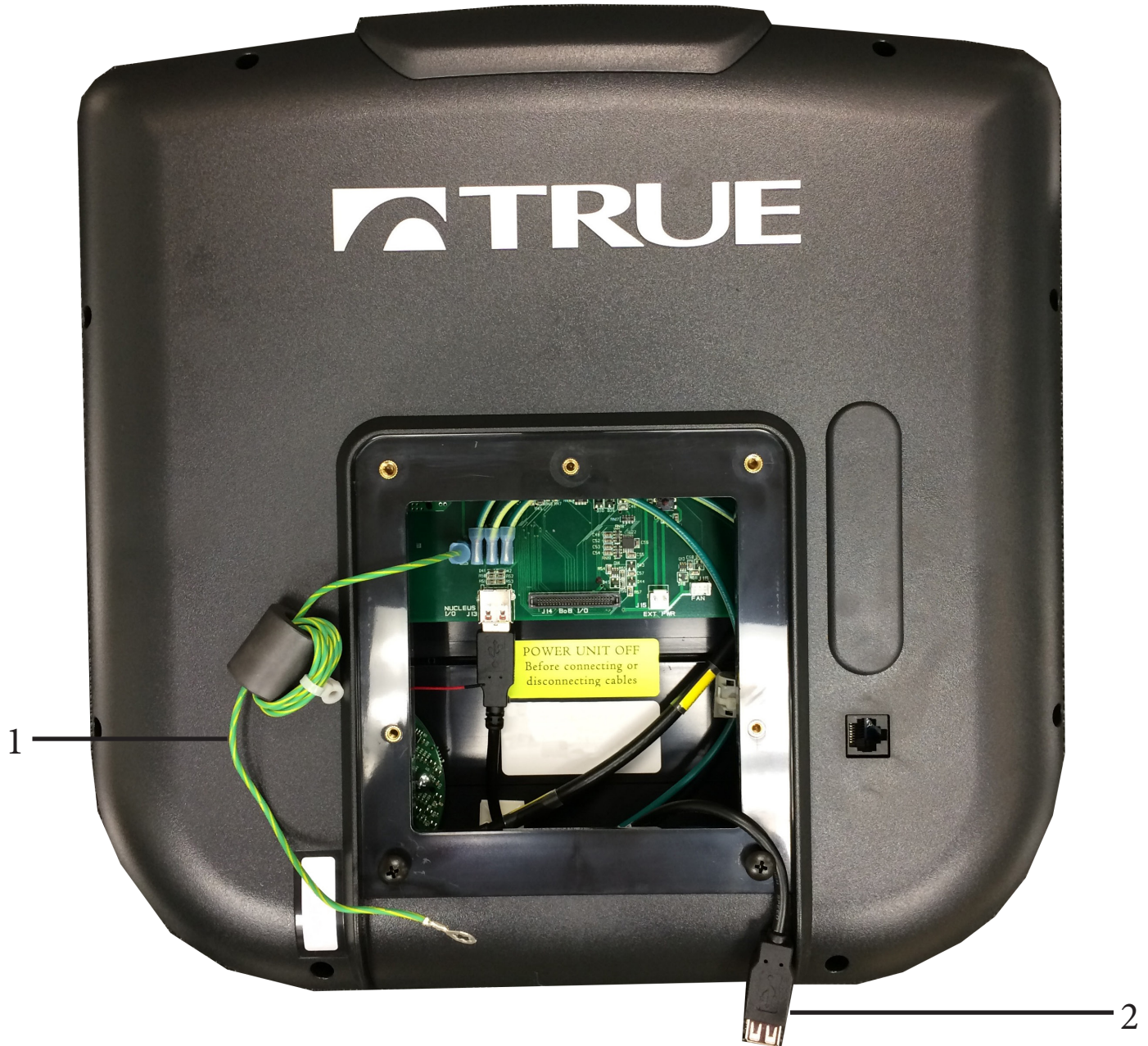
Escalate⁹ Console Assembly:

Step 1 (Ground Wire and Data Cable):

Locate the ground wire and Data Cable (USB) coming from the console.

Item	Description	Quantity
1	Ground Wire	1
2	Data Cable (USB)	1

Partially thread the bottom two console attachment screws into the console.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Escalate⁹ Console Assembly:

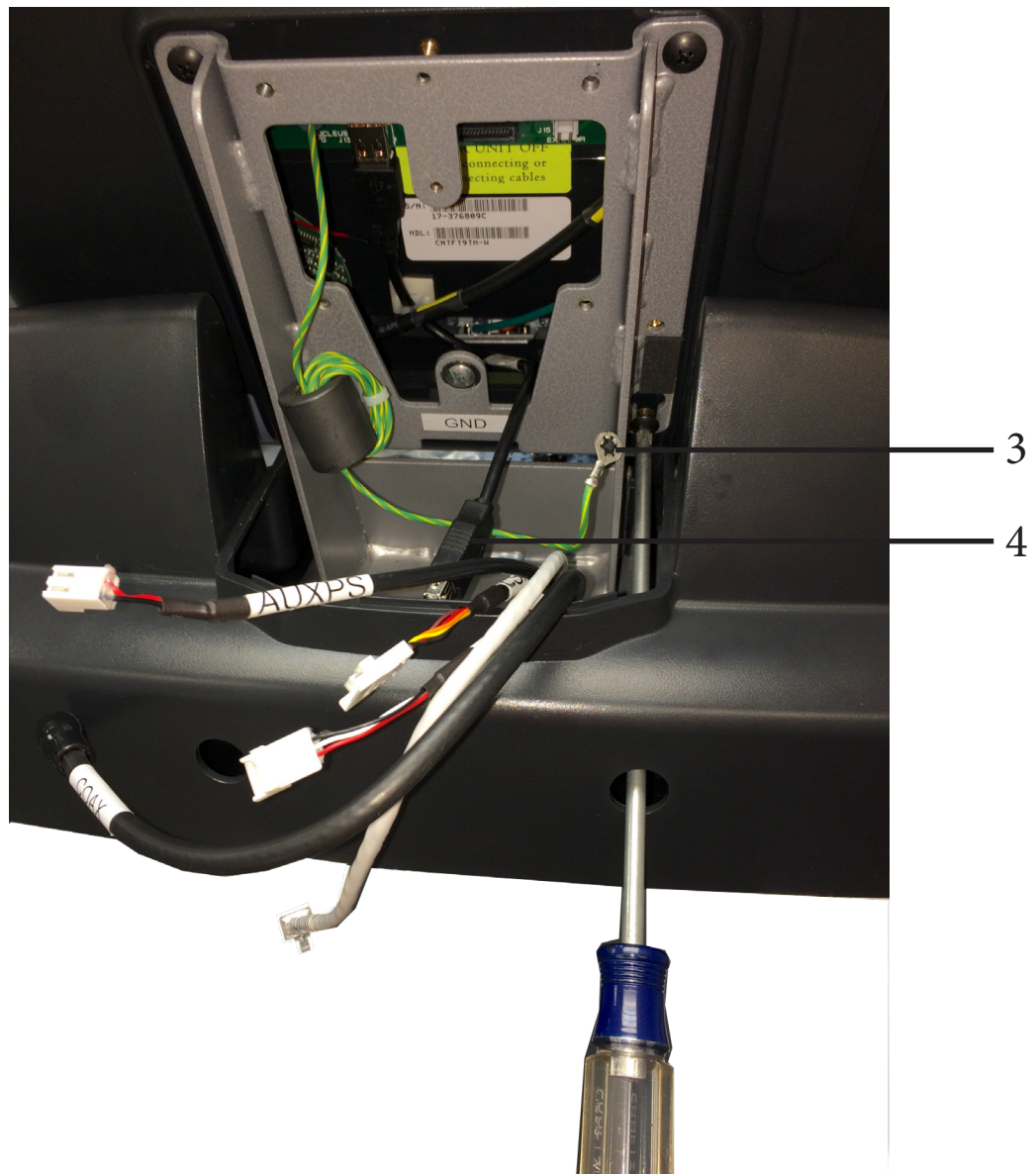
Step 2 (Console Mounting):

Route the Ground Wire and Data Cable (USB) through the console mast assembly.

Item	Description	Quantity
3	Ground Wire	1
4	Data Cable (USB)	1

Set the bottom two console mounting screws, which were partially thread into the console, into the keyholes on the console mast assembly.

Partially thread the top two console mounting screws and then fully tighten all four console mounting screws using a long, Phillips screwdriver.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

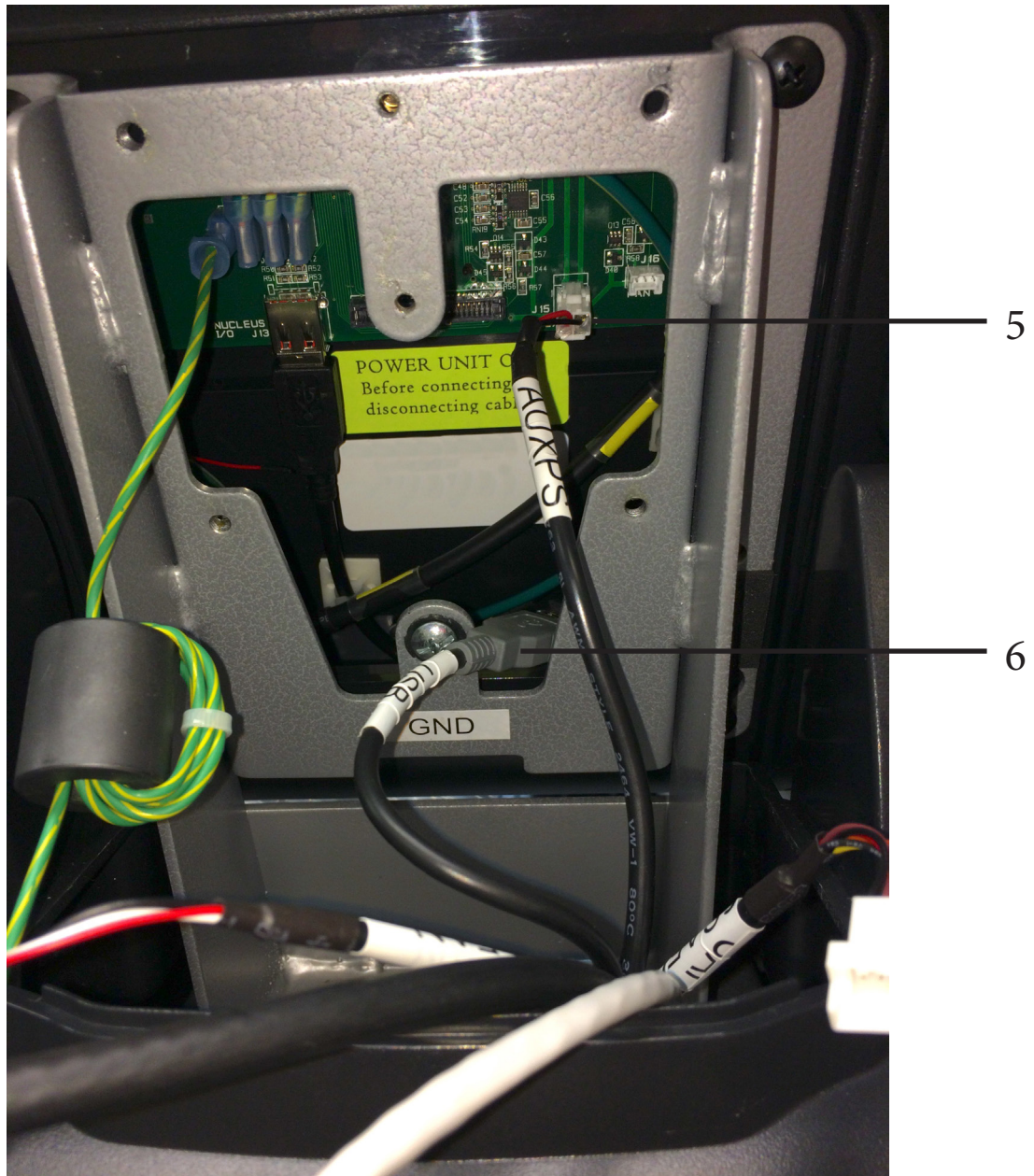
Escalate⁹ Console Assembly:

Step 3 (Console Mounting):

Connect the Data Cable ([USB] located in the console mast assembly) to the Adapter Cable (located in the console) and position the connectors and any excess cable length in the bottom of the console.

Item	Description	Quantity
5	Auxillary Power Supply Cable	1
6	Data Cable (USB)	1

Connect the auxillary power supply (AUXPS) cable to the corresponding console port.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

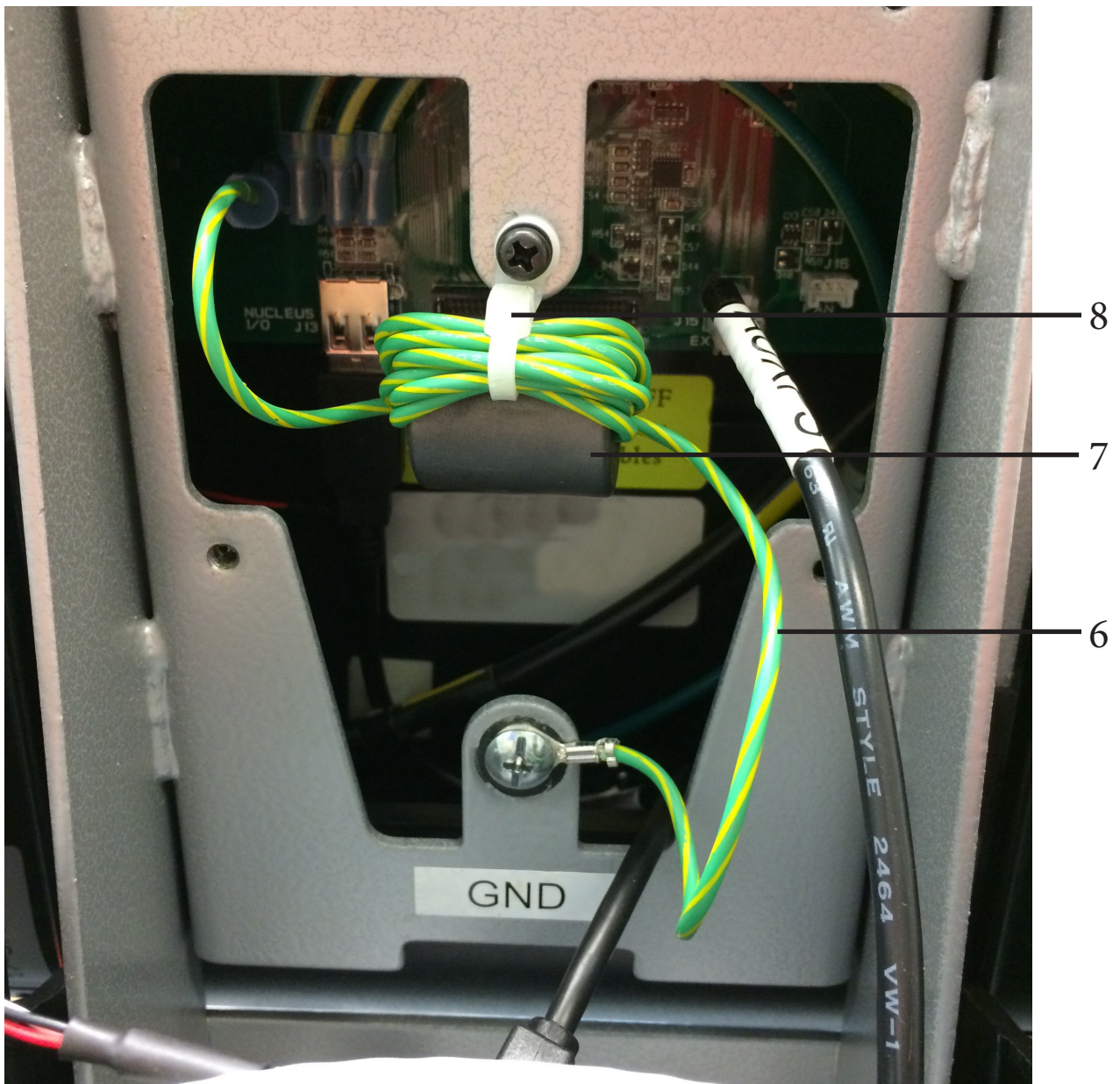
Escalate⁹ Console Assembly:

Step 4 (Ground Wire):

Secure the ferrite on the ground wire to the console mast assembly in the location identified using a M4 screw.

Secure the ground wire ring terminal to the corresponding location on the console mast assembly marked “GND” using the screw that is currently there.

Item	Description	Quantity
6	Ground Wire	1
7	Ferrite	1
8	Wire Tie	2



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

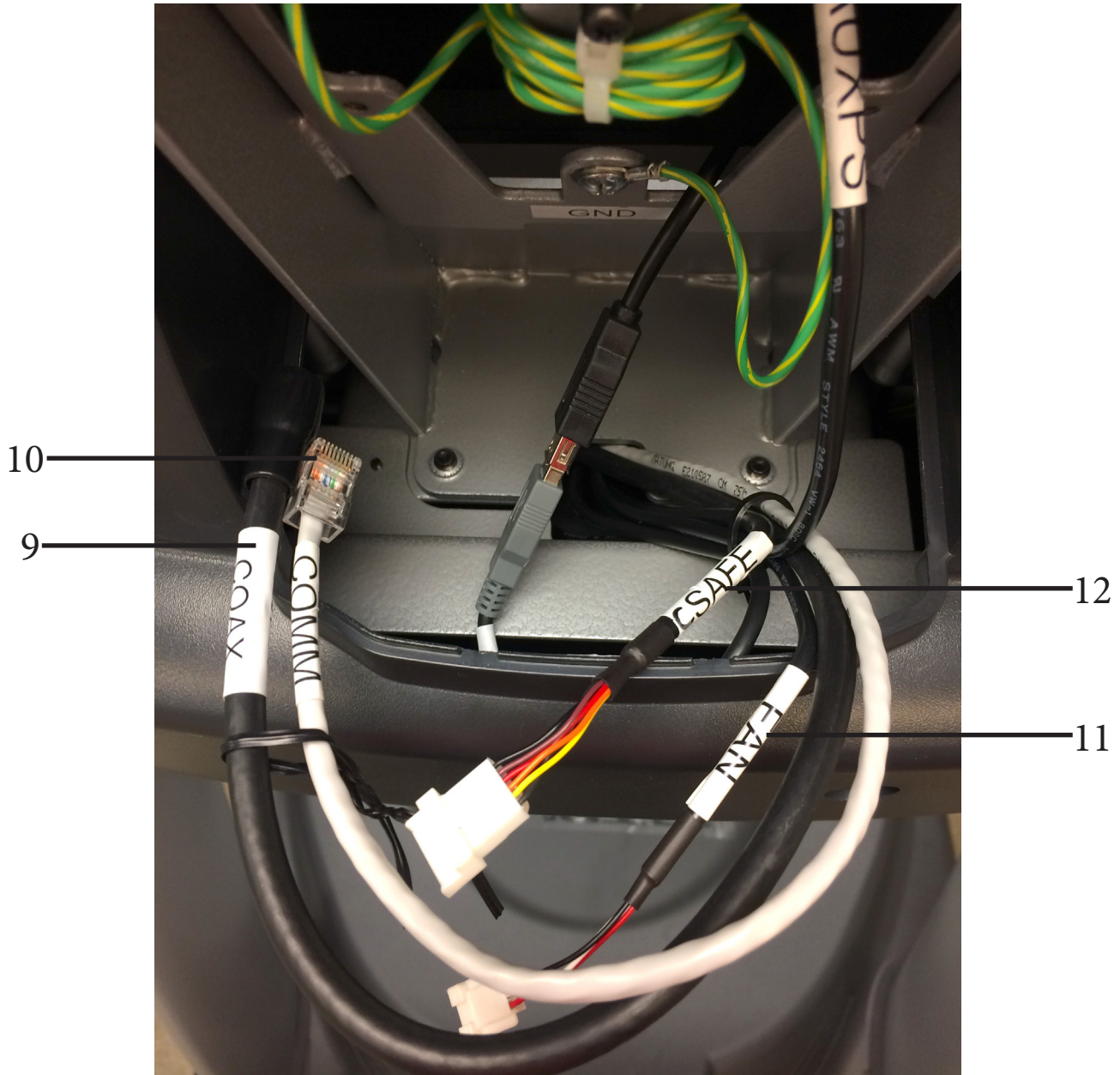
Escalate⁹ Console Assembly:

Step 5 (Console Wiring):

Position the unused Coaxial, COMM, Fan, and CSAFE cables in the bottom of the console.

Note: Position the rubber boot over the coaxial cable connection point.

Item	Description	Quantity
9	Coaxial Cable	1
10	Communication Cable (Ethernet)	1
11	Fan Cable	1
12	CSAFE Cable	1



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

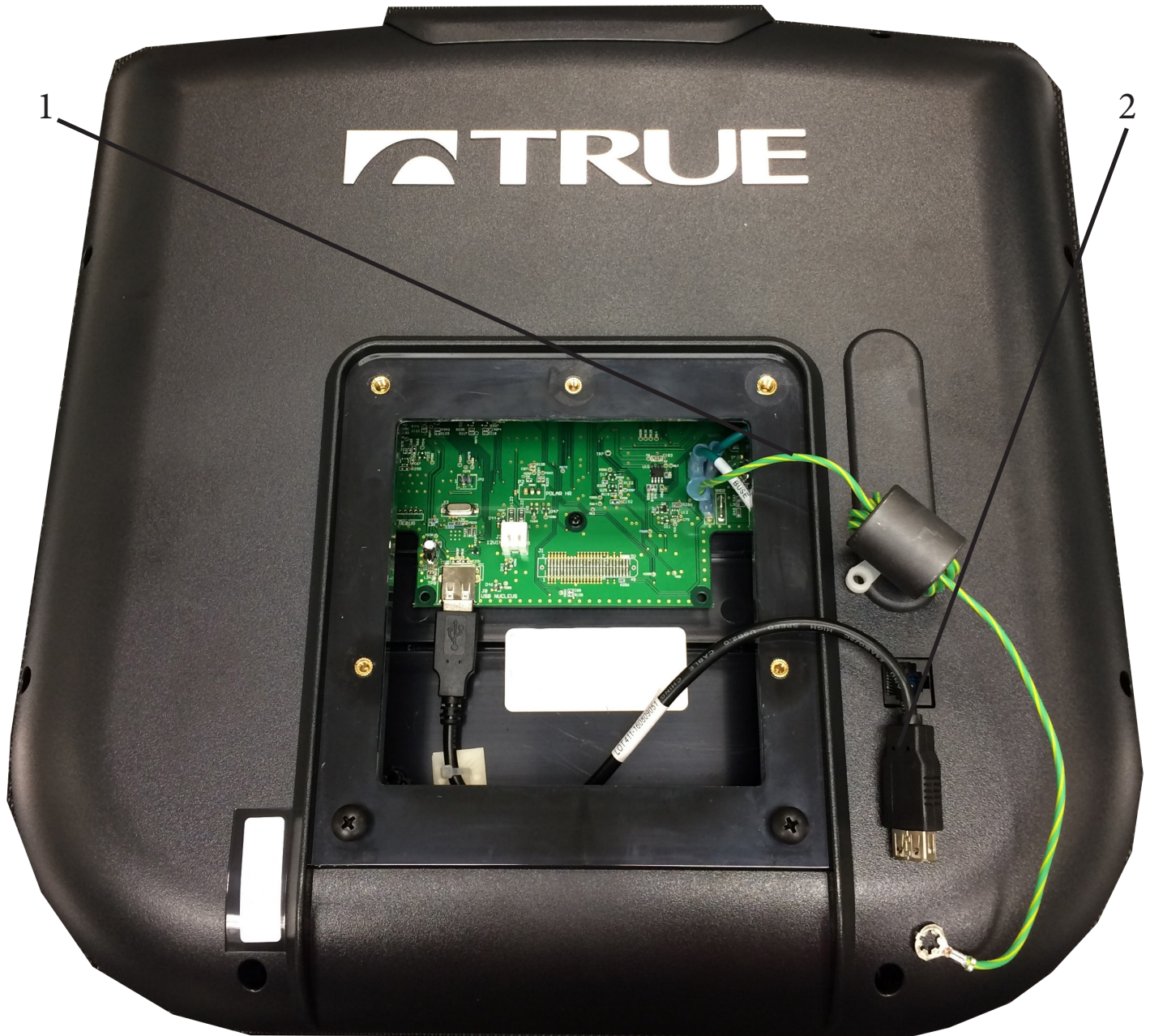
Emerge Console Assembly:

Step 1 (Ground and Data Cables):

Locate the Ground Wire and Data Cable (USB) coming from the console.

Item	Description	Quantity
1	Ground Wire	1
2	Data Cable (USB)	1

Partially thread the bottom two console attachment screws into the console.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

Emerge Console Assembly:

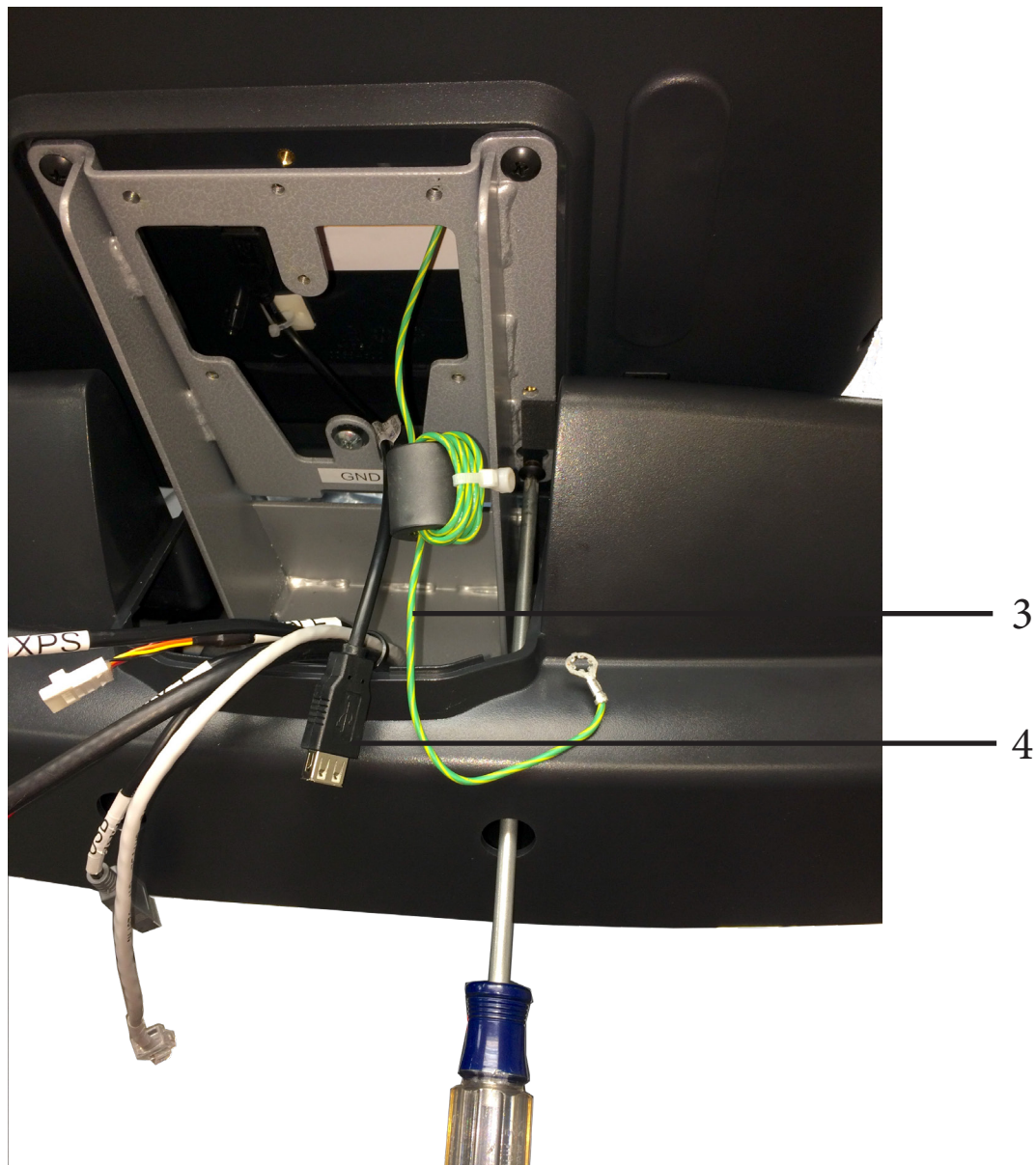
Step 2 (Console Mounting):

Route the Ground Wire and Data Cable (USB) through the console mast assembly.

<u>Item</u>	<u>Description</u>	<u>Quantity</u>
3	Ground Wire	1
4	Data Cable (USB)	1

Set the bottom two console mounting screws, which were partially thread into the console, into the keyholes on the console mast assembly.

Partially thread the top two console mounting screws and then fully tighten all four console mounting screws using a long, Phillips screwdriver.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

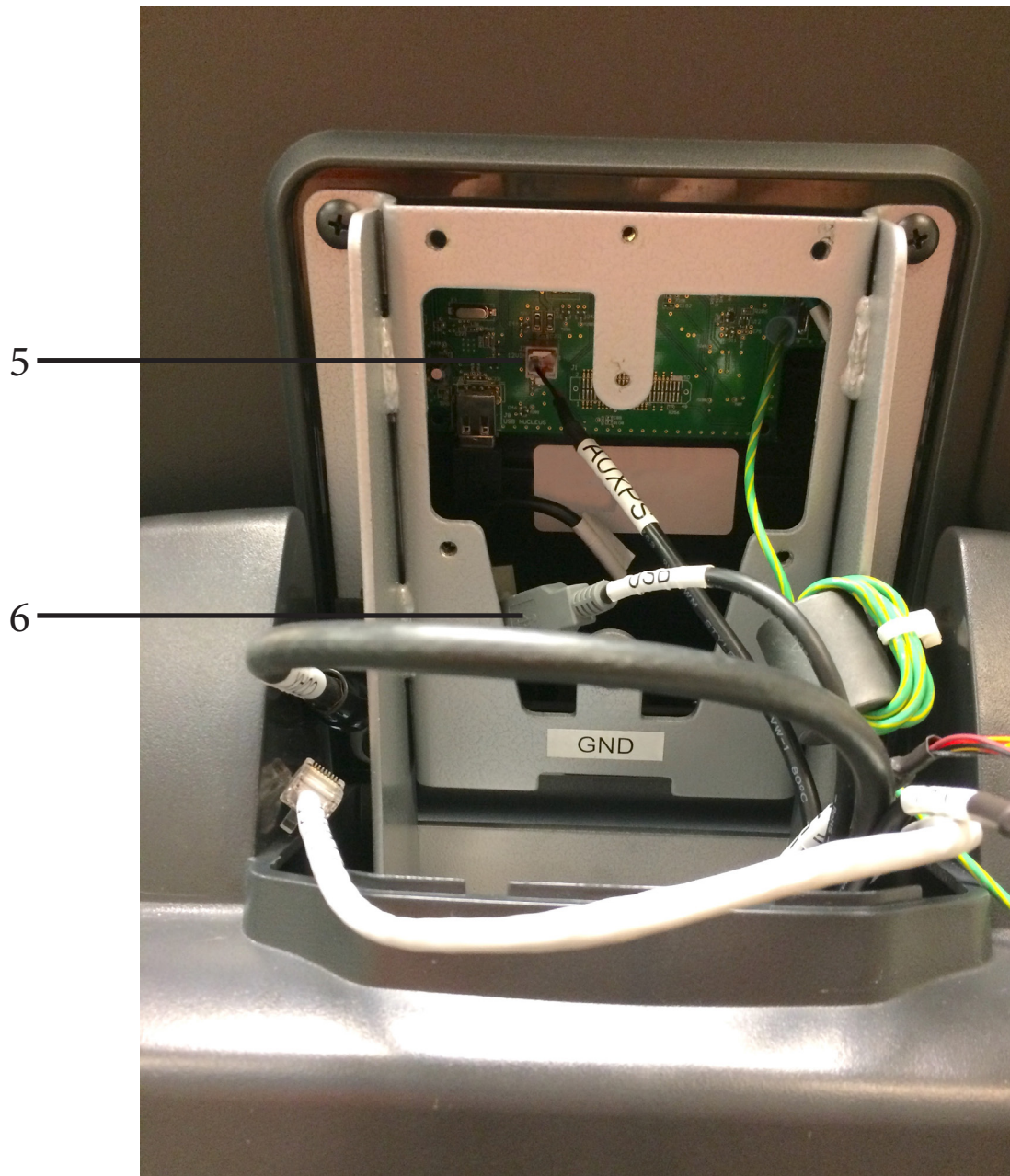
Emerge Console Assembly:

Step 3 (USB and AUXPS Cables):

Connect the Data Cable ([USB] located in the console mast assembly) to the Adapter Cable (located in the console) and position the connectors and any excess cable length in the bottom of the console.

<u>Item</u>	<u>Description</u>	<u>Quantity</u>
5	Auxillary Power Supply Cable	1
6	Data Cable (USB)	1

Connect the auxillary power supply (AUXPS) cable to the corresponding console port.



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

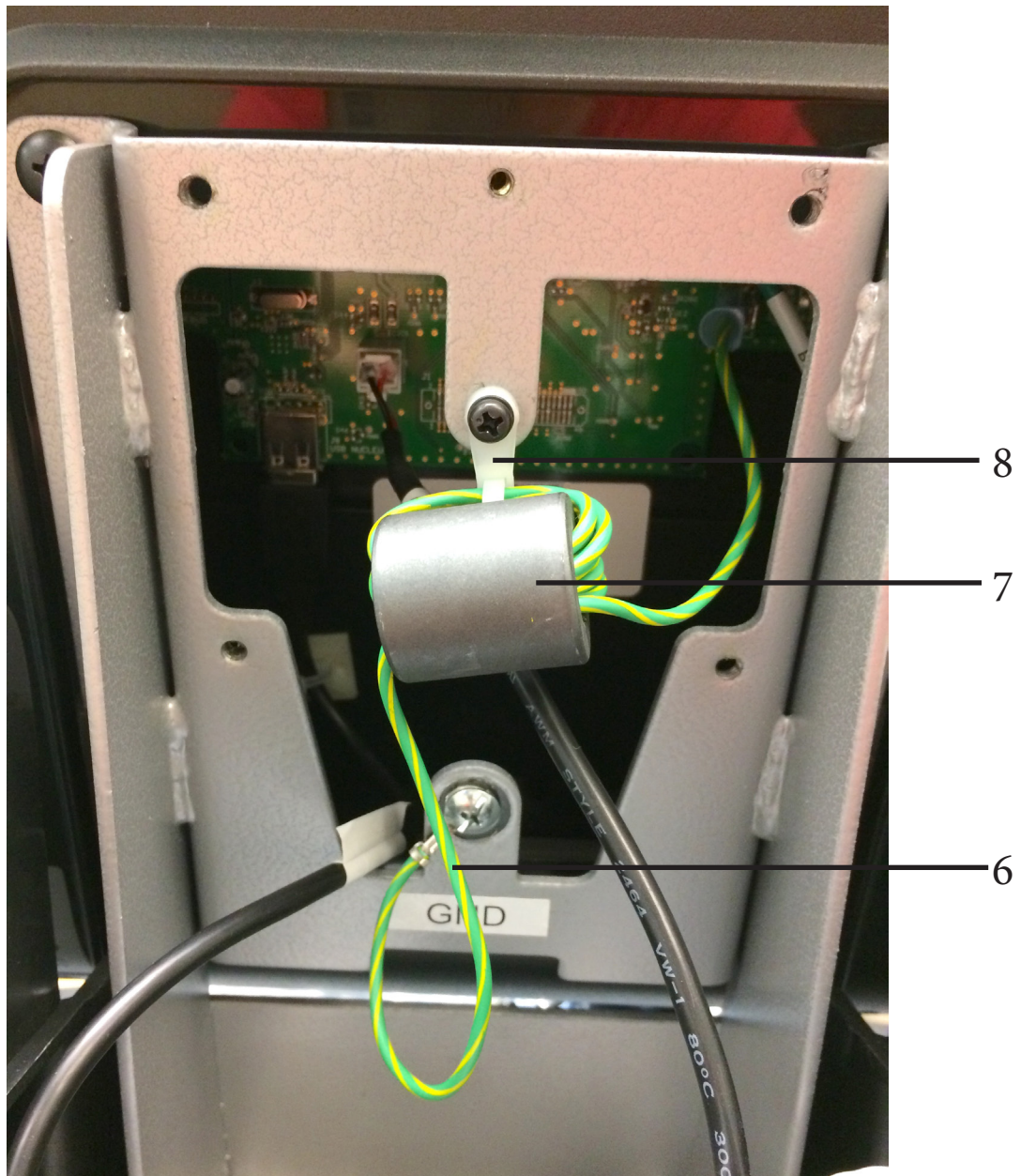
Emerge Console Assembly:

Step 4 (Ground Wire):

Secure the ferrite on the ground wire to the console mast assembly in the location identified using a M4 screw.

Secure the ground wire ring terminal to the corresponding location on the console mast assembly marked "GND" using the screw that is currently there.

Item	Description	Quantity
6	Ground Wire	1
7	Ferrite	1
8	Wire Tie	2



CHAPTER 2: ASSEMBLY GUIDE

TREADMILL ASSEMBLY STEPS:

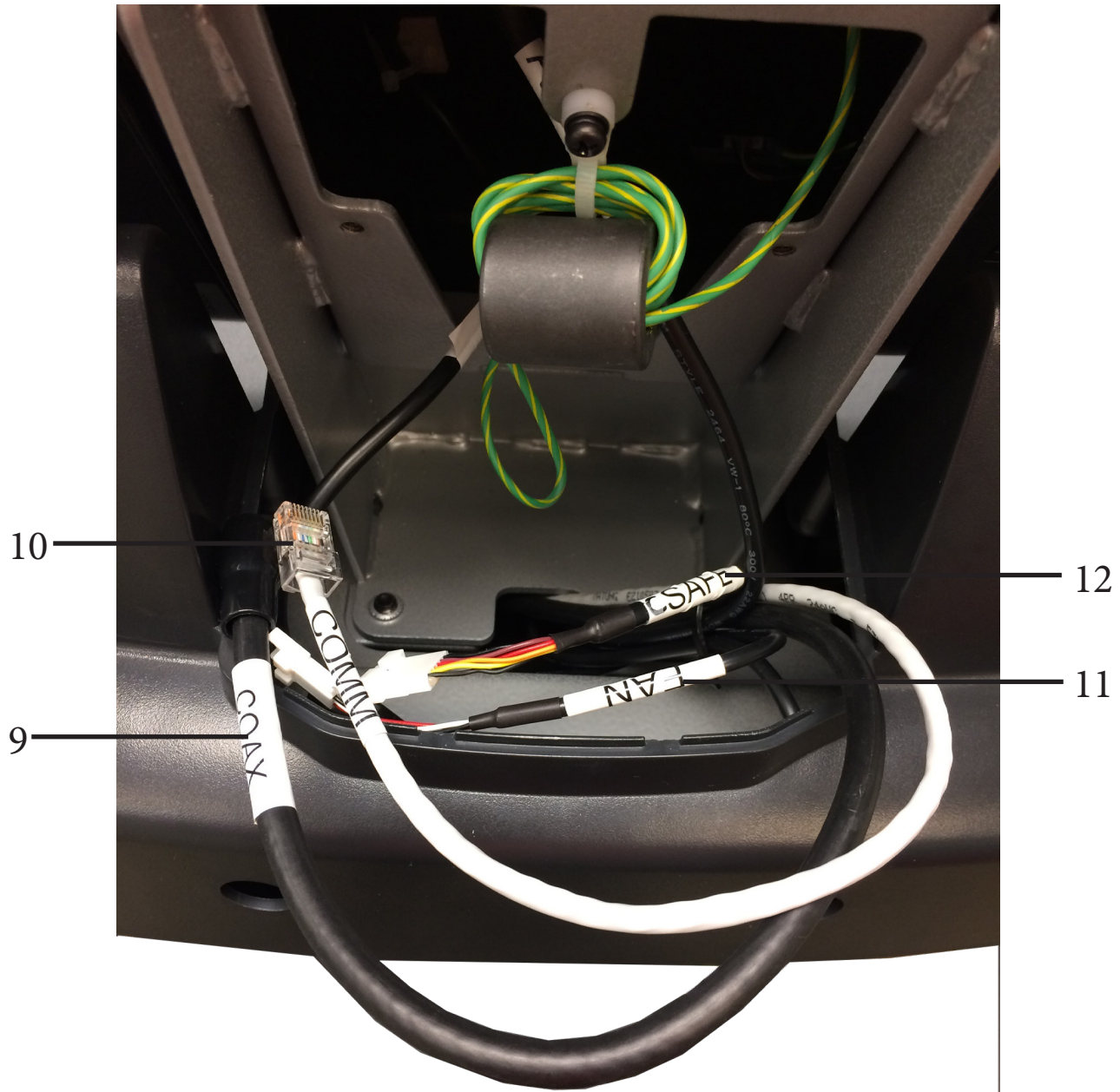
Emerge Console Assembly:

Step 5 (Console Wiring):

Position the unused Coaxial, COMM, Fan, and CSAFE cables in the bottom of the console.

Note: Position the rubber boot over the coaxial cable connection point.

Item	Description	Quantity
9	Coaxial Cable	1
10	Communication Cable (Ethernet)	1
11	Fan Cable	1
12	CSAFE Cable	1



CHAPTER 3: PRODUCT OVERVIEW

TREADMILL OVERVIEW:



CHAPTER 3: PRODUCT OVERVIEW

TREADMILL OVERVIEW:

Console Assembly:

The console allows the user to set up a workout program and control the Alpine Runner during a workout (For console overview and operation instructions refer to chapter 4).

Quick Access Keys:

Allows the user to quickly start, stop and wake the Alpine Runner or make fast, convenient adjustments to the incline level or speed of the Alpine Runner.

Contact Heart Rate Pads:

Allows the user to check their heart rate without wearing a wireless chest strap.

*For increased safety and accuracy this feature should only be used when the belt speed is below 4 mph.

Safety (E-Stop) Key:

A tethered safety device designed to attach to both the user and the Alpine Runner console. Removal of the key from the console will stop belt motion to prevent injury in an emergency.

*The safety key must be in place on the Alpine Runner, and should be attached to the user's clothing. The Alpine Runner will not operate if the safety key is not attached to the Alpine Runner.

Belt:

The moving surface of the Alpine Runner on which the user walks or runs.

Straddle Covers:

Stationary covers on either side of the belt, which allows the user to safely straddle the belt during startup or in the event of an emergency.

Belt Adjustment Bolts:

An adjustment system that allows the users to adjust the belt tracking and tension as needed.

On/Off Switch:

Allows users or faculty to turn the power on or off to the Alpine Runner.

Circuit Breaker:

A safety device designed to protect the Alpine Runner from excessive electrical current.

Power Cord:

Delivers power from the wall outlet to the Alpine Runner.

Leveling Feet:

An adjustable system used to aid in the leveling the Alpine Runner.

CHAPTER 4: PROGRAMMING & OPERATION

⚠ CAUTION:

The safety key must be in place on the Alpine Runner, and should be attached to the user's clothing. The Alpine Runner will not operate if the safety key is not attached.

HEART RATE MONITORING:

The Alpine Runner can monitor a user's heart rate using either a Polar® compatible chest strap or the metal grips on the hand rails (called contact heart rate or CHR pads). A chest strap transmits the user's heart rate to the Alpine Runner via a radio signal, and the CHR pads connect to a special computer circuit to extract the user's heart rate.

Chest Strap Heart Rate Monitoring:

Although this Alpine Runner functions fine without using the heart rate monitoring feature, this kind of monitoring gives valuable feedback on the user's effort level. Chest strap monitoring also allows users to use Heart Rate Control, the most advanced exercise control system available.

When users wear a Polar® compatible transmitter strap, the Alpine Runner will display the user's heart rate as a digital beats-per-minute (bpm) readout.

The transmitter strap should be worn directly against the user's skin, about 1-2 inches below the pectoral muscles/breast line. Women should be careful to place the transmitter below their bra line.

Initially the transmission signal for heart rate may be erratic or non-existent. Some moisture is necessary between the strap and the user's skin for proper transmission. Sweat from exercise works best, but ordinary tap water may be used prior to the workout if desired.



A Note on Chest Strap Heart Rate Monitoring:

The chest strap produces a radio signal that the Alpine Runner reads and registers as the user's heart rate. The accuracy of a reading may be affected when outside interference is present.

Contact Heart Rate (CHR):

The CHR system will let the user monitor their heart rate without wearing a chest strap. When using the CHR system users should gently grasp the CHR pads with both hands. Within 30 seconds, the user's heart rate should be displayed as a digital bpm readout (during the first 30 seconds the system is analyzing and locking in the user's heart rate). Users should exercise with smooth body motions and breathe regularly. It is best to avoid talking while using the CHR system, as talking will cause unrepresentative heart rate spikes of 5 to 10 bpm. To ensure an accurate reading, the user's hands should be clean, free of both dirt and hand lotions.

*For increased safety and accuracy the CHR system should only be used at speeds of 4 mph or lower (CHR readings are less accurate due to large muscle movements above this speed).

A Note on CHR Accuracy:

CHR monitoring may be less accurate than chest strap monitoring since the heart rate signals are much stronger at the chest. When using a HRC workout, it is best to use a chest strap because of the stronger and more accurate readings.

⚠ CAUTION:

Do not use the contact heart rate grips as a handlebar during a workout.

CHAPTER 4: PROGRAMMING & OPERATION

HEART RATE CONTROL (HRC):

Introduction:

You are now the owner of the most sophisticated Heart Rate Control Alpine Runner available. TRUE HRC is unique and patented. It accommodates users from rehabilitation to world class athletes, and all those in between. TRUE HRC allows users to do a completely hands free heart rate controlled workout using speed, incline, or both. By training at a specific target heart rate, users can exercise at a more efficient cardiovascular level.

The TRUE HRC system is unique because users must enter the key parameters of the workout; target heart rate, maximum speed, maximum incline, and time, prior to beginning the HRC workout. As users approach their target heart rate, the Alpine Runner's computer automatically takes over and changes the speed and/or incline automatically to keep users near their target heart rate. This allows for a completely "hands free" workout.

*A Polar® compatible heart rate monitoring chest strap should be worn during HRC workouts. For increased safety and accuracy, contact heart rate monitoring is not recommended for HRC workouts.

Target Heart Rate:

TRUE's heart rate control (HRC) workouts let the Alpine Runner monitor relative exercise intensity by way of the user's heart rate, then automatically adjust the speed and incline to keep the user at their target heart rate and thus their desired exercise intensity. Heart rate is a good measure of the body's exercise stress level. It reflects differences in physical condition, fatigue, the comfort of the workout environment, even diet and emotional state. Users should compare their heart rate with how they feel to ensure safety and comfort.

Consult a physician to determine target heart rate:

Using heart rate to control a workout takes the guesswork out of the workout settings. Consult a physician before using heart rate controlled workouts for advice on selecting a target heart rate range. Also, it is important to use the Alpine Runner for several workouts in the manual mode while monitoring heart rate. Users should compare their heart rate with how they feel to ensure safety and comfort. After users have spent some time learning how their heart responds to different levels of speed and incline, they will have a better understanding of how to select the maximum speed and maximum incline required for reaching their target heart rate.

Warm Up:

At the beginning of an HRC workout, the Alpine Runner is in full Manual Control mode. Users should gradually increase the workout intensity to slowly raise their heart rate to within 10 beats per minute (bpm) of their target heart rate. The Alpine Runner will operate as if in manual mode during the warm up stage. Users control both speed and incline. The user may only increase speed and incline to the present maximum values entered. It is important that the user starts at a low level of perceived exertion and gradually increase the workout intensity over several minutes until they approach their target heart rate. This allows the body to adapt to the workout. Increasing the workout intensity gradually will allow the user to enter the heart rate control stage without overshooting their target, keeping their heart rate within a few bpm of their target.

*Warming up too fast may cause the user to overshoot their target. If this occurs it may take several minutes before the computer software can control their heart rate. Users may overshoot and undershoot for several minutes until control is achieved.

CHAPTER 4: PROGRAMMING & OPERATION

HEART RATE CONTROL:

Heart Rate Control Stage:





The Alpine Runner takes control of speed and incline, keeping the user's heart rate within a few bpm of their target. When using the Interval HRC Workout, the Alpine Runner alternates between work and rest intervals.

Cool Down:

At the end of the workout time or distance, the Alpine Runner reduces the workout intensity by half and goes back into Manual Control mode, where users directly control their cool-down.

PROGRAM DESCRIPTIONS:

Available programs vary depending on the console option selected. Please refer to the chart to the below for assistance in determining which programs are available on this unit.

CONSOLE OPTIONS	 Transcend ¹⁶	 Escalate ¹⁵	 Escalate ⁹	 Emerge
****	YES	YES	YES	YES
***	YES	YES	YES	
**	YES	YES		
*	YES			

Quick Start: ****

A workout in which the user controls all settings. The workout continues until it is ended by the user.

Manual: ****

Users enter their weight, workout time or distance. The user controls both the SPEED and INCLINE of the Alpine Runner throughout the workout.

Hill Intervals: ****

Hill Intervals makes changes to the INCLINE in 2-minute segments with the SPEED remaining constant.

Rolling Hills: ****

Series of gradually increasing and decreasing INCLINE changes that simulate rolling hills.

CHAPTER 4: PROGRAMMING & OPERATION

PROGRAM DESCRIPTIONS:

Single Hill: ****

INCLINE increases to a maximum at the mid-point of the workout, then decreases to the finish.

Random Hills: ****

An INCLINE profile that changes to simulate random hills. The INCLINE adjusts at any time during the workout to increase or decrease the intensity of the hills.

Glute Buster: ***

A changing INCLINE profile simulates hilly terrain to promote intense glute muscle use. Users can make adjustments to the SPEED during the workout.

Calorie Goal: ***

This workout allows users to choose the number of calories they wish to burn within a specified workout time. The Alpine Runner will control SPEED and INCLINE within the limits set by the user to attain this goal.

Cardio Challenge: ****

SPEED and INCLINE increase to a maximum at the mid-point of the workout, then decrease to the finish.

Distance Workouts:

Choose any one of our 4 common distance workouts - 5k****, 10k****, 2 mile*** or 4 mile***. The user controls both the SPEED and INCLINE of the Alpine Runner throughout the workout.

Saved Workouts: ***

Access to previously saved custom workouts.

Custom Incline: **

Build a custom INCLINE profile using up to 30 segments. A user friendly setup screen allows users to create any hill or incline profile.

Custom Ultra: ***

If users are having trouble finding a workout that fits their specific needs, try setting up the Custom Ultra! This completely customizable workout setup allows both SPEED and INCLINE control in up to 30 segments.

HRC Cruise Control: ****

While in any program, Cruise Control will allow the user to set current heart rate as target heart rate by pressing a single button. The Cruise Control program takes control of SPEED and INCLINE to maintain the users target Heart Rate. If Beats per Minute exceeds the target by more than 12 BPM the workout will end and Cool Down will begin.

CHAPTER 4: PROGRAMMING & OPERATION

PROGRAM DESCRIPTIONS:

HRC Target: ****

Users choose their target heart rate. The Alpine Runner begins in MANUAL control – The user should gradually increase the workout intensity until heart rate is within 10 bpm of their target. At this point, the Alpine Runner takes over to control speed and incline to maintain heart rate within a few beats of the user's target.

HRC Weight Loss: ***

Based on age, this is a heart rate controlled workout at 65% of the user's maximum heart rate. This creates efficient fat burning without overtraining. The Alpine Runner begins in MANUAL control – The user should gradually increase the workout intensity until their heart rate is within 10 bpm of their target. At this point, the Alpine Runner takes over to control speed and incline to maintain heart rate within a few beats of the user's target.

HRC Aerobic: ***

Based on age, this is a heart rate controlled workout at 80% of the user's maximum heart rate. This keeps the user in the optimum aerobic training range to improve cardio fitness. The Alpine Runner begins in MANUAL control - gradually increase the workout intensity until the user's heart rate is within 10 bpm of their target. At this point, the Alpine Runner takes over to control speed and incline to maintain heart rate within a few beats of the user's target.

HRC Intervals: ***

Intervals of WORK and REST determined by target heart rate. The Alpine Runner begins in MANUAL control – Users should gradually increase their workout intensity until their heart rate is within 10 bpm of their target. At this point, the Alpine Runner takes over to control speed and incline to maintain the user's HR within a few beats of their target. The rest segment will reduce to 65% intensity of work segment.

Custom HRC Intervals: **

Set up a custom heart rate interval. Specify WORK and REST targets and let the Alpine Runner make all the adjustments. The Alpine Runner begins in MANUAL control - gradually increase the workout intensity until heart rate is within 10 bpm of the user's target. At this point, the Alpine Runner takes over to control speed and incline to get the user's heart rate within a few beats of their target.

Fitness Test: ***

A fitness test uses heart rate to estimate the user's VO2 max. The test increases SPEED and INCLINE gradually every minute and ends at the point where the user's heart rate reaches 85% of the maximum for their age.

Climb Workouts: ***

Intensify your workout by traveling the world and climbing some famous monuments. You will be able to track your progress as you climb to the top of the St. Louis Arch, Eiffel Tower, Mt. Everest, Mt. Rainier or Kilimanjaro. Your output from the Alpine Runner will display your percentage of completion of stairs to the top of the monument, or percentage of completion of elevation to the top of the mountain, whichever is applicable.

CHAPTER 4A: TRANSCEND OPERATION

TRANSCEND OVERVIEW:



CHAPTER 4A: TRANSCEND OPERATION

TRANSCEND OVERVIEW:

Touchscreen Display:

A capacitive touchscreen used for workout control and feature navigation.

Headphone Jack:

Standard 3.5mm audio jack used to connect headphones to the console during media playback.

USB Jack:

Allows users to export workout data to an external USB drive or update the console software.

Auxiliary LCD Display:

Displays workout data that can be easily viewed regardless of which mode is displayed on the Touchscreen Display.

*Available on the 16" model only.

Reading Rack:

This ledge on the console can be used to hold a book, magazine, e-reader, or tablet computer during a workout.

Cooling Fan:

Integrated fan that delivers a cooling flow of air during a workout.

Warning Decal:

Important safety information for users to review prior to using the equipment.

CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN INTRODUCTION:

The Transcend Console utilizes a fully integrated capacitive touch screen display and a multi-screen interface to provide a state of the art and user friendly workout.






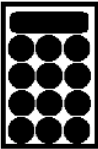





Capacitive touchscreen technology relies on the conductive properties of the human body to detect when and where on the display the user is touching. Because of this, capacitive touchscreens are highly responsive and do not require pressure to register a touch.

TOUCHSCREEN NAVIGATION:

TRUE recommends that users familiarize themselves with the different screens to ensure that they are safely taking advantage of all of the features that this equipment has to offer.

Icon Character Map

This console uses several icons to provide users with a simplified and visually appealing workout experience. The character map below is a quick reference of commonly used icons:

 Incline	 Speed
 Cool Down	 Toolbox
 Fan Icon	 Keypad
 Screen Toggle	 Home
 Audio Device	 Netpulse®
 TV	

CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN NAVIGATION:

Home Screen:

The Home Screen is displayed on the console when there is no workout in progress. From this screen the user is able to select from various options to begin a workout or view media.



A) Quick Start

Starts a Quick Start workout in which the user controls all settings. The workout continues until it is ended by the user.

B) Safety Instructions

Displays a list of safety instructions for users to review prior to beginning a workout.

C) Workout Finder

Displays a list of preset workouts.

D) Language Options

Allows users to choose between 12 language options.

E) Audio Device

Displays the Audio Device interface without starting a workout.

F) TV

Displays TV interface without starting a workout.

G) Screen Lock

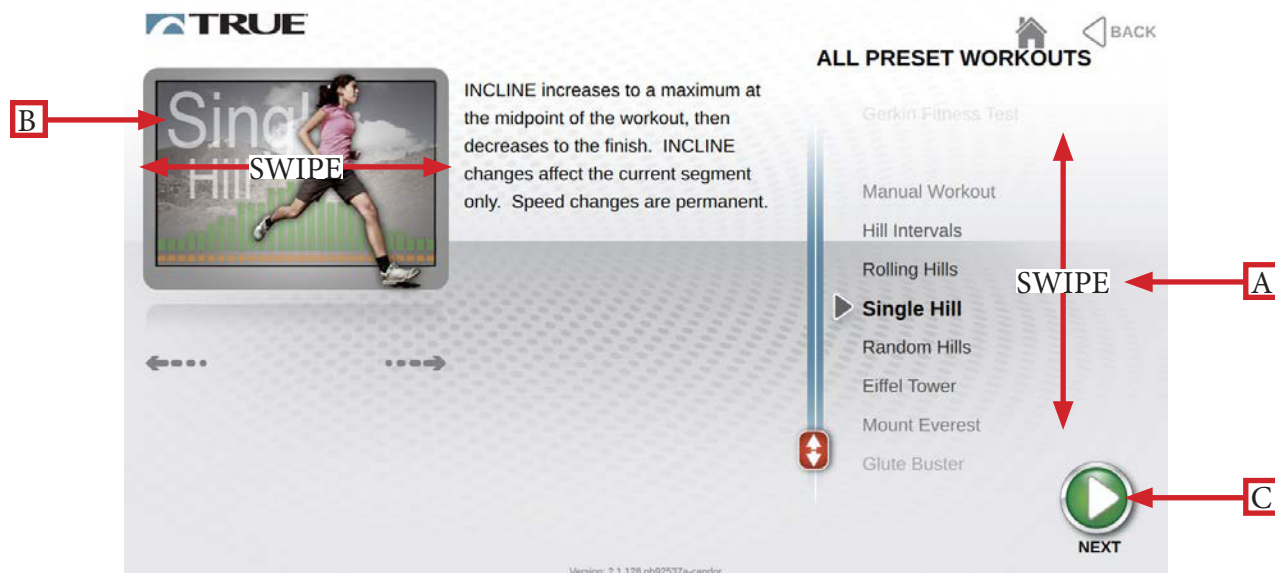
When the screen lock is held for 3 seconds, the touchscreen display will lock for 20 seconds to allow for cleaning.

CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN NAVIGATION:

Selecting a Preset Workout:

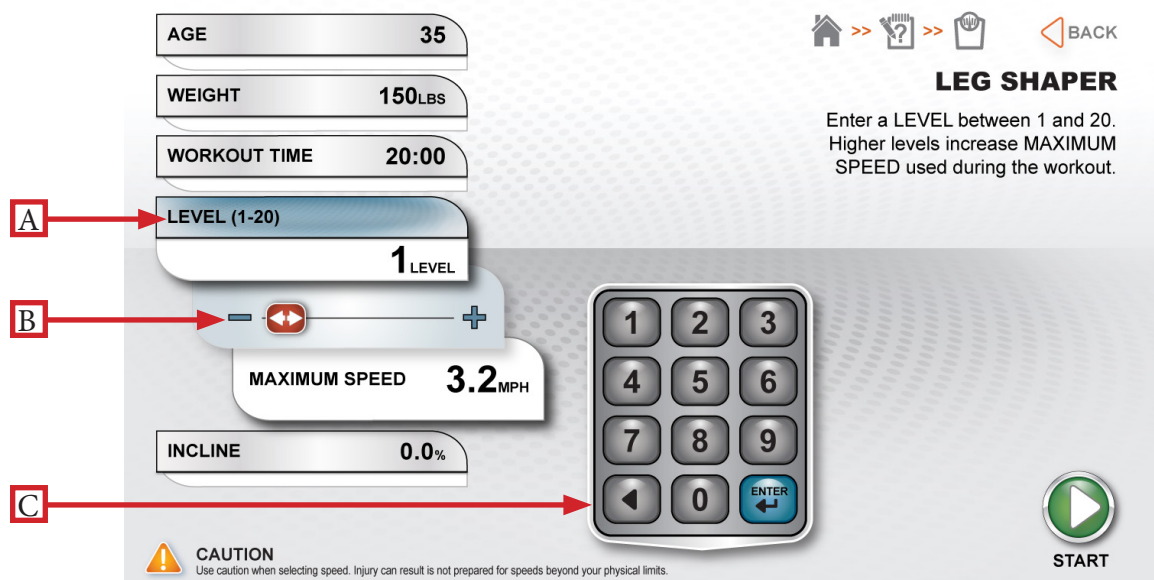
Preset workouts are accessed by touching the Workout Finder Button on the home screen. Workouts listed down the right side of the screen. To begin a workout, swipe through the workout list (A) or the preview window (B) until the desired workout is selected and press next (C).



Workout Data Entry Screens:

Workout data entry screens allow the user to input their personal information or workout goals prior to beginning a preset workout. To set a value, touch the heading (A) of the value and adjust the slider (B) to the desired setting or manually enter a value using the keypad (C).

*Workout Data Entry Screens vary by program selection.

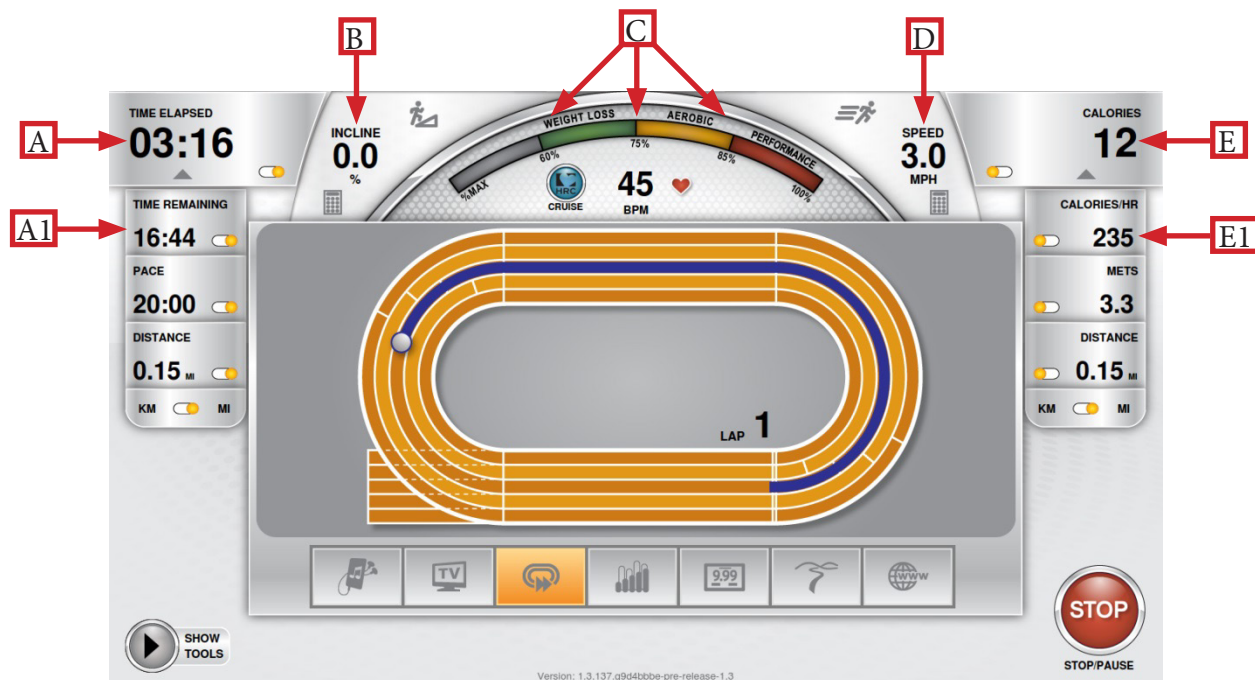


CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN NAVIGATION:

Workout View Screens:

During any workout a Workout View Screen will be displayed to give the user a comprehensive visual overview of their current workout data.



A) Custom Data Display #1:

This display will toggle between data points throughout the workout. To select which data points are displayed, press the arrow below the Data Display to open the Selection Toolbox (A1).

B) Incline:

Displays the current incline level.

C) Heart Rate Information:

When the user is wearing a heart rate chest strap or utilizing the contact heart rate system, their heart rate will be displayed in beats per minute (bpm) and in the graphic meter. The graphic meter is based on age and will gauge the user's approximate heart rate within 3 target levels: Weight Loss, Aerobic, or Performance.

D) Speed:

Displays the current speed of the treadmill belt.

E) Custom Data Display #2:

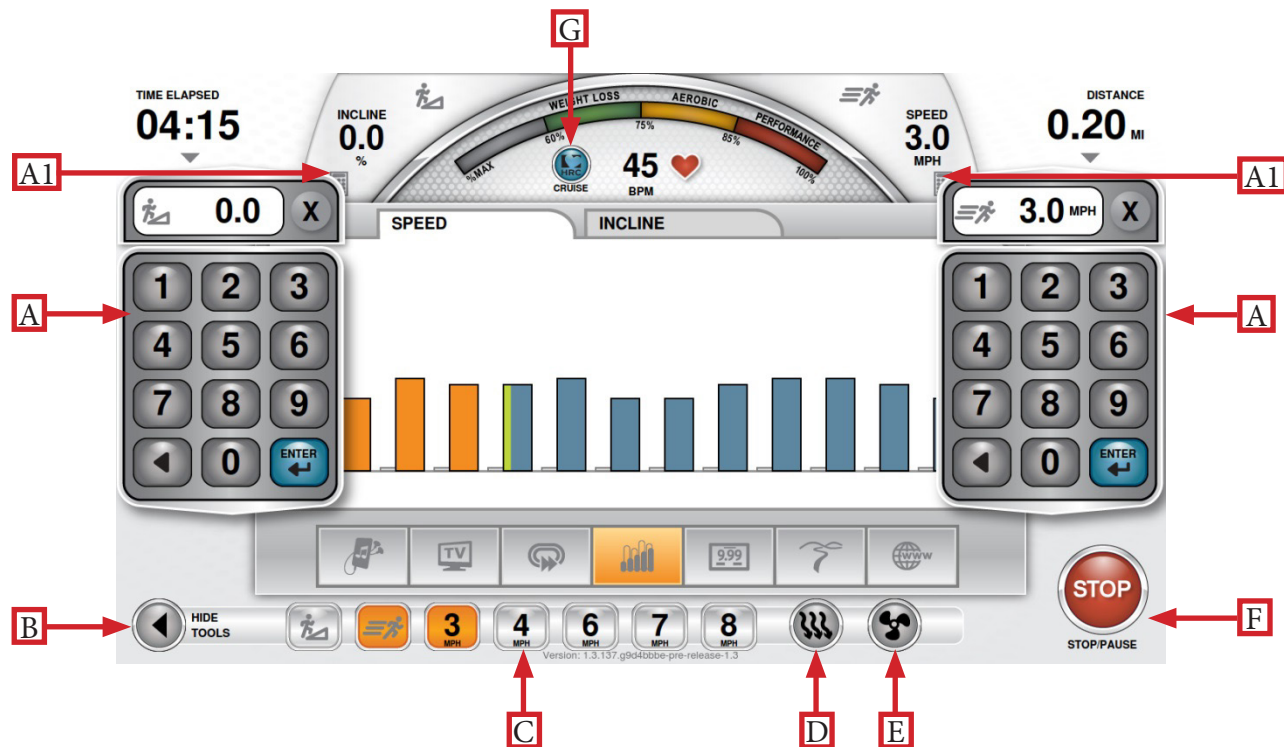
This display will toggle between data points throughout the workout. To select which data points are displayed, press the arrow below the Data Display to open the Selection Toolbox (E1).

CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN NAVIGATION:

Workout View Screen Controls:

The Workout View Screens contain controls that allow users to adjust settings during their workout.



A) Incline/Speed Adjustment Keypads:

These keypads allow the user to input a manual speed or inline adjustments. Touching the Keypad Icons (A1) will open these keypads

C) Quick Keys:

These keys are displayed by touching the Show/Hide button (B) and allow the user to quickly switch between preset speeds or incline levels.

D) Cool Down:

This button is displayed by touching the Show/Hide Tools button (B) and allows the user to end their current workout with a two minute low intensity cool down period. When Cool Down is activated the unit is in manual mode and the user directly controls all settings.

E) Fan On/Off:

This button is displayed by touching the Show/Hide Tools button (B) and turns the cooling fan on or off.

F) Stop:

Stops or pauses the current workout.

G) HRC Cruise Control:

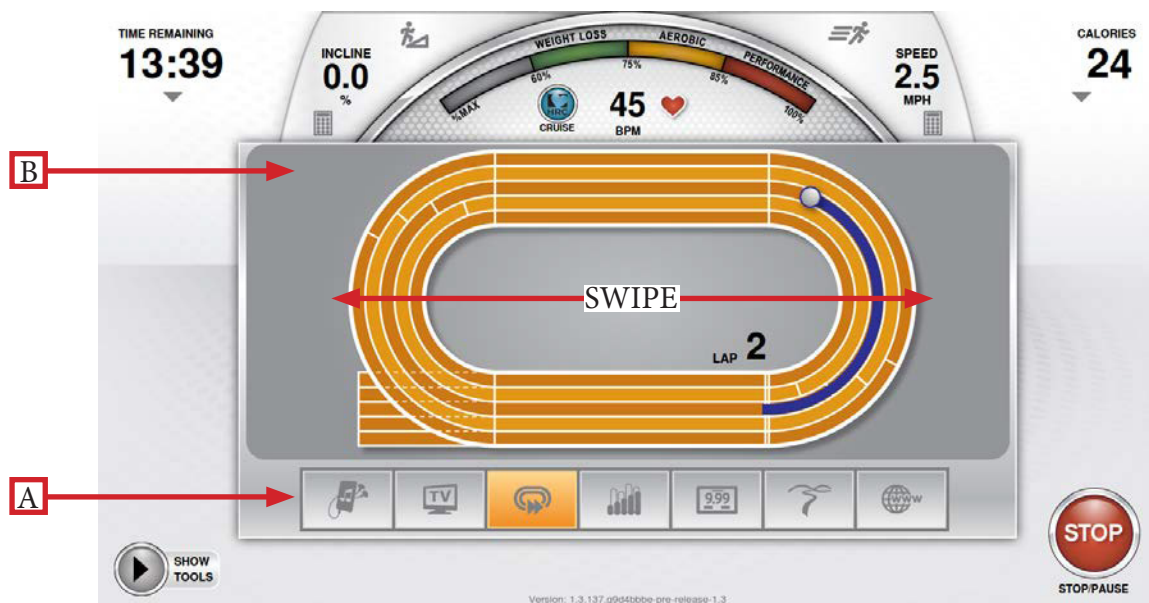
Engages Heart Rate Control to allow the equipment to maintain the user's current heart rate through automatic speed and incline adjustments (when the user is utilizing heart rate monitoring).

CHAPTER 4A: TRANSCEND OPERATION

TOUCHSCREEN NAVIGATION:

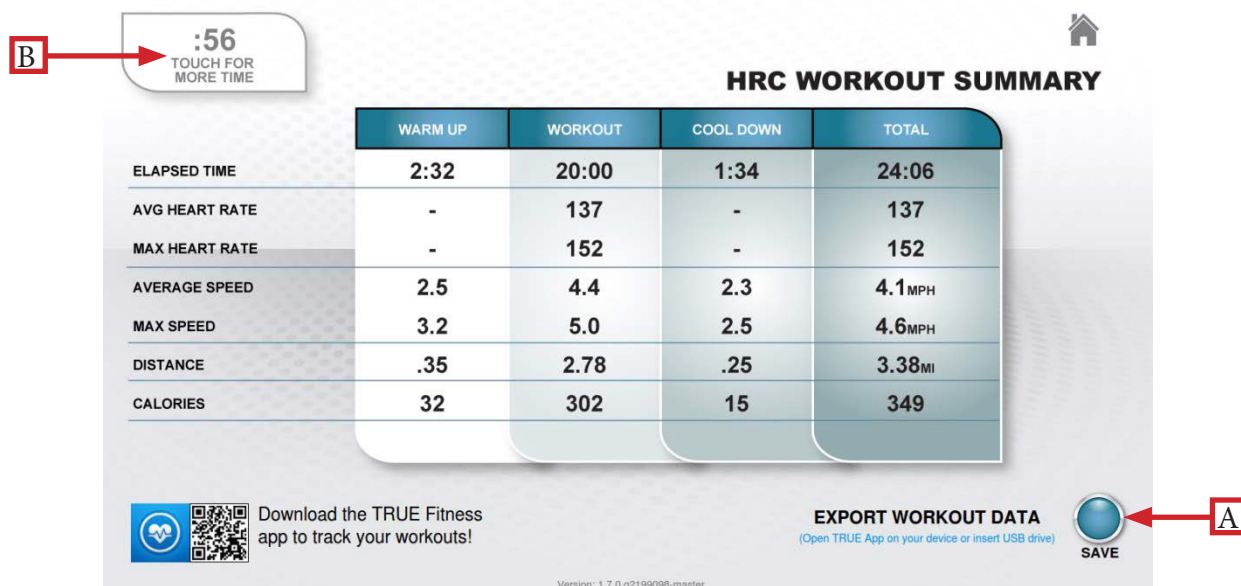
Switching Between Workout View Screens:

There are several Workout Data Screens available to choose from. To switch between screens the user can touch the selection button (A) for the specific Workout Data Screen they wish to use or simply swipe their finger across the main display window (B) to scroll through the available screens.



Workout Summary Screen:

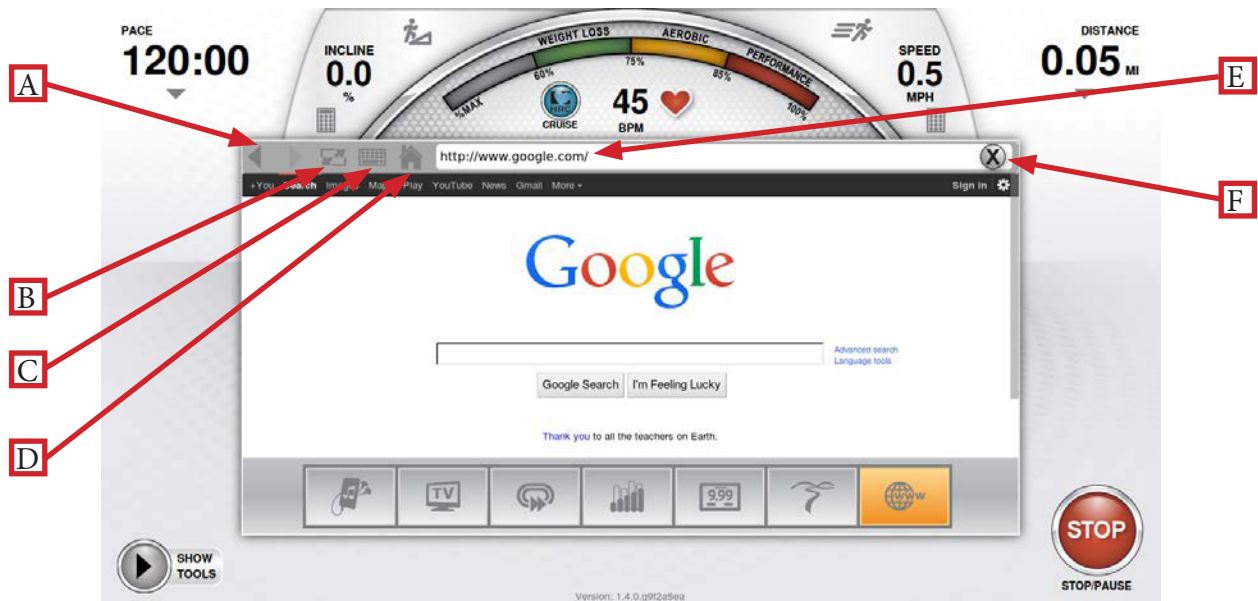
At the end of a workout the Summary Screen will display an overview of the workout data. The Workout data can be saved to the TRUE Fitness mobile app via Bluetooth by touching the Save Button (A) and then touching the “Tap to Get Data from Device” button within the app. The workout data can also be exported to USB drive by inserting the drive into the console’s USB port and touching the Save button (A). If the user requires more time to view the summary or to save the workout to a USB device, they can touch the timer (B) to extend the time that the summary remains on the screen.



CHAPTER 4A: TRANSCEND OPERATION

WEB BROWSER:

When enabled, the integrated web browser allows users to catch up on breaking news, watch sports highlights, check email and connect with their friends on social media. Having this feature built into a Workout Data Screen allows users to easily multi task.



A) Navigation Buttons:

Move forward or backward to the previous page displayed

B) Screen Toggle:

Allows the user to switch back and forth between full screen and regular mode.

C) Keyboard:

Displays the onscreen keyboard to allow users to input text.

D) Home:

Displays the browsers home page.

*See advanced console options for instructions on setting the homepage.

E) Address Bar:

Displays the web address of the page that is being displayed and allows users to input the addresses of pages they wish to visit.

F) Clear Address:

Clears the web address of the page currently being displayed to allow users to input the address of the page they wish to visit.

CHAPTER 4A: TRANSCEND OPERATION

BLUETOOTH FUNCTIONS:

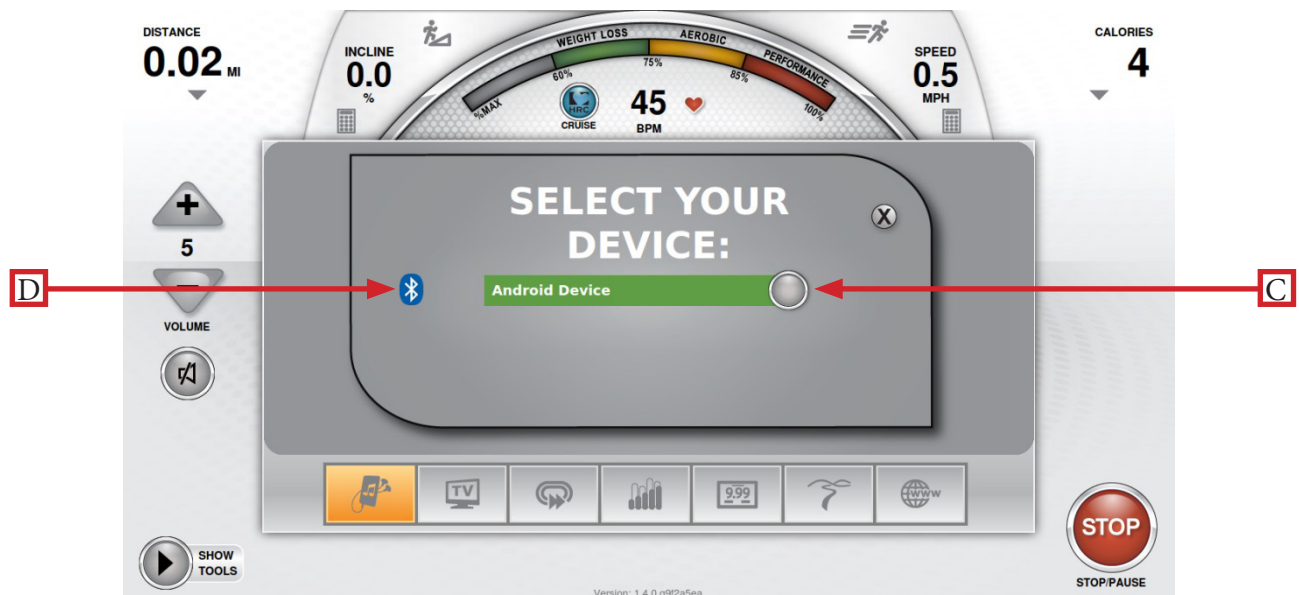
Bluetooth Audio Streaming:

This console has integrated Bluetooth streaming support for audio devices. To pair a device with the console, touch the Audio Device Selection Button (A). Ensure that the device is discoverable via Bluetooth and press the Bluetooth Button (B) to search for devices.



The console will complete a scan for available Bluetooth devices. Once the scan is complete, simply touch the name of the desired device (C) to begin the pairing process.

*If the device is not listed, verify that it the Bluetooth is enabled and that the device is discoverable. Then touch the Bluetooth logo (D) to re-scan for the Bluetooth devices.

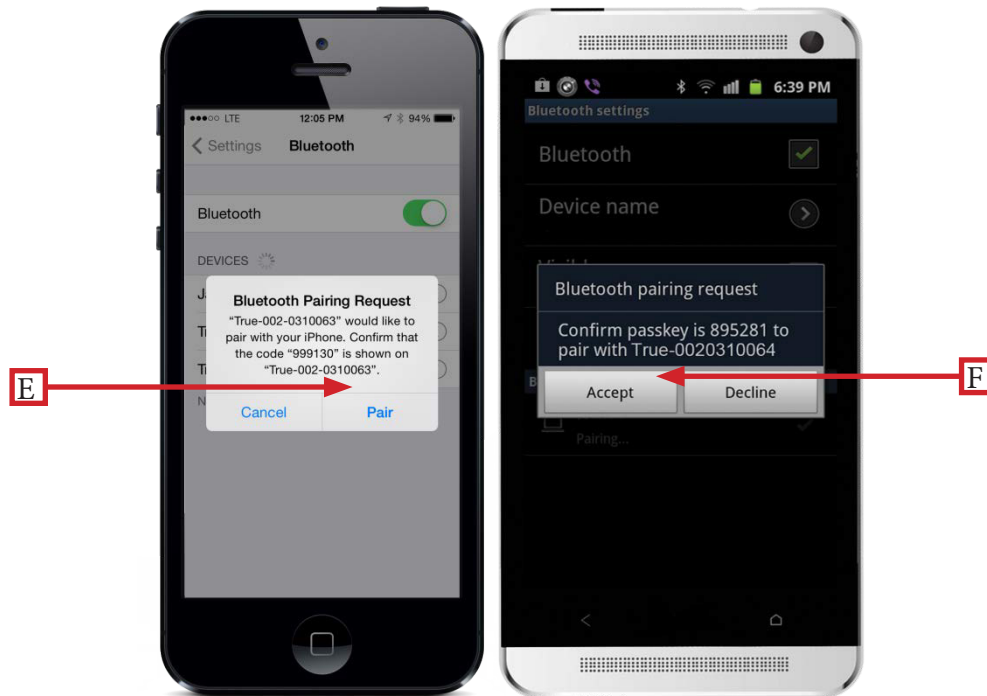


CHAPTER 4A: TRANSCEND OPERATION

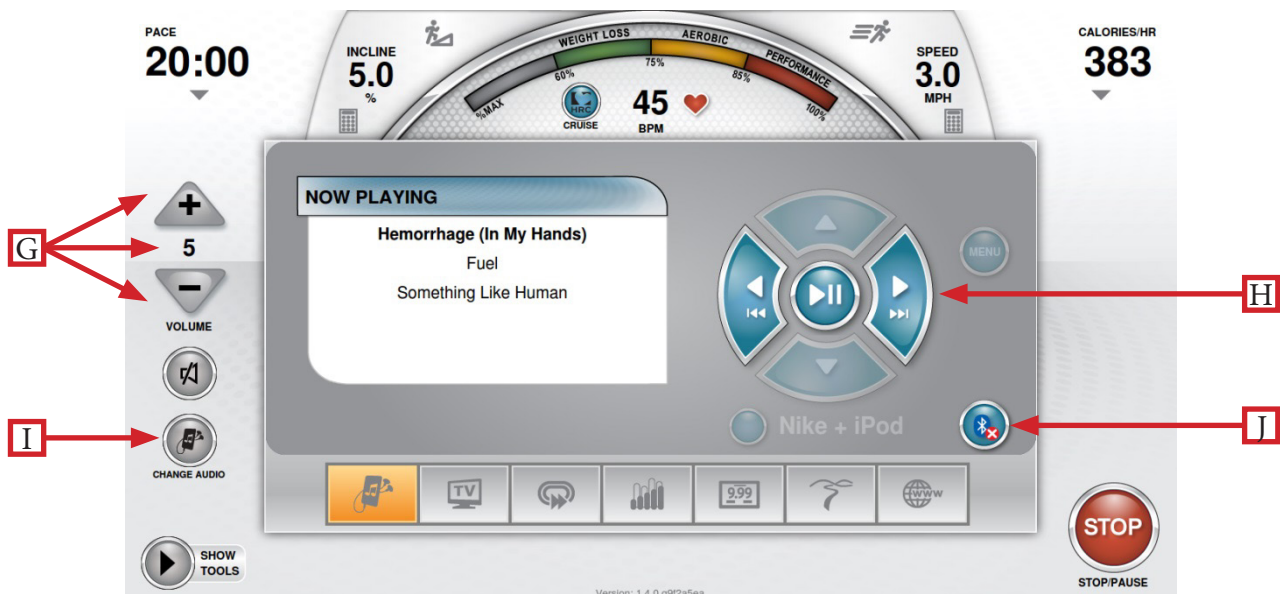
BLUETOOTH FUNCTIONS:

Bluetooth Audio Streaming:

When a device is selected from the list, the console will send a pairing request to that device. The pairing request must be accepted in order for this feature to operate. For iOS devices, press Pair (E) to accept the request. For Android devices, press Accept (F) to accept the request.



Once the Bluetooth pairing request has been accepted, the playback screen will be displayed. During playback, users can control volume (G), pause, advance or replay tracks by using the navigation buttons (H), and toggle between available audio sources by touching the Change Audio Button (I). To disconnect the Bluetooth audio device, simply touch the disconnect button (J).

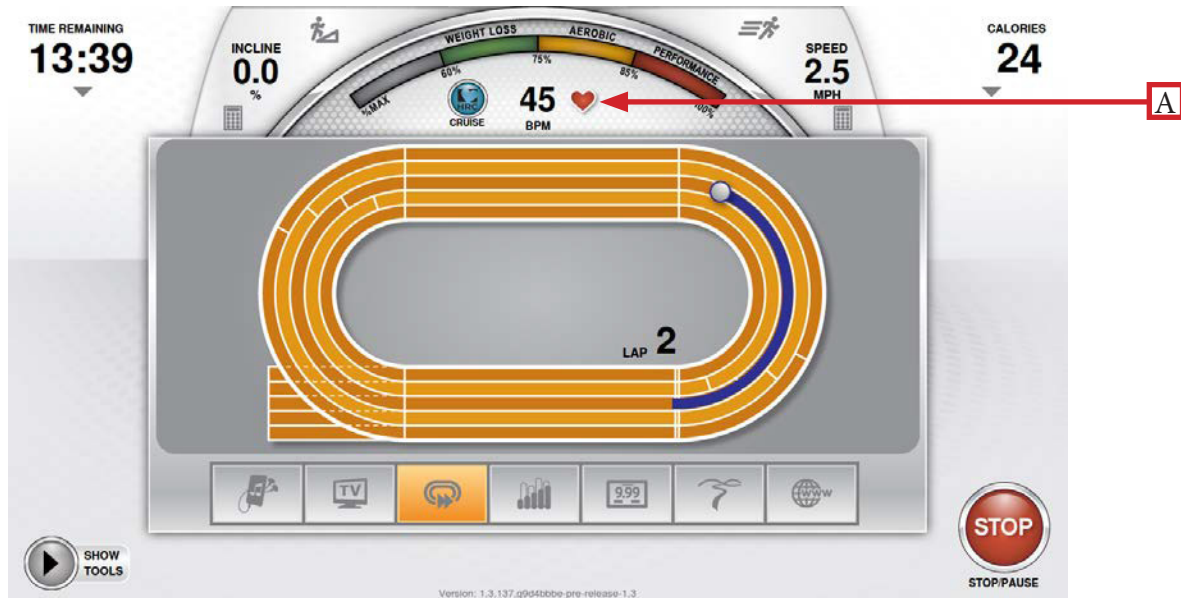


CHAPTER 4A: TRANSCEND OPERATION

BLUETOOTH FUNCTIONS:

Bluetooth Heart Rate Monitoring:

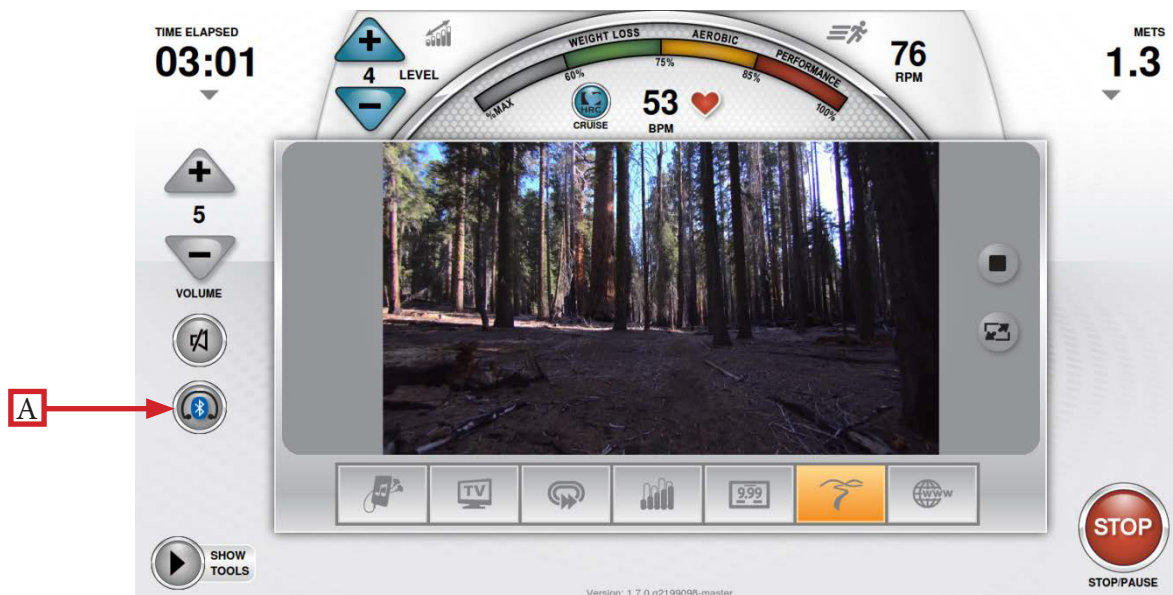
This console is equipped with support for Bluetooth heartrate monitoring. To pair a device with the console, simply touch the heart icon (A) and select the desired device from the list in the popup window.



Bluetooth Headphones:

With the Bluetooth headphone feature, users can enjoy wireless audio from TV, Virtual Active, and Internet media. To pair Bluetooth headphones, touch the headphone button (A) on any workout data screen that contains an audio element and select the desired device from the popup list.

*This feature is unavailable when a Bluetooth audio device is paired.



CHAPTER 4A: TRANSCEND OPERATION

TV CONTROLS:

This console also features an integrated HDTV Tuner which allows the user to watch live programming in crisp, clear high Definition. The TV controls are built in to a Workout View Screen to allow the user to monitor their workout while enjoying their favorite shows.



A) Volume Controls:

Increases, Decreases or Mutes the audio volume from the TV program.

B) Change Audio:

Toggles between available audio sources.

C) Channel Controls

Used to display a full list of available channels or to change channels one at a time.

D) Closed Captioning

Toggles the closed captioning on or off.

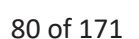
*This button will only be visible when the program displayed supports closed captioning.

E) Screen Toggle:

Allows the user to switch back and forth between full screen and regular mode.

F) Stop:

Stops the current TV/TV audio feed.

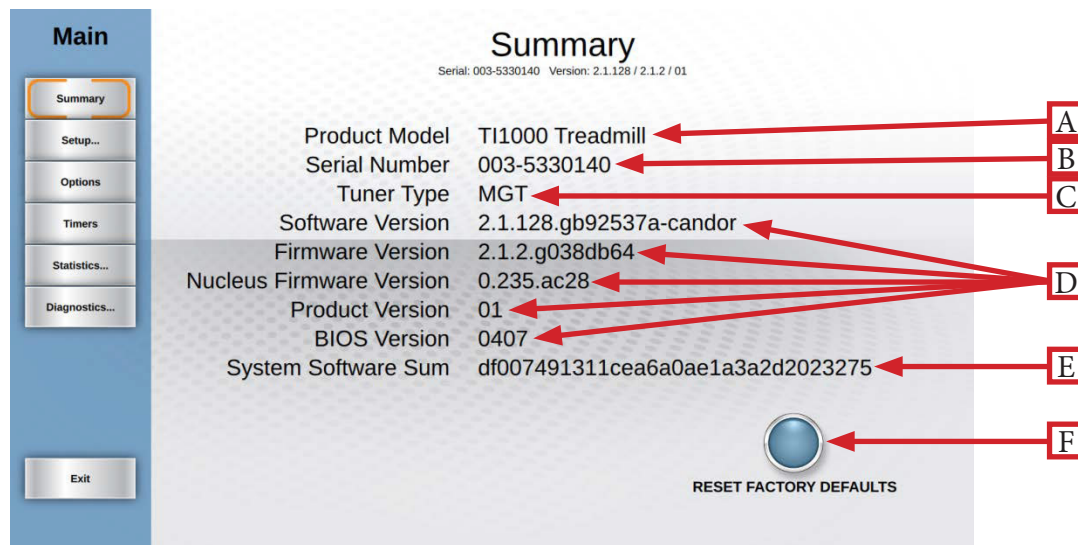


CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Summary Screen:

The Summary Screen will be the first screen displayed after entering service mode. This screen will give a general overview of the unit's setup.



A) Product Model:

The model number that the console is currently configured to.

B) Serial Number:

The serial number of the console (not the base unit).

C) Tuner Type:

The type of TV tuner installed in the console.

D) Software Version / Firmware Version / Nucleus Firmware Version / Product Version / Bios:

The current versions of software and firmware that are installed on the console.

E) System Software Sum:

Displays OS data that is used in the production of the console.

F) Reset Factory Defaults:

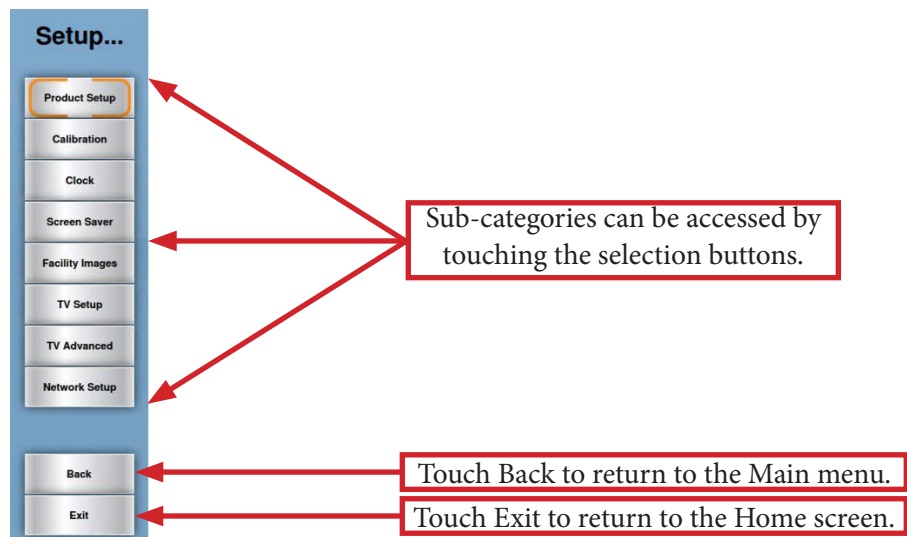
Resets all console settings to their factory defaults.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

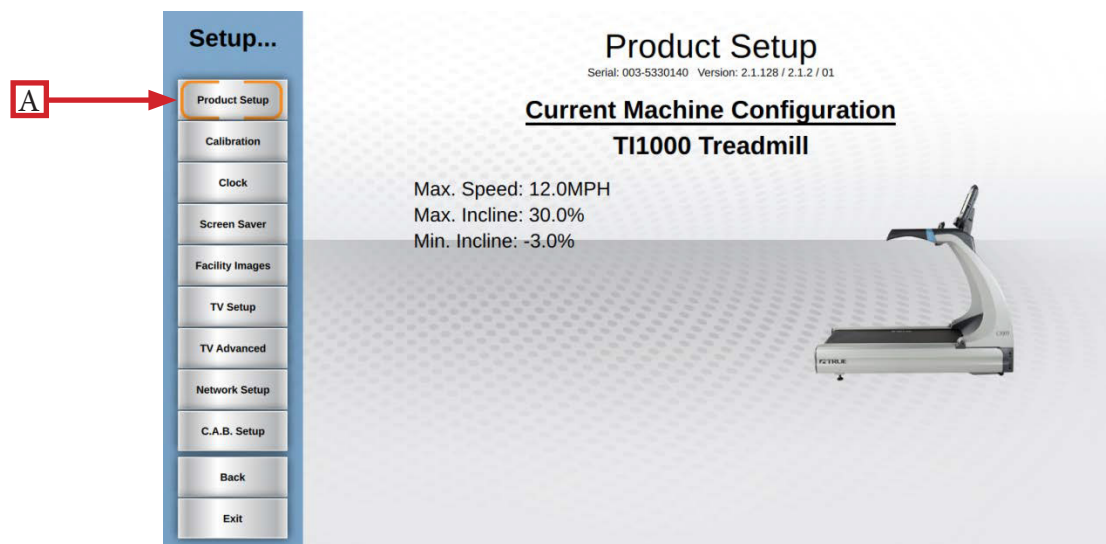
Setup Menu:

The setup menu is accessed by touching the Setup button on the main menu. The Setup Menu is separated into sub-categories and allows to users configure the console and to set up various functions of the unit.



Setup Menu-Product Setup:

The Product Setup screen allows users to view the current console configuration. To view the console configuration, select the Product Setup button (A).



CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu-Calibration:

Calibration will conduct a basic test of the drive and incline systems to ensure that they are operating as intended. Calibration may also be used by technicians to troubleshoot system faults.



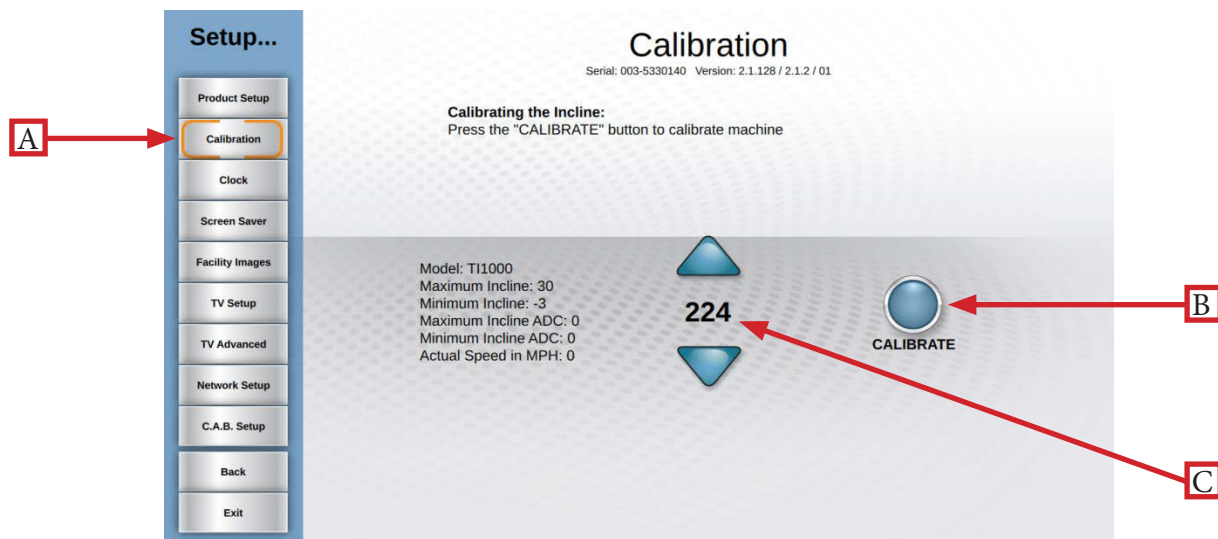
WARNING:

This process will take full control of the treadmill and can be dangerous if caution is not taken.

- Calibration can take up to two minutes to complete.
- Do not stand on the treadmill during the calibration procedure.
- Verify that the machine is free of all parts and tools.
- Keep children and animals at a safe distance.

Calibration Steps:

- From the Main Menu, press the Setup button.
- From the Setup Menu, press Calibration (A)
- Press the Calibrate key (B)
- When complete, the console will display “Calibration Successful”.



WARNING:

The Potentiometer Value (C) should only be adjusted by a trained service professional. Any adjustment made to the Potentiometer Value may result in unexpected errors or damage to the incline system.

CHAPTER 4A: TRANSCEND OPERATION

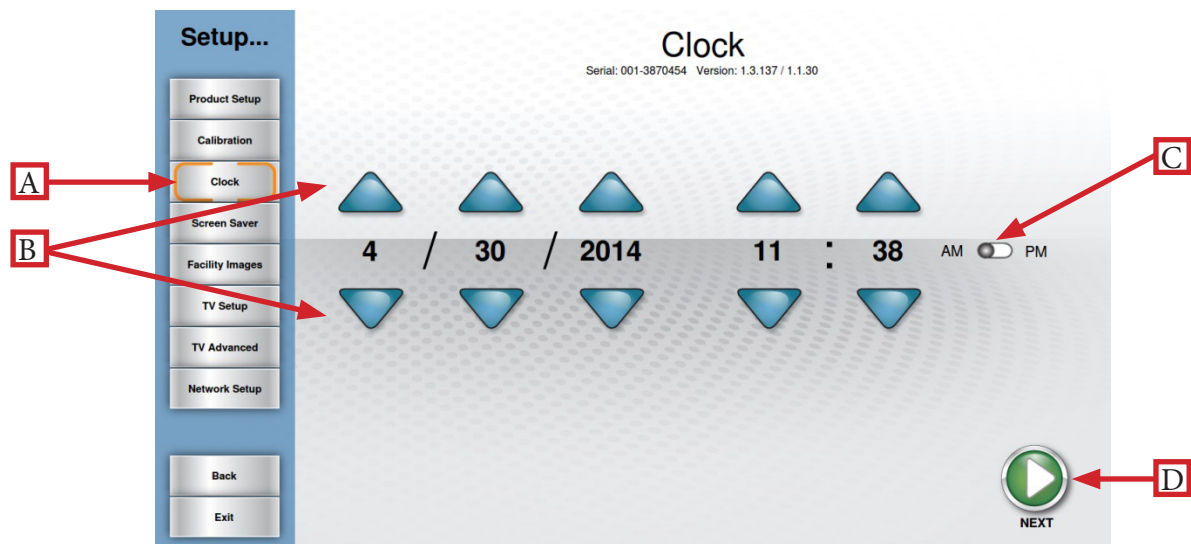
ADVANCED CONSOLE FUNCTIONS:

Setup Menu-Clock:

Correctly setting up the clock will ensure that all workout data that is exported by a user will be correctly labeled. Correct time is also important for troubleshooting purposes when viewing the system's error log.

Setting the Clock:

- From the Main Menu, press the Setup button.
- From the Setup Menu, press the Clock Button (A).
- Touch the arrows (B) to adjust the date and time and use the slider button (C) to select AM or PM.
- Once the correct time and date are entered, touch the Next key (D).
- Use the slider (E) or swipe through the list of time zones until the correct time zone is shown in bold (F).
- Touch the Save key (G).



CHAPTER 4A: TRANSCEND OPERATION

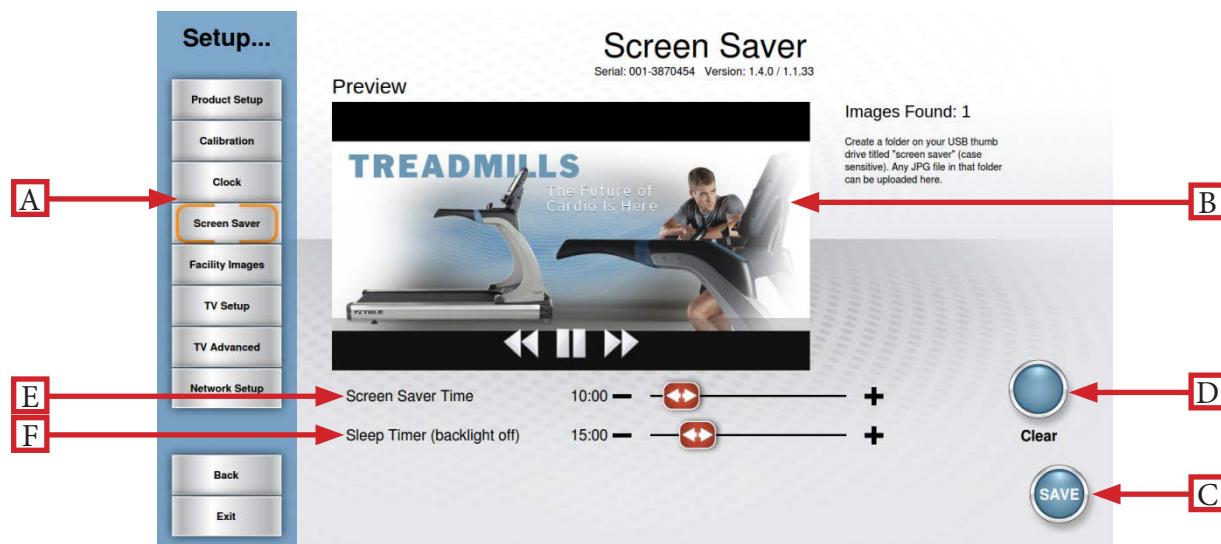
ADVANCED CONSOLE FUNCTIONS:

Setup Menu-Screen Saver:

Users can load JPG images to be used by the console as a custom screen saver. In order to be uploaded to the console, images will need to be placed on a USB drive in a folder named “screen saver” (case sensitive).

Importing Screen Saver Images:

- Touch the Screen Saver button (A)
- Insert the USB drive that contains the images into the console's USB port.
- Verify the images in the preview window (B)
- Touch the Save button (C) to save the images to the console.



Additional Screen Saver Options:

- Custom Screen Saver images can be deleted by touching the clear button (D).
- The amount of time the console must be idle before the screen saver engages can be adjusted by using the Screen Saver Time Slider (E).
- The Sleep timer is a function that will turn off the console's back light after a period of time to save energy. The amount of time the console must be idle before going to sleep can be adjusted by using the Sleep Timer Slider (F).



WARNING:

Moving the Screen Saver Time completely to the left will disable the screen saver. Disabling the screen saver is not recommended and may cause damage to the screen and void the manufacturer warranty.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Facility Images:

The Transcend console supports customizable facility images to help promote specials, events or endorse a brand. In order to be uploaded to the console, images will need to be placed on a USB drive in a folder named “facility” (case sensitive).

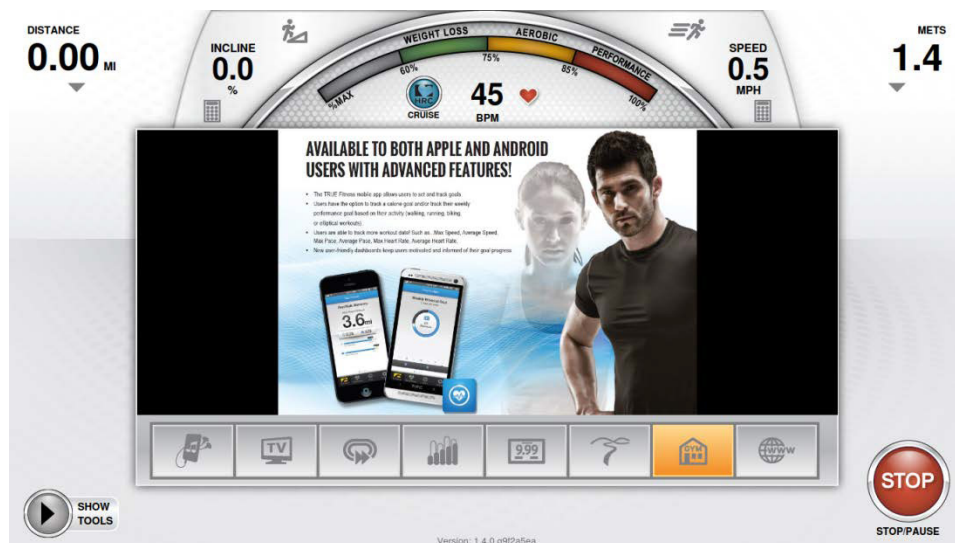
Importing Facility Images:

- Touch the Facility Images button (A)
- Insert the USB drive that contains the images into the console’s USB port.
- Verify the images in the preview window (B)
- Touch the Save button (C) to save the images to the console.



*Facility images can be deleted by touching the clear button (D).

Once loaded correctly, the facility images will be displayed in the Facility Workout Data screen (as shown below).



CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Setup:

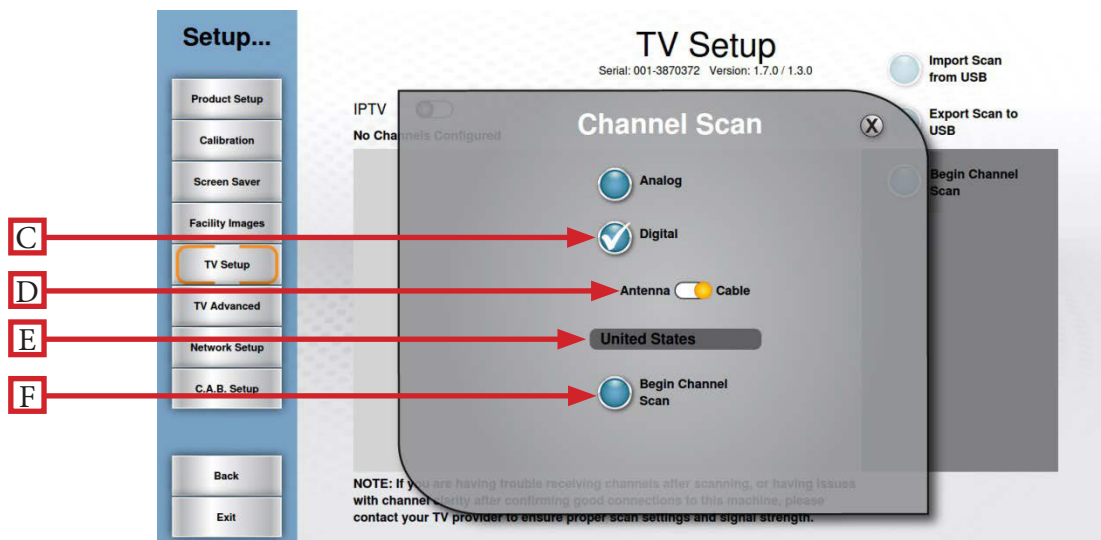
Transcend consoles have an integrated HDTV Tuner which allows the user to watch live programming in crisp, clear high Definition. Before any programming can be viewed, the TV signal needs to be set up. (TV Options will not be displayed on the Home Screen or in the Workout Data Screens until the TV Setup Steps have been completed)

Traditional TV Setup Steps:

- From the Setup Menu, touch TV Setup (A).
- Select the Begin Scan button (B).



- Select the type of signal to search for (C); Analog, Digital, or Both. (Digital is selected by default)
- *When analog is selected the correct analog standard is automatically selected (NTSC-M for the United States).
- Touch the Source Slider (D) to select between Antenna and Cable.
- Verify that the correct Country is listed (E).
- Touch Begin Channel Scan (F) to begin scanning for channels.
- Once the channel scan is complete, a listing of the channels found will be displayed.



CHAPTER 4A: TRANSCEND OPERATION

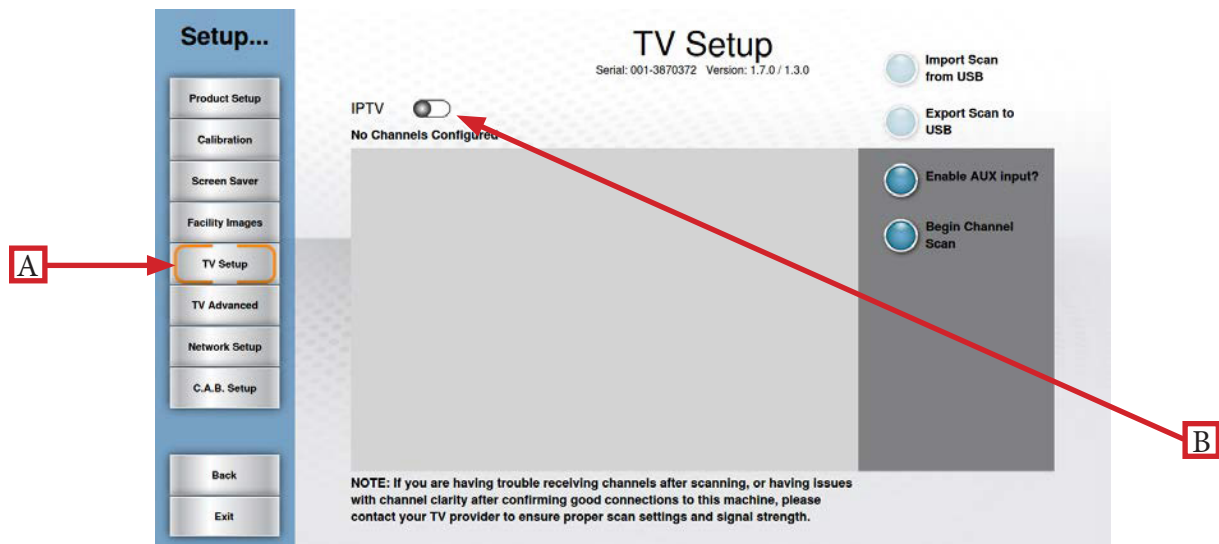
ADVANCED CONSOLE FUNCTIONS:

Setup Menu-TV Setup (continued):

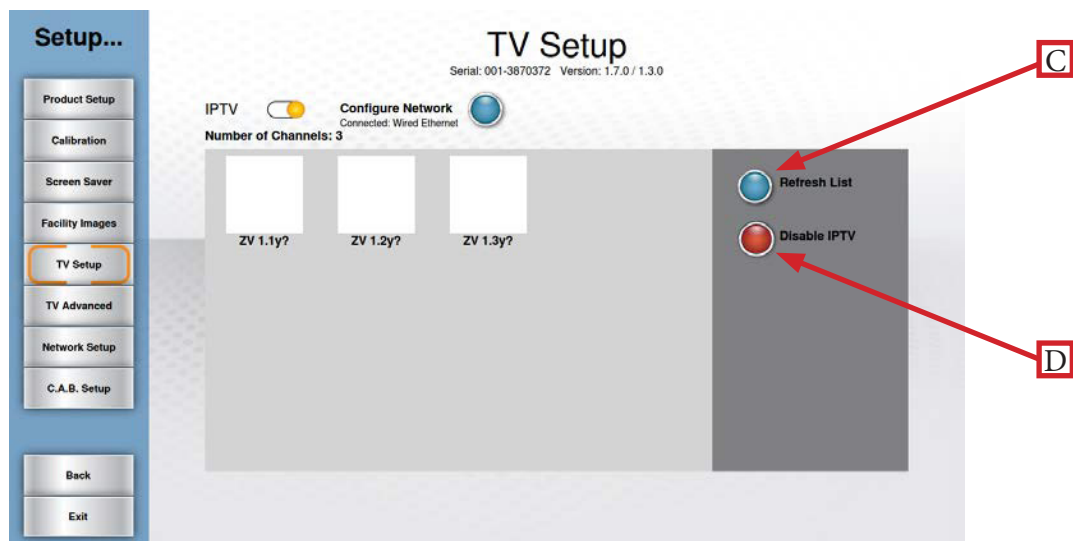
IPTV is an internet protocol that allows live TV signal to be sent over a computer network. The Transcend console is capable of displaying IPTV content, but **many IPTV providers require the use of a proprietary set-top box.**

IPTV Setup Steps:

- Complete the Network Setup on page 57.
 - From the Setup Menu, Touch TV Setup (A).
 - Touch the IPTV Slider Button (B) to enable IPTV and the console will automatically search for IPTV channels.
- *If desired, the AUX inputs can be enabled by touching the “Enable AUX Input?” button.



- Once the Console has finished searching, a list of available channels will be displayed.
- To refresh the channel listing, touch the Refresh List Button (C).
- To disable IPTV, simply touch the Disable IPTV Button (D).



CHAPTER 4A: TRANSCEND OPERATION

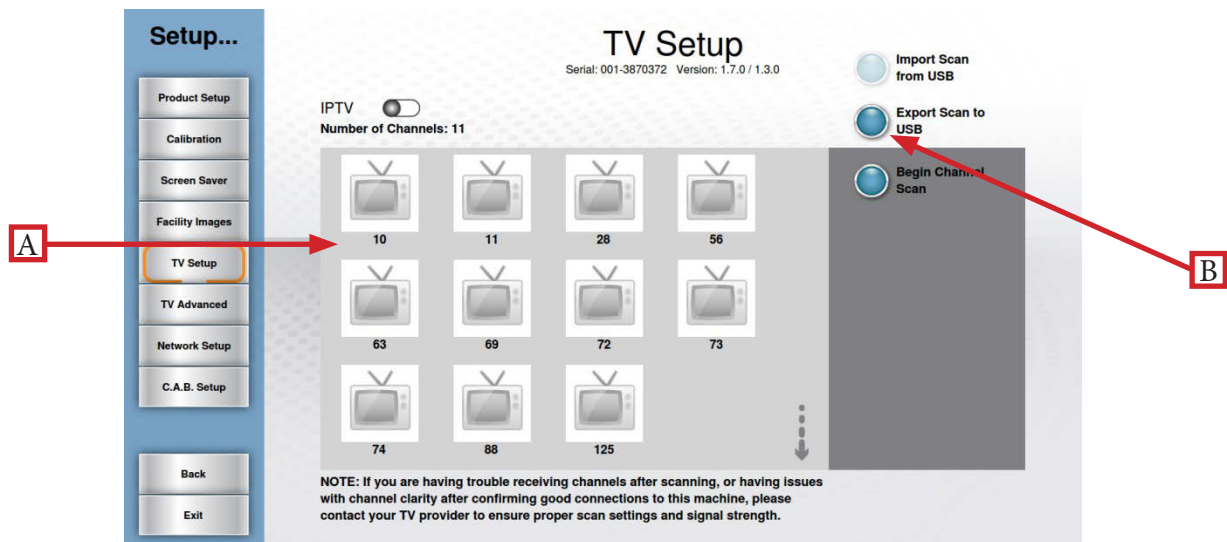
ADVANCED CONSOLE FUNCTIONS:

Setup Menu-TV Setup (continued):

Users can save time when setting up multiple units or maintain a back-up of their TV Setup Data by exporting it to a USB drive.

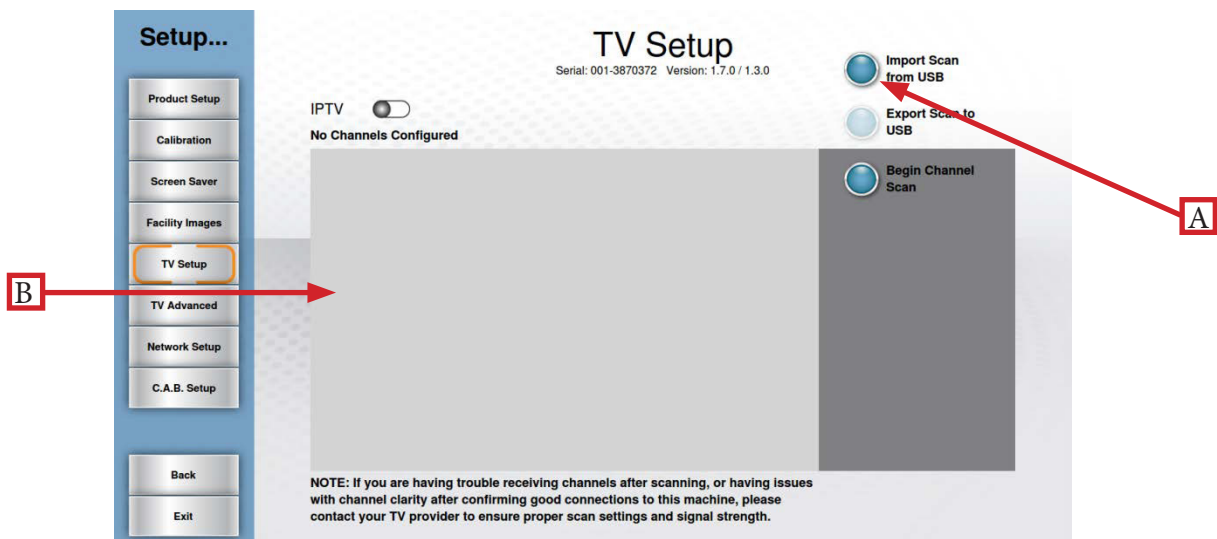
Exporting TV Setup Data to USB:

- Complete the TV Setup process.
- Insert a blank USB drive into the console's USB port.
- When all desired channels are listed in the Channel List (A), touch the Export Scan to USB Button (B)



Importing TV Setup Data from USB:

- Navigate to the TV Setup screen.
- Insert the prepared USB stick into the console's USB Port.
- Touch Import Scan from USB (A).
- Once the import process is complete, verify that all channels are listed in the channel list (B).



CHAPTER 4A: TRANSCEND OPERATION

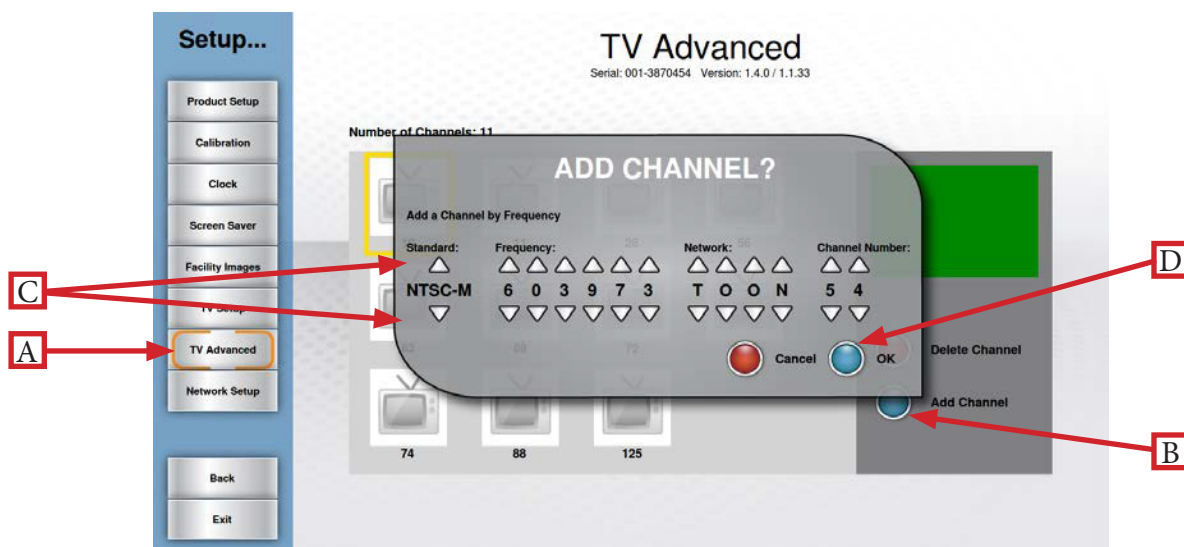
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Advanced:

The TV Advanced Menu allows users to fine tune their TV settings by adding channels, removing channels, and adding channel logos.

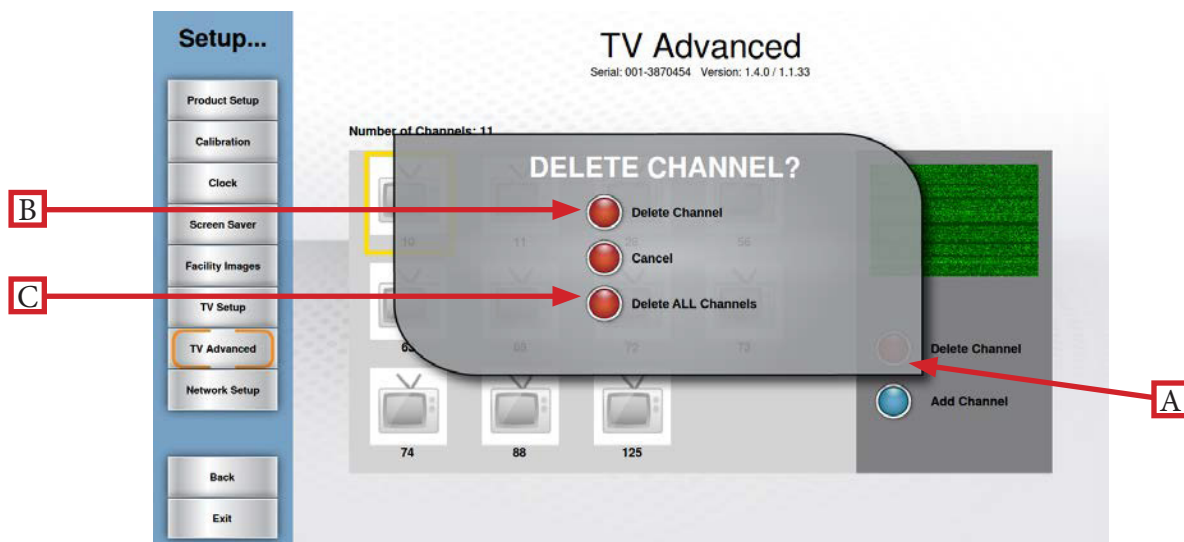
Add a Channel:

- Navigate to the TV Advanced Screen (A).
- Press the Add Channel Button (B) to access the Add Channel Screen.
- Use the Up/Down Arrows(C) to adjust the values (Standard, Frequency, Network, and Channel Number).
 - * Channel frequencies must be obtained from your television service provider.
- Once all values are correct, press OK (D) to save the channel.



Deleting Channels:

- Touch the channel to be deleted to select it.
- Press the Delete Channel Button (A)
- Press Delete Channel (B) to delete the selected channel or Delete all Channels (C) to delete all channels.



CHAPTER 4A: TRANSCEND OPERATION

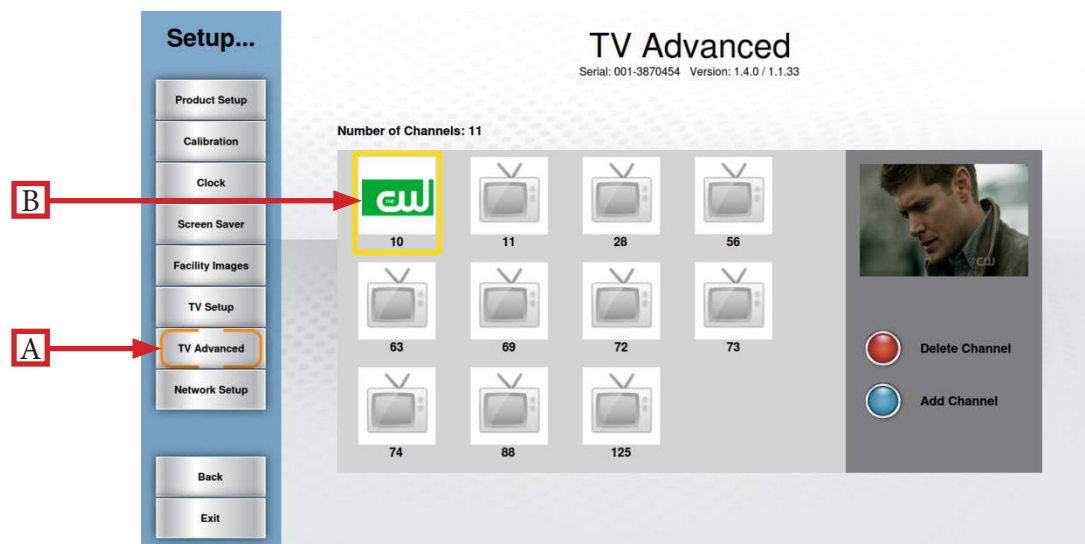
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Advanced:

Using Channel logos allows users to quickly identify and select their favorite TV channels with minimal interruption to their workout.

Adding Channel Logos:

- Navigate to the TV Advanced Screen (A).
- Touch the desired channel in the Channel List (B) to select it.
- Touch the channel again to enter the logo screen.



- Touch the logo (C) that corresponds to the selected channel.
- Repeat these steps for each channel for which a logo is available.



Setup Menu-C.A.B. Setup:

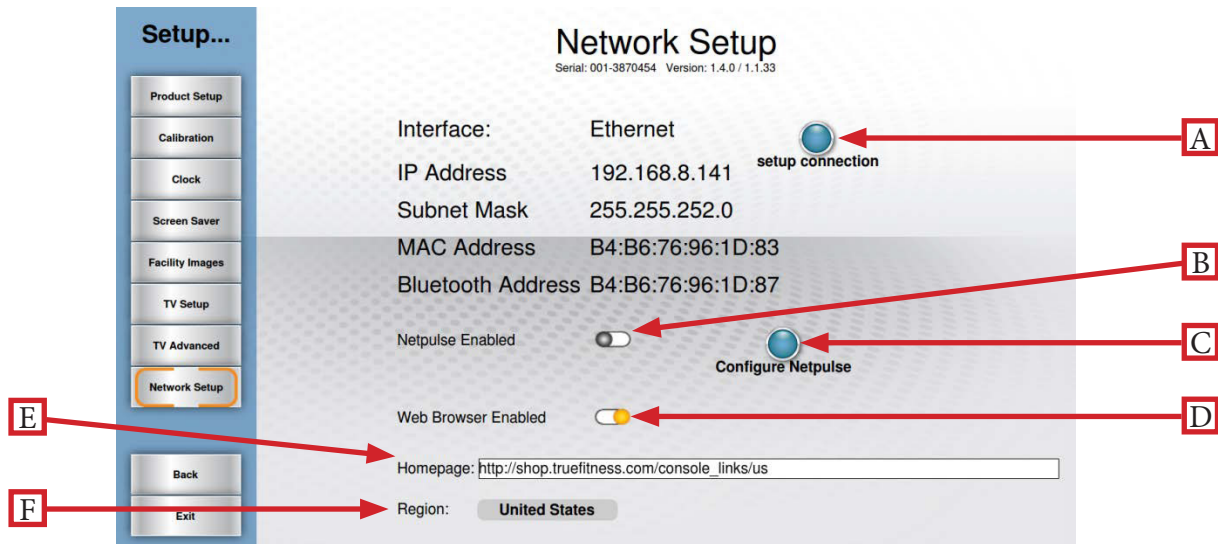
This console is compatible with the Broadcast Vision CAB System. These options should remain inactive unless the system has been purchased through Broadcast Vision. Please refer to the instructions that accompanied the CAB system for setup instructions.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Network Setup:

The Network Setup screen displays the current network information for the console. This screen also allows users to setup wired or wireless internet connection, enable web browsing, and allows for Netpulse® configuration (in a Netpulse® enabled environment). To connect to a network, simply touch the Setup Connection button (A) and select the desired network from the list (and enter the password if necessary) and then press connect.



Configuring Netpulse:

- Touch the Netpulse Enabled Slider button (B) to enable it.
- Touch the Configure Netpulse Button (C)
- On the screen that follows, touch the Test Network button.
- Once the screen displays the message “All network tests passed”, select the Install button.
- The screen will then display the message “Installation was successful”.
- Touch the Back button to return to the Network Setup screen.

Enabling the Web Browser:

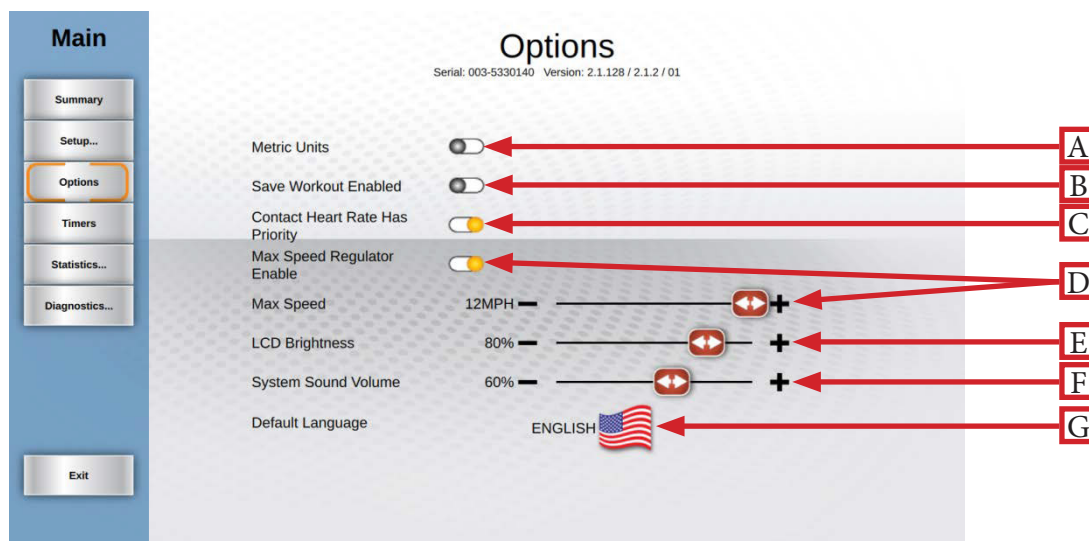
- Touch the Web browser Enabled Slider (D) to enable it.
- Accept the Internet Service Agreement.
- Select a homepage by touching the Homepage Address Bar (E) and typing the web address of the desired page and pressing Enter to confirm the page.
- Ensure that the correct Region (F) is displayed.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Options Menu:

The Options menu allows users to customize settings on the console to meet their needs. The settings in this menu save automatically.



A) Metric Units:

When enabled, the console will display all Metric units rather than American Standard.

B) Save Workout Enabled:

Turn on this feature to allow users to save custom workouts to the console.

C) Contact Heart Rate Has Priority:

When enabled, the console will attempt to read heart rate data from the contact heart rate grips before reading data from a wireless chest strap.

*When this option is turned off, telemetry heart rate will take priority.

D) Max Speed Regulator Enable:

When Enabled, the maximum speed of the unit can be limited by using the max speed slider.

E) LCD Brightness:

Use the slider to adjust the brightness of the touchscreen display.

F) System Sound Volume:

Use the slider to adjust the volume of the notifications and beeps that come from the console.

G) Default Language:

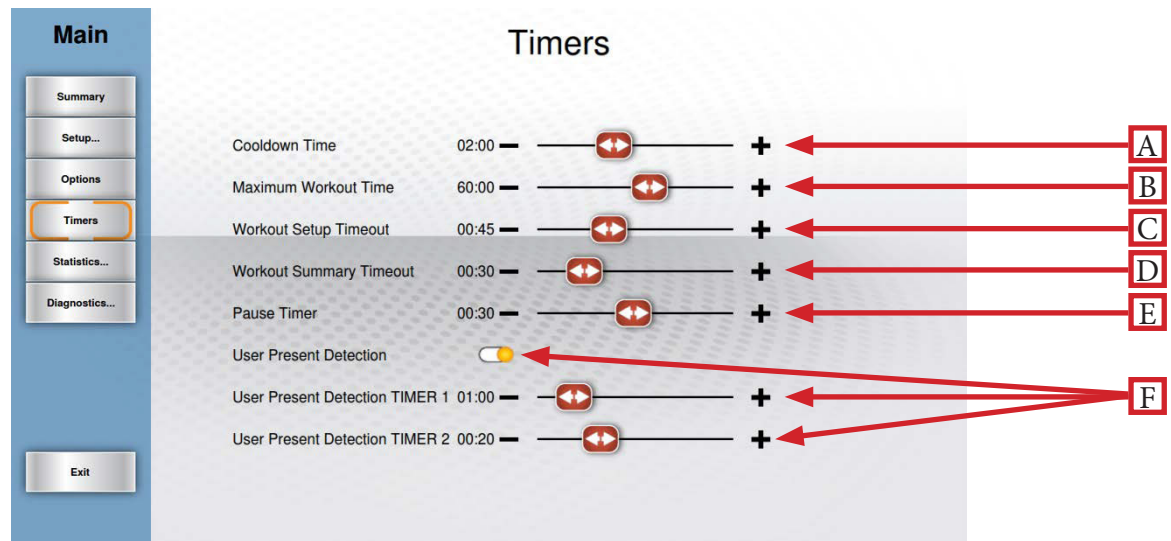
Touch the flag to select a different language. Once a new default language has been selected, all menus, options and workout data will appear in that language.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Timers Menu:

The Timers Menu allows for time limits to be set on various console features and functions.



A) Cooldown Time:

Use the slider to adjust the length of the cooldown segment at the end of a workout.

B) Maximum Workout Time:

This setting will limit the amount of time that all workouts can last (this setting does not apply to quickstart workouts, manual workouts or distance workouts).

C) Workout Setup Timeout:

Choose how long the workout data entry screen will remain on the display without any user interaction. By choosing the “off” setting, the data entry screen will be displayed until closed by a user.

D) Workout Summary Timeout:

Determines the amount of time the Workout Summary Screen will remain on the display. By choosing the “Off” setting, the summary will be displayed until ended by a user.

E) Pause Timer:

This setting will limit the amount of time that a workout can be paused before it automatically ends. By choosing the “Off” option, the unit will remain paused until the user resumes or ends the workout.

F) User Present Detection (AC drive systems only):

When User Present Detection is enabled the treadmill will pause if it does not detect a normal amp draw which would be indicative of the weight of the user on the treadbelt. Timer 1 will set the amount of time before the console displays a User Present Notification and Timer 2 will set the amount of time that the notification is displayed on the console before the treadbelt is stopped.

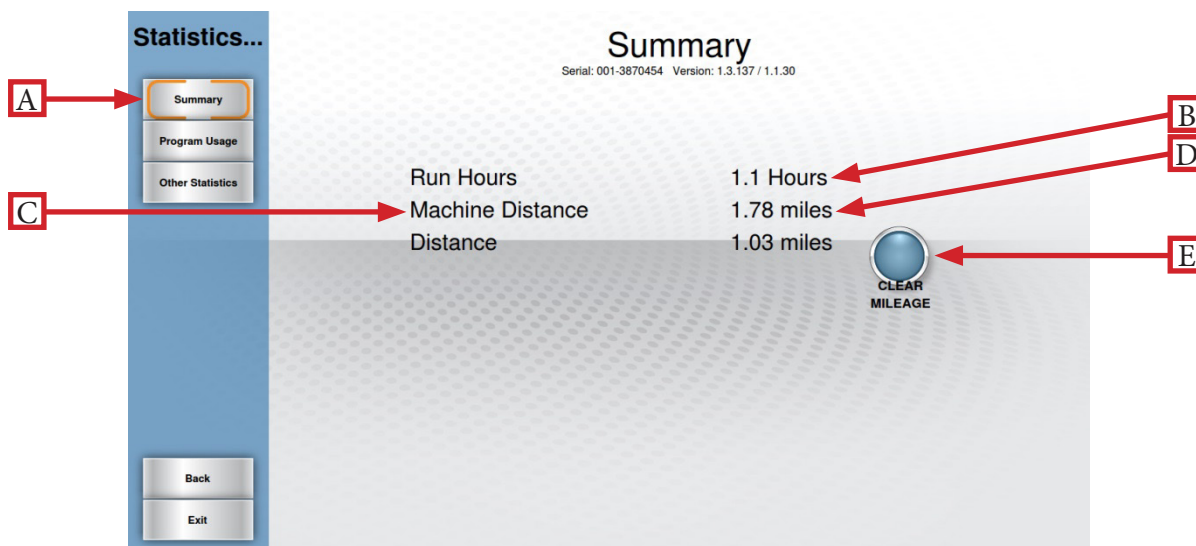
CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

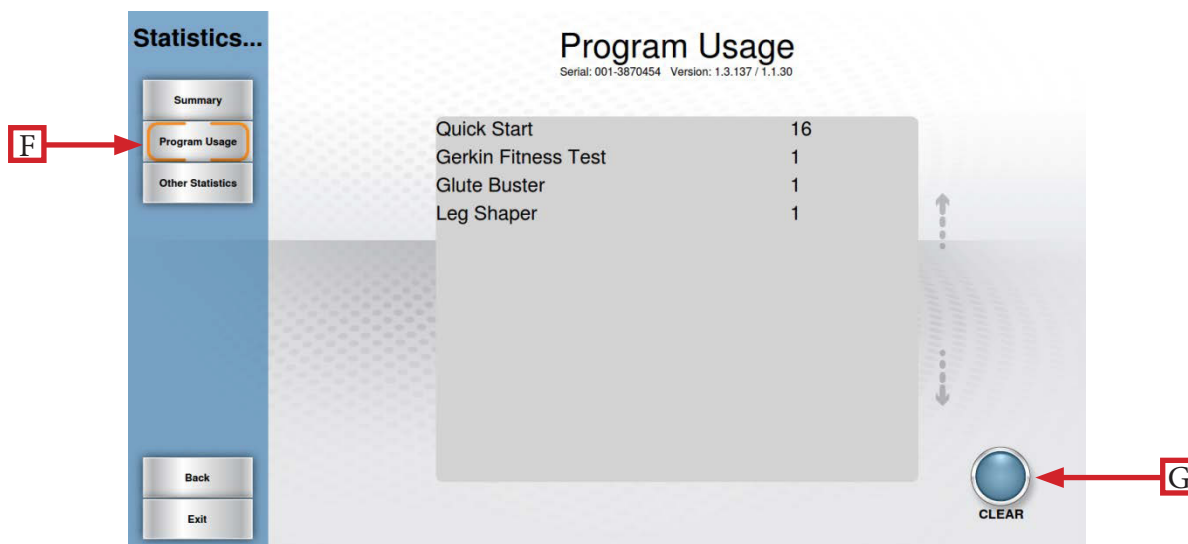
Statistics Menu:

The statistics menu provides an overview of how and how long the unit has been used. Touching the summary button (A) will provide a usage summary. Run Hours (B) is the total number of hours the unit has been used. Machine Distance (C) is the total distance in miles that the belt has traveled. Distance (D) is the amount of distance the belt has traveled since the last time the Clear Mileage button (E) was pressed.

*The Distance/Clear Mileage feature is helpful for tracking mileage in a preventive maintenance schedule.



Touching the Program Usage button (F) will provide a list of programs that have been used on the unit and how many times those programs have been used. These statistics can be reset by touching the Clear button (G), but it is not recommended.

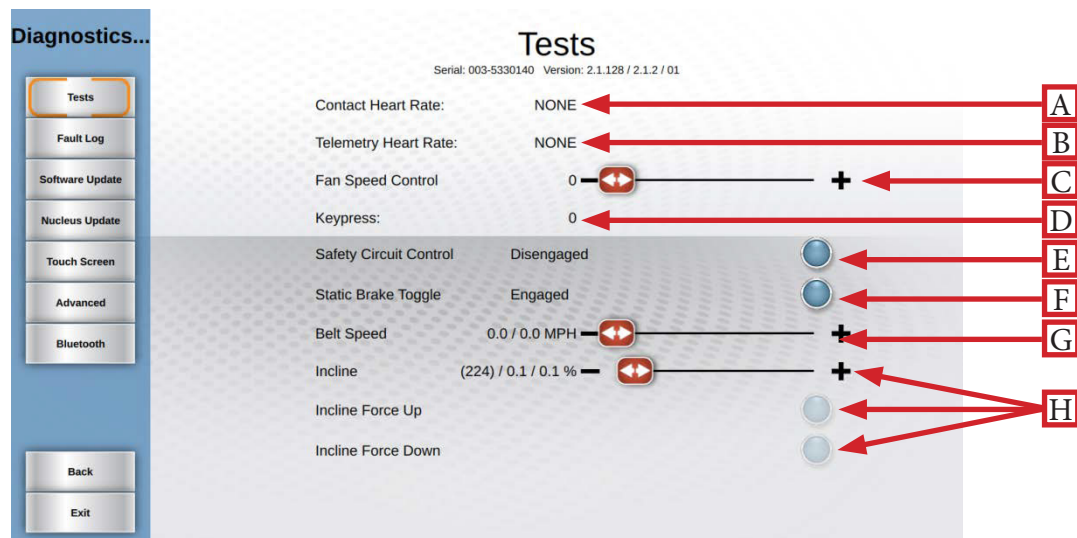


CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu:

The Diagnostics Menu contains tools used to help diagnose errors and performance issues. The first screen displayed is Tests:



A) Contact Heart Rate:

Ensures the unit is receiving the data by displaying the user's heart rate when the contact heart rate pads are gripped.

B) Telemetry Heart Rate:

Use a wireless heart rate strap or simulator to test if the unit is receiving wireless heart rate data. If there is a reading displayed without the use of a heart rate strap or simulator, there is outside interference from another source.

*This unit is designed to receive 5 khz non-coded transmissions only.

C) Keypress:

When a quick access key is pressed on the unit, "NONE" will change to indicate which key is being pressed. In the event of a stuck key, the key that is being engaged will display.

D) Fan Speed Control:

Using the slider allows users to test the fan independent of a program.

E) Safety Circuit Control:

Used to test if the console is able to read the safety key.

F) Static Brake Toggle:

Used to test the functionality of the static brake.

G) Belt Speed:

Use the Target Speed slider to command the treadbelt to move for troubleshooting purposes.

H) Incline/ ADC Value:

Used to troubleshoot incline system faults by commanding the unit to incline with the incline slider and reading the Incline ADC Value.

CHAPTER 4A: TRANSCEND OPERATION

ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu - Fault Log:

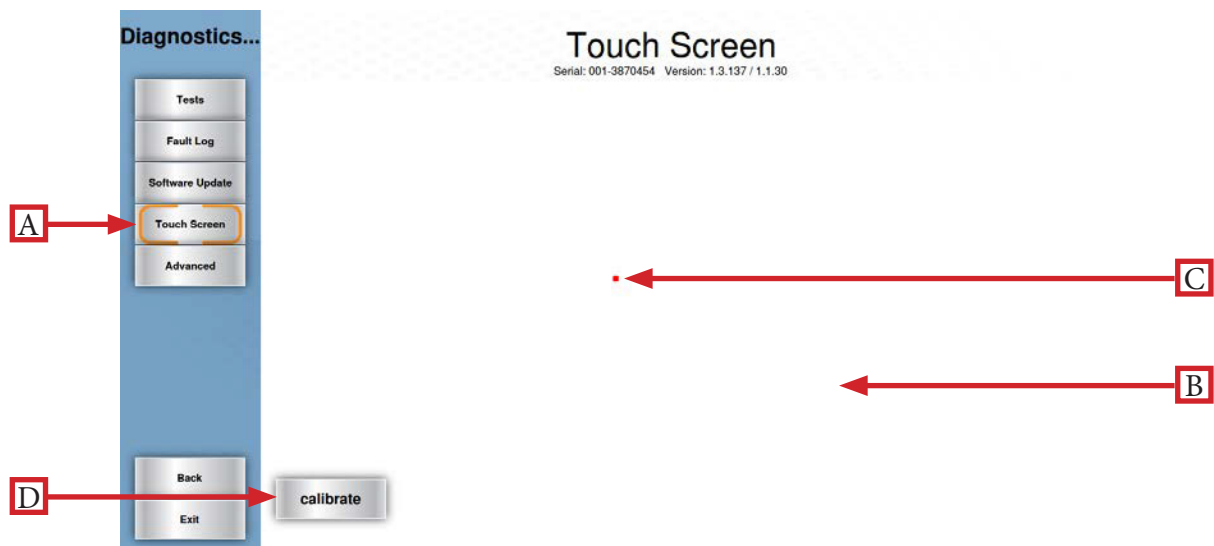
Touching the Fault Log button in the Diagnostics Menu, will display a time stamped list of recent fault codes that can be helpful in the troubleshooting process. The Error Log can be reset by touching the Clear button, but it is not recommended.

Diagnostics Menu - Software Update:

TRUE may periodically release software updates to ensure users enjoy the best workout experience available. Due to the complex nature of this procedure, it is recommended that any software update be completed by a TRUE certified service professional.

Diagnostics Menu - Touch Screen:

Touching the Touchscreen key (A) will open the touchscreen calibration tool. On the first screen displayed, users can touch anywhere in the white area (B) and a small red box (C) will appear to verify screen function. Touching the Calibrate button (D) will begin a touchscreen calibration. During this process, targets will appear on the screen and the user must press and hold each target until it turns red to complete the calibration.



Diagnostics Menu - Advanced:

The advanced screen contains multiple tools that are used in the production of the console and for demonstration purposes. It is recommended to leave these settings in their default positions.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

ESCALATE¹⁵ OVERVIEW:



CHAPTER 4B: ESCALATE¹⁵ OPERATION

ESCALATE¹⁵ OVERVIEW:

TFT Display:

Used to monitor or control a workout and feature navigation.

Selection Buttons:

Used to navigate menus and make selections via the LCD Display.

Navigation Buttons:

Used to navigate menus and control features of the console.

Start:

Allows the user to begin a Quick Start workout or preset workout.

TV Button:

Displays the TV interface.

USB Jack:

Allows users to export workout data to an external USB drive or update the console software.

Headphone Jack:

Standard 3.5mm audio jack used to connect headphones to the console during media playback.

Back Button

Used in navigate back within various console features.

Reading Rack:

This ledge on the console can be used to hold a book, magazine, e-reader, or tablet computer during a workout.

Enter:

Used to confirm selections.

Stop:

Stops/Pauses a workout. Press and hold this key for five seconds to reset the unit.

Cooling Fan:

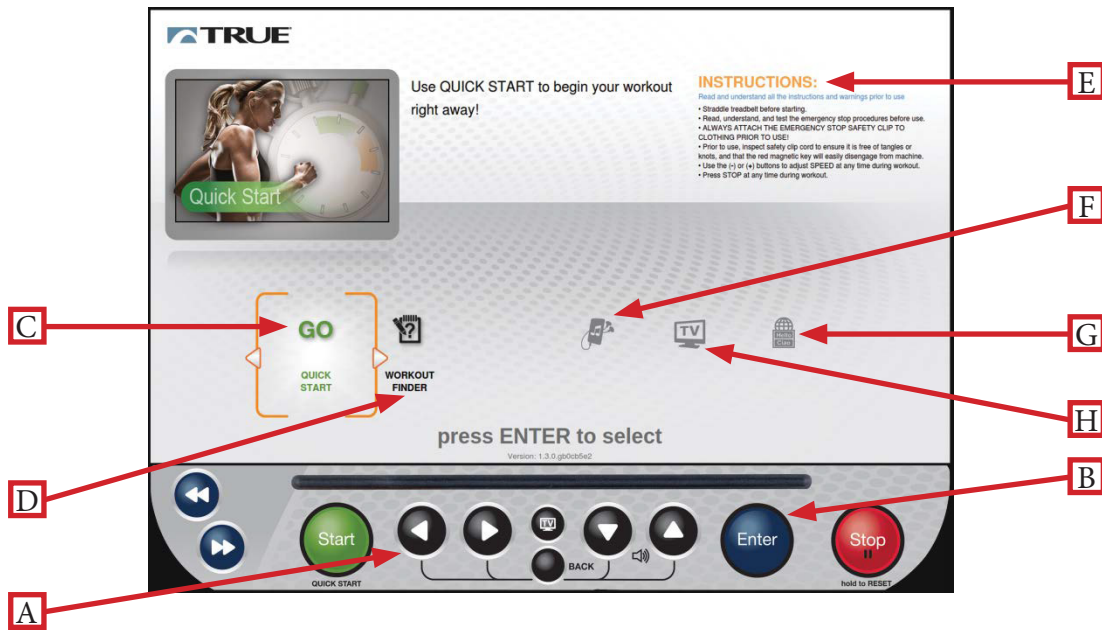
Integrated fan that delivers a cooling flow of air during a workout.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

CONSOLE NAVIGATION:

Home Screen:

The Home Screen is displayed on the console when there is no workout in progress. From this screen the user is able to select from various options to begin a workout or view media. To select an item, use the Left/Right Selection Buttons (A) to highlight the item and then press the Enter button (B).



C) Quick Start:

Starts a Quick Start workout in which the user controls all settings. The workout continues until it is ended by the user.

D) Workout Finder:

Displays preset workouts categorized by goal focus categories.

E) Safety Instructions:

Displays a list of safety instructions for users to review prior to beginning a workout.

F) Audio Device:

Displays the Audio Device interface without starting a workout.

G) TV:

Displays TV interface without starting a workout.

H) Language Options:

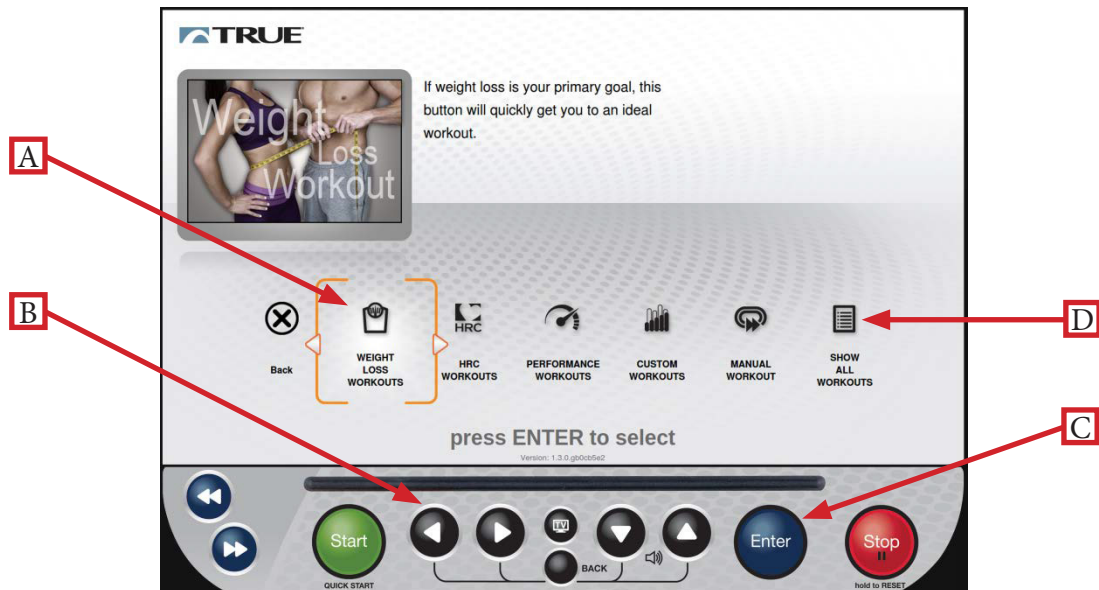
Allows users to choose between 12 language options.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

CONSOLE NAVIGATION:

Selecting a Preset Workout:

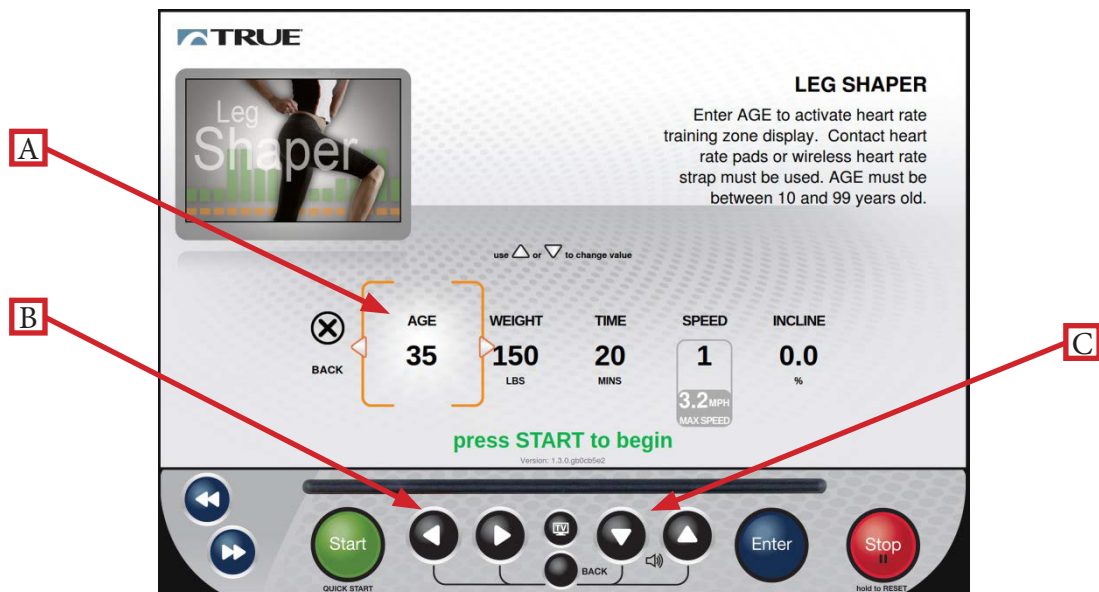
Preset workouts are accessed by selecting the Workout Finder option on the home screen. Workouts are organized into 5 categories. To view the workouts in a category, select the category (A) by using the Left/Right Selection Buttons (B) and then press Enter (C). Workouts can also be viewed in an uncategorized list by selecting the Show All Workouts option (D).



Workout Data Entry Screens:

Workout data entry screens allow the user to input their personal information or workout goals prior to beginning a preset workout. To set a value (A), select it using the Left/Right Selection Buttons (B) and then use the Up/Down Selection Buttons (C) to adjust the value to the desired setting. After all values are set, press start to begin the workout.

*Workout Data Entry Screens vary by program selection.

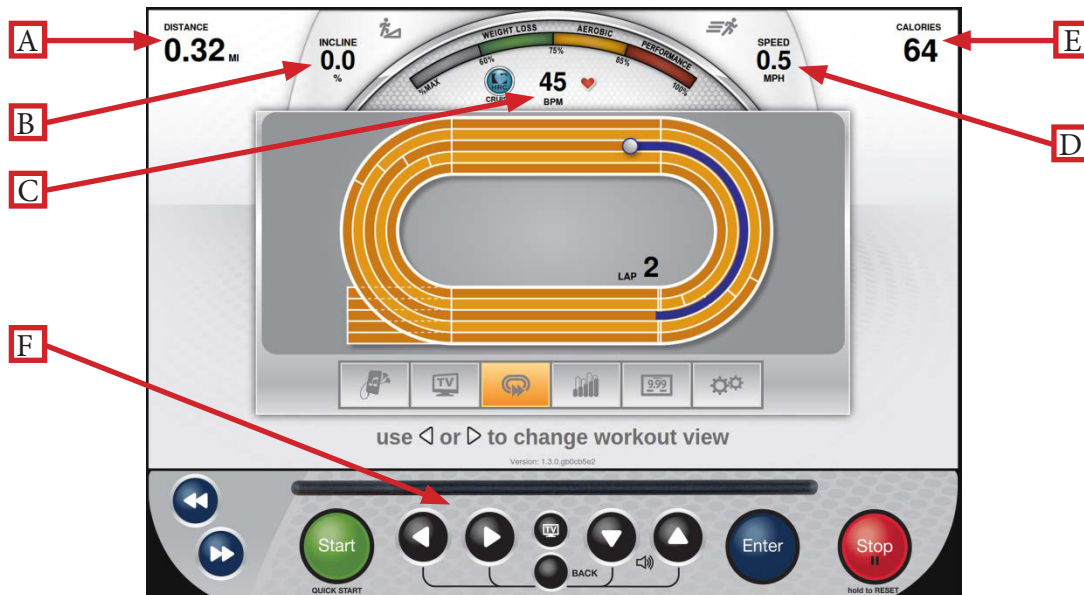


CHAPTER 4B: ESCALATE¹⁵ OPERATION

CONSOLE NAVIGATION:

Workout View Screens:

During any workout a Workout View Screen will be displayed to give the user a comprehensive visual overview of their current workout data. Users can switch between the available Workout View Screens by using the Left/Right Selection Buttons (F).



A) Data Display #1:

This display will toggle between multiple data points throughout the workout. These data points vary by program, but include Time, Distance, and Pace.

B) Incline:

Displays the current incline level.

C) Heart Rate Information:

When the user is wearing a heart rate chest strap or utilizing the contact heart rate system, their heart rate will be displayed in beats per minute (bpm) and in the graphic meter. The graphic meter is based on age and will gauge the user's approximate heart rate within 3 target levels; Weight Loss, Aerobic or Performance.

D) Speed:

Displays the current speed of the treadmill belt.

E) Data Display #2:

This display will toggle between multiple data points throughout the workout. These data points vary by program, but include Calories, Distance, and METS.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

CONSOLE NAVIGATION:

Tools Screen Controls:

The Tools Screen contains controls that allow users to adjust settings during their workout. The Tools screen can be reached by using the Left/Right Selection Buttons (A) during any workout. The Navigation Buttons (B) are used in the Tools Screen to select between the available options. Once the desired tool has been selected, press Enter (C) to confirm the selection.



D) Fan:

This tool toggles the cooling fan on and off.

E) Cool Down:

Allows the user to end their current workout with a two minute low intensity cool down period. When Cool Down is activated the unit is in manual mode and the user directly controls all settings.

F) Change Units:

Allows users to change the data readouts between English Standard and Metric Units.

G) HRC Cruise Control:

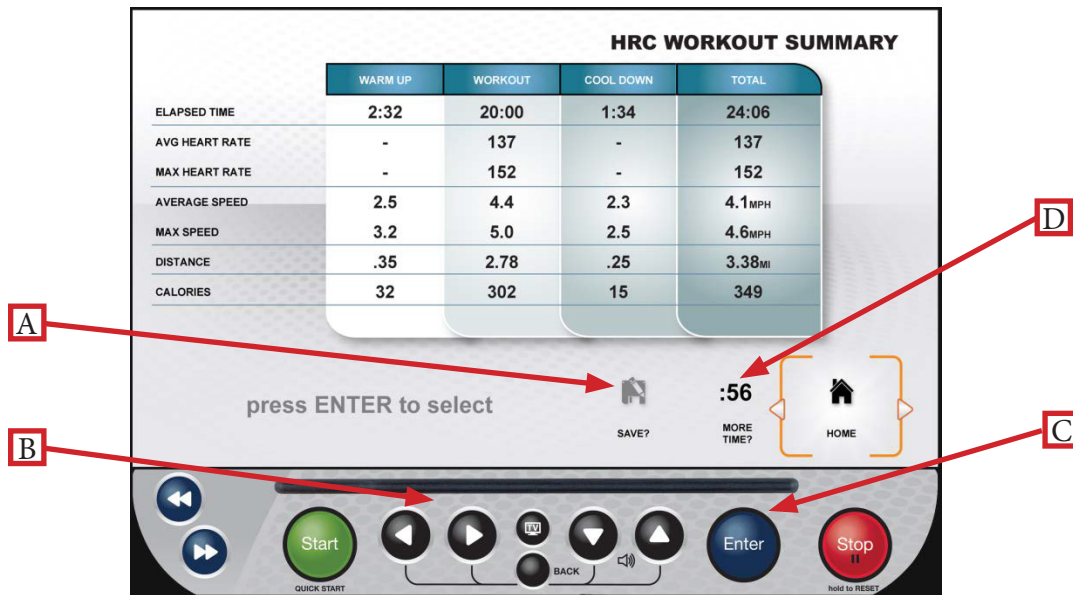
Engages Heart Rate Control to allow the equipment to maintain the user's current heart rate through automatic speed and incline adjustments (when the user is utilizing heart rate monitoring).

CHAPTER 4B: ESCALATE¹⁵ OPERATION

CONSOLE NAVIGATION:

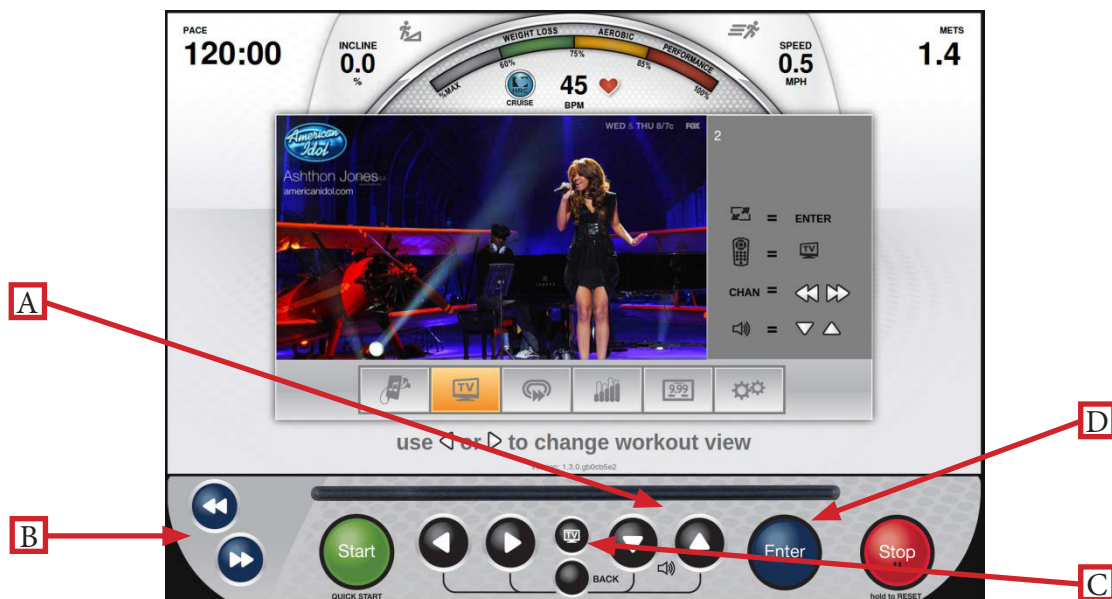
Workout Summary Screen:

At the end of a workout the Summary Screen will display an overview of the workout data. The workout data can be exported to the TRUE Fitness App via Bluetooth or to a USB drive that is connected to the console's USB port. To export the Workout Data, use the Left/Right Selection Buttons (A) to select Save (B) and then press the Enter Button (C). If the user requires more time to view the summary or to export the workout data, they can select More Time (D) and press the Enter Button (C) to extend the time that the summary remains on the screen.



TV CONTROLS:

This console has an integrated HDTV Tuner which allows the user to watch live programming in crisp, clear high Definition. The TV controls are built in to a Workout View Screen to allow the user to monitor their workout while enjoying their favorite shows. While watching TV, users can control volume using the Up/Down Selection Buttons (A) and change channels using the Navigation Buttons (B) or by selecting a channel from the list of available channels by pressing the TV Button (C). To enter full screen mode, press the Enter button (D).



CHAPTER 4B: ESCALATE¹⁵ OPERATION

BLUETOOTH AUDIO:

The Escalate¹⁵ console has integrated Bluetooth support for personal audio devices. To pair a device with the console, use the Left/Right Selection Buttons (A) to select the Audio Device Screen. Ensure that the device is discoverable via Bluetooth and press the Enter Button (B) to search for devices.



The console will complete a scan for available Bluetooth devices. Once the scan is complete, use the Up/Down Selection Buttons (C) to select the desired device from the list of available devices and press Enter (D).

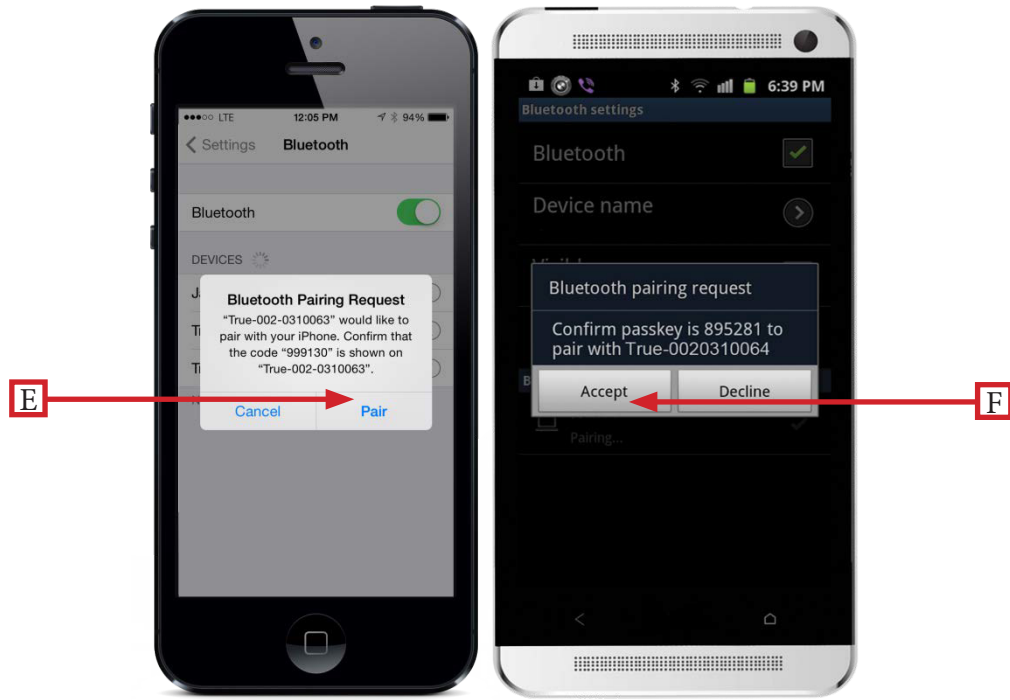
*If the device is not listed, verify that it the Bluetooth is enabled and that the device is discoverable. Use the Up/Down Selection Buttons (C) to select Refresh List and Press Enter (D) to re-scan for the Bluetooth device.



CHAPTER 4B: ESCALATE¹⁵ OPERATION

BLUETOOTH AUDIO:

When a device is selected from the list, the console will send a pairing request to that device. The pairing request must be accepted in order for this feature to operate. For iOS devices, press Pair (E) to accept the request. For Android devices, press Accept (F) to accept the request.



Once the Bluetooth pairing request has been accepted, the playback screen will be displayed. During playback, users can control volume by using the Up/Down Selection Buttons (G) and advance or replay tracks by using the navigation buttons (H).



CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

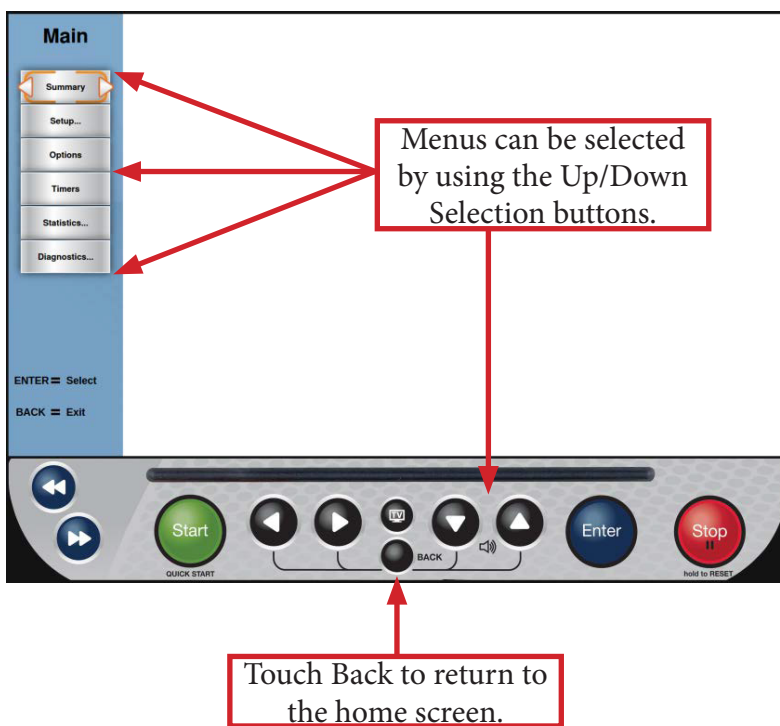
Entering Service Mode:

Entering Service Mode can be completed by pressing and holding the Back navigation Button (A). When the TRUE Logo (B) begins to flash, release the navigation button and press and hold the Enter Button (C).



Service Main Menu:

After successfully entering service mode the Main Menu will be displayed. From this menu users can access all of the service mode features by navigating through the various menus.

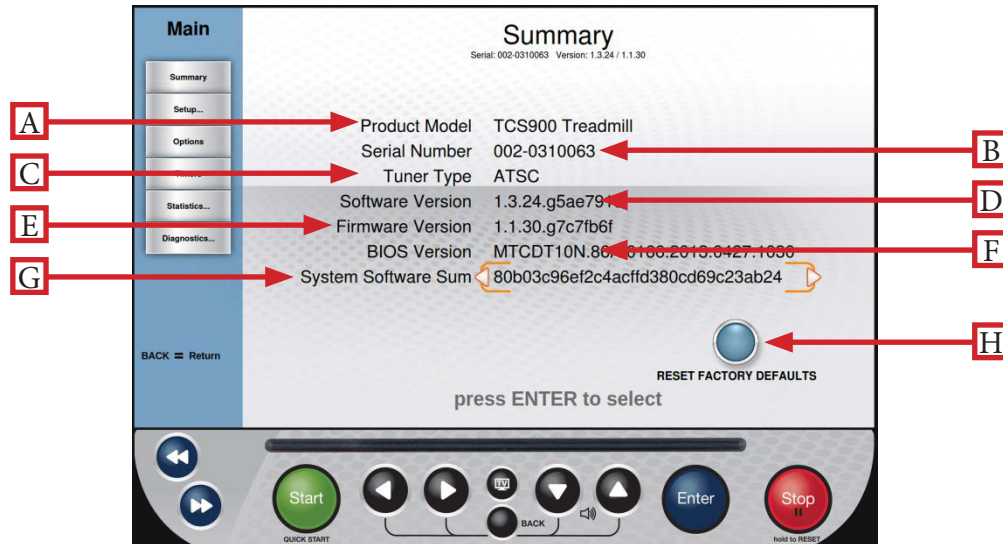


CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Summary Screen:

The Summary Screen will be the first screen displayed after entering service mode. This screen will give a general overview of the unit's setup.



A) Product Model:

The model number that the console is currently configured to.

B) Serial Number:

The serial number of the console (not the base unit).

C) Tuner Type:

The type of TV tuner installed in the console.

D) Software Version:

The current version of software that is installed on the console.

E) Firmware Version:

The current version of firmware that is installed on the console.

F) BIOS Version:

The current BIOS version that is installed on the console.

G) System Software Sum:

Displays OS data that is used in the production of the console.

H) Reset Factory Defaults:

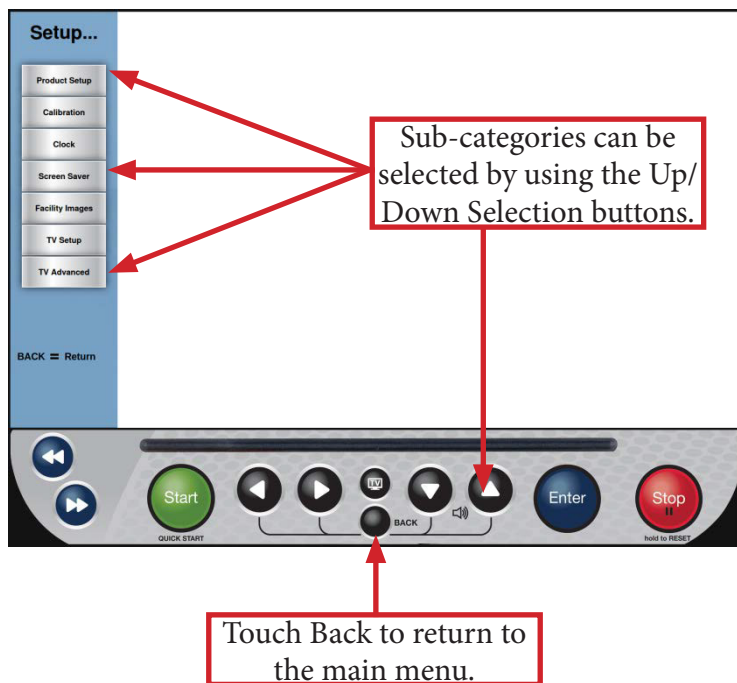
Resets all console settings to their factory defaults.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu:

The setup menu is accessed by touching the Setup button on the main menu. The Setup Menu is separated into seven sub-categories and allows to users configure the console and to set up various functions of the unit.



Setup Menu-Product Setup:

The Product Setup screen allows users to view the current console configuration.



CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Calibration:

Calibration will conduct a basic test of the drive and incline systems to ensure that they are operating as intended. Calibration may also be used by technicians to troubleshoot system faults.



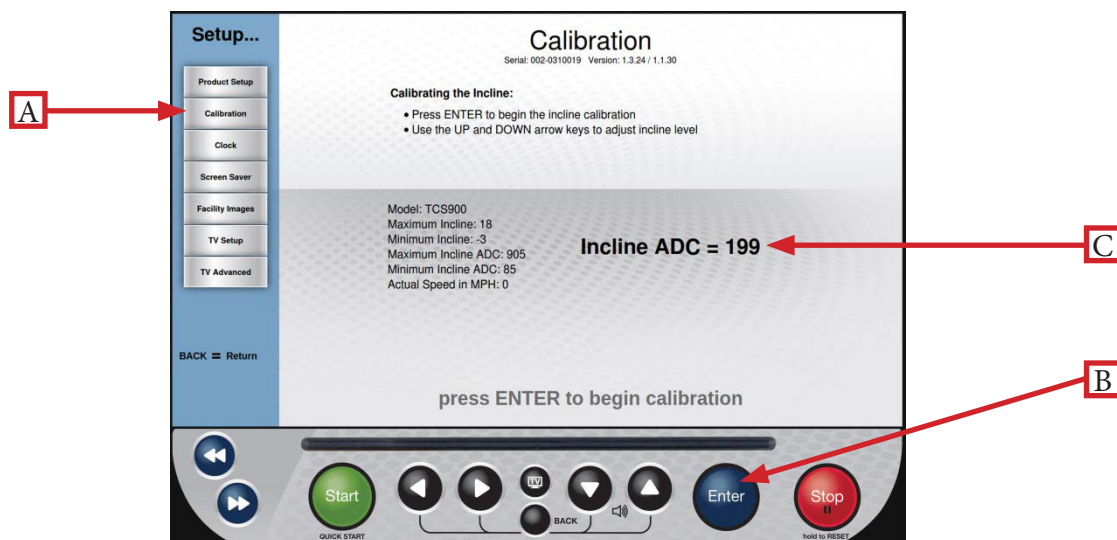
WARNING:

This process will take full control of the treadmill and can be dangerous if caution is not taken.

- Calibration can take up to two minutes to complete.
- Do not stand on the treadmill during the calibration procedure.
- Verify that the machine is free of all parts and tools.
- Keep children and animals at a safe distance.

Calibration Steps:

- From the Main Menu, press the Setup button.
- From the Setup Menu, select Calibration (A).
- Press the Enter Button (B) to begin calibration.
- When complete, the console will display “Calibration Successful”.



WARNING:

The Potentiometer Value (C) should only be adjusted by a trained service professional. Any adjustment made to the Potentiometer Value may result in unexpected errors or damage to the incline system.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

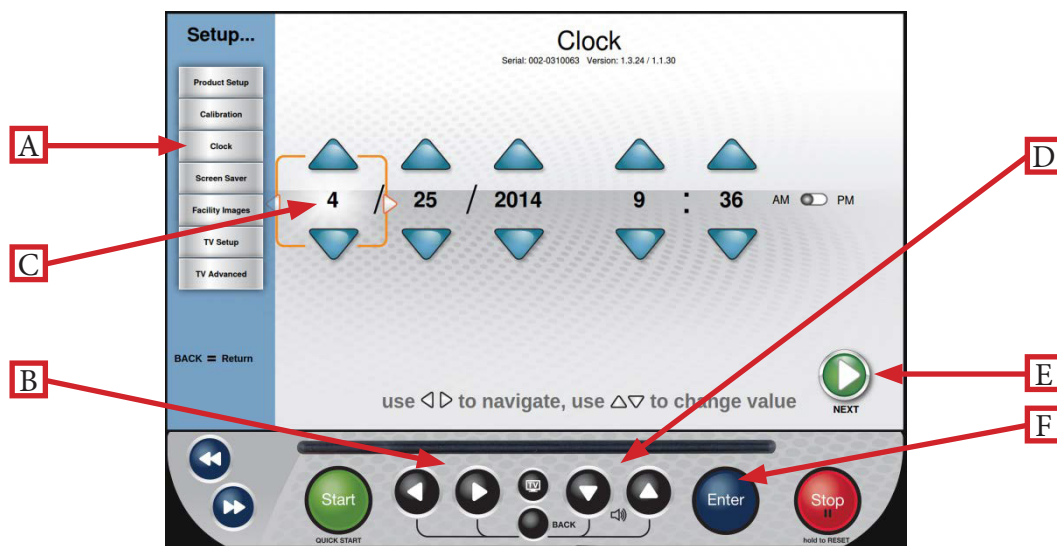
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Clock:

Correctly setting up the clock will ensure that all workout data that is exported by a user will be correctly labeled. Correct time is also important for troubleshooting purposes when viewing the system's fault log.

Setting the Clock:

- From the Main Menu, select the Setup menu.
- From the Setup Menu, select Clock (A).
- Use the Left/Right Selection Buttons (B) to select the desired value (C).
- Use the Up/Down Selection Buttons (D) to adjust the value to the desired setting.
- Once the correct time and date are entered, select Next (E) and press Enter (F).



- Use the Up/Down Selection Buttons (G) to scroll through the list of time zones until the correct time zone is shown in bold (H).
- Use the Right Selection Button (I) to highlight Save (J) and press Enter (K).



CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Screen Saver:

Users can load JPG images to be used by the console as a custom screen saver. In order to be uploaded to the console, images will need to be placed on a USB drive in a folder named “screen saver” (case sensitive).

Importing Screen Saver Images:

- Select Screen Saver (A) from the Setup Menu and press Enter (B).
- Insert the USB drive that contains the images into the console's USB port.
- Verify the images in the preview window (C)
- Select Save (D) and press Enter (B) to save the images to the console.



Additional Screen Saver Options:

- Custom Screen Saver images can be deleted by selecting Clear Current Slides (E) and pressing Enter (B).
- The amount of time the console must be idle before the screen saver engages can be adjusted by selecting Screen Saver Time (F) and using the Left/Right Navigation buttons (G) to select the desired time.
- The Sleep timer is a function that will turn off the console's back light after a period of time to save energy. The amount of time the console must be idle before going to sleep can be adjusted by selecting the Sleep Timer (H) and using the Left/Right Selection Buttons to select the desired time.



WARNING:

Setting the Screen Saver time to zero will disable the screen saver. Disabling the screen saver is not recommended! Doing so may cause damage to the screen and void the manufacturer warranty.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

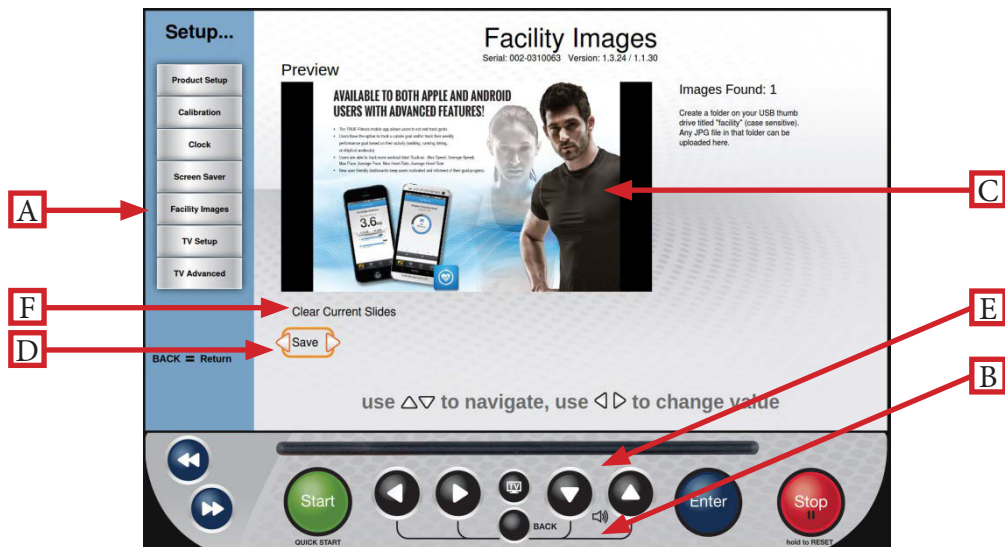
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - Facility Images:

The Escalate¹⁵ console supports customizable facility images to help promote specials, events or endorse a brand. In order to be uploaded to the console, images will need to be placed on a USB drive in a folder named “facility” (case sensitive).

Importing Facility Images:

- Select Facility Images (A) and press Enter (B).
- Insert the USB drive that contains the images into the console's USB port.
- Verify the images in the preview window (C)
- Select Save (D) using the Up/Down Selection Buttons (E) and press Enter (B) to save the images to the console.



* Facility images can be deleted by selecting the Clear (F) and pressing Enter (B).

Once loaded correctly, the facility Images will be displayed in the Facility Workout Data Screen (as shown below).



CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Setup:

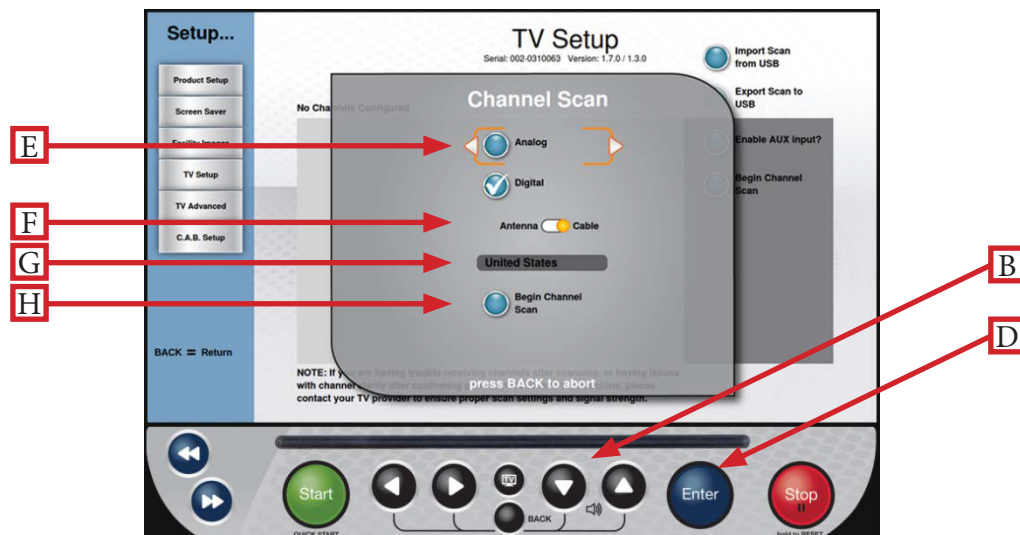
Escalate15 consoles have an integrated HDTV Tuner which allows the user to watch live programming in crisp, clear high Definition. Before any programming can be viewed, the TV signal needs to be set up. (TV Options will not be displayed on the Home Screen or in the Workout Data Screens until the TV Setup Steps have been completed)

TV Setup Steps:

- From the Setup Menu, select TV Setup (A) and press Enter (D).
- Use the Up/Down Selection Buttons (B) to highlight Begin Channel Scan (C)
*Highlight Enable Aux Input and press Enter to Enable or disable the console's AUX inputs



- Use the Up/Down Selection Buttons (B) to highlight the type of signal is being used (E). Then press Enter (D) to select the appropriate signal type; Analog, Digital, or Both. (Digital is selected by default)
*When analog is selected the correct analog standard is automatically selected (NTSC-M for the United States).
- Highlight the Source Slider (F) and Press Enter (D) to toggle between Antenna and Cable.
- Verify that the correct Country is listed (G).
- Highlight Begin Channel Scan (H) and press Enter (D) to begin scanning for channels.
- Once the channel scan is complete, the channel list will be populated with the available channels.



CHAPTER 4B: ESCALATE¹⁵ OPERATION

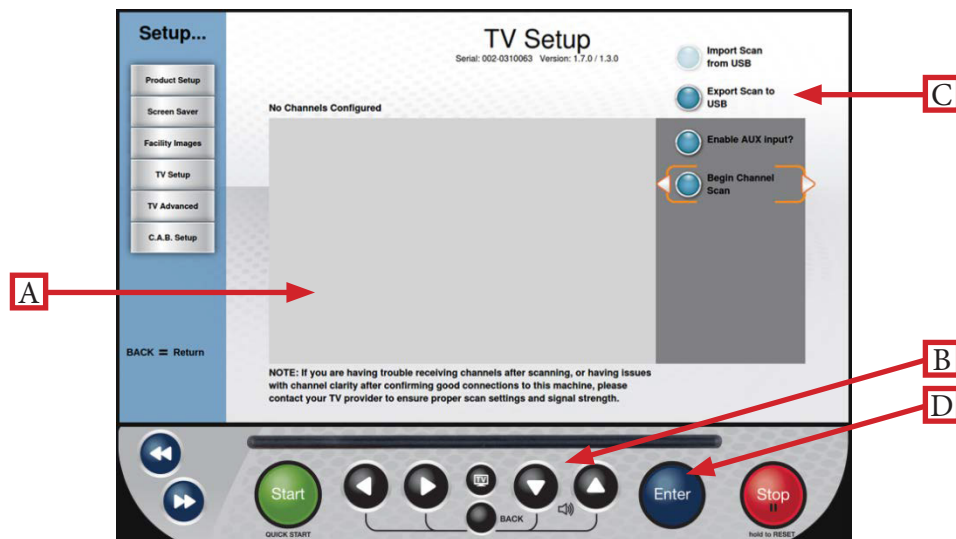
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Setup:

Users can save time when setting up multiple units or maintain a back-up of their TV Setup Data by exporting it to a USB drive.

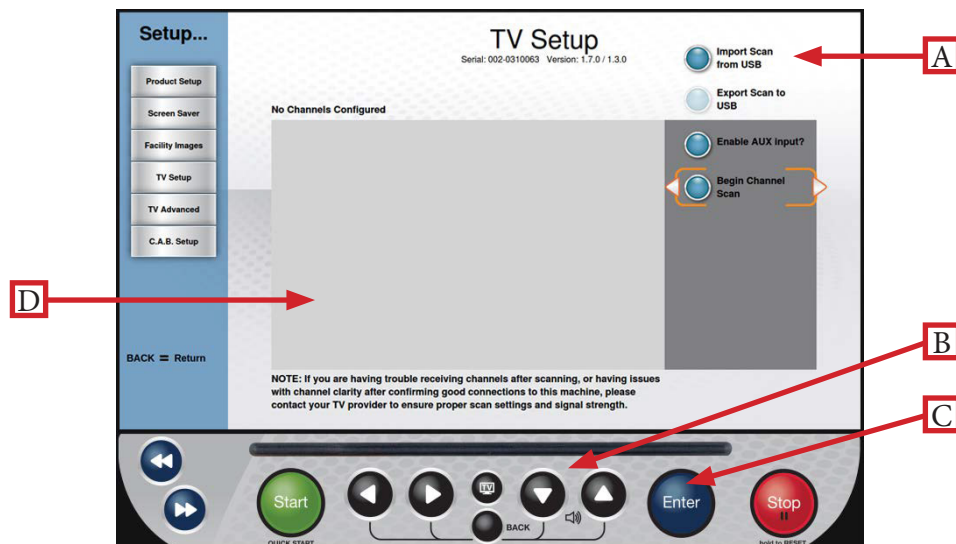
Exporting TV Setup Data to USB:

- Complete the TV Setup process.
- Insert a blank USB drive into the console's USB port.
- When all desired channels are listed in the Channel List (A), use the Up/Down Selection Buttons (B) to highlight Export Scan to USB (C) and press Enter (D).



Importing TV Setup Data from USB:

- Navigate to the TV Setup screen.
- Insert the prepared USB stick into the console's USB Port.
- Highlight Import Scan from USB (A) using the UP/Down Selection Buttons (B) and press Enter (C).
- Once the import process is complete, verify that all channels are listed in the channel list (D).



CHAPTER 4B: ESCALATE¹⁵ OPERATION

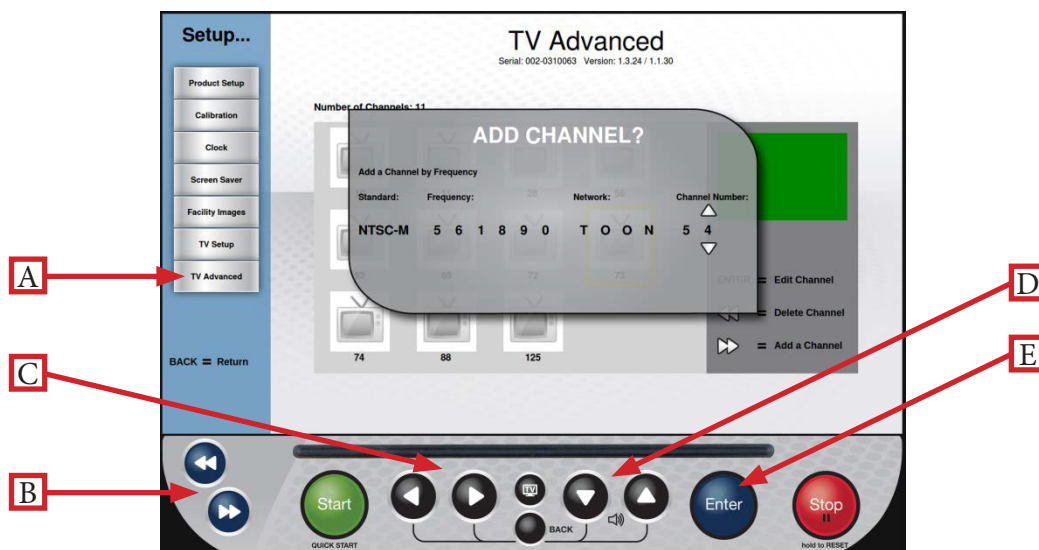
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Advanced:

The TV Advanced Menu allows users to fine tune their TV settings by adding channels, removing channels, and adding channel logos.

Add a Channel:

- Navigate to the TV Advanced Screen (A).
- Press the Forward Navigation Button (B) to access the Add Channel Screen.
- Use the Left Right Navigation Buttons (C) to select between the available values (Standard, Frequency, Network, and Channel Number). ***Channel frequencies must be obtained from your television service provider.**
- Use the Up/Down Selection buttons (D) to adjust each value.
- Once all values are correct, press Enter (E) to save the channel.



Deleting Channels:

- Highlight the channel to be deleted.
- Press the Back Navigation Button (A).
- Press Enter (B) to delete the selected channel or the forward navigation button (C) to delete all channels.



CHAPTER 4B: ESCALATE¹⁵ OPERATION

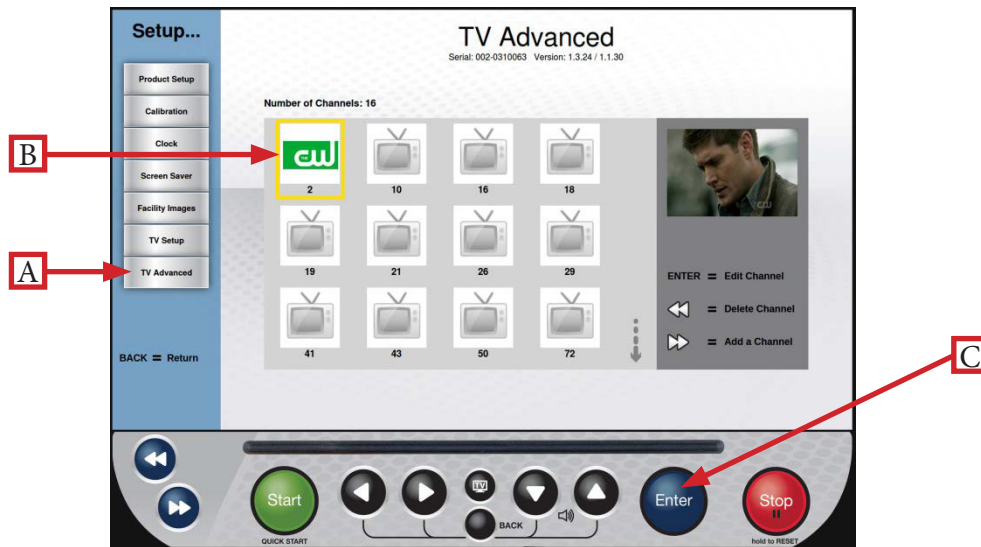
ADVANCED CONSOLE FUNCTIONS:

Setup Menu - TV Advanced:

Using Channel logos allows users to quickly identify and select their favorite TV channels with minimal interruption to their workout.

Adding Channel Logos:

- Navigate to the TV Advanced Screen (A).
- Select the desired channel in the Channel List (B) and press the Enter Button (C).



- Select the logo (D) that corresponds to the selected channel and press Enter (C) to save.
- Repeat these steps for each channel for which a logo is available.



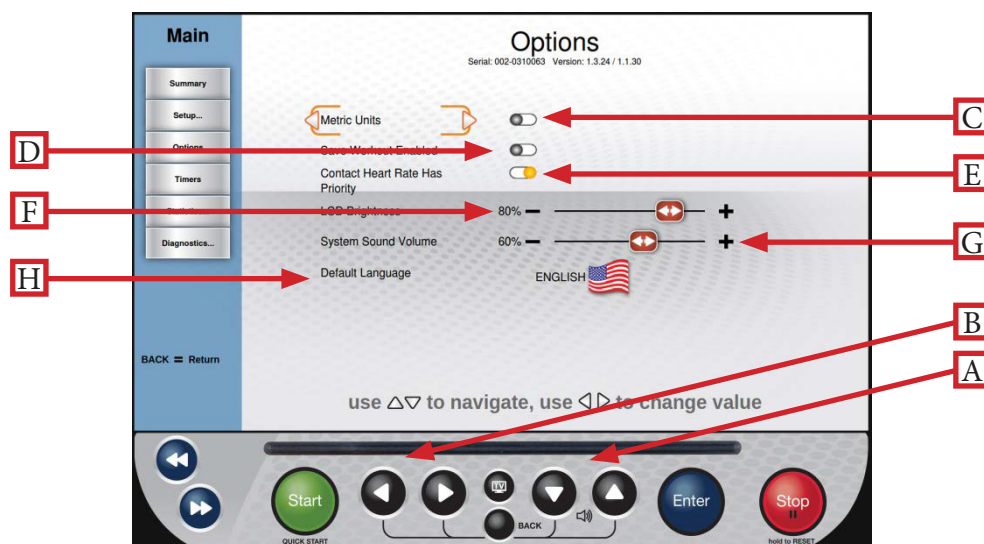
CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Options Menu:

The Options menu allows users to customize settings on the console to meet their needs. Use the Up/Down Selection Buttons (A) to select the desired option and the Left/Right Selection Buttons (B) to adjust the value.

*The settings in this menu save automatically.



C) Metric Units:

When enabled, the console will display all Metric units rather than American Standard.

D) Save Workout Enabled:

Turn on this feature to allow users to save custom workouts to the console.

E) Contact Heart Rate Has Priority:

When enabled, the console will attempt to read heart rate data from the contact heart rate grips before reading data from a wireless chest strap.

*When this option is turned off, telemetry heart rate will take priority.

F) LCD Brightness:

Adjusts the brightness of the TFT display.

G) System Sound Volume:

Adjusts the volume of the notifications and beeps that come from the console.

H) Default Language:

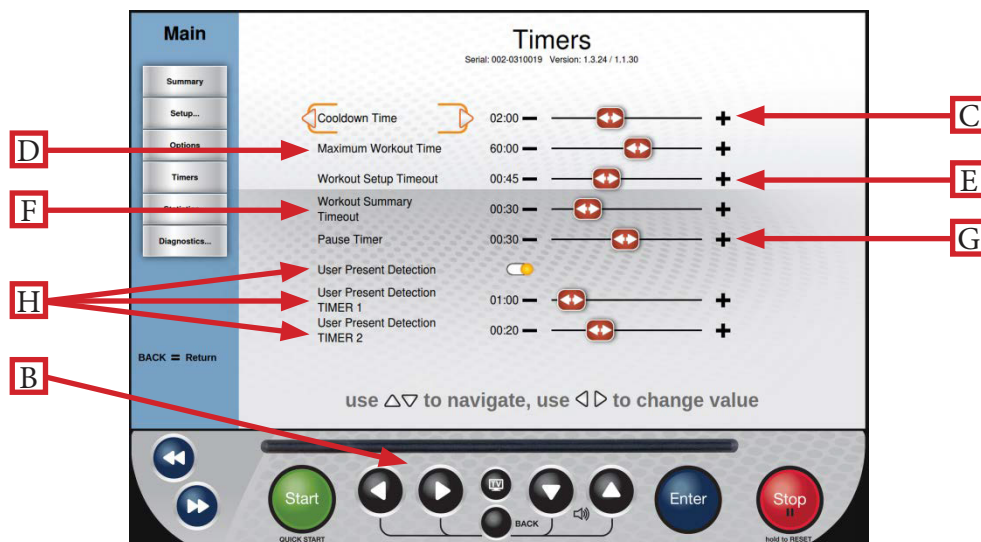
Select a different language. Once a new default language has been selected, all menus, options and workout data will appear in that language.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Timers Menu:

The Timers Menu allows for time limits to be set on various console features and functions. Use the Up/Down Selection Buttons (A) to select the desired option and the Left/Right Selection Buttons (B) to adjust the value.



C) Cooldown Time:

Adjusts the length of the cooldown segment at the end of a workout.

D) Maximum Workout Time:

This setting will limit the amount of time that all workouts can last (this setting does not apply to quickstart workouts, manual workouts or distance workouts).

E) Workout Setup Timeout:

Choose how long the workout data entry screen will remain on the display without any user interaction. By choosing the "off" setting, the data entry screen will be displayed until closed by a user.

F) Workout Summary Timeout:

Determines the amount of time the Workout Summary Screen will remain on the display. By choosing the "Off" setting, the summary will be displayed until ended by a user.

G) Pause Timer:

This setting will limit the amount of time that a workout can be paused before it automatically ends. By choosing the "Off" option, the unit will remain paused until the user resumes or ends the workout.

H) User Present Detection (AC drive systems only):

When User Present Detection is enabled the treadmill will pause if it does not detect a normal amp draw which would be indicative of the weight of the user on the treadbelt. Timer 1 will set the amount of time before the console displays a User Present Notification and Timer 2 will set the amount of time that the notification is displayed on the console before the treadbelt is stopped.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

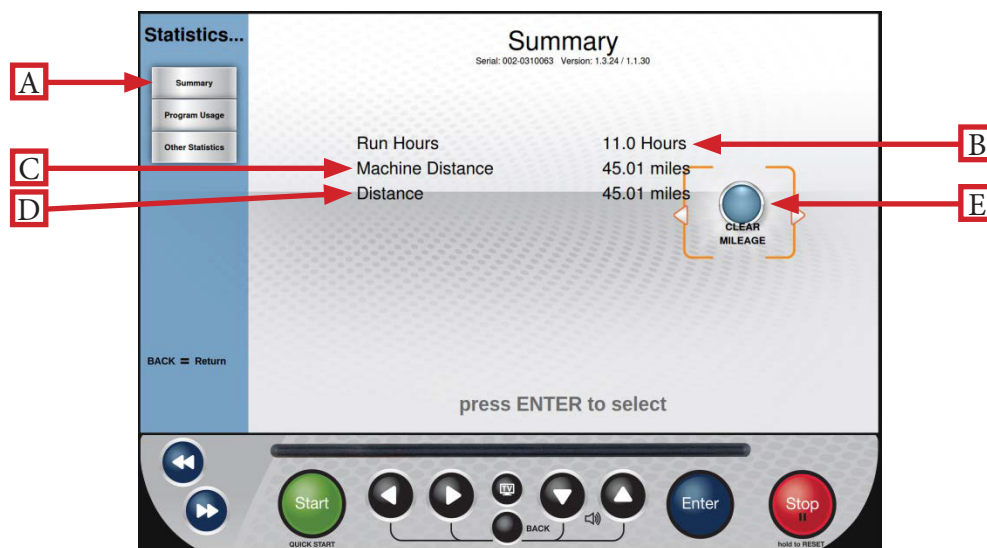
Statistics Menu:

The statistics menu provides an overview of how and how long the unit has been used.

Statistics Menu – Summary:

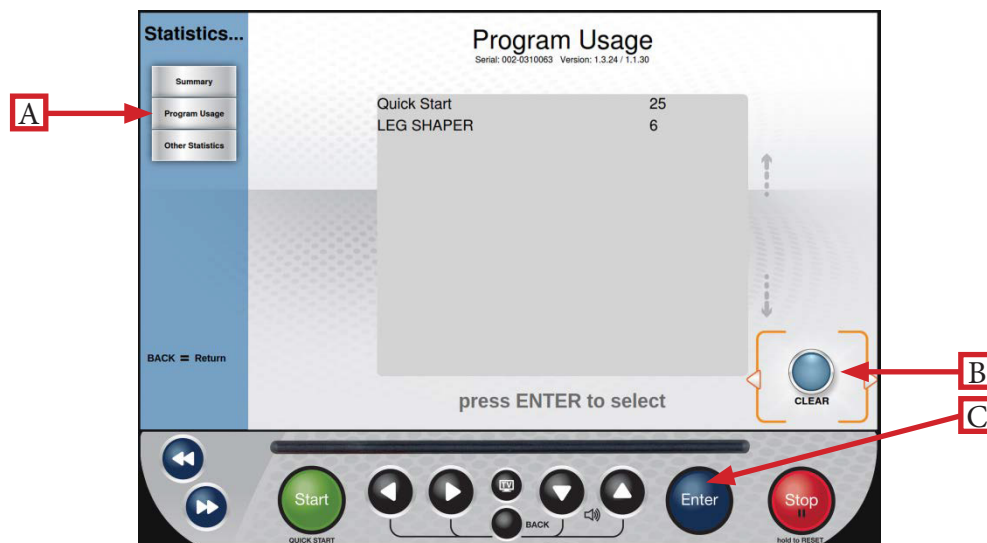
Selecting the Summary screen (A) will provide a usage summary. Run Hours (B) is the total number of hours the unit has been used. Machine Distance (C) is the total distance in miles that the belt has traveled. Distance (D) is the amount of distance the belt has traveled since the last time the Clear Mileage (E) feature was used.

*The Distance/Clear Mileage feature is helpful for tracking mileage in a preventive maintenance schedule.



Statistics Menu – Program Usage:

Selecting the Program Usage screen (A) will provide a list of programs that have been used on the unit and how many times those programs have been used. These statistics can be reset by highlighting the Clear button (B) and pressing Enter (C), but it is not recommended.



CHAPTER 4B: ESCALATE¹⁵ OPERATION

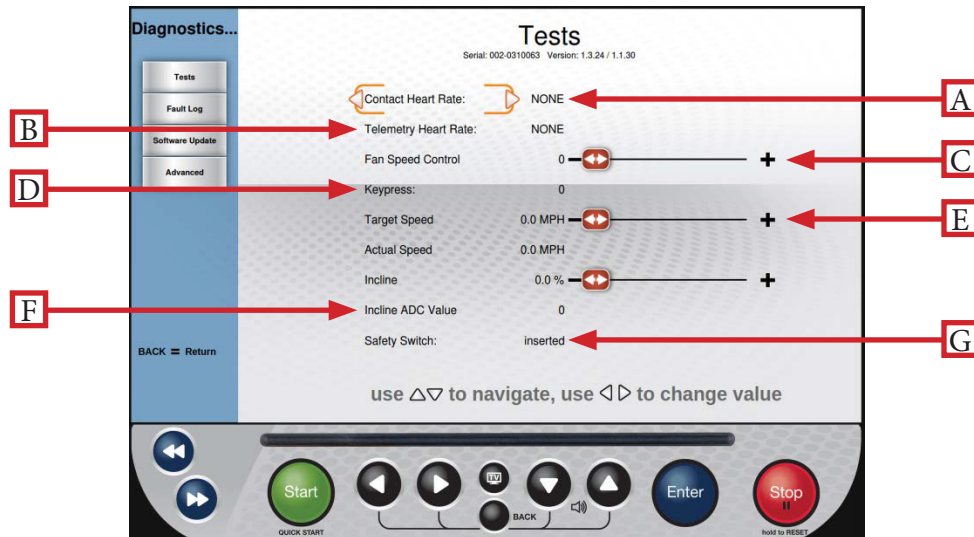
ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu:

The Diagnostics Menu contains tools used to help diagnose errors and performance issues.

Diagnostics Menu-Tests:

The Tests Screen is used by technicians to aid in troubleshooting and contains commonly used troubleshooting tests.



A) Contact Heart Rate:

Ensures the unit is receiving the data by displaying the user's heart rate when the contact heart rate pads are gripped.

B) Telemetry Heart Rate:

Use a wireless heart rate strap or simulator to test if the unit is receiving wireless heart rate data. If there is a reading displayed without the use of a heart rate strap or simulator, there is outside interference from another source.

*This unit is designed to receive 5 khz non-coded transmissions only.

C) Fan Speed Control:

Allows users to test the fan independent of a program.

D) Keypress:

When a quick access key is pressed on the unit, "NONE" will change to indicate which key is being pressed. In the event of a stuck key, the key that is being engaged will display.

E) Target Speed/Actual Speed:

Commands the treadbelt to move and verifies that the belt is moving at the commanded speed using the actual speed readout.

F) Incline/Incline ADC Value:

Used to troubleshoot incline system faults by commanding the unit to incline and reading the Incline ADC Value.

G) Safety Switch:

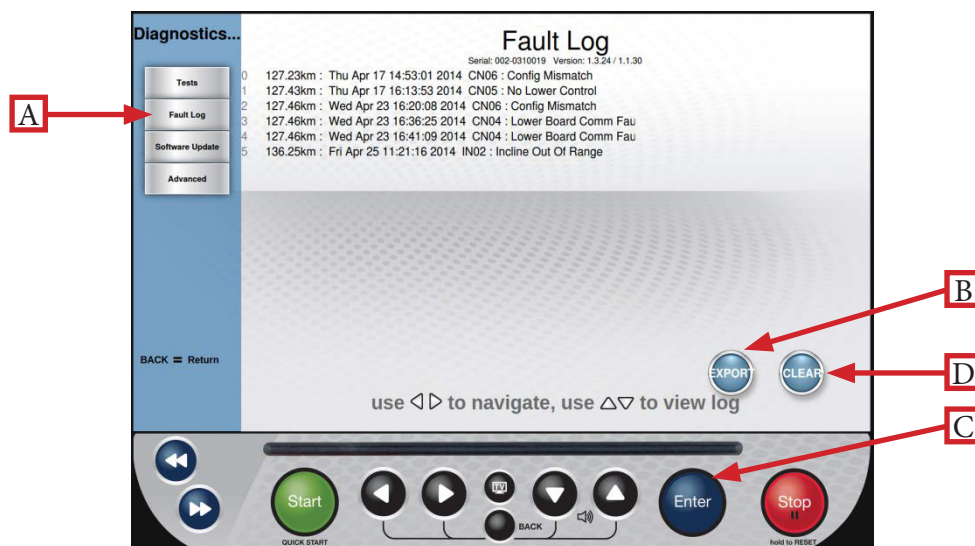
Used to verify that the console is able to read the safety key.

CHAPTER 4B: ESCALATE¹⁵ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu - Fault Log:

The Fault Log (A) will display a time stamped list of recent fault codes that can be helpful in the troubleshooting process. The Fault Log can be exported to a USB drive by highlighting Export (B) and pressing Enter (C). The log can also be reset by highlighting Clear (D) and pressing Enter (C), but it is not recommended.



Diagnostics Menu - Software Update:

TRUE may periodically release software updates to ensure users enjoy the best workout experience available. Due to the complex nature of this procedure, it is recommended that any software update be completed by a TRUE certified service professional.

Diagnostics Menu - Advanced:

The advanced screen contains multiple tools that are used in the production of the console and for demonstration purposes. It is recommended to leave these settings in their default positions.

CHAPTER 4C: ESCALATE⁹ OPERATION

ESCALATE⁹ OVERVIEW:



CHAPTER 4C: ESCALATE⁹ OPERATION

ESCALATE⁹ OVERVIEW:

TFT Display:

Used to monitor or control a work out and feature navigation.

Selection Buttons:

Used to navigate menus and make selections via the TFT Display.

Incline Keys:

Manually increases or decreases the incline of the treadmill.

Start:

Allows the user to begin a Quick Start workout or preset workout.

Reading Rack:

A ledge on the console can be used to hold a book, magazine, e-reader, or tablet computer during a workout.

USB Port:

Allows users to export workout data to an external USB drive or update the console software.

Numeric Keypad:

A small panel of keys on the console that allow the user to quickly enter numeric data.

Headphone Jack:

Standard 3.5mm audio jack used to connect headphones to the console during media playback.

Warning Decal:

Important safety information for users to review prior to using the equipment.

Stop:

Stops/Pauses a workout. Press and hold this key for five seconds to reset the unit.

Speed Keys:

Manually increases or decreases the speed of the belt.

CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

Home Screen:

The Home Screen is displayed on the console when there is no workout in progress. From this screen the user is able to select from various options to begin a workout.



A) Workout Finder:

Displays preset workout selections by category

B) Quick Start:

Starts a Quick Start workout in which the user controls all settings until the workout is ended by the user.

C) Language Options:

Allows users to choose between 12 language options.

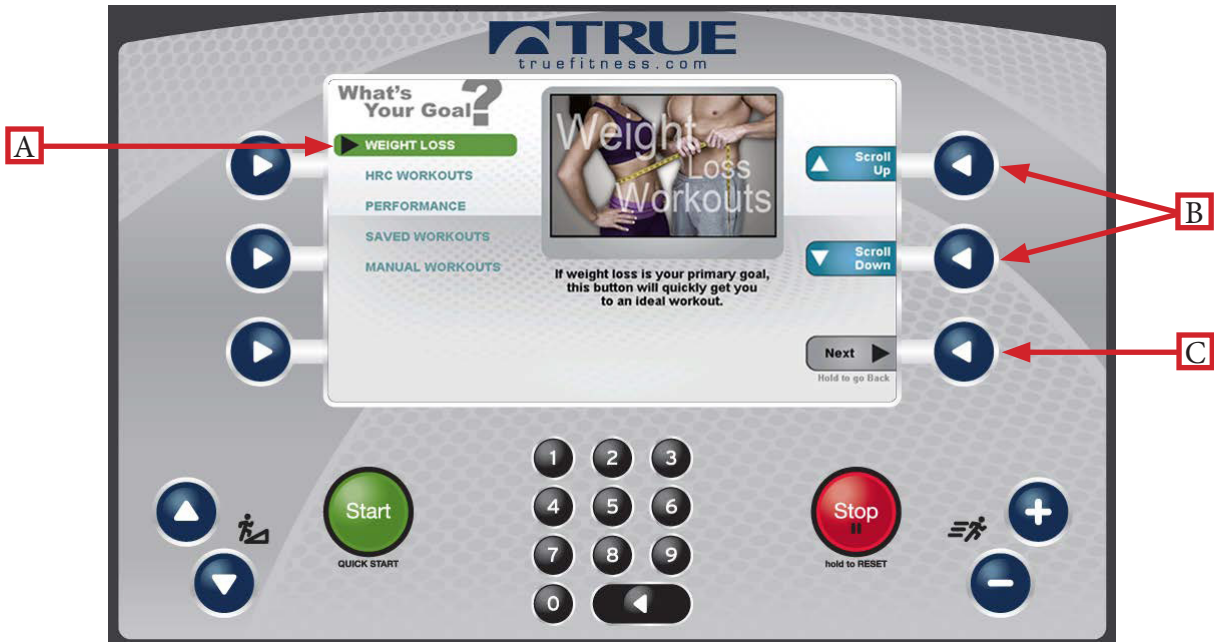
CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

Selecting a Preset Workout:

Preset workouts are accessed by selecting Workout Finder from the home screen. To view the workouts in a category, select the category (A) by using the Scroll Selection Buttons (B) and then press the Next Selection Button (C).

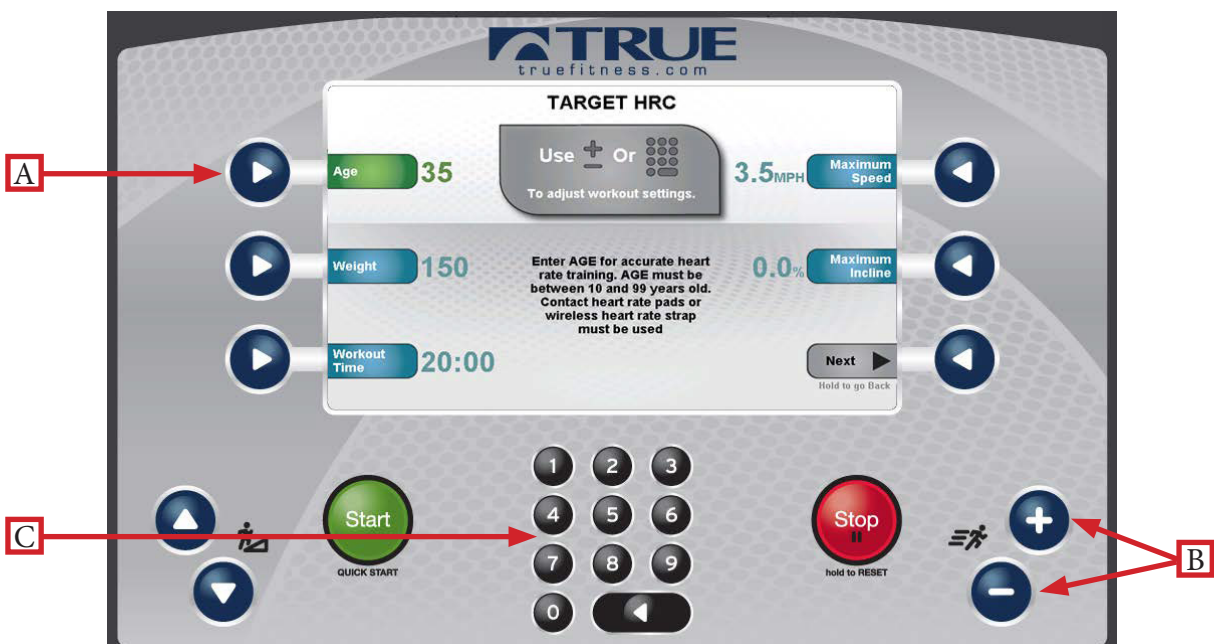
*Press and hold the Next selection button to return to the previous screen.



Workout Data Entry Screens:

These screens allow users to input their personal information or workout goals prior to beginning a workout. To set a value, press the Selection Button for the value you wish to change (A) and use the + and - keys (B) to adjust the value to the desired setting. Users may also manually enter a value using the Numeric Keypad (C).

*Workout Data Entry Screens vary by program selection.

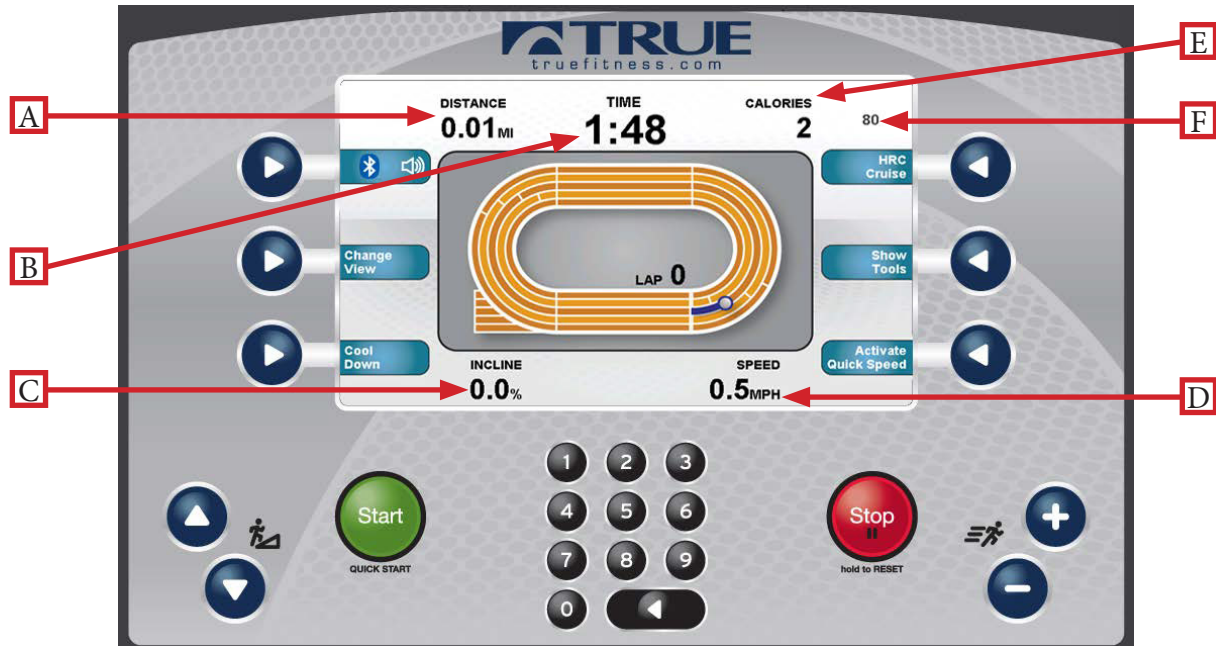


CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

Workout Data Screens:

During any workout a Workout Data Screen will be displayed to give the user a comprehensive visual overview of their current workout data.



A) Custom Data Display #1:

By Default, this display will show the distance for the current workout. Users can also choose custom data points to be seen in this display.

*See Workout Data Screen Controls; F) Show Tools section.

B) Time:

Displays the time elapsed for the current workout.

C) Incline:

Shows the current incline of the treadmill.

D) Speed:

Shows the current speed of the treadmill belt.

E) Custom Data Display #2:

By Default, this display will show the calorie count for the current workout. Users can also choose custom data points to be seen in this display.

*See Workout Data Screen Controls; F) Show Tools section.

F) Heart Rate:

Shows the user's heart rate in a digital beats per minute (bpm) readout.

CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

Workout Data Screen Controls:

The Workout Data Screens contain various controls that allow users to adjust workout settings and to customize their overall workout experience. These controls are accessed by pressing the Selection Button for the control they wish to use.



A) Change View:

Switches between the available Workout Data Screens

B) Cool Down:

Pressing this button allows the user to end their current workout with a two minute low intensity cool down period. When Cool Down is activated the unit is in manual mode and the user directly controls all settings.

C) HRC Cruise:

Engages Heart Rate Control to allow the equipment to maintain the user's current heart rate through automatic speed and incline adjustments (when the user is utilizing heart rate monitoring).

CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

D) Source:

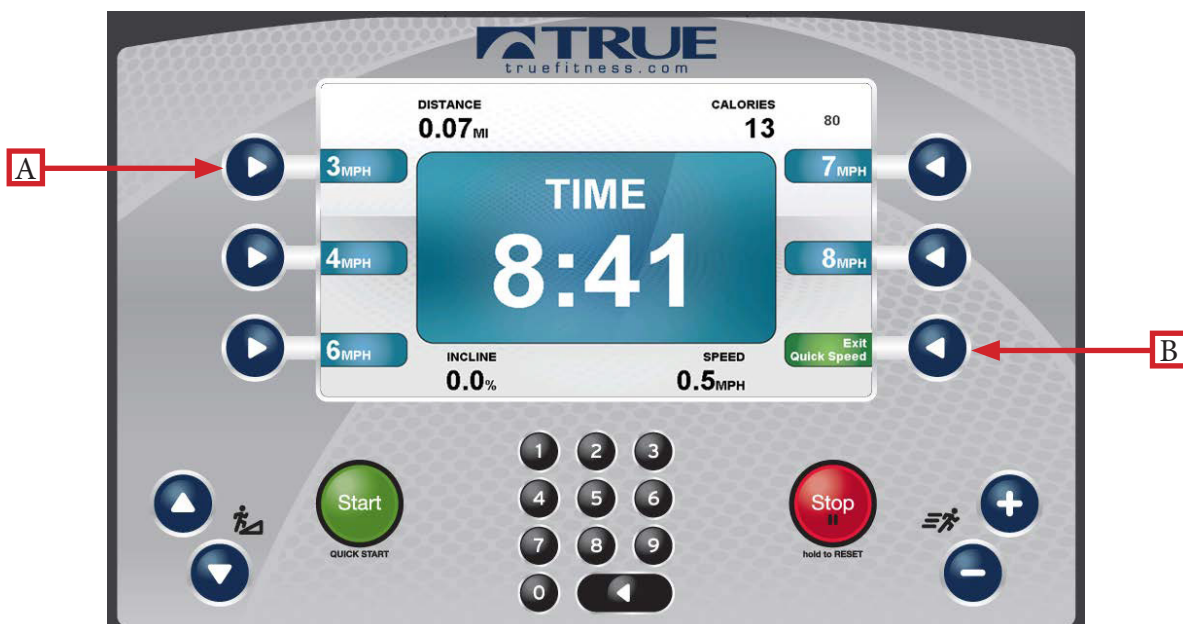
Toggles between available audio sources which include; Bluetooth Audio, TV* and FM radio*. When an audio source is selected the user is given control over volume (A), and channel adjustments (B). To pair a Bluetooth audio device, select the console name (C) from the list of available sources on your device.

*TV and FM Radio require the optional Broadcast Vision receiver.



E) Activate Speed:

When the Activate Speed Selection Button is pressed, various preset speeds will appear. Pressing one of the Speed Selection Buttons (A) will allow the user to quickly and conveniently switch to that preset speed. Pressing the selection button (B) again, will display the Quick Incline Buttons. To return to the Workout Data Screen press the Selection Button (B) a third time.



CHAPTER 4C: ESCALATE⁹ OPERATION

CONSOLE NAVIGATION:

F) Show Tools:

Pressing the Show Tools Selection Button (A) will display various options. Pressing the Change Data Selection Button (C) will toggle the data points in Custom Data Display 1 (1) between distance and pace. The data in custom data display 2 (2) will toggle between calories and METs. Pressing the Scroll Data Selection button (B) will allow the Custom Data Displays to automatically toggle between data. To pair a Bluetooth heart rate strap, press the Bluetooth heart rate button (D) and select the desired strap from the list. Pressing the Unit Selection Button (E) will change the units displayed between English and Metric.



Workout Summary Screen:

At the end of a workout the Summary Screen will display an overview of the workout data. The workout data can be exported to a USB drive by inserting it into the console's USB port and pressing the Save Selection Button (A) or the data can be saved to the TRUE Fitness app via Bluetooth by following the instructions at the bottom of the screen. To return to the home screen, press the Home Selection Button (B).



CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Entering Service Mode:

Entering Service Mode can be completed by pressing and holding the upper left selection button (A) for 3-5 seconds or until the “Workout Finder” icon (B) blinks. When the “Workout Finder” icon blinks, release and hold the “Workout Finder” selection button (C) until the service screen displays.



Service Menu:

The first screen displayed after entering service mode is the Service Menu. From this menu technicians can access all of the service mode features by selecting different categories. To select a category use the scroll selection buttons (A) to highlight a category (B). Once a category has been selected, press the enter selection button (C) to Confirm the selection.

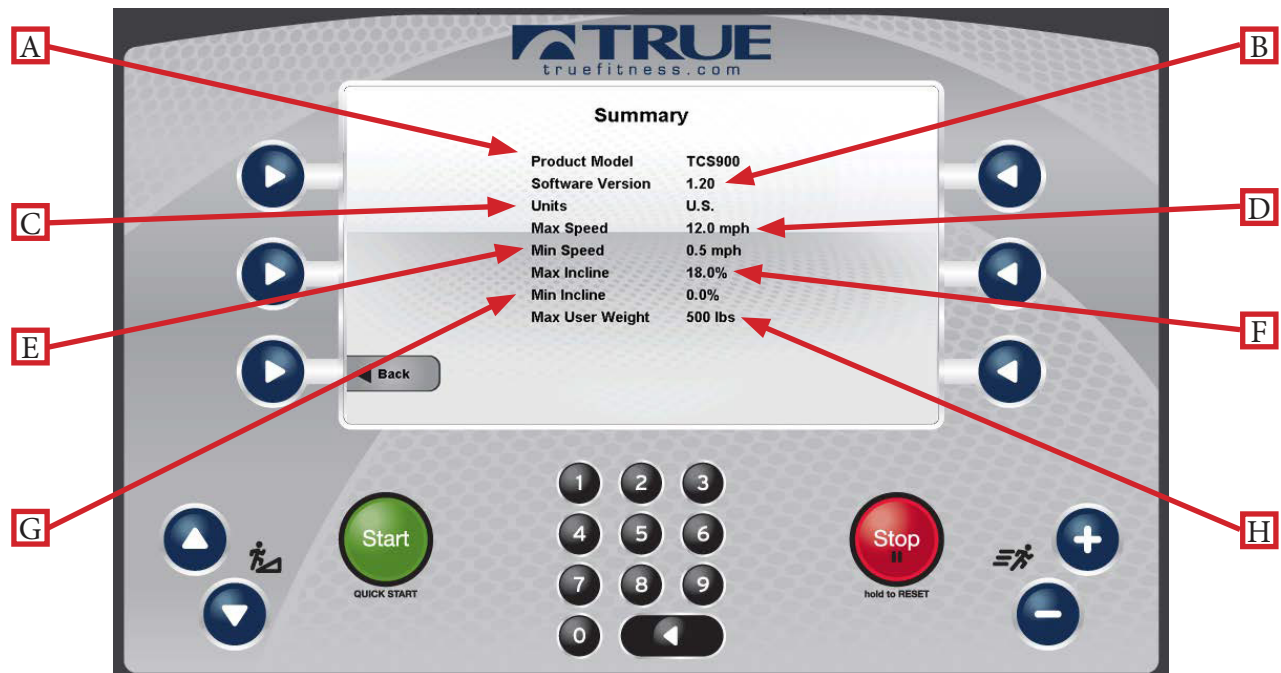


CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Summary Screen:

The Summary Screen provides an overview of the unit's current settings (values cannot be changed in this screen).



A) Product Model:

The model number that the console is currently configured to.

B) Software Version:

The current version of software that is installed on the console.

C) Units:

Displays the units the console is currently using as default (U.S. or Metric).

D) Max Speed:

The maximum speed the unit is able to reach.

E) Min Speed:

The minimum Speed the unit is able to maintain.

F) Max Incline:

The maximum percentage that the unit can be inclined.

G) Min Incline:

The minimum percentage that the unit can be inclined.

H) Max User Weight:

The amount of user weight that the unit can support.

CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Utilities Menu:

The utilities menu contains multiple screens that allow the technician to change various console settings. Settings are broken down in to three categories. To adjust settings, highlight a category (A) by using the scroll selection buttons (B) and pressing the enter selection button (C) to confirm the selection.



Utilities Menu—Product Setup:

Displays the model configuration information.

Utilities Menu—Software Update:

TRUE may periodically release software updates to ensure users enjoy the best workout experience available. Due to the complex nature of this procedure, it is recommended that any software update be completed by a TRUE certified service professional.

CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Utilities Menu - B-Vision Setup:

When equipped with the optional Broadcast Vision receiver, the Escalate⁹ console is capable of playing audio wirelessly from video sources that are equipped with a Broadcast Vision compatible wireless transmitter. To configure this feature, follow the steps below.

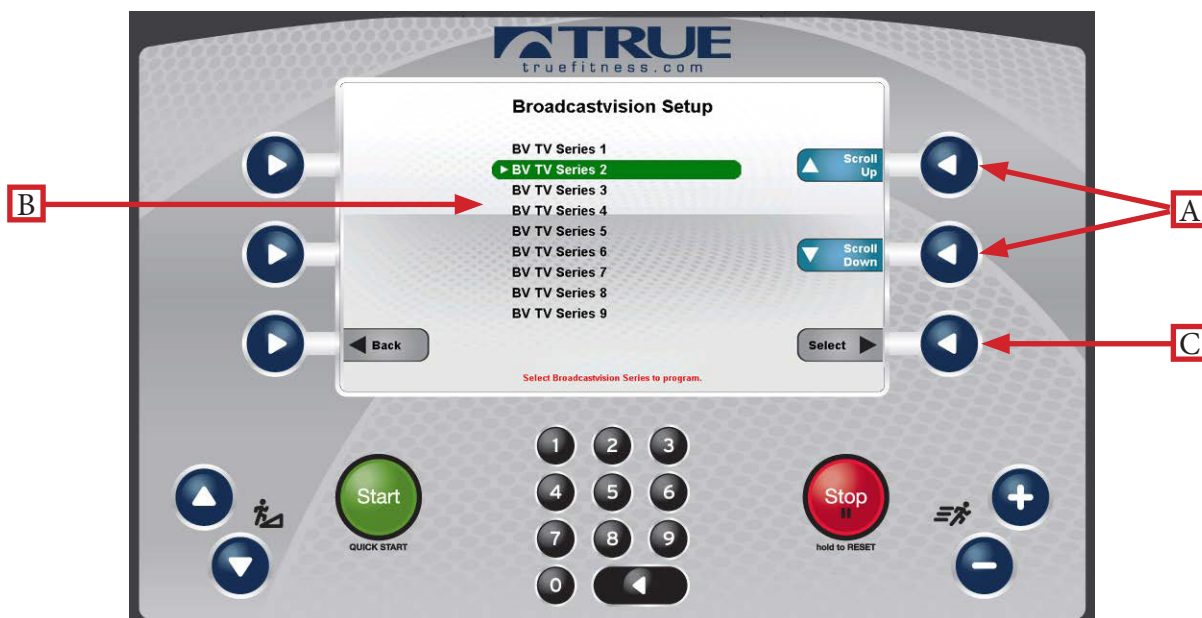
* Before beginning these steps, ensure that the audio source is connected to the wireless transmitter and both the source and the transmitter are powered on.

1. Use the Scroll Selection Buttons (A) to highlight the desired transmitter series from the list (BV TV SERIES 1-9) (B).

Broadcast Vision Transmitters	BV TV SERIES 2
Mye© and Fantaay© Transmitters	BV TV SERIES 4
Cardio Theatre© LCS Transmitters	BV TV SERIES 8
Cardio Theatre© xTV Transmitters	BV TV SERIES 9

NOTE: The Escalate⁹ console is designed to work with Broadcast Vision transmitters. There may be compatibility issues if a non-Broadcast Vision transmitter is used.

2. Press the Select selection button (C) to confirm the BV TV SERIES selection.

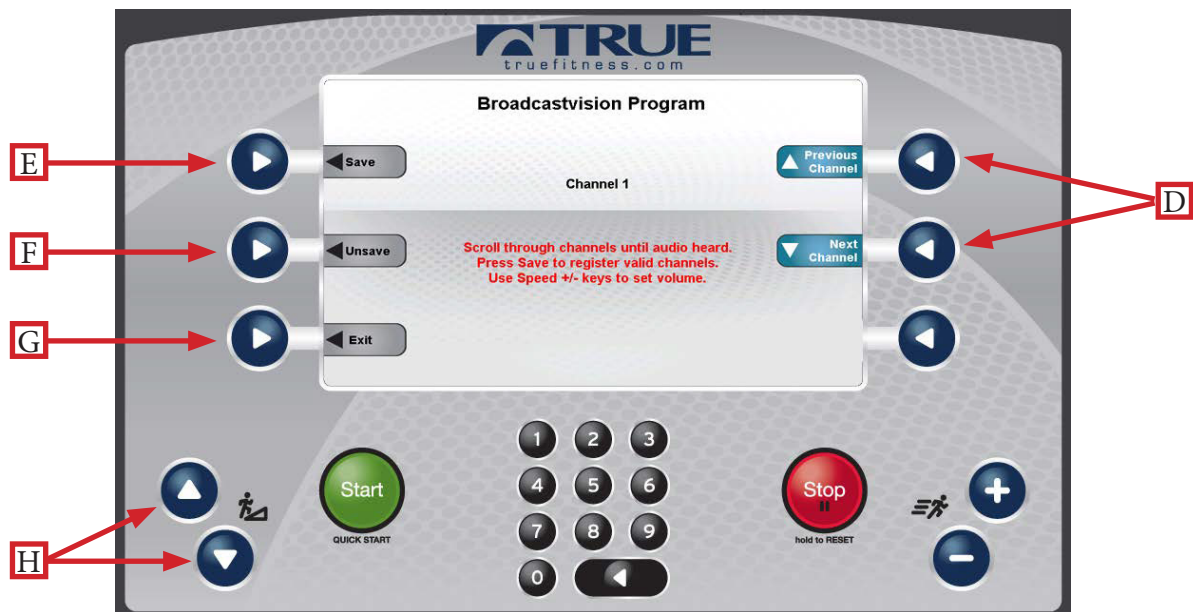


CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Utilities Menu - B-Vision Setup (continued):

3. Plug headphones into the headphone jack on the console and wear them for the remaining steps.
 4. Use the Channel Selection Buttons (**D**) to scroll through the available channels.
 5. When audio is clearly heard on a channel, push the Save Selection Button (**E**) to save the channel.
- NOTE: The order in which the channels are saved determines the order that they are displayed in standard user mode.
6. Repeat steps 4 and 5 for each additional audio source.
 7. If a channel needs to be removed, use the Channel Selection Buttons (**D**) to scroll to the channel and press the Unsave Selection button (**F**)
 8. Once all desired channels are saved, press the Exit Selection Button (**G**) to exit the BV-Setup.
- * During the channel setup, the + and – Workload Keys (**H**) can be used to adjust the volume level.

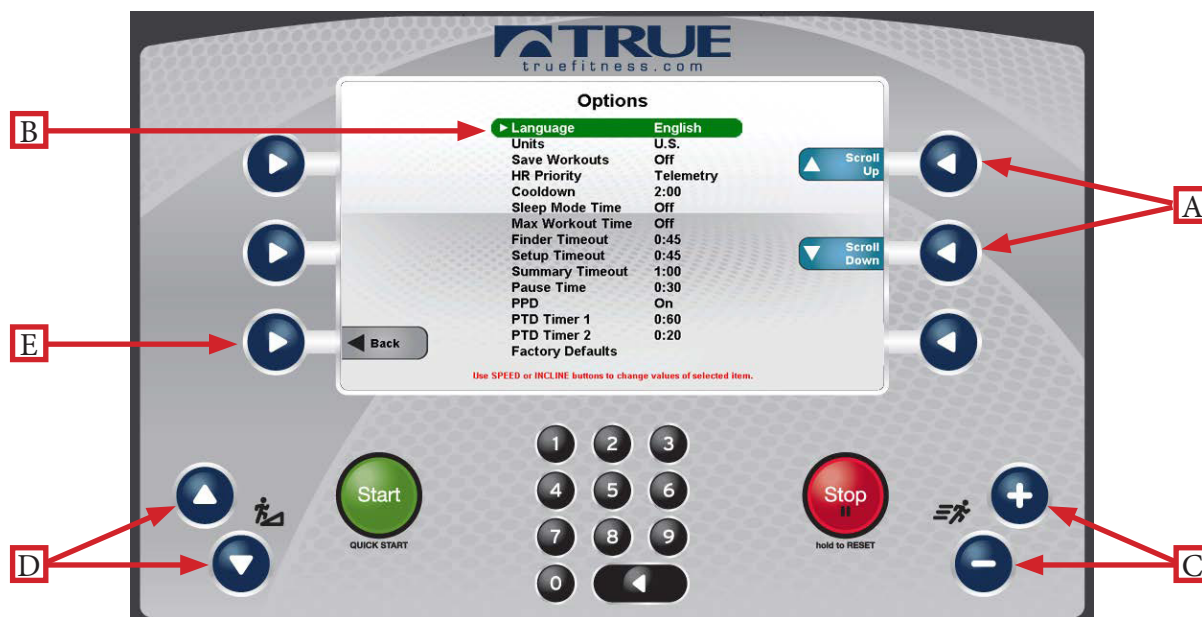


CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Options Menu:

The options menu contains 12 Settings with various options available for each. For a complete list of settings and options, please refer to the table on the next page. To navigate the options menu, use the scroll selection buttons (A) to highlight the option to be changed (B) and use the speed keys (C) or inline keys (D) to adjust the options. Once the changes are complete, press the back selection button (E) and the changes will be automatically saved.



Language:

Select a default Language for the unit. All settings and workout data will be displayed in that language.

Units:

Choose how the workout data is displayed by default.

Save Workout:

Turns the saved workout feature on or off.

Heart Rate Priority:

Determines the order in which the unit reads heart rate data.

Cooldown:

Adjusts the length of the cooldown time at the end of a workout.

Sleep Mode Time:

The amount of time the unit can be idle before entering sleep mode. By choosing the "Off" setting, the unit will remain powered.

CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Options Menu (continued):

Max Workout Time:

This setting will limit the amount of time that all workouts can last. By choosing the “Off” setting, the time will be unlimited (this setting does not apply to manual workouts or distance workouts).

Finder Timeout:

Choose how long the Workout Finder remains on the screen without any user interaction. By choosing off, the Workout finder will stay open until closed by a user.

Setup Timeout:

Choose how long the workout data entry screen will remain on the display without any user interaction. By choosing the “off” setting, the data entry screen will be displayed until closed by a user.

Summary Timeout:

Determines the amount of time the Workout Summary Screen will remain on the display. By choosing the “Off” setting, the summary will be displayed until ended by a user.

Pause Time:

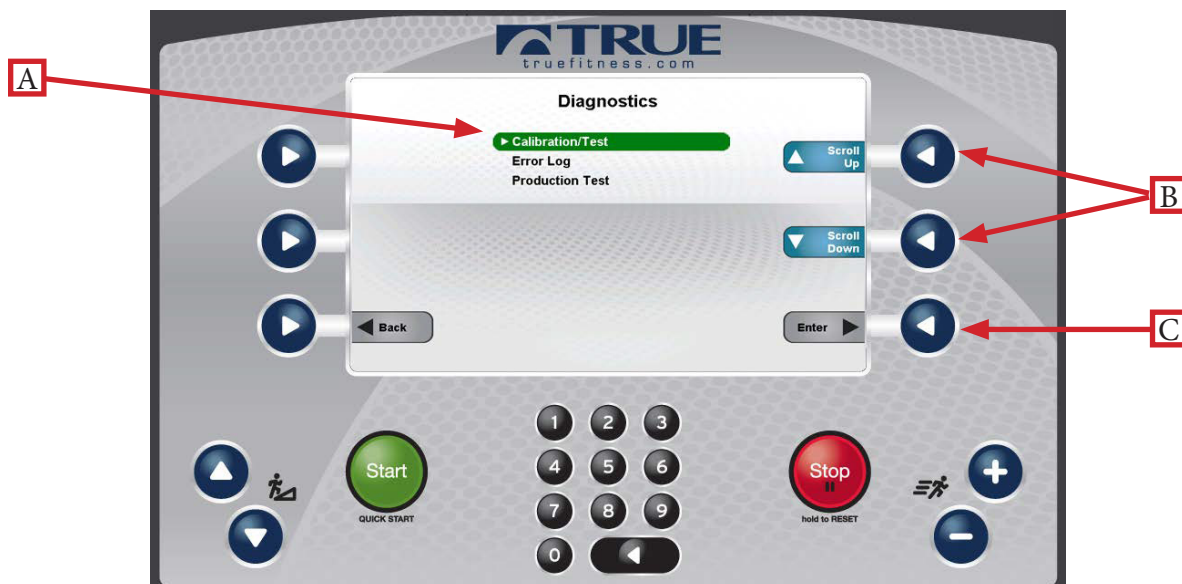
This setting will limit the amount of time that a workout can be paused before it automatically ends. By choosing the “Off” option, the unit will remain paused until the user resumes or ends the workout.

Factory Defaults:

Resets all settings in the options menu to factory defaults.

Diagnostics Menu:

The diagnostics menu contains tools used to help diagnose errors and performance issues. The tools are broken down into three categories. To use a tool, highlight a category (A) by using the scroll selection buttons (B) and pressing the enter selection button (C) to confirm the selection.



CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu - Calibration/Test:

This menu contains tools for testing and verifying treadmill operation.



A) Key Test:

When a key is pressed on the console “NONE” will change to indicate which key is being pressed. In the event of a stuck key, the key that is being engaged will display (the selection buttons are excluded from this test).

B) Telemetry HR:

Use a wireless heart rate strap or simulator to test if the unit is receiving wireless heart rate data. If there is a reading displayed without the use of a heart rate strap or simulator, there is outside interference from another source.

C) Contact HR:

Ensures the unit is receiving the data by displaying the user’s heart rate when the contact heart rate pads are gripped.

D) Speed/Incline Cal:

Speed/Incline Cal (calibration) is selected by default in this menu. To run a calibration press the enter selection button (E) and then follow the on screen instructions.

WARNING:

This process will take full control of the treadmill and can be dangerous if caution is not taken.

- Calibration can take up to two minutes to complete.
- Do not stand on the treadmill during the calibration procedure.
- Verify that the machine is free of all parts and tools.
- Keep children and animals at a safe distance.

Production Test:

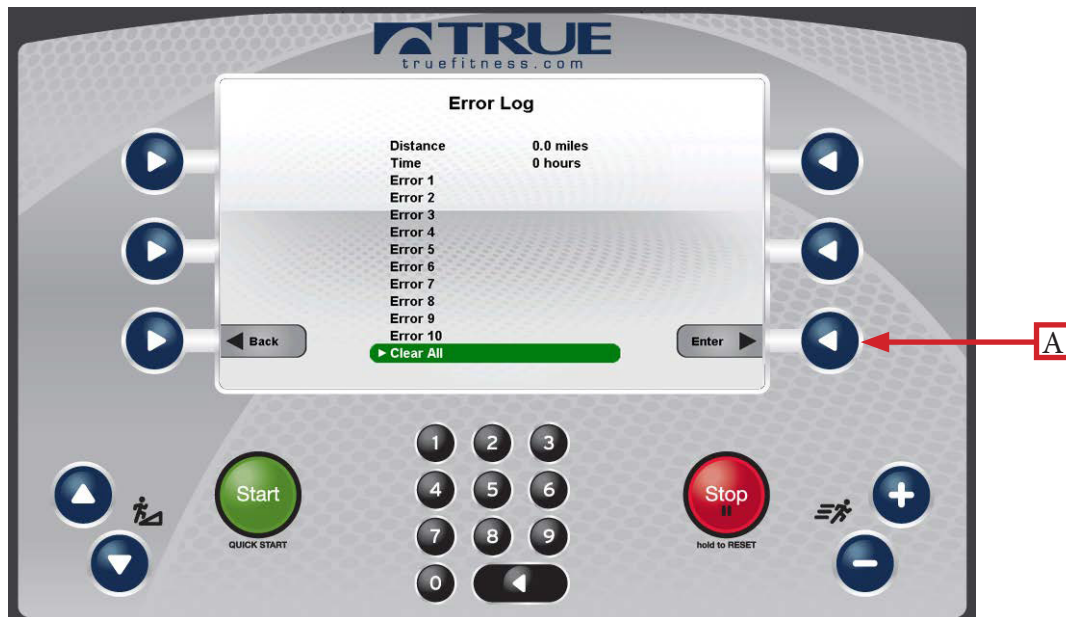
The production test screen is used during the production process and is not used for service or troubleshooting.

CHAPTER 4C: ESCALATE⁹ OPERATION

ADVANCED CONSOLE FUNCTIONS:

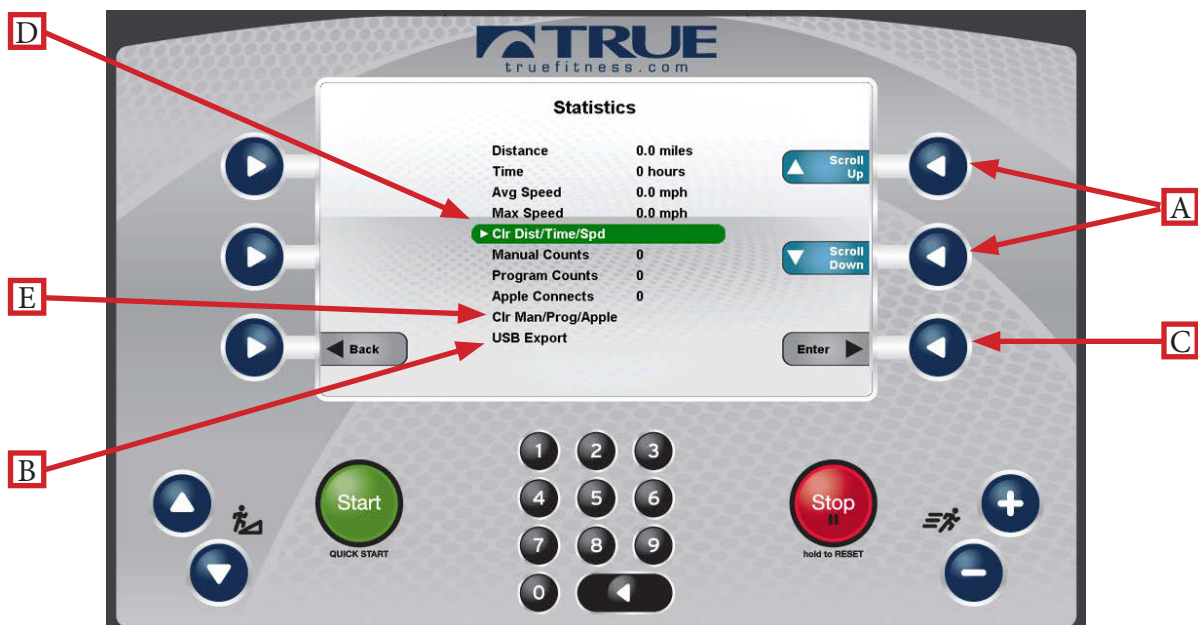
Diagnostics Menu - Error Log:

Error codes are an important part of troubleshooting any issues with the treadmill. Any time an error occurs it is entered into the error log for review by a service professional. This console is capable of storing the ten most recent errors. The error log can be cleared by pressing the enter selection button (A), but it is not recommended.



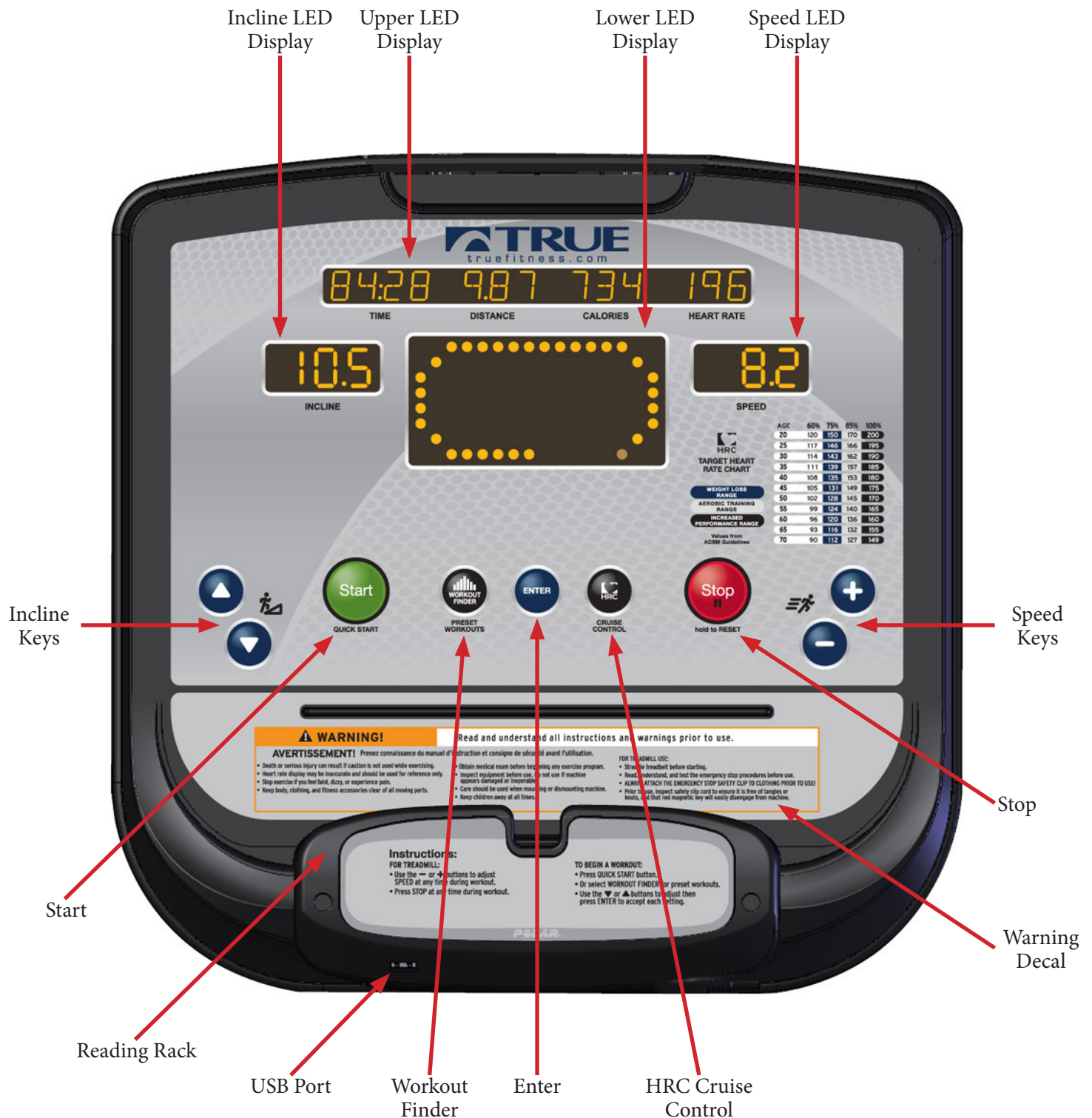
Statistics:

The statistics menu displays an overview of the treadmill's running data. The overview includes distance, time, average speed, maximum speed, manual program count, preset program count, and apple device connections. These statistics can be exported to a connected USB drive by using the scroll selection buttons (A) to highlight the USB Export option (B) and pressing the enter selection button (C). The data can be cleared by selecting Clr Dist/Time/Spd (D) or Clr Man/Prog/Apple (E), but it is not recommended.



CHAPTER 4D: EMERGE OPERATION

EMERGE OVERVIEW:



CHAPTER 4D: EMERGE OPERATION

EMERGE OVERVIEW:

Incline Keys:

Manually increases or decreases the incline of the treadmill.

Start:

Allows the user to begin a Quick Start workout or preset workout.

Reading Rack:

A ledge on the console can be used to hold a book, magazine, e-reader, or tablet computer during a workout.

USB Port:

Allows users to export workout data to an external USB drive or update the console software.

Workout Finder:

Pressing this button scrolls through available workouts. When the desired workout is displayed, the user must press Enter to input their data and start to begin the workout.

Enter:

Press this key to confirm a selection in a preset workout.

HRC Cruise Control:

Engages Heart Rate Control to allow the equipment to maintain the user's current heart rate through automatic speed and incline adjustments (when the user is utilizing heart rate monitoring).

Warning Decal:

Important safety information for users to review prior to using the equipment.

Stop:

Stops/Pauses a workout. Press and hold this key for five seconds to reset the unit.

Speed Keys:

Manually increases or decreases the speed of the belt.

Speed and Incline LED Displays:

These displays show the current incline and speed of the unit.

Lower LED Display:

Displays the workout profile of the current program.

Upper LED Display:

Shows the current workout data; Time, Distance, Calories and Heart Rate.

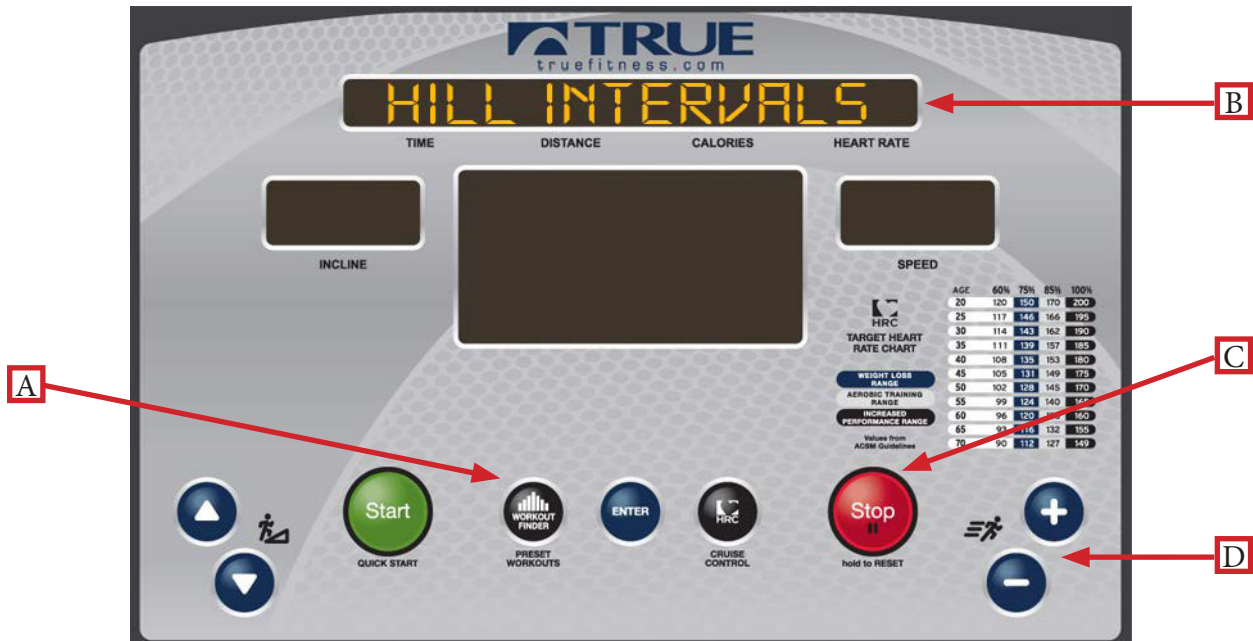
CHAPTER 4D: EMERGE OPERATION

CONSOLE NAVIGATION:

Selecting a Preset Workout:

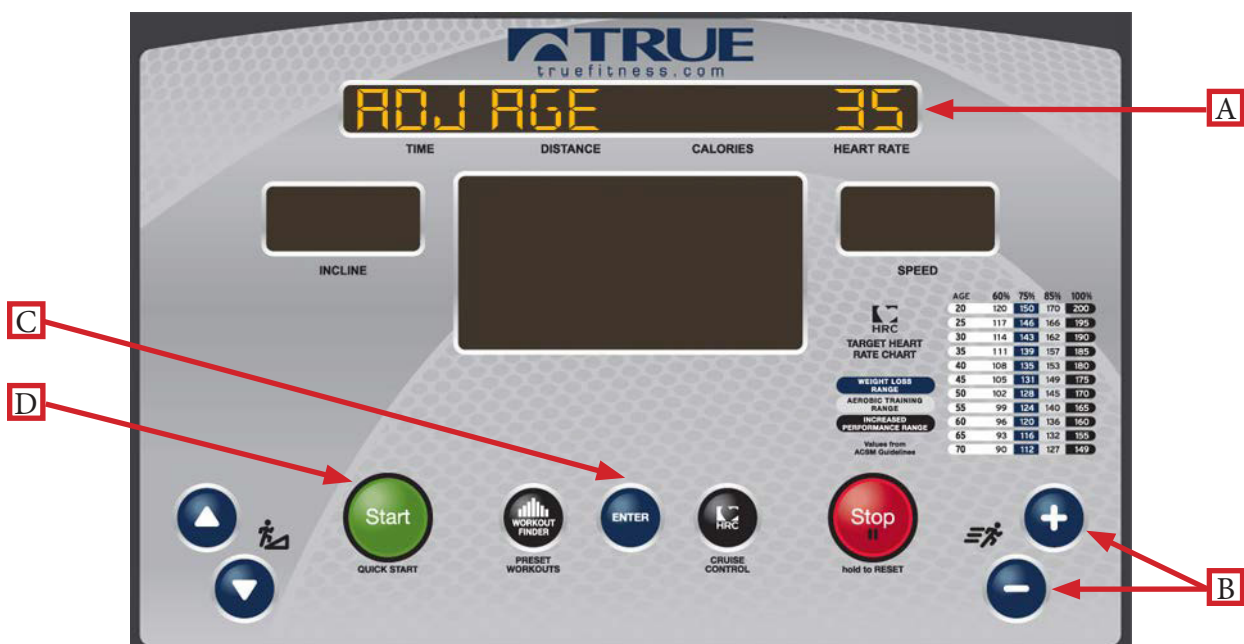
To begin a preset workout, press the Workout Finder button (A) until the desired program is shown in the Upper LED Display (B) and then press the Enter button (C).

*To begin a Target HRC Workout, press the HRC Cruise Control button (D) followed by the Enter button (C).



Workout Data Entry:

Before beginning a preset workout, the console will ask the user for information in order to give more accurate workout data. To adjust the Data Value (A), use the + and - Speed Keys (B). Once the desired value is displayed, press Enter (C) to move to the next Data Value. Once all data has been entered press Start (D) to begin the workout.



CHAPTER 4D: EMERGE OPERATION

CONSOLE NAVIGATION:

Workout Summary:

Workouts can be ended by the user pressing the Stop button (A) or by completing the time or distance in a preset workout. Once a workout has ended the console will display a workout Summary which will give the user an overview of their workout which includes; Time, Average Heart Rate, Max Heart Rate, Average Speed, Max Speed, Distance and Calories. To Clear the Summary and return to the home screen press the Stop button (A).



Exporting Workout Data to a USB Drive:

The Emerge console gives users the ability to export their workout data to a USB drive. When this option is enabled the screen below will appear before the Workout Summary. To export the data, insert a USB drive into the console's USB port and press the Up Incline Key (A). To skip exporting the data, press the Down Incline Key (B) and the Workout Summary will be displayed without being exported.



CHAPTER 4D: EMERGE OPERATION

ADVANCED CONSOLE FUNCTIONS:

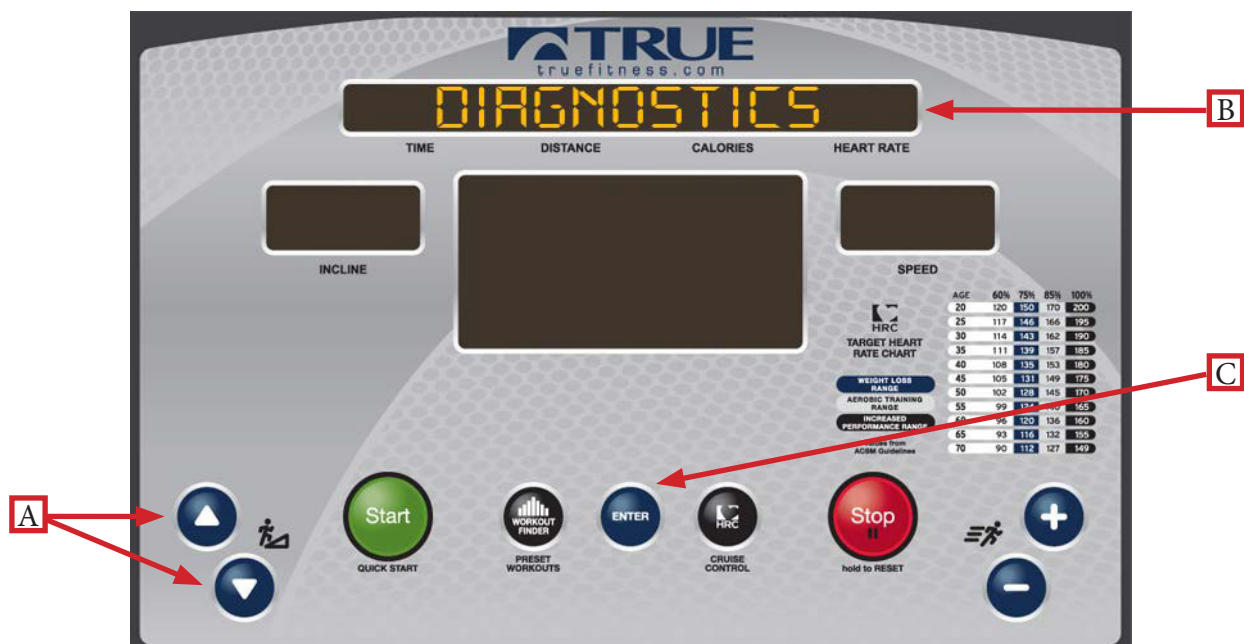
Entering Maintenance Mode:

Press and Hold the UP Incline Button (A) until the unit beeps (about 3 seconds). Then release the UP Incline Key and Immediately press and hold the Enter Button (B) until the unit beeps again (about 3 seconds). Then release the Enter button and when the Upper LED Display (C) reads “Maintenance Mode”, press the Enter Button (B) to enter maintenance mode.



Maintenance Mode Navigation:

The Maintenance Mode is divided into three categories; Calibration, Diagnostics and Configuration. To select a category use the UP and DOWN Incline Keys (A) until the category is listed in the Upper LED Display (B) and then press the Enter button (C).



CHAPTER 4D: EMERGE OPERATION

ADVANCED CONSOLE FUNCTIONS:

Maintenance Mode Navigation:

Within a category users can scroll through available options using the UP and DOWN Incline Keys (A). Once the desired setting is shown in the Upper LED Display (B), press the Enter Button (C) to confirm the selection. After confirming the selection, the + and – Speed Keys are used to change the options within the setting. After changing any setting the Start Button (D) MUST be pressed to save the changes (if the start button is not pressed to save the changes, the setting will revert to the default value). The Stop Button (E) is used as a back button in Maintenance Mode and will take the user back one screen each time it is pressed. To exit the diagnostics mode press the Stop Button (E) repeatedly until “Maintenance Mode” is displayed on the Upper LED Display (B) and then press and hold the Stop Button to reset the console or simply remove and replace the safety key.



CALIBRATION:

Calibration will conduct a basic test of the drive and incline systems to ensure that they are operating as intended. Calibration may also be used by technicians to troubleshoot system faults.

WARNING:

This process will take full control of the treadmill and can be dangerous if caution is not taken.

- Calibration can take up to two minutes to complete.
- Do not stand on the treadmill during the calibration procedure.
- Verify that the machine is free of all parts and tools.
- Keep children and animals at a safe distance.

Calibration Steps:

- Enter Maintenance Mode.
- Use the UP & DOWN Incline buttons to scroll through the options until “Calibration” is displayed on the Upper LED Display.
- Press the Enter Button to Enter Calibration Mode and then press the Start button to begin the Calibration.
- After the Calibration is complete, remove and replace the safety key to return to the standard user mode.

CHAPTER 4D: EMERGE OPERATION

ADVANCED CONSOLE FUNCTIONS:

Diagnostics Menu:

The diagnostics menu contains various settings as well as tools used to help diagnose errors and performance issues.

<u>Title</u>	<u>Description</u>
Total Time:	Displays an accumulative count of the total number of hours the unit has been used.
Sound:	Toggles the sound on or off.
Default Weight:	Allows users to change the default weight that appears when beginning a program.
Max Time:	Limits the amount of time that all workouts can last (does not apply to quickstart, manual or distance workouts).
Pause Time:	This setting will limit the amount of time that a workout can be paused before it automatically ends. By choosing the “Off” option, the unit will remain paused until the user resumes or ends the workout.
PPD (person present detection) PPD Timer 1/Timer 2 (AC drive systems only):	When Person Present Detection is enabled the treadmill will pause if it does not detect a normal amp draw which would be indicative of the weight of the user on the treadbelt.
	Timer 1 will set the amount of time before the console displays a PPD Notification and Timer 2 will set the amount of time that the notification is displayed before the treadbelt is stopped.
Cooldown:	Adjusts the length of the cooldown time at the end of a workout.
ERP Wake:	Advanced power saving options. (Requires Optional ERP board; please see ERP board instructions for further details).
Sleep:	The amount of time the unit can be idle before entering sleep mode.
USB Save:	Enables or disables workout data exporting via the console’s USB port.
Units:	Changes between American Standard and Metric units.
Average Speed:	Will calculate the average speed used using the total hours and total miles collected in the other options.
Total Distance:	The total distance in miles that the belt has traveled.
Fault Log:	Displays a list of the last 5 faults that occurred. If multiple faults have been recorded press the + or “” keys to scroll through the list. If no faults have been recorded, the console will display “Log Empty.”

CHAPTER 4D: EMERGE OPERATION

ADVANCED CONSOLE FUNCTIONS:

Configuration Menu:



WARNING:

Misconfiguration of the console may cause damage to the unit and void the manufacturer warranty. If necessary, please contact TRUE Fitness Technical Support at 800-883-8783 for assistance.

<u>Title</u>	<u>Description</u>
Model:	Displays the model on which the console is installed.
Display Test:	Test Screens that Illuminate the LED's in the console display to ensure proper function.
Key Test:	Shows a description for any buttons that are pressed. In the event of a stuck key, the key that is being engaged will display.
HR Test:	Telemetry - Use a wireless heart rate strap or simulator to test if the unit is receiving wireless heart rate data. If there is a reading displayed without the use of a heart rate strap or simulator, there is outside interference from another source.
	Contact - Ensures the unit is receiving the data by displaying the user's heart rate when the contact heart rate pads are gripped.
Cooldown:	Adjusts the length of the cooldown time at the end of a workout.
Total Distance:	The total distance in miles that the belt has traveled.
Total Time:	Displays an accumulative count of the total number of hours the unit has been used.
Max Grade:	The maximum percentage that the unit can be inclined.
Max Speed:	The maximum speed the unit is able to reach.
EPROM Test:	Displays the current version of software installed on the console.

CHAPTER 5: CARE & MAINTENANCE

CARE & MAINTENANCE:

It is important to perform the minor maintenance tasks described in this section. Failure to maintain the treadmill as described here could void the TRUE Fitness Warranty. To reduce the risk of electrical shock, always unplug the unit from its power source before cleaning or performing any maintenance tasks.

Inspection:

TRUE Fitness is not responsible for performing or scheduling regular maintenance or inspections. Users should inspect the treadmill daily. Check for worn, frayed or missing safety lanyards. Replace missing or worn safety lanyards immediately. Do not exercise on the treadmill without attaching the safety clip to your clothing. Look and listen for slipping belts, loose fasteners, unusual noises, worn or frayed power cords, and any other indications that the equipment may be in need of service. If any of these are noticed, obtain service. Do not attempt to use the treadmill until proper service has been performed or damaged parts have been replaced.

Important:

If you determine that the treadmill needs service, make sure that the treadmill cannot be used inadvertently. Turn the unit off, and then unplug the power cord from its power source. Remove the magnetic safety key and safety clip and store it in a safe place. Make sure other users know that the treadmill needs service.

*To order parts or to contact a TRUE Authorized Service representative, please visit www.truefitness.com.

CLEANING THE EQUIPMENT:

After Each Use:

- Use GymWipes™ Antibacterial wipes or spray a solution of 30 parts water to 1 part mild detergent to dampen a soft cloth and wipe all exposed surfaces.
- Use a LCD/screen cleaner or spray a solution of 1 part 91% isopropyl alcohol and 1 part water to dampen a soft cloth and wipe the surface of the console. This helps remove fingerprints, dust, and dirt.

Weekly:

- Vacuum any dust or dirt that might have accumulated under or around the treadmill, any motor cover vents and under the straddle covers. Clogged air vents can prevent adequate cooling to the drive motor, incline motor, and motor control board causing a shortened life.
- Check for proper running belt alignment and tension. If running belt adjustment is required, see sections “RUNNING BELT ALIGNMENT” and “TENSIONING THE RUNNING BELT” in the following pages.

⚠ CAUTION:

Do not use any acidic cleaners. Doing so will weaken the paint or powder coatings and may void the TRUE Fitness Warranty. Never pour water or spray liquids on any part of the treadmill. Allow the treadmill to dry completely before using. Frequently vacuum the floor underneath the unit to prevent the accumulation of dust and dirt, which can affect the smooth operation of the unit. Use a soft nylon scrub brush to clean the running belt. Do not clean directly underneath the treadbelt. Most of the working mechanisms are protected inside the motor cover and base of the treadmill. However, for efficient operation, the treadmill relies on low friction. To keep the friction low, the unit's running belt, staging platforms, and internal mechanisms must be as clean as possible.

CHAPTER 5: CARE & MAINTENANCE

RUNNING BELT ALIGNMENT:

Proper belt alignment allows the belt to remain centered and ensures smooth operation. Realigning the belt takes a few simple adjustments. If you are unsure about this procedure, call the TRUE Service Department.

⚠CAUTION:

Special care must be taken when aligning the running belt. Turn off the treadmill while adjusting or working near the rear roller. Remove any loose clothing and tie back your hair. Be very careful to keep your fingers and any other object clear of the belt and rollers, especially in front of the roller and behind the deck. The treadmill will not stop immediately if an object becomes caught in the belt or rollers.

⚠CAUTION:

If you hear any chafing or the running belt appears to be getting damaged, stop the running belt immediately by pressing the STOP key. Contact the TRUE Service Department. Walk around to the rear of the unit and observe the belt for a few minutes. The belt should be centered on the running deck. If the belt drifts off center, you must make adjustments.

Important:

Failure to align the belt may cause the belt to tear or fray, which may not be covered under the TRUE Fitness Warranty. To stop the running belt, press the STOP key. Turn the treadmill off.

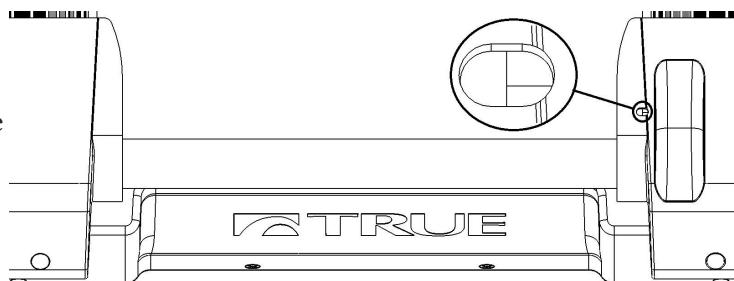
⚠CAUTION:

For your safety, use the power switch to turn off the treadmill before making any adjustments. Do not adjust the running belt when someone is standing on the unit.

⚠CAUTION:

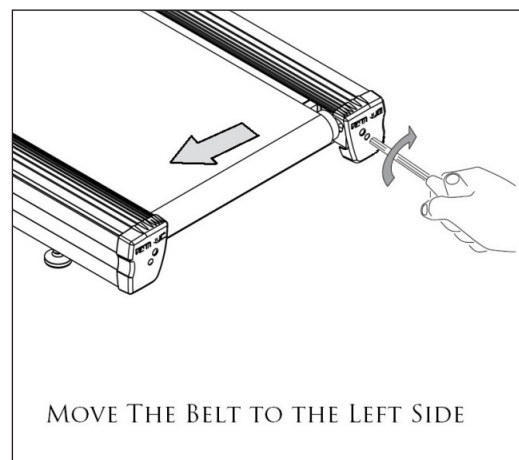
Do not turn the adjusting bolt more than 1/4 turn at a time. Over tightening the bolt can damage the treadmill. If you are unsure how to adjust the running belt, call the TRUE Service Department.

Note: When running belt is properly aligned, people can see the belt locating at the center of the belt alignment slot. The slot is located on the rear roller guard.



If the running belt is too far to the right side:

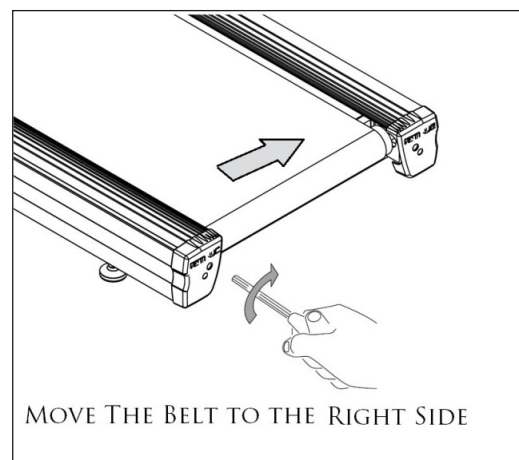
- Locate the belt adjustment bolts in the rear end caps of the treadmill. (To determine left and right, stand at the rear of the treadmill and face the display).
- Using the appropriate size Allen wrench or socket turn the RIGHT adjustment bolt clockwise ¼ turn.
- Turn the treadmill on and start the belt at 3mph keeping off the unit.
- Allow 2 minutes for the belt to adjust itself.
- Repeat the above steps if additional adjustment is necessary.



CHAPTER 5: CARE & MAINTENANCE

If the running belt is too far to the left side:

- Locate the belt adjustment bolts in the rear end caps of the treadmill. (To determine left and right, stand at the rear of the treadmill. (To determine left and right, stand at the rear of the
- Using the appropriate size Allen wrench or socket turn the LEFT turn.
- Turn the treadmill on and start the belt at 3mph keeping off the
- Allow 2 minutes for the belt to adjust itself.
- Repeat the above steps if additional adjustment is necessary.

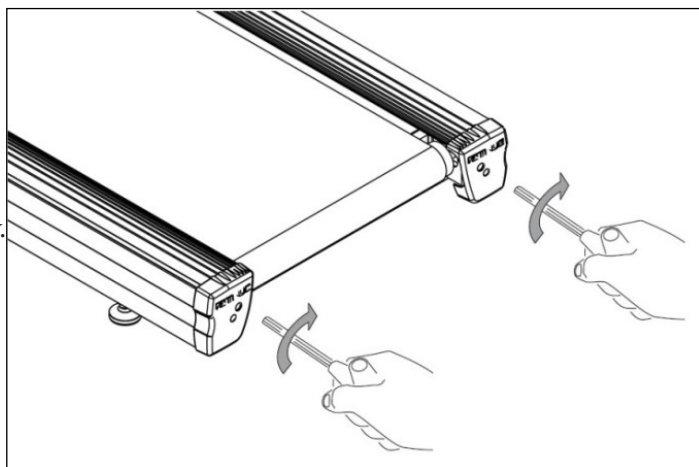


Note: After the running belt alignment is complete, confirm the Allen wrench has been removed from the adjustment bolt in the front belt cover before further use.

TENSIONING THE RUNNING BELT:

If there is a slipping or jerking sensation when running on the treadmill, the running belt may require tightening. In most cases the belt has stretched from use. Tensioning the belt takes a few simple adjustments. If you are unsure about this procedure, call the TRUE Service Department.

- Locate the belt adjustment bolts in the front belt cover.
- Remove the rubber cover plugs.
- Using the appropriate size Allen wrench or socket, turn BOTH adjustment bolts clockwise $\frac{1}{4}$ turn.
- Turn the unit on, start the belt, and check if the slipping continues.
- Repeat the above steps if additional adjustment is necessary.

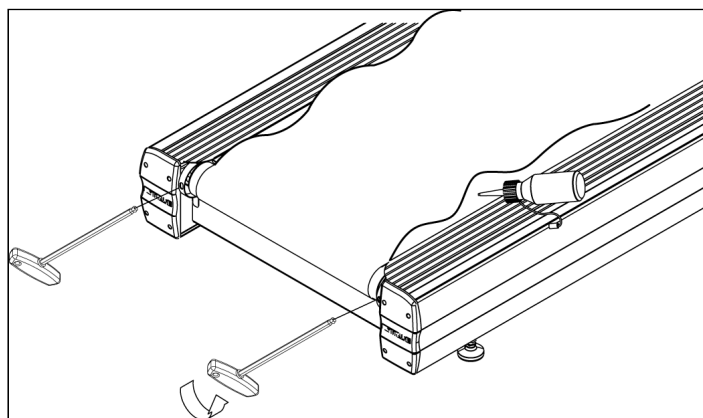


Note: After the running belt tensioning is complete, confirm both Allen wrenches have been removed from the adjustment bolts in the front belt cover before further use.

BELT LUBRICATION:

For commercial use over 20 hours per week, TRUE recommends lubricating every three months.

- Locate the belt adjustment bolts in the front belt cover
- Remove the rubber cover plugs.
- Loosen the belt adjustment bolts in the front belt cover.
- Lift the belt and apply the lubricant to the center of the deck.
- Center and re-tension the belt using the directions above.
- Walk on the unit at 2MPH for about 60 seconds to spread the lubricant evenly through the belt and deck.

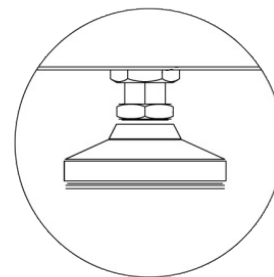


*Please contact your dealer or visit www.truefitness.com to obtain the proper lubricants.

CHAPTER 5: CARE & MAINTENANCE

LEVELING THE EQUIPMENT:

This equipment has adjustable front leveling feet to make sure that the running surface is level. If the unit is placed on an uneven surface, adjusting the front feet can help, but may not completely compensate for extremely uneven surfaces.



OTHER SCHEDULED PREVENTIVE MAINTENANCE:

TRUE recommends that quarterly scheduled maintenance be performed by a qualified service technician. Please contact your dealer or visit www.truefitness.com to contact a local TRUE authorized service technician.

Scheduled Preventive Maintenance:

- Record time, distance and hours from the console.
- Check error log in console.
- Check running belt and drive belt tension and tracking.
- Remove the motor cover and vacuum any debris out of the drive motor, speed sensor cage, motor control board and heat sink motor compartment.
- Move treadmill and vacuum underneath.
- Lubricate elevation pivot points including rear stabilizing feet and the lift motor screw.
- Lubricate walking belt and deck.
- Inspect all fasteners.
- Inspect all electrical connections.
- Inspect all components for abnormal or premature wear.

⚠ CAUTION:

Use only TRUE Fitness certified service providers.

LONG TERM STORAGE:

When the treadmill is not in use for any length of time, turn it off. Make sure that the power cord is unplugged from the power source and is positioned so that it will not become damaged or interfere with people or other equipment.

Storing the Chest Strap:

Store the chest strap in a place where it remains free of dust and dirt such as, in a closet or drawer. Be sure to protect the chest strap from extremes in temperature. Do not store it in a place that may be exposed to temperatures below 32° F (0° C). To clean the chest strap, use a sponge or soft cloth dampened in mild soap and water. Dry the surface thoroughly with a clean towel.

CHAPTER 6: CUSTOMER SERVICE

CONTACTING SERVICE:

TRUE Fitness recommends that you gather the serial number, model number, and a brief description of the reason for the request. After information has been gathered you may choose to contact your selling dealer or local service company to set an appointment. (If you are not familiar with who is in your area, you may visit our website at www.truefitness.com and use our dealer locator to obtain the contact information for the closest dealer).

You may also contact TRUE Fitness' customer support team by calling 800.883.8783 or e-mailing us at service@truefitness.com Monday – Friday during normal business hours.

TRUE FITNESS SERVICE DEPARTMENT

865 HOFF ROAD

ST. LOUIS, MO 63366

1.800.883.8783

HOURS OF OPERATION: 8:30 A.M. - 5:00 P.M. CST

E-MAIL: service@truefitness.com

CONTACTING SALES:

Interested in TRUE Products? Please contact us with any sales or product inquiries so that we may direct you to the appropriate sales representative to answer your questions.

TRUE FITNESS HOME OFFICE

865 HOFF ROAD

ST. LOUIS, MO 63366

1.800.426.6570

HOURS OF OPERATION: 8:30 A.M. - 5:00 P.M. CST

E-MAIL: sales@truefitness.com

CHAPTER 6: CUSTOMER SERVICE

REPORTING FREIGHT OR PARTS DAMAGE:

Unfortunately, sometimes materials can be damaged during shipment. If materials are damaged during shipment, please follow the guidelines below to determine the appropriate process for you to follow in case of damages.

Severe Damage:

Obvious damage to external packaging / internal product. Please **refuse** the shipment and it will be returned to TRUE Fitness by the carrier. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal business hours to notify us that the shipment has been refused. Once we have received the damaged shipment, a replacement shipment will be sent to you. Only refuse the damaged piece if the shipment is multiple boxes.

Slight Damage:

The box may have minimal damages and you are not sure if the actual product is damaged or not. You **must** sign the bill of lading as damaged when accepting the shipment. Once you have opened the box and you have determined something is indeed damaged please gather the serial number, model number, description and photos of damages. Please make sure the photos include the damaged product as well as the damaged box the product arrived in. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal business hours.

Concealed Damage:

You may receive a shipment that looks intact and discover once the box has been opened that there are hidden damages. Please notify the carrier **immediately**. We will not be able to file a claim if the carrier is not notified in a timely manner. Once you have called the carrier you will need to gather the serial number, model number, description and photos of damages. Contact the TRUE Fitness customer support team by calling 800.883.8783 or sales support team by calling 800.426.6570 Monday-Friday during normal business hours.

CHAPTER 7: ADDITIONAL INFORMATION

TROUBLESHOOTING GUIDE:

This troubleshooting guide is intended to assist in diagnostics only and is not all inclusive. Technical specifications, error codes and programming are subject to change without notice. TRUE accepts no liability for any damage or loss suffered by persons whom rely wholly or in part on any description or statement contained within this manual. Please visit www.TRUEfitness.com to obtain the most recent version of all manuals and contact the TRUE Service Department at 800-883-8783 for assistance with troubleshooting and diagnostics.

Malfunction	Possible Cause	Corrective Action
No Power	Unit turned off	Verify the On/Off switch is at the ON position
	Damaged power cord	Replace power cord
	Power cord not fully seated in socket	Inspect power connection at the unit and outlet
	No power at outlet	Using a voltmeter verify power at outlet
	Tripped circuit breaker	The location of the circuit breaker is next to the On/Off switch. Verify the circuit breaker is not open. If the breaker is open reset.
Unit resets or pauses randomly	Damaged power cord	Replace power cord
	Power cord not fully seated in socket	Inspect power connection at the unit and outlet
	Safety e-stop key not fully engaged	Re-engage the safety/e-stop key to the console
	Insufficient power	Verify output voltage from 20A outlet with a voltmeter
	Error code is displayed on console	Contact TRUE Fitness Customer
	Pinched or loose main communication cable	
	No User Present displayed on screen	User weight must be over 90lbs. Verify No User Present settings in console.
Walking belt is off center	Uneven floor	Adjust treadmill with rear leveling feet. See Chapter 5: Running Belt Alignment
	Adjust belt tracking	See Chapter 5: Centering the Running Belt
Walking belt hesitates or slips when stepping	Adjust belt tension	See Chapter 5: Tensioning the Running Belt
	Lubricate running belt	See Chapter 5: Treadmill Lubrication
Rubbing sound from treadmill when in operation	Walking belt is rubbing a straddle cover	Adjust belt tracking. See Chapter 5: Centering the Running Belt
	Foreign object may be stuck under walking belt	Inspect under the unit. Remove and object that may be under the unit.
	Foreign object may be stuck in motor compartment	Contact TRUE Fitness Customer Service Department
	Roller bearings may be damaged	
	Drive motor may be damaged	
	Drive belt may be misaligned	

CHAPTER 7: ADDITIONAL INFORMATION

Malfunction	Possible Cause	Corrective Action
Heart rate is displaying erratically or not displaying	Transmitter belt contacts are not making good contact with the skin	Re-adjust the transmitter belt so that it is in full contact with the skin
	Contacts on the transmitter belt are not moist	Moisten the contacts on the transmitter belt
	Transmitter belt is not within 3 feet (1 meter) of the heart rate receiver	Adjust your position on the belt so that you are within 3 feet (1 meter) of the console
	The battery inside the transmitter belt is depleted	Replace the transmitter belt with a compatible transmitter belt
	Another user wearing a compatible transmitter strap is within 3 foot (1 meter) of the unit	Move the units so that there is more space in-between units
	Environmental interference from high voltage power lines	Move the unit to another position within the room or move the cause of the interference until heart rate reading are stable. If the probable source of interference is plugged into the same outlet move the suspect source to another outlet.
	Environmental interference from computers	
	Environmental interference from motor driven appliances	
	Environmental interference from cell or cordless phone	
	Environmental interference from Wi-Fi router	

Fault Code	Category	Description	Cause	Corrective Action
Fault CN00: Corrupted Console Configuration	Console	Corrupted brainboard configuration - fails integrity check	Corrupt software	Power cycle
				Re-configure console
			Firmware and software versions are not compatible	Re-install software/firmware
				Contact dealer or TRUE service
Fault CN01: Internal Fault	Console	Math error - software	Console Configure Incorrectly	Power cycle
				Re-configure console
			Corrupt Software	Re-install software/firmware
				Contact dealer or TRUE service
Fault CN02: Invalid Console Configuration	Console	The product configuration data has failed validation checks (incline ranges make no sense, etc.)	Console Configure Incorrectly	Power cycle
				Re-configure console
			Incline Motor out of range	Contact Dealer or TRUE service
			Loose Cable	

CHAPTER 7: ADDITIONAL INFORMATION

Fault CN03: Stuck Key	Console	Membrane Key stuck down/closed	Membrane key is damaged	Contact dealer or TRUE service
Fault CN04: Lower Board Comm Fault (Treadmill Only)	Console	Brainboard fails to receive timely communication responses from lower board - Fault after 3 retries	Loose Cable	Power cycle
			Smart Card	Check cable connections
			MCB	Contact dealer or TRUE service
			Console	
Fault CN05: No Lower Control	Console	No lower board connected to console - detection wires not connected.	Loose Cable	Power cycle
			Console Configure Incorrectly	Check Cable Connection
Fault CN06: Config Mismatch	Console	Console is configured for a product different than that to which it is connected.	Console Configure incorrectly	Re-configure console
			Loose Cable	Power cycle
			Loose Cable	Re-configure console
Fault CN07: Calibration Timeout	Console	Incline Calibration was not able to complete within allowed time.	Low AC Line Voltage	Check cable connections
				Retry calibration
Fault CN08: Calibration Failed - Lower Limit Not Reached	Console	During incline calibration, the incline stalled before reaching what should be the lower limit.	Console displays Fault Calibration not saved. Incline disabled.	Verify AC Voltage at Outlet
			Incline Potentiometer value out of range	Power cycle
				Check cable connections
				Run incline calibration
Fault CN09: Insert Safety Key	Console	Emergency Circuit opened	Safety Key not engaged	Contact dealer or TRUE service
			Loose Cable	Re-insert safety key
			Switch Damaged	Check cable connections
Fault CN10: E-Stop Fault	Console	A test of the emergency circuit has failed	Console Catch	Contact dealer or TRUE service
			Safety Key not engaged	Power cycle
			Loose Cable	Reinsert safety key
			Switch Damaged	Check cable connections
Fault CN24: BB Comm Fault	Console	SBC cannot communicate with Brainboard	Console	Check cable connections
				Power cycle
Fault CN25: Firmware Mismatch	Console	Firmware on brainboard not compatible with SBC software	Corrupt software	Contact dealer or TRUE service
			Firmware and software versions are not compatible	Reconfigure Console
				Re-install software/firmware

CHAPTER 7: ADDITIONAL INFORMATION

Fault SP01: Belt Under Speed	Speed	Tread motor rpm is below target rpm	High Belt Deck Friction	Lubricate treadbelt
			High Belt Tension	Contact dealer or TRUE service
			Low Line Voltage	Check drive belt and walking belt tension
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SP02: Belt Over Speed	Speed	Tread motor rpm is higher than target rpm	High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service
			Line Voltage	Check AC line voltage
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SP03: Belt Over Accel	Speed	Tread belt speed increasing too quickly	User is holding belt back	Do not try to stop belt
			High Belt Deck Friction	Lubricate treadbelt
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SP04: No Speed Signal	Speed	Speed sensor is not providing speed data	Dirty or misaligned speed sensor	Contact dealer or TRUE service
			High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service
			Low Line Voltage	Check AC line voltage
Fault IN01: Incline Stall	Incline	Incline not moving when commanded	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Contact dealer or TRUE service
			Acme Nut Jammed	
Fault IN02: Incline Out of Range	Incline	Incline value is out of the calibrated range - does not occur during calibration	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Contact dealer or TRUE service
Fault IN03: Incline Run Fault	Incline	Incline moving when not commanded	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Contact dealer or TRUE service

CHAPTER 7: ADDITIONAL INFORMATION

Fault IN04: Incline Max/Min	Incline	Incline value is out of expected operating range - may indicate that it is disconnected.	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
			Incline Potentiometer value out of range	Run incline calibration
Fault A101: Motor Controller Fault	AC MCB	2.5 VDC Ref Status	Motor Control Board	Power cycle
				Contact dealer or TRUE service
Fault A102: Motor Controller Fault	AC MCB	1.65 VDC Ref Status	Motor Control Board	Power cycle
				Contact dealer or TRUE service
Fault A103: Motor Controller Fault	AC MCB	Phase B Current Sensor	Loose Cable	Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A104: Motor Controller Fault	AC MCB	Phase A Current Sensor	Loose Cable	Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A105: Motor Controller Fault	AC MCB	Phase C Circuit Open	Loose Cable	Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A106: Motor Controller Fault	AC MCB	Phase B Circuit Open	Loose Cable	Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A107: Motor Controller Fault	AC MCB	Phase A Circuit Open	Loose Cable	Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A108: Motor Controller Fault	AC MCB	DCLink Bus Overvoltage (MAX_VDC1)	Loose Cable Connection	Power cycle
			Motor Control Board	Check cable connections
				Contact dealer or TRUE service
Fault A109: Motor Controller Fault	AC MCB	Critical DCLink Bus Overvoltage (MAX_VDC2)	Loose Cable Connection	Power cycle
			Motor Control Board	Check cable connections
				Contact dealer or TRUE service
Fault A110: Motor Controller Fault	AC MCB	DCLink Bus Under Voltage	Line Voltage	Check AC line voltage
			Motor Control Board	Contact dealer or TRUE service

CHAPTER 7: ADDITIONAL INFORMATION

Fault A111: Motor Controller Fault	AC MCB	Illegal Speed Command	Dirty or misaligned speed sensor	Contact dealer or TRUE service
			High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service
			Low Line Voltage	Check AC line voltage
Fault A112: Motor Controller Fault	AC MCB	Phase over current(RMS)	Loose Cable Connection	Power cycle
				Check cable connections
			Motor Control Board	Contact dealer or TRUE service
Fault A113: Speed Sensor Fault	AC MCB	Faulty Speed Sensor	Dirty or misaligned speed sensor	Contact dealer or TRUE service
			High Belt Deck Friction	Lubricat treadbelt
				Contact dealer or TRUE service
			Low Line Voltage	Check AC line voltage
Fault A114: Motor Over Temp	AC MCB	Heat Sink Over Temperature	High Belt Deck Friction	Lubricat treadbelt
				Contact dealer or TRUE service
			Low Line Voltage	Check AC line voltage
Fault A115: Motor Over Temp	AC MCB	Over Temperature on Motor Drive	High Belt Deck Friction	Lubricat treadbelt
				Contact dealer or TRUE service
			Low Line Voltage	Check AC line voltage
Fault A116: Motor Controller Fault	AC MCB	Brake Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A117: Motor Controller Fault	AC MCB	Phase A Low Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A118: Motor Controller Fault	AC MCB	Phase B Low Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A119: Motor Controller Fault	AC MCB	Phase C Low Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A120: Motor Controller Fault	AC MCB	Output Peak Over Current	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	

CHAPTER 7: ADDITIONAL INFORMATION

Fault A121: Motor Controller Fault	AC MCB	Phase A High Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A122: Motor Controller Fault	AC MCB	Phase B High Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A123: Motor Controller Fault	AC MCB	Phase C High Gate Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A124: Motor Controller Fault	AC MCB	DC Link Bus Overvoltage	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A125: Motor Controller Fault	AC MCB	Phase C Current Sensor	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A126: Motor Controller Fault	AC MCB	PFC Driver Fault	Loose Cable Connection	Check cable connections
			Drive Motor	Contact dealer or TRUE service
			MCB	
Fault A127: Motor Controller Fault	AC MCB	Elevation Peak Over Current	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Set incline motor 0% grade value
			Acme Nut Jammed	Contact dealer or TRUE service
			Motor Bearings	
Fault A128: Motor Controller Fault	AC MCB	PFC Over Temperature	High Belt Deck Friction	Lubricate treadbelt
			Low Line Voltage	Contact dealer or TRUE service
Fault SC00: Lower Board Communication Fault	Smart Card	Controller Communication Error	Loose Cable Connection	Check cable connections
			Smart Card	Contact dealer or TRUE service
			Motor Control Board	
Fault SC01: Lower Board Communication Fault	Smart Card	Console Communication Timeout Error	Loose Cable Connection	Check cable connections
			Smart Card	Contact dealer or TRUE service
			Console	

CHAPTER 7: ADDITIONAL INFORMATION

Fault SC02: Incline Stall	Smart Card	Incline Stall	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Contact dealer or TRUE service
			Acme Nut Jammed	
			Motor Bearings	
Fault SC03: Incline Run Fault	Smart Card	Incline Runaway	Console displays Fault Calibration not saved. Incline disabled.	Power cycle
				Check cable connections
				Run incline calibration
			Incline Potentiometer value out of range	Contact dealer or TRUE service
			Acme Nut Jammed	
			Motor Bearings	
Fault SC04: Motor Under Speed	Smart Card	Underspeed	High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service
			High belt tension	Check drive belt and walking belt tension
			Low Line Voltage	Check AC line voltage
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SC05: Motor Over Speed	Smart Card	Overspeed	High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service
			Line Voltage	Check AC line voltage
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SC06: Motor Acceleration Fault	Smart Card	Excessive Acceleration	User is holding belt back	Do not try to stop belt
			High Belt Deck Friction	Lubricate treadbelt
			Dirty or misaligned speed sensor	Contact dealer or TRUE service
Fault SC07: Speed Sensor Fault	Smart Card	No Speed Card	Dirty or misaligned speed sensor	Contact dealer or TRUE service
			High Belt Deck Friction	Lubricate treadbelt
				Contact dealer or TRUE service

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC650 TREADMILL

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

All TRUE® Fitness products are distributed by TRUE and are warranted to the original registered product purchaser and the parts of the TRUE product (the "Product") listed below, under normal use and service, shall be free of manufacturing defects in workmanship and materials only for the period of time beginning from the original date of purchase set forth below:

Frame*	Lifetime
Motor Drive Motor Motor Controller	5 Years 5 Years
Parts Transcend Touchscreen Escalate¹⁵ Console Electrical Wear Items Cosmetics	3 Year 3 Year 3 Year 3 Year 6 Months
Labor Parts Motor Cosmetics	3 Years 3 Years 6 months
Device Connectivity Headphone Jack & USB Port	90 Days Parts, No Labor

NOTE: Warranty valid for USA and Canada only.

NOTE: Failure to register this product will result in no servicing or authorization of parts to be shipped.

NOTE: Buying after-market products from a 3rd party will result in voided warranty.

NOTE: This product is intended for Commercial use which includes facilities where usage is in excess of 8 hours per day. This includes all dues-paying facilities (regardless of usage) as well as many non-dues-paying facilities. If this product will not be used in this particular setting, please contact TRUE as this warranty is void.

Frame: The frame is warranted for defects in material and workmanship for as long as the original purchaser owns the Product. The frame is warranted for labor and freight (for parts shipped from TRUE) for three years from date of purchase.* This limited warranty on structural frame does not include paint or coatings.

Parts: The treadmill electrical parts and wear items are warranted for defects in material and workmanship for three years with three years labor warranty. The Transcend

touchscreens and Escalate¹⁵ consoles are warranted for defects in material and workmanship for three years with three years labor warranty. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance.* TRUE Fitness shall not warrant the performance of the heart rate system on its products, as the heart rate system performance varies, based on user's physiology, age, method of use and other factors.* This limited warranty shall not apply to software version upgrades.

Cosmetics: The treadmill cosmetic parts are warranted for defects in material and workmanship for six months with labor warranty to match the parts warranty period. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance. This limited warranty will apply to but may not be limited to plastic covers, shrouds, caps, badges, overlays, paint, coatings, and grips.

Device Connectivity: Device Connectivity elements; headphone jack and USB Port are warranted for defects in material and workmanship for 90 days with no labor warranty.

Labor: Labor is covered for a period of three years from the date of purchase unless otherwise expressed within this limited warranty as long as a TRUE authorized service provider performs the service. Service that requires over 50 miles of travel may be subject to additional charges. Reasonable and necessary maintenance guidelines can be found in the owner's manual.

Claims Procedure: TRUE Limited Warranty service may be obtained by contacting the authorized TRUE dealer from whom the Product was purchased. If the dealer from whom the Product was purchased is no longer an authorized TRUE dealer, then TRUE Limited Warranty service may be obtained by contacting TRUE directly at:

TRUE Fitness, Service Department
865 Hoff Road, St. Louis, MO 63366
1.800.883.8783
Hours of operation 8:30am - 5:00 pm CST

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC650 TREADMILL

Save Time and Register Online!

Activate Multiple Warranties at truefitness.com

1. THIS LIMITED WARRANTY GIVES YOU SPECIFIC LEGAL RIGHTS AND YOU MANY ALSO HAVE OTHER RIGHTS, WHICH VARY FROM STATE TO STATE.

2. This Limited Warranty can be processed only if the Warranty Registration Form is completed on-line; or if the attached form is filled in, signed by the original purchaser and mailed to TRUE within 30 days of purchaser's receipt of this Product. The serial number must be intact on the Product for this Limited Warranty to be valid.

3. This Limited Warranty applies to the product only while the Product remains in the possession of the original purchaser and is not transferable.

4. This Limited Warranty becomes VALID ONLY if the Product is initially assembled/installed by a TRUE authorized dealer/ technician (if anyone other than a TRUE authorized dealer/ technician initially assembles and installs the Product, this Limited Warranty will be void unless the written authorization of TRUE is first obtained).

5. This Limited Warranty does not cover damage or equipment failure resulting from or caused by improper assembly/ installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance (as referenced in the owner's manual.)

6. This Limited Warranty applies only to the cost of repair or replacement of parts and does not include labor (beyond the above warranty period), transportation, service, return and freight charges associated therewith except as expressly specified herein.

7. This Limited Warranty shall not apply to: Service calls to correct installation of the equipment or instruction to owners on how to use the equipment; or any labor costs incurred beyond the applicable labor warranty period.

8. This Limited Warranty, which is given expressly and in lieu of all other express warranties, constitutes the only warranty made by TRUE.

9. ANY IMPLIED WARRANTY, INCLUDING WITHOUT LIMITATION THE WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, IS LIMITED IN DURATION AND REMEDY TO THE TIME PERIOD COVERED BY THE LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

10. THE REMEDIES DESCRIBED ABOVE ARE YOUR SOLE AND EXCLUSIVE REMEDIES AND TRUE'S ENTIRE LIABILITY FOR ANY BREACH OF THIS LIMITED WARRANTY. TRUE'S LIABILITY SHALL UNDER NO CIRCUMSTANCES EXCEED

THE ACTUAL AMOUNT PAID BY YOU FOR THE PRODUCT, NOR SHALL TRUE UNDER ANY CIRCUMSTANCES BE LIABLE FOR ANY CONSEQUENTIAL, INCIDENTAL, SPECIAL OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

NOTE TO AUTHORIZED WARRANTY LABOR PROVIDERS:

Warranty labor reimbursement or warranty parts rights may not be transferred to, reassigned to, a third party without the express written consent of TRUE. Even jobbing out warranty labor requires TRUE's written approval.

TC650 TREADMILL SERIAL NUMBERS:

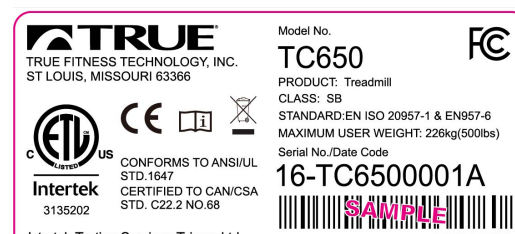
The TC650 treadmill comes with two serial numbers; one on the base and one on the display console (see diagram below). The serial number on the base is on the lower portion of the treadmill directly adjacent to the power inlet. The console serial number is located on the bottom right side of each console. Please write down your serial numbers below and keep for your records.

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:



SAMPLE SERIAL NUMBER STICKER:



Keep this page for your records

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC650 TREADMILL

Thank you for purchasing a TRUE product. To validate the TRUE product warranty the fast and easy way, please go on-line now to truefitness.com and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to TRUE Fitness within 30 days from the date of equipment installation.

Please Note: Failure to register this product will result in no servicing or authorization of parts to be shipped.

To mail your warranty information, please fill in the information below and mail to: Service Dept., TRUE Fitness, 865 Hoff Road, St. Louis, MO 63366 (or save postage and register online at www.truefitness.com)

Commercial Warranty Registration

**PLEASE PROVIDE BOTH SERIAL NUMBERS BELOW.
REQUIRED FOR WARRANTY REGISTRATION:**

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:

Model Type _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about TRUE?

- ☐ a. Dealer ☐ b. Website
☐ c. Advertisement ☐ d. Referral
☐ e. Current Customer ☐ f. Other _____

2. Why did you purchase a TRUE product?

- ☐ a. Design/Appearance ☐ b. Dealer Suggestion
☐ c. Price/Value ☐ d. Quality Construction
☐ e. Performance ☐ f. TRUE Reputation
☐ g. Other _____

3. Please indicate your type of facility:

- ☐ a. Apartment/Condo ☐ b. Corporate Fitness Center
☐ c. Municipality ☐ d. Health Club/Gym/Spa
☐ e. Hotel/Resort ☐ f. Military Base
☐ g. Student Rec Center ☐ h. Other _____

4. What other types of equipment does your company currently own?

- ☐ a. Treadmill Brand _____
☐ b. Bike Brand _____
☐ c. Elliptical Brand _____
☐ d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- ☐ a. <25 ☐ b. 25-75
☐ c. 76-150 ☐ d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

- ☐ Yes ☐ No

7. If you answered "yes" to question 6, what type do you plan to purchase?

- ☐ a. Treadmill ☐ b. Elliptical
☐ c. Stationary Bike ☐ d. Free Weights
☐ e. Gym ☐ f. Other _____

8. Would you recommend TRUE to other club owners?

- ☐ Yes ☐ No

9. You are a valued TRUE customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain:

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC900 TREADMILL

Save Time and Register Online!
Activate Multiple Warranties at truefitness.com

All TRUE® Fitness products are distributed by TRUE and are warranted to the original registered product purchaser and the parts of the TRUE product (the "Product") listed below, under normal use and service, shall be free of manufacturing defects in workmanship and materials only for the period of time beginning from the original date of purchase set forth below:

Frame*	Lifetime
Motor Drive Motor Motor Controller	5 Years 5 Years
Parts Transcend Touchscreen Escalate¹⁵ Console Electrical Wear Items Cosmetics	3 Year 3 Year 3 Year 3 Year 6 Months
Labor Parts Motor Cosmetics	3 Years 3 Years 6 months
Device Connectivity Headphone Jack & USB Port	90 Days Parts, No Labor

NOTE: Warranty valid for USA and Canada only.

NOTE: Failure to register this product will result in no servicing or authorization of parts to be shipped.

NOTE: Buying after-market products from a 3rd party will result in voided warranty.

NOTE: This product is intended for Commercial use which includes facilities where usage is in excess of 8 hours per day. This includes all dues-paying facilities (regardless of usage) as well as many non-dues-paying facilities. If this product will not be used in this particular setting, please contact TRUE as this warranty is void.

Frame: The frame is warranted for defects in material and workmanship for as long as the original purchaser owns the Product. The frame is warranted for labor and freight (for parts shipped from TRUE) for three years from date of purchase.* This limited warranty on structural frame does not include paint or coatings.

Parts: The treadmill electrical parts and wear items are warranted for defects in material and workmanship for three years with three years labor warranty. The Transcend

touchscreens and Escalate¹⁵ consoles are warranted for defects in material and workmanship for three years with three years labor warranty. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance.* TRUE Fitness shall not warrant the performance of the heart rate system on its products, as the heart rate system performance varies, based on user's physiology, age, method of use and other factors.* This limited warranty shall not apply to software version upgrades.

Cosmetics: The treadmill cosmetic parts are warranted for defects in material and workmanship for six months with labor warranty to match the parts warranty period. This limited warranty does not cover damage or equipment failure resulting from or caused by improper assembly/installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance. This limited warranty will apply to but may not be limited to plastic covers, shrouds, caps, badges, overlays, paint, coatings, and grips.

Device Connectivity: Device Connectivity elements; headphone jack and USB Port are warranted for defects in material and workmanship for 90 days with no labor warranty.

Labor: Labor is covered for a period of three years from the date of purchase unless otherwise expressed within this limited warranty as long as a TRUE authorized service provider performs the service. Service that requires over 50 miles of travel may be subject to additional charges. Reasonable and necessary maintenance guidelines can be found in the owner's manual.

Claims Procedure: TRUE Limited Warranty service may be obtained by contacting the authorized TRUE dealer from whom the Product was purchased. If the dealer from whom the Product was purchased is no longer an authorized TRUE dealer, then TRUE Limited Warranty service may be obtained by contacting TRUE directly at:

TRUE Fitness, Service Department
865 Hoff Road, St. Louis, MO 63366
1.800.883.8783
Hours of operation 8:30am - 5:00 pm CST

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC900 TREADMILL

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3. This Limited Warranty applies to the product only while the Product remains in the possession of the original purchaser and is not transferable.

4. This Limited Warranty becomes VALID ONLY if the Product is initially assembled/installed by a TRUE authorized dealer/ technician (if anyone other than a TRUE authorized dealer/ technician initially assembles and installs the Product, this Limited Warranty will be void unless the written authorization of TRUE is first obtained).

5. This Limited Warranty does not cover damage or equipment failure resulting from or caused by improper assembly/ installation, failure to follow instructions and warnings in owner's manual, accident, misuse, abuse, unauthorized modification, or failure to provide reasonable and necessary maintenance (as referenced in the owner's manual.)

6. This Limited Warranty applies only to the cost of repair or replacement of parts and does not include labor (beyond the above warranty period), transportation, service, return and freight charges associated therewith except as expressly specified herein.

7. This Limited Warranty shall not apply to: Service calls to correct installation of the equipment or instruction to owners on how to use the equipment; or any labor costs incurred beyond the applicable labor warranty period.

8. This Limited Warranty, which is given expressly and in lieu of all other express warranties, constitutes the only warranty made by TRUE.

9. ANY IMPLIED WARRANTY, INCLUDING WITHOUT LIMITATION THE WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE, IS LIMITED IN DURATION AND REMEDY TO THE TIME PERIOD COVERED BY THE LIMITED WARRANTY. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS, SO THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

10. THE REMEDIES DESCRIBED ABOVE ARE YOUR SOLE AND EXCLUSIVE REMEDIES AND TRUE'S ENTIRE LIABILITY FOR ANY BREACH OF THIS LIMITED WARRANTY. TRUE'S LIABILITY SHALL UNDER NO CIRCUMSTANCES EXCEED

THE ACTUAL AMOUNT PAID BY YOU FOR THE PRODUCT, NOR SHALL TRUE UNDER ANY CIRCUMSTANCES BE LIABLE FOR ANY CONSEQUENTIAL, INCIDENTAL, SPECIAL OR PUNITIVE DAMAGES OR LOSSES, WHETHER DIRECT OR INDIRECT. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES, SO THE ABOVE LIMITATION OR EXCLUSION MAY NOT APPLY TO YOU.

NOTE TO AUTHORIZED WARRANTY LABOR PROVIDERS:

Warranty labor reimbursement or warranty parts rights may not be transferred to, reassigned to, a third party without the express written consent of TRUE. Even jobbing out warranty labor requires TRUE's written approval.

TC900 TREADMILL SERIAL NUMBERS:

The TC900 treadmill comes with two serial numbers; one on the base and one on the display console (see diagram below). The serial number on the base is on the lower portion of the treadmill directly adjacent to the power inlet. The console serial number is located on the bottom right side of each console. Please write down your serial numbers below and keep for your records.

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:



SAMPLE SERIAL NUMBER STICKER:



Keep this page for your records

CHAPTER 7: ADDITIONAL INFORMATION



COMMERCIAL LIMITED WARRANTY TC900 TREADMILL

Thank you for purchasing a TRUE product. To validate the TRUE product warranty the fast and easy way, please go on-line now to truefitness.com and register your product. The information you provide will never be distributed to any other individuals or agencies for any purpose. If you prefer to mail your warranty card, have the owner of the product complete the information below and return it to TRUE Fitness within 30 days from the date of equipment installation.

Please Note: Failure to register this product will result in no servicing or authorization of parts to be shipped.

To mail your warranty information, please fill in the information below and mail to: Service Dept., TRUE Fitness, 865 Hoff Road, St. Louis, MO 63366 (or save postage and register online at www.truefitness.com)

Commercial Warranty Registration

**PLEASE PROVIDE BOTH SERIAL NUMBERS BELOW.
REQUIRED FOR WARRANTY REGISTRATION:**

CONSOLE SERIAL NUMBER:

BASE SERIAL NUMBER:

Model Type _____

Date of Purchase _____

Your Company Name _____

Contact First Name _____

Contact Last Name _____

Address _____

City _____ State _____ ZIP _____

Email Address _____ Website _____

Phone _____ Fax _____

1. Where did you first learn about TRUE?

- ☐ a. Dealer ☐ b. Website
☐ c. Advertisement ☐ d. Referral
☐ e. Current Customer ☐ f. Other _____

2. Why did you purchase a TRUE product?

- ☐ a. Design/Appearance ☐ b. Dealer Suggestion
☐ c. Price/Value ☐ d. Quality Construction
☐ e. Performance ☐ f. TRUE Reputation
☐ g. Other _____

3. Please indicate your type of facility:

- ☐ a. Apartment/Condo ☐ b. Corporate Fitness Center
☐ c. Municipality ☐ d. Health Club/Gym/Spa
☐ e. Hotel/Resort ☐ f. Military Base
☐ g. Student Rec Center ☐ h. Other _____

4. What other types of equipment does your company currently own?

- ☐ a. Treadmill Brand _____
☐ b. Bike Brand _____
☐ c. Elliptical Brand _____
☐ d. Free Weights/Gym Brand _____

5. How many people use your facility on a daily basis?

- ☐ a. <25 ☐ b. 25-75
☐ c. 76-150 ☐ d. 150+

6. Do you plan to purchase more fitness equipment in the next 6-12 months?

- ☐ Yes ☐ No

7. If you answered "yes" to question 6, what type do you plan to purchase?

- ☐ a. Treadmill ☐ b. Elliptical
☐ c. Stationary Bike ☐ d. Free Weights
☐ e. Gym ☐ f. Other _____

8. Would you recommend TRUE to other club owners?

- ☐ Yes ☐ No

9. You are a valued TRUE customer and your suggestions allow us to continually improve your experience. Is there anything else you would like us to know? Please explain: